

# TRAINING DAY 7 REPORT:

- **VirtualBox Network Modes**

Today, I learned about the **different types of network modes in VirtualBox**, which help in controlling how the virtual machine (VM) connects to the outside world.

1. **NAT (Network Address Translation)**

- **Default network mode** in VirtualBox.
- VM **shares the host's internet connection**, but **cannot be accessed** from other devices or your host directly (unless ports are forwarded).
- **Simple and safe for basic browsing or updates.**  
*Best for: Internet access with minimal setup.*  
*Drawback: VM is isolated from host and LAN.*

2. **Bridged Adapter**

- VM **acts like a separate computer** on the same network as your host.
- It gets its **own IP address from the router.**
- **Can communicate with host and other devices on the network.**  
*Best for: Pentesting, scanning, or VM behaving like a real device.*  
*Drawback: Slightly more complex, may not work on public Wi-Fi.*

3. **Host-Only Adapter**

- Creates a **private network between host and VM only.**
- VM can **communicate with host**, but **not with the internet or other LAN devices.**  
*Best for: Testing services locally or transferring files.*  
*Drawback: No internet access unless combined with NAT.*

4. **Internal Network (LAN Segments in VirtualBox)**

- Creates a **completely isolated local network** between two or more VMs.
- **No access to the host or internet.**

- Used to simulate private LANs or test firewall setups.  
*Best for:* Lab setups, practicing network attacks or defenses.  
*Drawback:* Only works between VMs connected to the same segment.

## • Installing & Configuring DVWA

### **DVWA (Damn Vulnerable Web Application)**

DVWA is a **deliberately insecure web application** created to help students, developers, and cybersecurity enthusiasts practice and learn about web vulnerabilities in a safe and legal environment.

**Download and install DVWA manually** from Google using **XAMPP**, a tool that provides Apache server, MySQL, and PHP support in one package.

### **Step-by-Step Guide to Install DVWA Manually Using XAMPP**

#### 1. **Download XAMPP**

- Download the **XAMPP installer** for your operating system (Windows/Linux).
- Install XAMPP and open the **XAMPP Control Panel**.
- **Start Apache and MySQL services.**

#### 2. **Download DVWA Manually**

- Go to Google → Search:  
DVWA GITHUB
- Open the link from: <https://github.com/digininja/DVWA>
- Click on **Code** → **Download ZIP**.
- Extract the ZIP file to:

**Windows:** C:\xampp\htdocs\dvwa

**Linux:** /opt/lampp/htdocs/dvwa

#### 3. **Configure DVWA Files**

- Open the folder: dvwa/config
- Rename the file config.inc.php.dist to config.inc.php
- Open config.inc.php and edit the following line:

```
$_DVWA[ 'db_password' ] = ' ';
```

(Set it to blank if your MySQL root user has no password, or enter your password accordingly)

#### 4. **Create DVWA Database**

- Open your browser → Go to  
<http://localhost/phpmyadmin>
- **Click on New → Create Database**  
**Name it: dvwa → Click Create**

#### 5. **Access DVWA**

- In browser, visit:  
<http://localhost/dvwa/setup.php>
- Click "**Create / Reset Database**"
- Once done, go to:  
<http://localhost/dvwa/login.php>

Use the default login:

- **Username:** admin
- **Password:** password

### **DVWA Installed Successfully!**

Now you're ready to explore **vulnerabilities** and **practice ethical hacking** in a safe offline environment.

