



October 2022



	Monday	Tuesday	Wednesday	Thursday	Friday
	3	4	5	6	7
Morning	Raisins & Saltines	Fruit Cocktail & Animal Crackers	Cheese Sticks & Oyster Crackers	Apple Slices & Animal Crackers	Fruit Loops & Milk
Afternoon	Bologna & Pretzels	Graham Crackers & Apple Juice	Peaches & Vanilla Wafers	Cucumbers w/Ranch & Pretzels	Popcorn & Orange Juice
	10	11	12	13	14
Morning	Pretzels & Apple Juice	Oranges & Oyster Crackers	Saltines & P-Nut Butter	Lucky Charms & Milk	Raisins & Vanilla Wafers
Afternoon	Graham Crackers & P-Nut Butter	Vanilla Pudding & Animal Crackers	Bologna & Snack Crackers	Apple Slices & Animal Crackers	Cheese Sticks & Pretzels
	17	18	19	20	21
Morning	Graham Crackers & P-Nut Butter	Oranges & Pretzels	Cheerios & Milk	Applesauce & Vanilla Wafers	Chex Mix & Orange Juice
Afternoon	Peaches & Saltines	Cookies & Milk	Carrots w/Ranch Dip & Oyster Crackers	Snack Crackers & P-Nut Butter	Bologna & Pretzels
	24	25	26	27	28
Morning	Oyster Crackers & Apple Juice	Raisins & Oyster Crackers	Frosted Flakes & Milk	Cheese Sticks & Saltines	Snack Crackers & P-Nut Butter
Afternoon	Graham Crackers & Milk	P-Nut Butter & Animal Crackers	Apple Slices & Oyster Crackers	Fruit Cocktail & Animal Crackers	Pretzels & Orange Juice
	31				
Morning	Animal Crackers & Raisins				
Afternoon	Cookies & Milk				

* Chex Mix consists of: Pretzels, Animal Crackers, Cereal, Popcorn, Dried cranberries, Raisins

* Fruit Cocktail consists of: Peaches, Pears, Grapes, Pineapple and Cherries

