

# TRAINING DAY 23 REPORT:

## STEGANOGRAPHY TOOLS :

- **Find Hidden Information from Sound**

**Definition:** Extracting hidden messages embedded within sound files (WAV, MP3, etc.) using steganographic techniques or audio analysis.

**Techniques:**

1. **LSB (Least Significant Bit):** Data is hidden in the quietest (least significant) bits of audio samples.
2. **Echo Hiding:** Tiny delays (echoes) carry data in timing.
3. **Spectrogram Analysis:** Visualizing audio to find image/text patterns.
4. **Frequency Injection:** Hidden tones or modulated signals carry secret messages.

**Tools:**

- Audacity
- Sonic Visualiser
- Steghide (if embedded using hybrid methods)

**Process:**

1. Load the audio file into a visual/audio tool.
2. Zoom into waveforms or spectrograms.
3. Analyze for suspicious patterns, noise, or text encoding.

- **Find Hidden Information from Sound – Using Audacity**

**Audacity:** A free, open-source audio editor used for analyzing and manipulating sound files.

## **How It Helps in Steganography:**

- **Spectrogram view** reveals visual traces of hidden content (e.g., images or binary text).
- **Effect Filters:** Reveal modulations or waveform changes.
- **Time Stretching/Amplifying:** Make subtle changes more visible.

## **Steps:**

1. Open the audio file in Audacity.
2. Switch to **Spectrogram View** (from the track dropdown).
3. Look for strange patterns, QR codes, text, etc.
4. Apply filters or adjust frequency range to clarify.

## **Example Use:**

If a hacker hides an image in audio using **Photosounder**, Audacity can reveal it by displaying frequency patterns.

## • **Steganography – Use of OGR Tool**

### **OGR Tool (OutGuess GUI Runner):**

- A GUI-based steganographic tool for embedding/extracting hidden messages in media.
- Uses **OutGuess**, a command-line stego tool that embeds data in JPEGs using statistical steganography.

### **Features:**

- Hide/extract text or files in JPEG images.
- Preserve statistical characteristics to avoid detection.
- GUI simplifies the complex command-line operations.

### **How to Use:**

1. Choose a carrier image (e.g., `cover . jpg`).
2. Select a secret file or text to embed.

3. Run the hide command.
4. Later, use "Extract" to retrieve the hidden content.

### **Use Case:**

Useful for **secure messaging**, **CTFs (Capture The Flag)** challenges, and **forensic analysis**.

- **Steganography – DeepSound Tool**

### **DeepSound:**

A **Windows-based audio steganography tool** used to **embed secret files into WAV or FLAC files**.

### **Features:**

- Hide documents, archives, or any file in audio.
- Encrypts data with password protection.
- Outputs natural-sounding audio (no distortion).
- Supports **AES-256 encryption**.

### **How to Use:**

1. Open DeepSound.
2. Import a **.wav** file as carrier.
3. Add secret files.
4. Optionally set password.
5. Export stego audio.

### **Extraction:**

Use DeepSound again to open the stego audio and extract hidden files.

Good for covert transmission of files or for **digital forensics training**.

- **Steganography – DeEgger Tool**

### **DeEgger Embedder:**

- Lightweight tool for **steganography in images and audio**.
- Capable of embedding data inside JPG, WAV, etc.
- Focuses on **simplicity and stealth**.

### **Features:**

1. Hide multiple files inside a single carrier.
2. Uses **basic obfuscation**, not strong encryption.
3. No visual/audio degradation of the carrier.
4. Drag-and-drop UI for quick use.

### **Use Cases:**

- Ethical hacking practice
- Red-team steganography
- Educational stego labs

### **Steps:**

1. Select a carrier file (image or audio).
2. Choose file(s) to hide.
3. Embed and export stego file.
4. Later use the tool to extract the hidden data.

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