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Strubby’s Diabetic Management System Manual:

**Step 1: Create Account or Skip**

Option 1: Create Account

1. Hit the **Sign Up** button to create your account.
2. You then enter your Username and Password and hit the **Sign Up** button on the same page.
3. Next you enter your Insulin Sensitivity Factor (ISF), your insulin-to-carb ratio (ICR), and your BG Target

**For testing purposes and ideal start you can use my personal settings:**

**(ISF – 30 ICR – 9 Target- 120)**

1. Congrats!! You now have an account with SDBMS.

Option 2: Skip Sign up

You don’t have to create an account if you do not wish to. You can use the skip function. This one is simple!

1. Hit the **Skip** button
2. Enter your ISF, ICR and BG Target
3. Hit that **Submit** button
4. You have now created a temporary account for ease of access!

**Step 2: Login**

So you’ve made your account through the Sign Up page, it’s now time to login with it.

After creating your account it should take you straight to the login screen. There’s only a couple little tasks in order to login and you’ve probably already guessed it.

1. Enter your username and password
2. Hit that **Login** button
3. You’re in!

**Step 3: Bolus**

To Bolus (Calculate how much insulin to give yourself), you’ve only got to enter a couple of things…

1. Hit that **Bolus** button
2. Enter your Blood Glucose (BG)
3. Enter the amount of carbs you’ll be consuming
4. Hit that **Calculate** button
5. The amount of insulin in units shall be revealed to you!
6. Hit that **Back** button whenever you’re done with Bolusing

**Step 4: Settings (Optional)**

In the case that you may need to change your settings, SDBMS has just the thing for you!

Hit that **Settings** button

Hit the **Change Settings** button

Enter your new ISF, ICR, and BG Target

Hit the **Submit** button

Your settings have now been changed to your desired info!

Go ahead and hit that **Back** button to head back to the menu whenever you’re ready

**Step 5: Help (Optional)**

In the case that you need help with any thing like what a “Bolus” is and what not, go ahead and…

1. Hit that **Help** button
2. Gather the info you need
3. Hit that **Back** button whenever you need to

**Step 6: Logout (Optional)**

In the case that you wish to logout SDBMS has just the feature.

Hit that **Logout** button

It will confirm with you whether you want to logout. If yes, then hit that **Yes** and if no, hit **No**

**Thank you for your support in Strubby’s Diabetic Management System made by Non-Functional Pancreas Inc. !!**