**Reflection Braxton Medeiros Total Points: 100**

* 5 pts Questions **Affect: (What?, So What?...Return, Report, Reflect and Regroup.)**
  + **What? (Return and Report)**
    - What did I do to prepare for class this week?

We didn’t have class this week but I still prepared by going over the preparation material.

* + - What evidence can I provide that demonstrates with affirmation statements?
    - What concept from this week are you uncertain of or would like to know more about?
    - What topics were studied this week, and what are their definitions?

We studied cooperation but more so synergism. Synergy means the interaction or cooperation of two or more organizations, substances, or other agents to produce a combined effect greater than the sum of their separate effects.

* + - What phase of your projects did you complete?

My team and I completed all of our projects. 100% done.

* + - In your team meeting, what were the answers to this week’s questions?
    - Summarize this week’s scenario?
    - Where did you put your assignments on GitHub?

I put my assignment on my Gihub page under the link week 14.

* + **So What? (Reflect and Regroup)**
    - What did I learn from the study material
    - Why is this week's topic important?
    - How did this week's scenario relate to the week’s topic?
    - What did you learn from your work on your project?
    - What insights did your team learn from this week’s questions?
    - What actions were assigned to you, in your team meeting?
* 10 pts Questions **Behavior: (What now?...my ideas are starting to emerge!)**
  + - What is the most significant take-a-way you have gained from your study this week?

The most significant take-a-way I got from this week was that synergy is a very necessary component to be successful.

* + - What do you do, steps, or processes related to this week's topic?
    - How would you explain this week's topics to a person not in this class?

I would explain this weeks topic by saying synergy is one step higher than cooperation. Synergy allows you to work effectively and efficiently.

* + - What did you learn by explaining this week's topic to someone not in this class?
    - Write a SMART goal for next week?
    - What would you do differently next week?
    - What five takes did you get from the scenario?
    - How does the weekly topic relate to the MIM model?
* 20 pts Questions **Cognitive: (Wow, I learn?... Ok that is deep!)**
  + - Why is this week's topic important for teamwork?

This topic is important for teamwork because it allows you to take teamwork to the next level. Having synergy is key because when you do, your work becomes even better.

* + - How do you plan on contributing to the team, besides completing your tasks?
    - How does your experience relate to other experiences you have had?

An experience I had in my life when I felt like I had good synergy was when I was on my mission. My favorite companion in particular had great chemisty. I feel like we were a well oiled machine getting the work done!

* + - How does your experience relate to other classmates’ experiences?
    - Tell me about what you taught someone? And what did they learn that they didn’t know before?
    - If you were to write your experience as a STAR story, how would you phrase it?
    - If this was a religion class, how would you relate this week’s topic to the gospel?

I would relate synergy to the gospel by recalling the great missionary work done by Alma and Amulek. That is a great example of synergy and how we can apply it to the gospel.