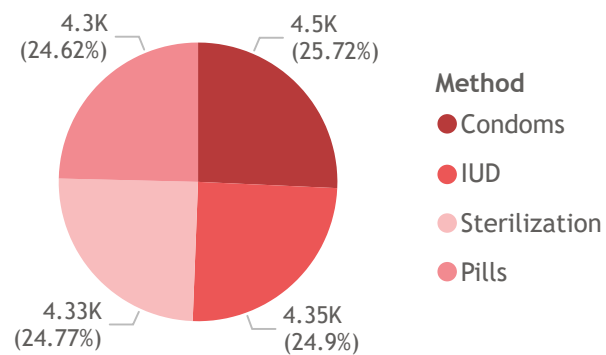


Contraceptive Usage Trends and Preferences in India (2010-2020)

Types of Contraceptive Methods Used in India



Condoms

26.50

First Method

Average of Usage Percentage

Central

First Region

Method

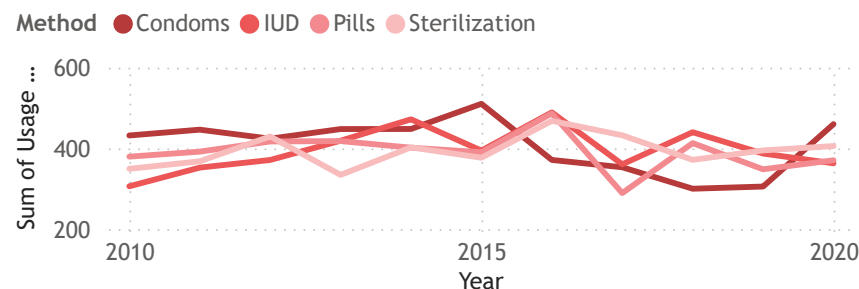
Condoms

IUD

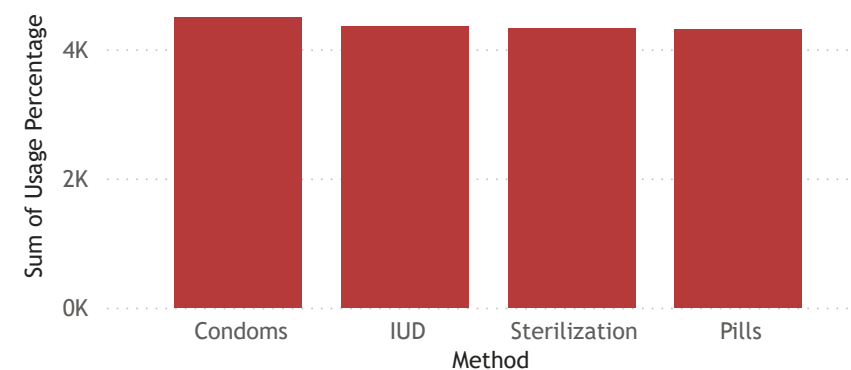
Pills

Sterilization

Trends in Contraceptive Usage Over Time (2010-2020)

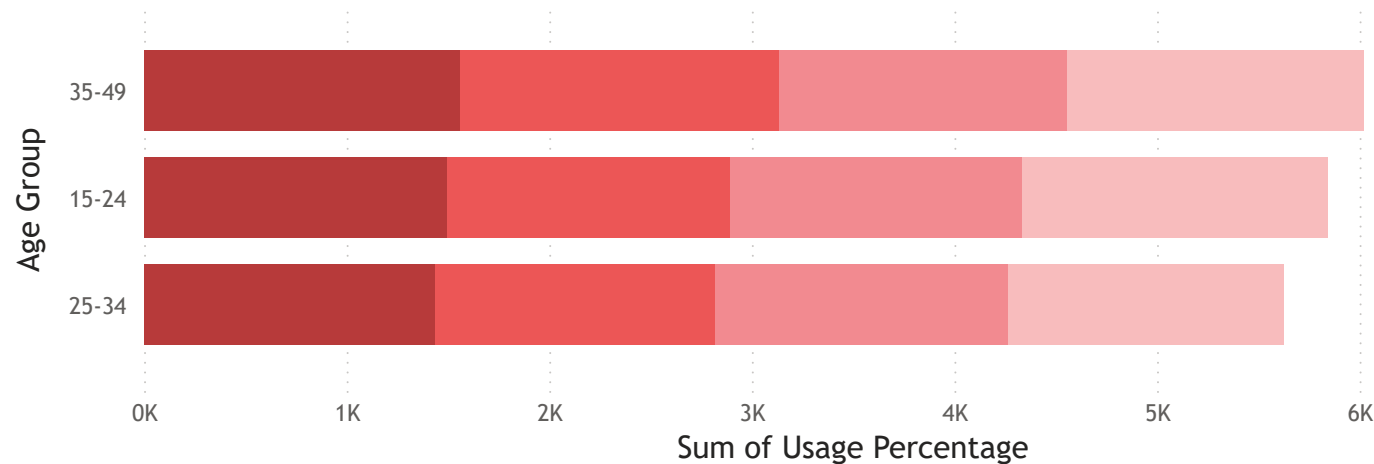


Total Usage Contraceptive Usage

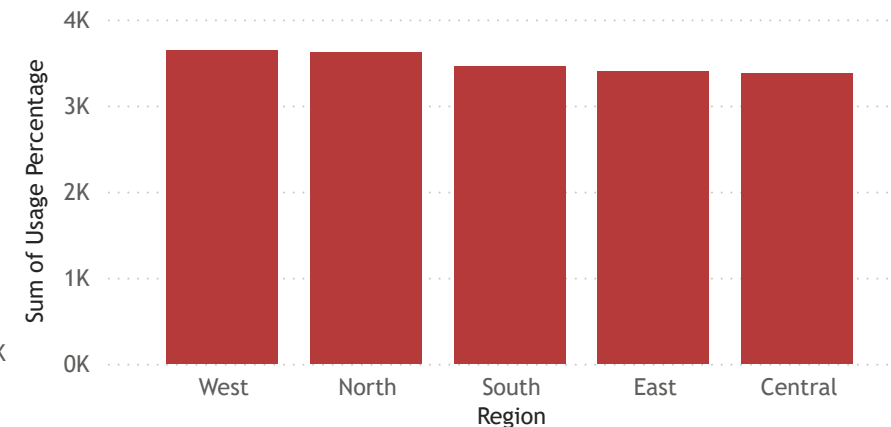


Age Group Preferences for Contraceptive Methods

Method ● Condoms ● IUD ● Pills ● Sterilization



Regional Variations in Contraception Usage



Summary

Contraceptive Usage Trends and Preferences in India (2010–2020)

Types of Contraceptive Methods Used:

- **Sterilization** is the most common method, followed by **IUDs** and **pills**. **Condoms** are especially popular in urban areas for contraception and STI prevention.

Regional Variations in Contraceptive Usage:

- **Southern India** (Tamil Nadu, Kerala) has the highest usage of sterilization and IUDs, while **Northern India** (Uttar Pradesh, Bihar) exhibits lower usage rates due to cultural and infrastructural challenges.

Age Group Preferences:

- **Young adults (15-24)** prefer **condoms**, while **25-34-year-olds** opt for **IUDs** and **sterilization**. **Older women (35-49)** predominantly use **sterilization**.

Trends Over Time (2010–2020):

- There has been a steady increase in contraceptive usage, especially in the use of **IUDs** and **pills**, reflecting a shift toward reversible methods. **Sterilization** usage remained stable, and **condom** usage increased over the years.

Conclusion:

Contraceptive usage in India has increased over time, especially in urban regions and among younger age groups. Regional differences highlight the need for targeted family planning programs to address gaps in access and education in rural and less-developed regions.