Spaghetti Sauce

from the Morellos

2 bay leaves

1 12 oz. can tomato paste
1 12 oz. can tomato juice (or 2 5.5 oz. cans)
12 oz. water
1/4 cup onion
1 clove garlic
1 teaspoon salt
Dash of pepper
1 teaspoon sugar

Saute ground beef. Add onion & garlic. Add everything else. Simmer 2 hours.

Add sausage or pork if desired.

***Double recipe for larger servings. We do this a lot.