



Antonis Achilleos

Curried Chicken Salad

Ingredients

- 1 cup plain fat-free yogurt
- 1/2 cup grapes, halved, or 1/4 cup raisins
- 2 teaspoons curry powder
- Dash of salt
- 1/4 cup walnuts (optional)
- Lettuce
- 2 cups chopped leftover chicken

Preparation

Mix yogurt with grapes or raisins, curry powder, and a dash of salt. (If you have any walnuts, toss in 1/4 cup.) Chop the lettuce, and place into each of 4 bowls. Combine the chicken with the yogurt mixture, and spoon on top of the beds of lettuce. Serve immediately, or chill until ready to serve.