# MKT 451 – Sports Analytics

# **Excel Statistics Assignment – Lahman Database**

### **Brayden Bennett**

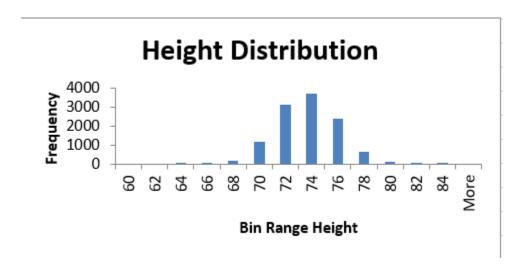
**NOTE**: This was a MS Excel assignment using the Lahman MLB database. The analysis included the use of ANOVA testing, t-tests, descriptive statistics, z-score analysis, regressions, some basic box plots, and more.

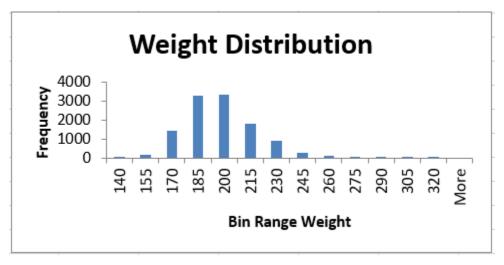
### 1. Descriptive Statistics for Height and Weight for entire Master set

| weight             |          | height             |          |
|--------------------|----------|--------------------|----------|
| Mean               | 192.7759 | Mean               | 73.16875 |
| Standard Error     | 0.190676 | Standard Error     | 0.021492 |
| Median             | 190      | Median             | 73       |
| Mode               | 185      | Mode               | 72       |
| Standard Deviation | 20.2485  | Standard Deviation | 2.282308 |
| Sample Variance    | 410.0017 | Sample Variance    | 5.208928 |
| Kurtosis           | 1.108498 | Kurtosis           | 0.170216 |
| Skewness           | 0.725439 | Skewness           | 0.036273 |
| Range              | 181      | Range              | 20       |
| Minimum            | 139      | Minimum            | 63       |
| Maximum            | 320      | Maximum            | 83       |
| Sum                | 2173934  | Sum                | 825124   |
| Count              | 11277    | Count              | 11277    |

## 2. Height and Weight Histograms

The distributions for both height and weight are normally distributed. There are some outliers, such as the player who weighs 320 pounds and the player who is 84 inches tall, but overall, both distributions are approximately normally distributed.





#### 3. Z-Scores

In a general sense, a z-score tells us how many standard deviations our observation is away from the mean. A positive z-score indicates our observation is above the mean, while a negative z-score indicates the observation is below the mean. In our model, using the height equation below, we find a player in the 90<sup>th</sup> percentile for height would be 76 inches tall, while the weight equation shows the 90<sup>th</sup> percentile for weight would be 220 pounds.

 $Height\ 90th\ Percentile = PERCENTILE.INC(Master!\ F2:F11278,0.9)$ 

Weight 90th Percentile = PERCENTILE.INC(Master! E2: E11278,0.9)

If we wanted to find the percentile of a player who is 75.086 inches tall, we could find the z-score of the player at that data point, then use a z-table to find the corresponding percentile. The equation below tells us the z-score of a player who is 75.086 inches tall is 0.84. This means that the player is 0.84 standard deviations above the mean. We can then find this z-score on the z-table, and we find that this player would be in the 80<sup>th</sup> percentile as it relates to height.

Z-Score

= STANDARDIZE(75.086, AVERAGE(Master! F2: F11278), STDEV.S(Master! F2: F11278))

| z   | .00   | .01   | .02   | .03   | .04                 | .05   | .06   | .07   | .08   | .09   |
|-----|-------|-------|-------|-------|---------------------|-------|-------|-------|-------|-------|
| 0.0 | .5000 | .5040 | .5080 | .5120 | .5160               | .5199 | .5239 | .5279 | .5319 | .5359 |
| 0.1 | .5398 | .5438 | .5478 | .5517 | .5557               | .5596 | .5636 | .5675 | .5714 | .5753 |
| 0.2 | .5793 | .5832 | .5871 | .5910 | .5948               | .5987 | .6026 | .6064 | .6103 | .6141 |
| 0.3 | .6179 | .6217 | .6255 | .6293 | .6331               | .6368 | .6406 | .6443 | .6480 | .6517 |
| 0.4 | .6554 | .6591 | .6628 | .6664 | .67 <mark>00</mark> | .6736 | .6772 | .6808 | .6844 | .6879 |
| 0.5 | .6915 | .6950 | .6985 | .7019 | .7054               | .7088 | .7123 | .7157 | .7190 | .7224 |
| 0.6 | .7257 | .7291 | .7324 | .7357 | .7389               | .7422 | .7454 | .7486 | .7517 | .7549 |
| 0.7 | .7580 | .7611 | .7642 | .7673 | .7704               | .7734 | .7764 | .7794 | .7823 | .7852 |
| 0.8 | .7881 | .7910 | .7939 | .7967 | .7995               | .8023 | .8051 | .8078 | .8106 | .8133 |
| 0.9 | .8159 | .8186 | .8212 | .8238 | .8264               | .8289 | .8315 | .8340 | .8365 | .8389 |
| 1.0 | .8413 | .8438 | .8461 | .8485 | .8508               | .8531 | .8554 | .8577 | .8599 | .8621 |
| 1.1 | .8643 | .8665 | .8686 | .8708 | .8729               | .8749 | .8770 | .8790 | .8810 | .8830 |
| 1.2 | .8849 | .8869 | .8888 | .8907 | .8925               | .8944 | .8962 | .8980 | .8997 | .9015 |
| 1.3 | .9032 | .9049 | .9066 | .9082 | .9099               | .9115 | .9131 | .9147 | .9162 | .9177 |
| 1.4 | .9192 | .9207 | .9222 | .9236 | .9251               | .9265 | .9279 | .9292 | .9306 | .9319 |
| 1.5 | .9332 | .9345 | .9357 | .9370 | .9382               | .9394 | .9406 | .9418 | .9429 | .9441 |
| 1.6 | .9452 | .9463 | .9474 | .9484 | .9495               | .9505 | .9515 | .9525 | .9535 | .9545 |
| 1.7 | .9554 | .9564 | .9573 | .9582 | .9591               | .9599 | .9608 | .9616 | .9625 | .9633 |
| 1.8 | .9641 | .9649 | .9656 | .9664 | .9671               | .9678 | .9686 | .9693 | .9699 | .9706 |
| 1.9 | .9713 | .9719 | .9726 | .9732 | .9738               | .9744 | .9750 | .9756 | .9761 | .9767 |
| 2.0 | .9772 | .9778 | .9783 | .9788 | .9793               | .9798 | .9803 | .9808 | .9812 | .9817 |
| 2.1 | .9821 | .9826 | .9830 | .9834 | .9838               | .9842 | .9846 | .9850 | .9854 | .9857 |
| 2.2 | .9861 | .9864 | .9868 | .9871 | .9875               | .9878 | .9881 | .9884 | .9887 | .9890 |
| 2.3 | .9893 | .9896 | .9898 | .9901 | .9904               | .9906 | .9909 | .9911 | .9913 | .9916 |
| 2.4 | .9918 | .9920 | .9922 | .9925 | .9927               | .9929 | .9931 | .9932 | .9934 | .9936 |
| 2.5 | .9938 | .9940 | .9941 | .9943 | .9945               | .9946 | .9948 | .9949 | .9951 | .9952 |
| 2.6 | .9953 | .9955 | .9956 | .9957 | .9959               | .9960 | .9961 | .9962 | .9963 | .9964 |
| 2.7 | .9965 | .9966 | .9967 | .9968 | .9969               | .9970 | .9971 | .9972 | .9973 | .9974 |
| 2.8 | .9974 | .9975 | .9976 | .9977 | .9977               | .9978 | .9979 | .9979 | .9980 | .9981 |
| 2.9 | .9981 | .9982 | .9982 | .9983 | .9984               | .9984 | .9985 | .9985 | .9986 | .9986 |
| 3.0 | .9987 | .9987 | .9987 | .9988 | .9988               | .9989 | .9989 | .9989 | .9990 | .9990 |
| 3.1 | .9990 | .9991 | .9991 | .9991 | .9992               | .9992 | .9992 | .9992 | .9993 | .9993 |
| 3.2 | .9993 | .9993 | .9994 | .9994 | .9994               | .9994 | .9994 | .9995 | .9995 | .9995 |
| 3.3 | .9995 | .9995 | .9995 | .9996 | .9996               | .9996 | .9996 | .9996 | .9996 | .9997 |
| 3.4 | .9997 | .9997 | .9997 | .9997 | .9997               | .9997 | .9997 | .9997 | .9997 | .9998 |

#### 4. Regression Predicting Weight Given Height and Position

For my regression, I chose to use the DH position as my base variable. This means that every position listed as DH was given a value of 0, and the coefficient for every other position is a measure of the distance away from the predicted weight of a DH. Since DH does not have a coefficient, the linear equation to estimate the weight of a DH is:

$$y_{weight} = 5.09(x_{height}) - 179.7$$

The coefficient for each position, as stated earlier, tells us the estimated difference from the weight of a DH. For example, catcher (C) has a coefficient of 7.34. This means that, on average, a catcher weighs an estimated 7.34 pounds more than a DH. Thus, the equation to predict the weight of a catcher would be:

$$y_{weight} = 7.34(1) + 5.09(x_{height}) - 179.7$$

\*\*We would multiply the coefficient by 1 because position is indicated by either a 0 or 1 (0 meaning they do not play that position, 1 meaning they do)

When looking at our model as a whole, we can look at the R^2 value, which is 0.3941 in our model. This is indicating that 39.41% of the variation of our dependent variable (weight) can be explained by the linear relationship between our independent variables (height and position). This percentage is not as high as we would like for a strong model, but it tells us that there could be variables other than height and position that can be used to predict weight. We can also look at our Significance F value to tell if we have created a good model. In our model, the Significance F value is 0, which is what we want. The Significance F value goes hand-in-hand with the p-values of individual variables, so it makes sense when we see many of our individual p-values being significant at the 0.05

alpha level. We do, however, have four positions that are not significant at the 0.05 level, and could therefore be removed from our model. These positions are P, 3B, CF, and OF. This simply means that the predicted weight of these four positions is close to the predicted weight of DH, so it gives us little benefit to include these four positions in our model. This can also be seen when looking at the coefficients of each of the four variables. They are all close to 0, showing that there is not a significant weight difference between players who play DH, P, 3B, CF, or OF.

#### SUMMARY OUTPUT

| Regression Statistics |             |  |  |  |  |  |
|-----------------------|-------------|--|--|--|--|--|
| Multiple R            | 0.627784867 |  |  |  |  |  |
| R Square              | 0.39411384  |  |  |  |  |  |
| Adjusted R Square     | 0.393522207 |  |  |  |  |  |
| Standard Error        | 15.76885865 |  |  |  |  |  |
| Observations          | 11277       |  |  |  |  |  |

#### ANOVA

|            | df    | SS          | MS      | F       | Significance F |
|------------|-------|-------------|---------|---------|----------------|
| Regression | 11    | 1822058.725 | 165642  | 666.146 | 0              |
| Residual   | 11265 | 2801120.014 | 248.657 |         |                |
| Total      | 11276 | 4623178.739 |         |         |                |

|           | Coefficients | Standard Error | t Stat  | P-value | Lower 95%    | Upper 95%    | Lower 95.0%  | Upper 95.0% |
|-----------|--------------|----------------|---------|---------|--------------|--------------|--------------|-------------|
| Intercept | -179.6974358 | 5.495704322    | -32.698 | 4E-224  | -190.4699758 | -168.9248958 | -762.9933803 | 403.5985087 |
| height    | 5.090068959  | 0.072603357    | 70.1079 | 0       | 4.947753702  | 5.232384216  | -2.615812118 | 12.79595004 |
| P         | -0.491658362 | 1.450345164    | -0.339  | 0.73462 | -3.334588107 | 2.351271383  | -154.4265142 | 153.4431975 |
| С         | 7.337679383  | 1.52814262     | 4.8017  | 1.6E-06 | 4.342253042  | 10.33310572  | -154.854342  | 169.5297008 |
| 1B        | 6.329125577  | 1.528963224    | 4.13949 | 3.5E-05 | 3.33209071   | 9.326160444  | -155.949992  | 168.6082431 |
| 2B        | -4.930119918 | 1.519298063    | -3.245  | 0.00118 | -7.908209382 | -1.952030453 | -166.1834092 | 156.3231693 |
| 3B        | -1.025893337 | 1.589798262    | -0.6453 | 0.51875 | -4.142175502 | 2.090388827  | -169.7618414 | 167.7100547 |
| SS        | -8.900480533 | 1.655544182    | -5.3762 | 7.8E-08 | -12.14563618 | -5.655324888 | -184.6144838 | 166.8135227 |
| LF        | 4.545741221  | 1.614541504    | 2.8155  | 0.00488 | 1.380957982  | 7.71052446   | -166.816373  | 175.9078555 |
| CF        | -1.53884095  | 1.528481181    | -1.0068 | 0.31406 | -4.53493093  | 1.45724903   | -163.7667961 | 160.6891142 |
| OF        | -1.149355144 | 1.629612567    | -0.7053 | 0.48064 | -4.343680297 | 2.04497001   | -174.1110623 | 171.812352  |
| DH        | 0            | 0              | 65535   | #NUM!   | 0            | 0            | 0            | 0           |

### **5.** ANOVA Testing

When running an ANOVA test to compare weights at each of the positions, we find that we get a p-value of essentially 0. This tells us that at least one of our variables is significantly different than another. When looking at our averages, this makes sense, as the average weight of SS is 175 pounds, while the average weight of a 1B is 201 pounds. We can assume that this creates very little overlap between the distributions of weights and would therefore give us a low p-value. Since ANOVA testing does not tell us exactly which variables are significantly different, we could run further tests to find out why our p-value is zero. For example, we could create a box-and-whisker plot, which would give us a five-number summary and would visualize the difference in weight between positions. This would be the most useful way to proceed in further analysis, as it would show which variables are different from each other and the amount of overlap between them.

SUMMARY

Anova: Single Factor

| 30101 | MAINT  |       |         |          |          |
|-------|--------|-------|---------|----------|----------|
|       | Groups | Count | Sum     | Average  | Variance |
| P     |        | 5644  | 1108651 | 196.43   | 411.8985 |
| C     |        | 892   | 175664  | 196.9327 | 285.0931 |
| 1B    |        | 886   | 178767  | 201.7686 | 451.7215 |
| 2B    |        | 1076  | 190334  | 176.8903 | 198.5163 |
| 3B    |        | 529   | 99347   | 187.8015 | 303.4738 |
| SS    |        | 369   | 64831   | 175.6938 | 260.5065 |
| LF    |        | 451   | 88139   | 195.4302 | 405.3657 |
| CF    |        | 893   | 167005  | 187.0157 | 294.0917 |
| OF    |        | 416   | 77933   | 187.3389 | 237.0969 |
| DH    |        | 121   | 23263   | 192.2562 | 271.1921 |

**ANOVA** 

| Source of Variation | SS       | df    | MS       | F        | P-value | F crit      |
|---------------------|----------|-------|----------|----------|---------|-------------|
| Between Groups      | 599855.6 | 9     | 66650.63 | 186.6498 | 0       | 1.880714017 |
| Within Groups       | 4023323  | 11267 | 357.0891 |          |         |             |
|                     |          |       |          |          |         |             |
| Total               | 4623179  | 11276 |          |          |         |             |

#### 6. T-Test

When we run a Two-Sample T-Test to compare the weights between SS and 2B, we discover that the two-tailed p-value is 0.21, which is not significant at the 0.05 alpha level. This means that we fail to reject our null hypothesis, which was that the difference between our means was 0. This makes sense, as our test also shows the means and variances between the weights at our two positions are very similar to each other. With relatively basic baseball knowledge, we realize that both of these positions are defensive-minded, where quick feet and agility are needed to get to a ball in the hole or turn a double play. We would assume that the weights between positions are similar. It is much more difficult to "hide" a 250-pound power hitter at shortstop or second base than it is in left field, for example. If we ran another test comparing the weight between shortstop and left field, we could assume that our results would differ, and the p-value would most likely be much lower.

t-Test: Two-Sample Assuming Unequal Variances

|                              | weight of 2B | weight of SS |
|------------------------------|--------------|--------------|
| Mean                         | 176.8903346  | 175.6937669  |
| Variance                     | 198.5163344  | 260.50651    |
| Observations                 | 1076         | 369          |
| Hypothesized Mean Difference | 0            |              |
| df                           | 572          |              |
| t Stat                       | 1.268021226  |              |
| P(T<=t) one-tail             | 0.102653126  |              |
| t Critical one-tail          | 1.647521905  |              |
| P(T<=t) two-tail             | 0.205306251  |              |
| t Critical two-tail          | 1.964119952  |              |

### 7. Comparing Weights Grouped by End Date of Career

If asked to compare weights grouped by the end date of a player's career, there are many different analysis tools that we could use. For example, we could simply create descriptive statistics for each of the groups, which would look like this:

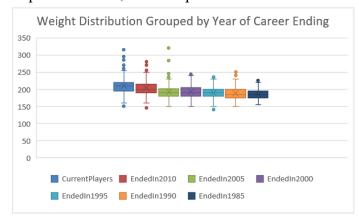
| CurrentPlaye       | ers      | CareerEnded2       | 2010     | CareerEnded2       | 2005     | CareerEnded2       | 2000     | CareerEnded1       | 1995     | CareerEnded1990    |          | CareerEnded1985    |          |
|--------------------|----------|--------------------|----------|--------------------|----------|--------------------|----------|--------------------|----------|--------------------|----------|--------------------|----------|
|                    |          |                    |          |                    |          |                    |          |                    |          |                    |          |                    |          |
| Mean               | 209.4185 | Mean               | 204.4408 | Mean               | 193.4375 | Mean               | 192.7882 | Mean               | 190.5722 | Mean               | 187.5967 | Mean               | 187.0132 |
| Standard Error     | 0.582072 | Standard Error     | 1.481535 | Standard Error     | 1.442307 | Standard Error     | 1.289544 | Standard Error     | 1.33879  | Standard Error     | 1.330701 | Standard Error     | 1.251141 |
| Median             | 210      | Median             | 200      | Median             | 190      | Median             | 190      | Median             | 190      | Median             | 185      | Median             | 185      |
| Mode               | 220      | Mode               | 200      | Mode               | 200      | Mode               | 190      | Mode               | 190      | Mode               | 180      | Mode               | 190      |
| Standard Deviation | 21.1397  | Standard Deviation | 21.52053 | Standard Deviation | 20.80124 | Standard Deviation | 18.37318 | Standard Deviation | 18.30767 | Standard Deviation | 17.90276 | Standard Deviation | 15.4251  |
| Sample Variance    | 446.8869 | Sample Variance    | 463.1334 | Sample Variance    | 432.6917 | Sample Variance    | 337.5737 | Sample Variance    | 335.1708 | Sample Variance    | 320.5087 | Sample Variance    | 237.9336 |
| Kurtosis           | 0.73145  | Kurtosis           | 1.531336 | Kurtosis           | 7.358249 | Kurtosis           | 0.323439 | Kurtosis           | 0.0232   | Kurtosis           | 0.557583 | Kurtosis           | -0.10137 |
| Skewness           | 0.310378 | Skewness           | 0.718617 | Skewness           | 1.691729 | Skewness           | 0.468627 | Skewness           | -0.03499 | Skewness           | 0.464408 | Skewness           | 0.402172 |
| Range              | 165      | Range              | 135      | Range              | 170      | Range              | 100      | Range              | 100      | Range              | 100      | Range              | 75       |
| Minimum            | 150      | Minimum            | 145      | Minimum            | 150      | Minimum            | 150      | Minimum            | 140      | Minimum            | 150      | Minimum            | 155      |
| Maximum            | 315      | Maximum            | 280      | Maximum            | 320      | Maximum            | 250      | Maximum            | 240      | Maximum            | 250      | Maximum            | 230      |
| Sum                | 276223   | Sum                | 43137    | Sum                | 40235    | Sum                | 39136    | Sum                | 35637    | Sum                | 33955    | Sum                | 28426    |
| Count              | 1319     | Count              | 211      | Count              | 208      | Count              | 203      | Count              | 187      | Count              | 181      | Count              | 152      |

But, as we can see, this is difficult to read and even more difficult to interpret the between-group differences. If we wanted to go one step further to simplify this, we could create a five-number summary for each of the groups, which eliminates many of the unnecessary statistics, such as kurtosis and skewness. The five-number summary for each group would look like this:

|        | Current Players | EndedIn2010 | EndedIn2005 | EndedIn2000 | EndedIn1995 | EndedIn1990 | EndedIn1985 |
|--------|-----------------|-------------|-------------|-------------|-------------|-------------|-------------|
| MIN    | 150             | 145         | 150         | 150         | 140         | 150         | 155         |
| Q1     | 195             | 190         | 180         | 180         | 180         | 175         | 175         |
| MEDIAN | 210             | 200         | 190         | 190         | 190         | 185         | 185         |
| Q3     | 220             | 215         | 200.25      | 205         | 200         | 200         | 195         |
| MAX    | 315             | 280         | 320         | 250         | 240         | 250         | 230         |

While this is marginally better than the descriptive statistics, it still requires a detailed

analysis. We want our data to be easily interpreted and understood, which is where a box plot can come in handy. If we create a box plot with each of the seven groups, we get this visualization:



This is far more beneficial than descriptive statistics or a five-number summary, but we can take box plots one step further and break them down by individual groups, as well. We can compare the weights of current players to each of the other groups individually, which highlights key differences that may be overlooked when looking at the chart above.



When looking at each graph individually, we see that the median weight of current players is the highest it has been in the last 30 years. There is, however, one thing that stands out. In the graph with players whose careers ended in 2005, we see a few outliers on the upper part of the box plot. As steroid use ran rampant throughout the 90's and early 2000's, it is possible that these points are the results of the steroid era. The graph shows that while steroid use around this time was definitely a factor, the majority of players were not using steroids. From 1995 to 2005, we see that Quartile 1 was around

180 pounds, while Quartile 3 was around 200 pounds. Using statistical knowledge, we know that around 50% of our data falls within this interval. Many people regard the Steroid Era as a tarnished time in baseball history but is important to note that while a few "bad apples" may have seen benefits of steroid use, the bulk of players were not using steroids.