

August 21

Today is my first day out of YouTube and it isn't going well. Normally as soon as I get home I watch YouTube until I get bored before I do my homework. So, I tried to do my homework as soon as I got home, and I barely got through it. I kept getting distracted by meaningless things just because I didn't want to focus. Nobody was home yet for the next two hours, so I couldn't even talk to anyone to keep my mind off. I eventually finished my homework in about an hour, and then there was *nothing*. I don't really have any TV to watch, and I was home alone. I'm even starting to find myself absentmindedly opening the YouTube app and looking at what I could be watching.

August 25

After three days, the obsession is starting to subside. To help me along, I deleted the YouTube app on my phone and blocked it on my computer. I put my homework list app where YouTube was. It may have sounded stupid, but it actually worked wonders reminding me what I have to do. I still have too much time during the day though, so I try to study in short bursts per subject and then mix it in with a little leisure time. That way, I don't feel bored or overworked. The days are getting much longer.

August 27

The hiatus is about to end, but only a small part of me wants it to. I'm incredibly productive without YouTube, and most of my work gets done in less than an hour with no distractions. I've reinstalled the app on my phone and I'm not clicking on it as much anymore. The only time I ever want to watch YouTube is when I can't find work to do during the night hours. It's getting kind of old to study for 3+ hours a day when I can't find things to do. I have a lot of videos to catch up on tomorrow. This week has felt like a month.