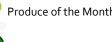
## August 26 – August 30

2019



## ALL MEALS INCLUDE DAILY HOT SOUP, SALAD BAR, SEASONAL FRUIT BAR, PIZZA & DESSERT

Vegetarian Option: V Gluten Free Option Available: Produce of the Month:



## Produce of the Month: Broccoli

Did you know that humans have been eating broccoli for over 2000 years? We're not surprised! This incredibly nutritious green vegetable is packed with vitamins and fiber, which help support healthy and strong bodies. Even Thomas Jefferson, one of the founding fathers of the United States, was a fan of broccoli. Explore this historical and iconic vegetable this month in salads, soups, and even raw (dipped in ranch dressing, of course).

17 Monday	18 Tuesday	19 Wednesday	20 Thursday	21 Friday
CHEF'S GRILL	CHEF'S GRILL	CHEF'S GRILL	CHEF'S GRILL	CHEF'S GRILL
Roasted Pork Loin Roasted Potatoes	Grilled Chicken Thighs Mashed Potatoes	Beef and Broccoli Steamed Rice	Mediterranean Lamb Stew Naan Bread	Chef's Choice
VEGGIE CAFÉ V	VEGGIE CAFÉ V	VEGGIE CAFÉ V 🗐	VEGGIE CAFÉ V	VEGGIE CAFÉ V
Stuffed Portobello Mushrooms Roasted Root Vegetables	Veggie Spring Rolls Fried Rice	Eggplant Napoleon Mashed Potatoes	Curried Chickpeas Steamed Rice Potato Samosa	Chef's Choice
WILD, WILD WINGS	WILD, WILD WINGS	WILD, WILD WINGS	WILD, WILD WINGS	WILD, WILD WINGS
Plain Wings Served Daily Sweet Chili Spicy Buffalo	Lemon Pepper Spicy Honey Sriracha	Teriyaki Spicy Chipotle Lime	Garlic Parmesan Spicy Buffalo Honey	General Tsao Spicy Moroccan
FARMER'S MARKET	FARMER'S MARKET V	FARMER'S MARKET	FARMER'S MARKET	FARMER'S MARKET
Hummus with Pita Caesar Salad	Caprese Pasta Salad Edamame Salad with Cashews	Mushroom Medley with Thyme Garden Tuna Salad with Egg	Cobb Salad Southwestern Corn Salad	BLT Salad Goat Cheese dip with Ruffles
AUSTIN BLUES BBQ Pulled Pork Baked Potato Vegetarian Chili	AUSTIN BLUES BBQ   Cornmeal Crusted Catfish with Remoulade Sauce Hush Puppies	AUSTIN BLUES BBQ 10 BBQ Pork Rib Tips Tangy Coleslaw	AUSTIN BLUES BBQ Fried Chicken Biscuits with Honey Butter	AUSTIN BLUES BBQ Grilled Tri Tip with Blackberry BBQ Sauce Rosemary Roasted Potatoes
CHOWDA HOUSE	CHOWDA HOUSE 9	CHOWDA HOUSE	CHOWDA HOUSE	CHOWDA HOUSE
Clam Chowder in a Bread Bowl	Shrimp Cocktail	Calamari with Dipping Sauce	Lobster Bisque	Chef's Choice
TASTE OF ITALY V	TASTE OF ITALY	TASTE OF ITALY	TASTE OF ITALY	TASTE OF ITALY
Fettucine Alfredo	Old Fashioned Marinara	Macaroni and Cheese	Ravioli with Marinara	Chef's Choice
MEXICAN FIESTA	MEXICAN FIESTA	MEXICAN FIESTA	MEXICAN FIESTA	MEXICAN FIESTA
Chicken Tinga <b>∮</b> Bean and Cheese Burritos <b>√</b>	Pork Carnitas   Vegetarian Tostada V	Pollo Loco	Turkey Mole Taco Bowl Y	Grilled Fish Tacos Cheese Quesadilla V
CONEY ISLAND  Beef Hot Dogs Served Daily	CONEY ISLAND	CONEY ISLAND	CONEY ISLAND	CONEY ISLAND
Mini Hot Dogs Veggie Dogs Potato Wedges	Meatball Sandwiches Veggie Burgers Curly Fries	Chicken Tenders Veggie Tenders Tater Tots	Turkey Corn Dogs Veggie Egg Rolls	Chef's Choice
CREATIVE DELI SPECIAL	CREATIVE DELI SPECIAL	CREATIVE DELI SPECIAL	CREATIVE DELI SPECIAL	CREATIVE DELI SPECIAL
Fresh Veggies	Egg Salad Tuna Salad	Sushi Day!	Hot Ham and Cheese Croissant	Soy Butter and Jelly