

Bonnie's Vegetable Soup

1 lb Beef Stew Meat

Cook in a crock pot - cover with water - and cook an hour on high (test meat with fork to see if it's done) - keep liquid - chop meat up after it is done

Put meat and liquid in a Dutch oven and add:

Frozen Veggies

1 pack of corn, okra, little tomatoes - says soup mix on pack from Publix. Do not thaw first.

2 15oz cans stewed tomatoes

1 small can tomato sauce

Beef Broth (if needed)

Depends on how much liquid was saved from crock pot.

A little spaghetti

Salt and pepper to taste

Simmer about an hour. Do not serve the same day. Let sit overnight. Then warm up in Dutch oven and serve.