Estimating Table For Men

Body weight in pounds

Drinks	100	120	140	160	180	200	220	240	
0	0	0	0	0	0	0	0	0	
1	.04	.03	.03	.02	.02	.02	.02	.02	
2	.07	.06	.05	.05	.04	.04	.03	.03	
3	.11	.09	.08	.07	.06	.06	.05	.05	
4	.15	.12	.11	.09	.08	.07	.07	.06	
5	.19	.16	.13	.12	.10	.09	.06	.06	
6	.22	.19	.16	.14	.12	.11	.10	.09	
7	.26	.22	.19	.16	.15	.13	.12	.11	
8	.30	.25	.21	.19	.17	.15	.14	.12	

Estimating Table For Women

Body weight in pounds

Drinks	100	120	140	160	180	200	220	240
0	0	0	0	0	0	0	0	0
1	.05	.04	.03	.03	.03	.02	.02	.02
2	.09	.08	.06	.06	.05	.05	.04	.04
3	.14	.11	.10	.09	.08	.07	.06	.06
4	.18	.15	.13	.11	.10	.09	.08	.08
5	.23	.19	.16	.14	.13	.11	.10	.09
6	.27	.23	.19	.17	.15	.14	.12	.11
7	.32`	.27	.23	.20	.18	.16	.14	.13
8	.36	.30	.26	.23	.20	.18	.17	.15

Hours since first drink Subtract from AC level

8-----.120

Stages of Acute Alcoholic Intoxication

Ethanol Concentration (% weight/volume)

Blood	Stage of Alcohol Influence	Effects
0.01-0.05	Sobriety	Little effect on most persons
0.04-0.12	Euphoria	Decreased inhibitions, decreased judgment, loss of fine control, increased reaction time (≤20%)
0.09-0.20	Excitement	Lack of coordination, loss of critical judgment, memory loss, increased reaction time (≤100%)
0.15-0.30	Confusion	Disorientation Impaired emotional balance, slurred speech, disturbed sensation
0.25-0.40	Stupor	Paralysis, incontinence
0.30-0.50	Coma	Depressed reflexes, decreased respiration Possible death