



Date: Monday November 18th

Type of activity: International presentation

Title: "Team Building: What makes a team successful"

Participants: 20+

Duration: 60 mins

During this workshop Mr Dimitrios Apostolou gave the participating teachers and students a lecture about team building and the constituents of a successful team.

A strong team is the foundation of high-performing business and a good team ethic can be held largely accountable for the success and smooth running of the organization. If employees do not gel and work well together, problems can arise, such as poor organization, missed deadlines, and conflict within the workplace. All participants learned that successful teams in today's competitive and highly demanding workplace:

---They communicate well with each other.

They communicate openly with each other, sharing their thoughts, opinions, and ideas with members of their team; as well as taking into consideration what others have to say. Communication is essential for keeping track of progress and working together efficiently on tasks. Poor communication can lead to crossed wires, which can mean work is left incomplete/incorrect or conflicts can arise.

---They focus on goals and results.

They agree on and set team goals based on outcomes and results, rather than just on the amount of work being done. A clear plan can then be set about how they are going to achieve these objectives, as a group, as well as each individual's contribution. This provides them with clear direction and gives them something to aim for collectively.

---Everyone contributes their fair share.

Each member of the team contributes their fair share of the workload and fully understands what their responsibilities are and where they fit in with the running of the business. They feel a sense of belonging to the team, are committed to their work, and really care about the success of the company.

---They offer each other support.

Team members are always happy to assist others when they need a helping hand with work. Teams are often more productive when they are also offered support from the organization and access to the required resources.

---Team members are diverse.

Everyone is unique and will be able to offer their own experiences and knowledge that others may not possess. Diversity is needed so that all of the required skills are covered by somebody in the team and each individual can be assigned a particular role on the basis of

their strengths and skills. A variety of personalities, age groups, cultures, etc. can also bring creativity and a range of new ideas on the table.

---Good leadership.

A strong team usually has a leader that they trust and respect. This individual essentially works as the glue holding the team together and should be responsible for setting the pace, offers encouragement and motivation, and keeps all members of the team updated.

---They're organized.

Organization is essential for the smooth running of a business. Without it, the workplace can become chaotic and goals are unlikely to be achieved. Though each individual should be responsible for organizing their own workload, management should ensure that everything is running to plan and each member of the team is getting their work completed efficiently. Holding regular meetings can help to make sure that everyone is on the same page and deadlines are being met.

---They have fun.

It shouldn't be all work and no play! This can lead to burnout and a lack of productivity, so it's important to inject a bit of enjoyment into working life. Teams who work particularly well together enjoy each other's company and get together outside of the office from time to time to socialize and have some fun! Building a positive relationship with your colleagues can make for a much more relaxed environment and reduce conflict.