

### KADAMB VEG MENU (NEW)

DAY		BREAKFAST	LUNCH	SNACKS	DINNER
SUNDAY	VEG	PESARATTU, GINGER CHUTNEY, PALLI CHUTNEY, VEG SANDWICH, <b>JAM , BREAD , BUTTER,</b> GREEN CHUTNEY	BEETROOT PORIAL, CHOLEY MASALA, VEG BIRIANI, <b>BOONDI RAITA,</b> SWEET, <b>PEANUT SALAD</b>	<b>NOODLES WITH VEGETABLES(TO BE SERVED HOT))</b> /DAHI WADA  LEMON JUICE	GOBI / VEG MANCHURIA/ <b>AL LO FRY</b> , VEG KORMA, MANCHOW SOUP
	<b>NON VEG</b>	<b>BOILED EGG</b>			
MONDAY	VEG	UTAPAM, CHUTNEY, SAMBAR, CORNFLAKES, SPROUTS  BANANA	GATTE KA SABZI / ALOO MATAR, <b>BAINGAN FRY,</b> MOONG DAL, <b>SALAD (VEGETABLE SEPARATE)</b>	ALOO BUN  <b>JEERA BUTTER MILK</b>	ALOO MATAR/ <b>MOGAR KI SABZI,</b> PALAK DAL LAKI KI SABZI, RASAM
	<b>NON VEG</b>	<b>BOILED EGG</b>			
TUESDAY	VEG	ALOO PARATHA, KHATTA MEETHA CHUTNEY, RAITA, SEMIYA UPMA, CHUTNEY	VEG KOFTA, <b>MIXED VEG CURRY,</b> LEMON RICE, <b>DAL TADKA</b>	<b>SABUDANA WADA,</b> <b>GREEN CHUTNEY,</b>  LEMON JUICE	ALOO MASALA PLAIN, ONION DOSA, CHUTNEY SAMBAR, VEG POLAV, RAITA
	<b>NON VEG</b>	<b>OMLETTE</b>			
WEDNES DAY	VEG	KANCHI PURAM IDLY, CHUTNEY, SAMBAR, KHARAM- PODI, GHEE	DAHI KADI, ALOO METHI, KALI MASOOR DAL,  <b>PEANUT SALAD</b>	FRIED IDLY UPMA,  <b>PUDINA BUTTER MILK</b>	TANDOORI ROTI/ BUTTER NAAN, SHAHI PANEER, BLAKCHANA WITH PUMPKIN, TOMATO SOUP, BREAD CRUMBS, PAPAD MASAL ROASTED
	<b>NON VEG</b>	<b>BOILED EGG</b>			
THURSDA Y	VEG	DOSA, COCONUT CHUTNEY, SAMBAR, DALIA KHICHDI	VEG DAM BIRIANI, MIRCHI KA SALAN / BAGARA BAIGAN, RAITA, LAUKI KI SABZI, <b>SALAD(VEGETABLE SEPARATE)</b>	PAV BHAJI  LEMON JUICE	OIL CHAPATI, MASALA CABBAGE, DAL MAKHANI, ARBI/SURAN KI SABZI, ANDHRA

					PULUSU
	NON VEG	OMLETTE			
FRIDAY	VEG	RAWA UPMA, CHUTNEY, PARATHA, ALOO KI SABZI,	BHENDI MASALA, RAJMAH, JEERA/FRIED RICE, <b>VEGETABLE RAITA</b>	VEG SANDWICH  TOMATO SAUCE  PLAIN BUTTER MILK	TANDOORI ROTI/ NAAN, <b>PANEER PALAK</b> , DRY KARELA KI SABZI, SWEET CORN SOUP
	NON VEG	OMLETTE			
SATURDAY	VEG	PANEER PARATHA, RAITA, KHATTA MEETHA CHUTNEY, <b>COCONUT CHUTNEY</b> , CORNFLAKES,  BANANA	MIXED VEG PORIAL, <b>ALOO DO PYAAZA</b> , TOMATO RICE / POOLIHARA, <b>SALAD (VEGETABLE SEPARATE)</b>	CHOLEY CHAT,  LEMON JUICE	<b>BHENDI MASALA</b> , DAL FRY, FRIED RICE, BLACK PEPPER RASAM DUM ALOO
	NON VEG	BOILED EGG			

COMMON ITEMS ON EVERY DAY :

1. BREAKFAST
  - a. MILK, TEA, AND A FRUIT JUICE
  - b. FRUIT BREAKFAST WITH TWO FRUITS CUT AND MILK AND CORNFLAKES.
2. LUNCH
  - a. PHULKA, RICE, CURD, PICKLE, KHICHDI
  - b. NON SPICY DAL AND ONE NON SPICY SABZI
3. SNACKS
  - a. TEA
4. DINNER
  - a. PHULKA, RICE, CURD, PICKLE, KHICHDI