closed-to-open transition 250 ns 309 ns 344 ns 250 270 290 310 330 350 370 В C average average closed-pore open-pore α_{γadj} K279 orientation Distance (Å) K274-E270 E270-E270 200 300 400 0 100 500 Time (ns) 2.5 pore radius (Å) at z 4.0