

## **Reflection Week 2 Braxton Medeiros Total points: 100**

- 5 pts Questions      **Affect: (What?, So What?...Return, Report, Reflect and Regroup.)**

### **What? (Return and Report)**

- What did I do to prepare for class this week?

The way I prepared for class this week was by reading the preparation material. I also prepared for this week by having a github account to make things easier.

- What evidence can I provide that demonstrates with affirmation statements?

I was able to set up my github account with little to no problem!

- What concept from this week are you uncertain of or would like to know more about?
- What topics were studied this week, and what are their definitions?
- What phase of your projects did you complete?
- In your team meeting, what were the answers to this week's questions?
- Summarize this week's scenario?
- Where did you put your assignments on GitHub?

I put it on my github. Specifically in my CSE 170/index.html file and uploaded it as "Week 2"

### **So What? (Reflect and Regroup)**

- What did I learn from the study material

From one of the documents we read for the preparation material, I learned just how important influence is. Influence is power and is critical for success.

- Why is this week's topic important?
- How did this week's scenario relate to the week's topic?
- What did you learn from your work on your project?
- What insights did your team learn from this week's questions?
- What actions were assigned to you, in your team meeting?

- 10 pts Questions **Behavior: (What now?...my ideas are starting to emerge!)**

- What is the most significant take-a-way you have gained from your study this week?

One really good takeaway I got from my study this week is the important distinction between assertiveness and aggressiveness. There is a fine line between the two. You need to be careful when presenting. You want to come off confident but not too confident where it can be mistaken for arrogance.

- What do you do, steps, or processes related to this week's topic?
- How would you explain this week's topics to a person not in this class?

I would explain to them the importance of influence. How everyone who lived, that lives today, and that will live will both be influenced and have an influence on those around them.

- What did you learn by explaining this week's topic to someone not in this class?
- Write a SMART goal for next week?
- What would you do differently next week?
- What five take did you get from the scenario?
- How does the weekly topic relate to the MIM model?

- 20 pts Questions **Cognitive: (Wow, I learn?... Ok that is deep!)**

- Why is this week's topic important for teamwork?

This week's topic is important for teamwork because it is about influence. In order to gain influence, you need to first build trust with your co-workers. In doing so, you and your co-workers' teamwork will increase abundantly.

- How do you plan on contributing to the team, besides completing your tasks?

I plan on making sure I am building good rapport and trust with my teammates. I will try my best to get to know my team and see them as equals which will in turn build that trust.

- How does your experience relate to other experiences you have had?

- How does your experience relate to other classmates' experiences?
- Tell me about what you taught someone? And what did they learn that they didn't know before?
- If you were to write your experience as a STAR story, how would you phrase it?
- If this was a religion class, how would you relate this week's topic to the gospel?

The way this topic relates to the gospel is that we have the ability to be good influences on those around us. We just need to build a foundation of trust first. If we look back at church history, we see this foundational trust in church leaders as well as trust in the Lord.