

Objectives

➤ What types of medications are commonly filled?

Prescriptions

are being filled

over the years?

What medications are consistently filled the most?

AKE ONE TABLET BY MOUTE

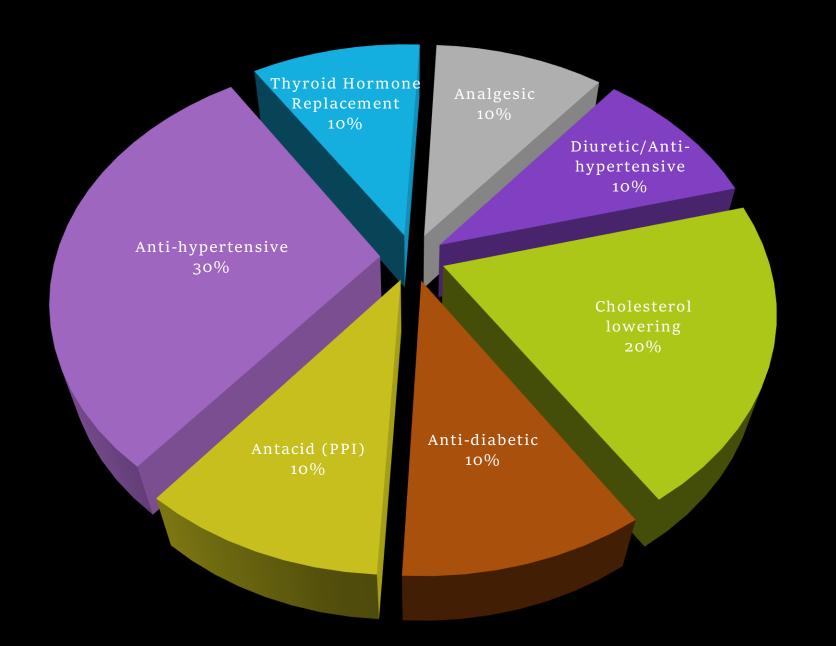
How have the costs of medications changed over the years?

Prescription Med

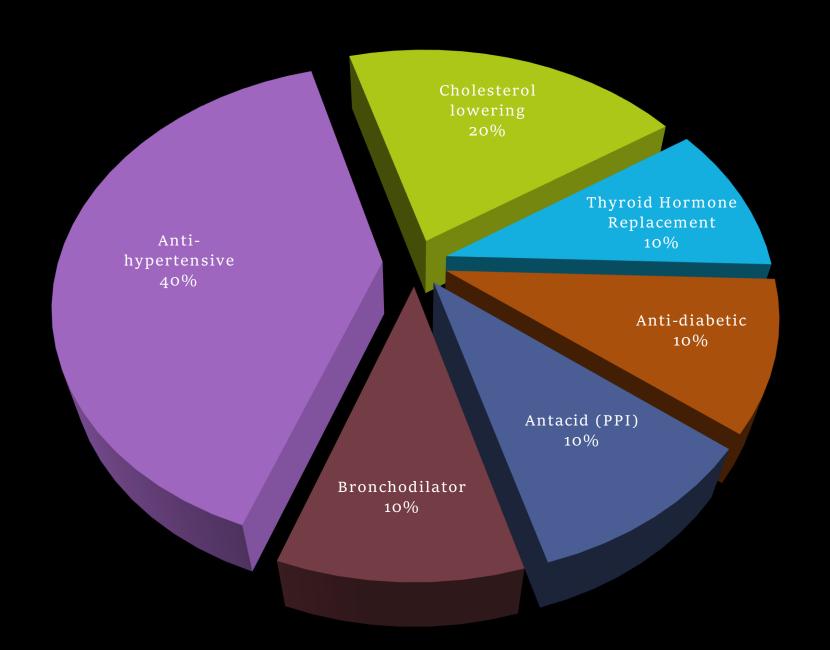
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AKE 1 TABLET BY MOUTH DAILY

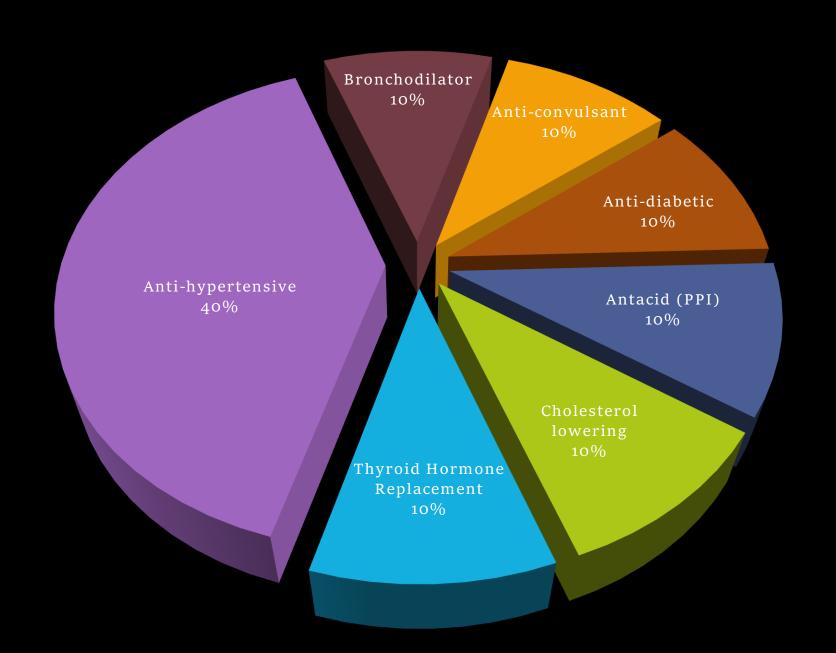
## Top 10 Drug Classes of 2013



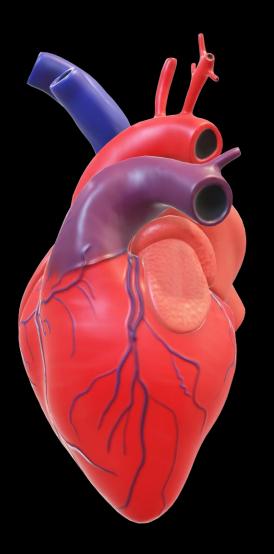
## Top 10 Drug Classes of 2017



## Top 10 Drug Classes of 2021



## The Frail Heart



660, 000
people in US
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disease every
year

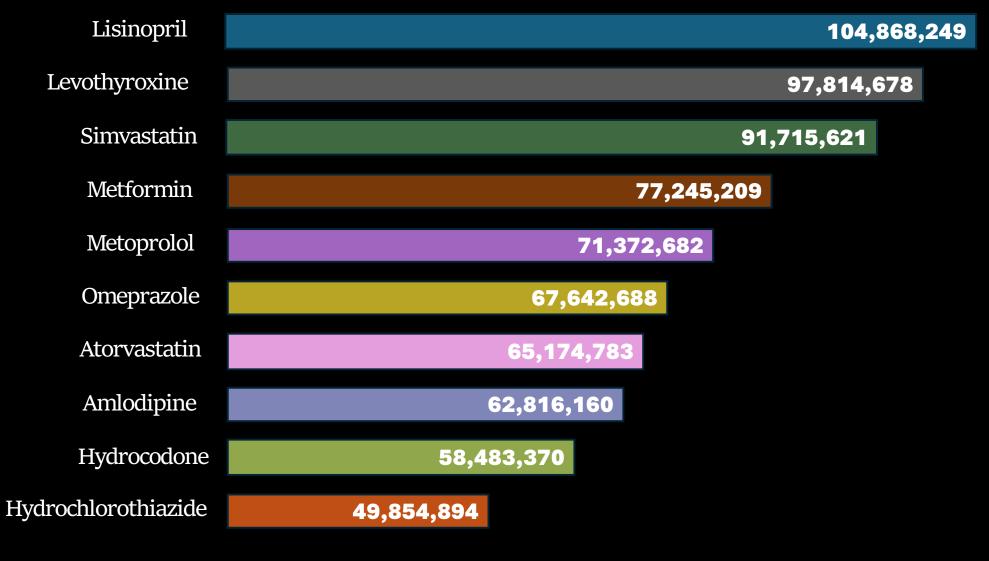
Heart disease is the leading cause of deaths in both men and women in most racial/ethnic groups in the US

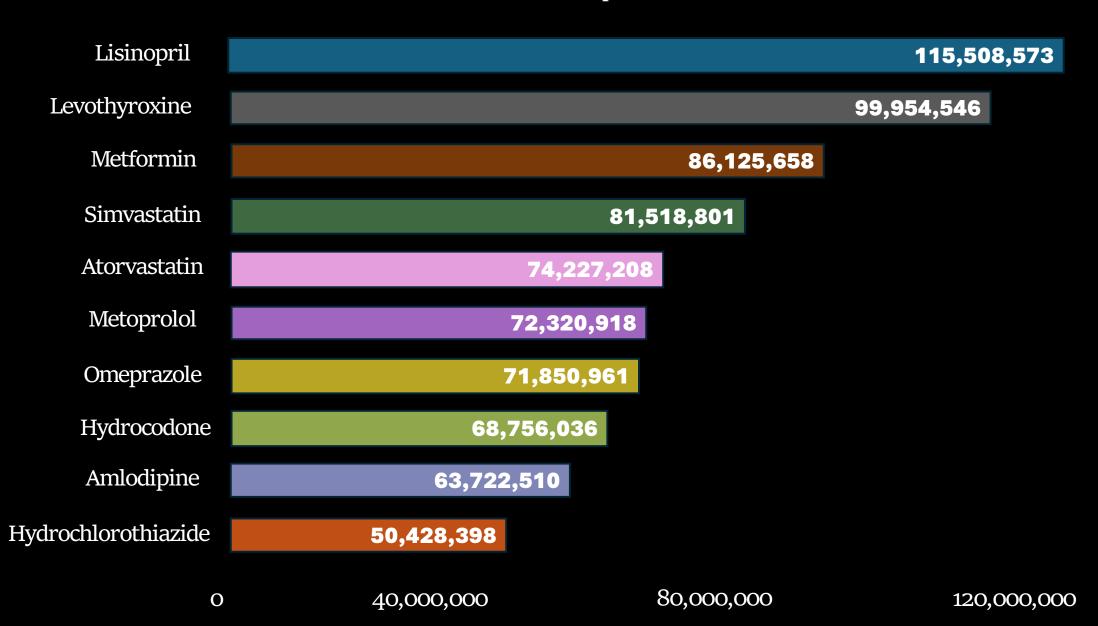
## The Frail Heart

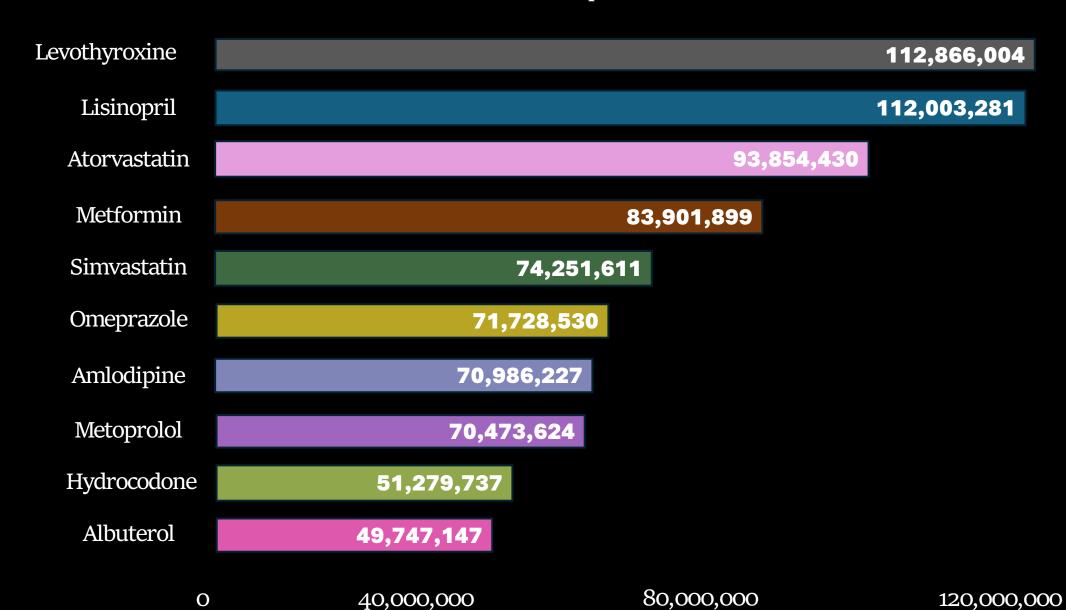


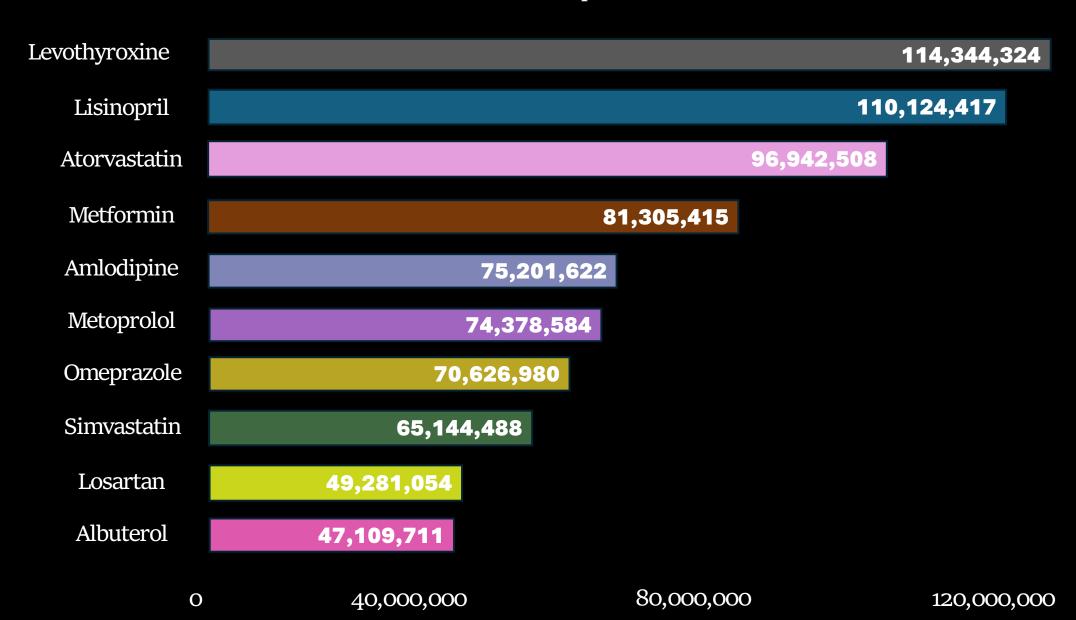
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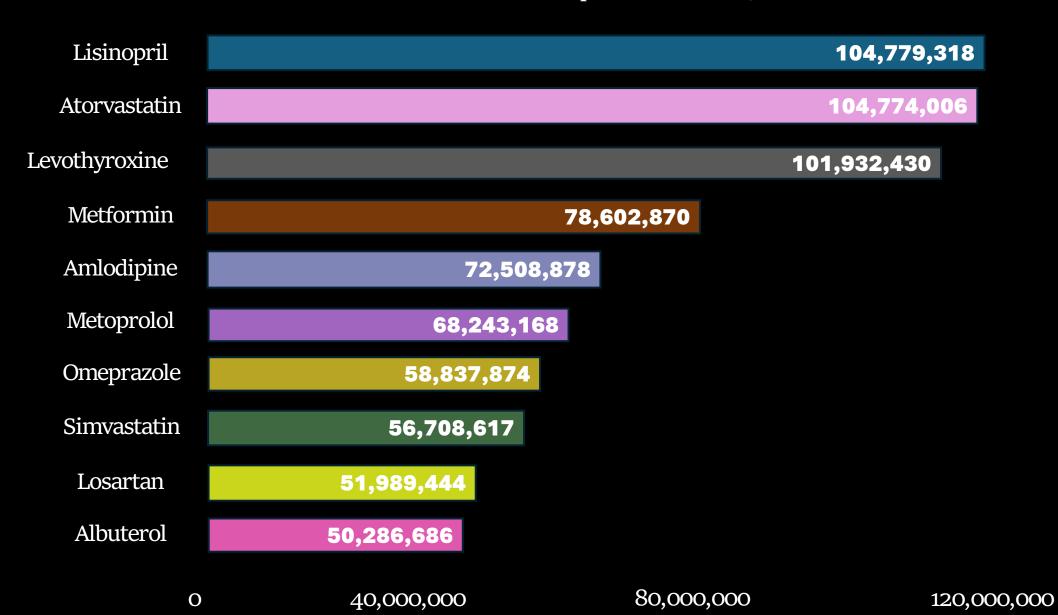
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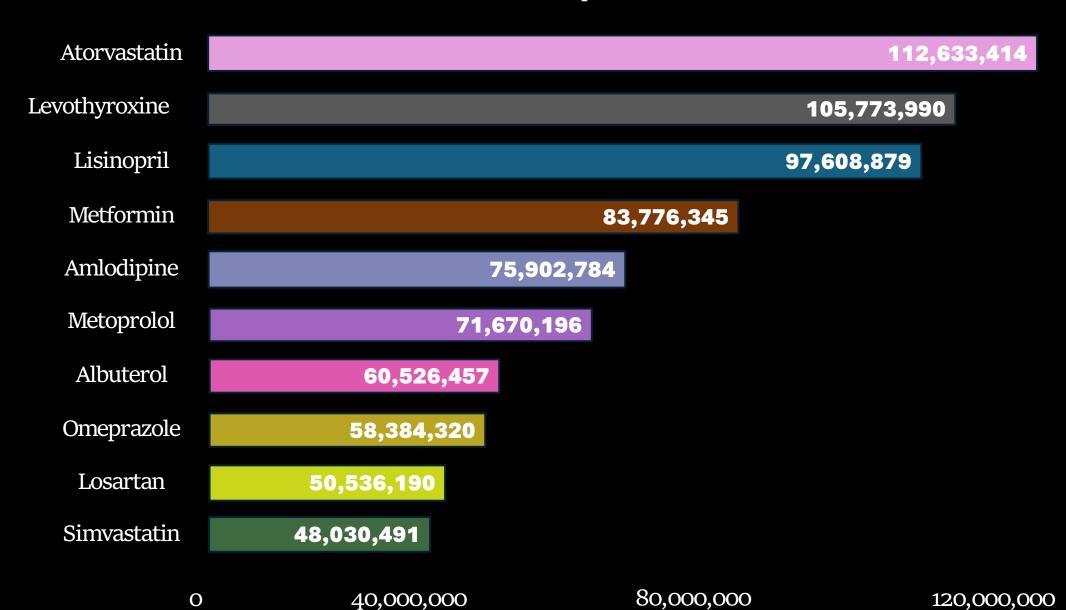


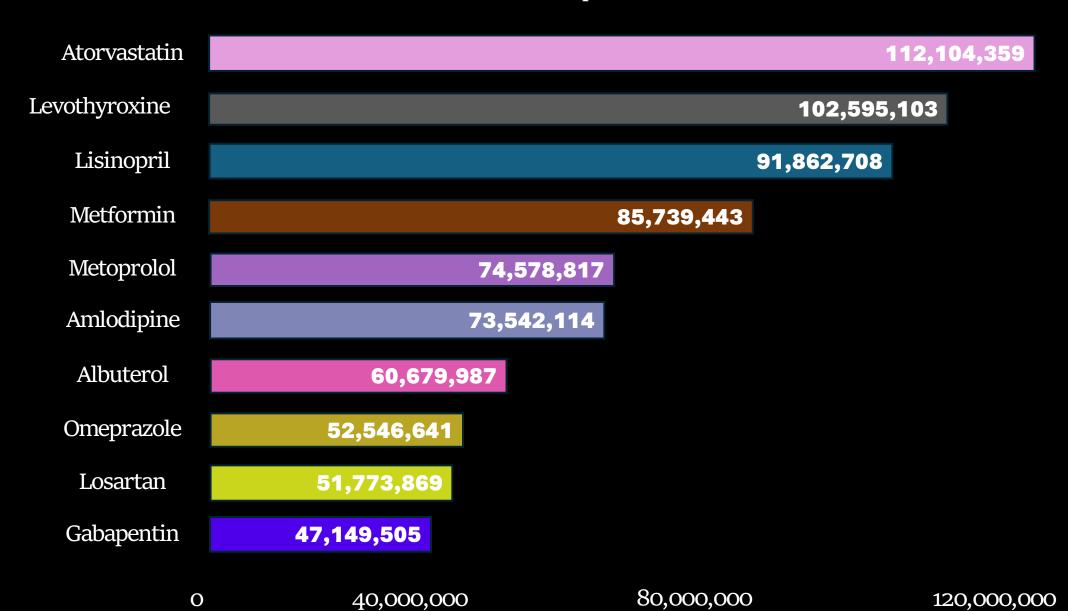


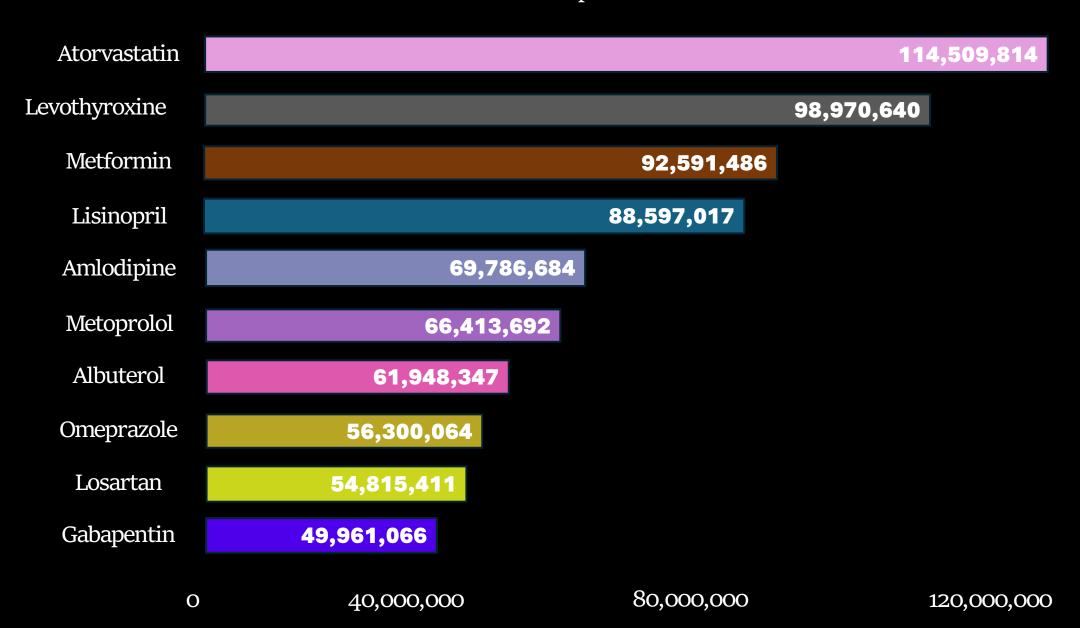


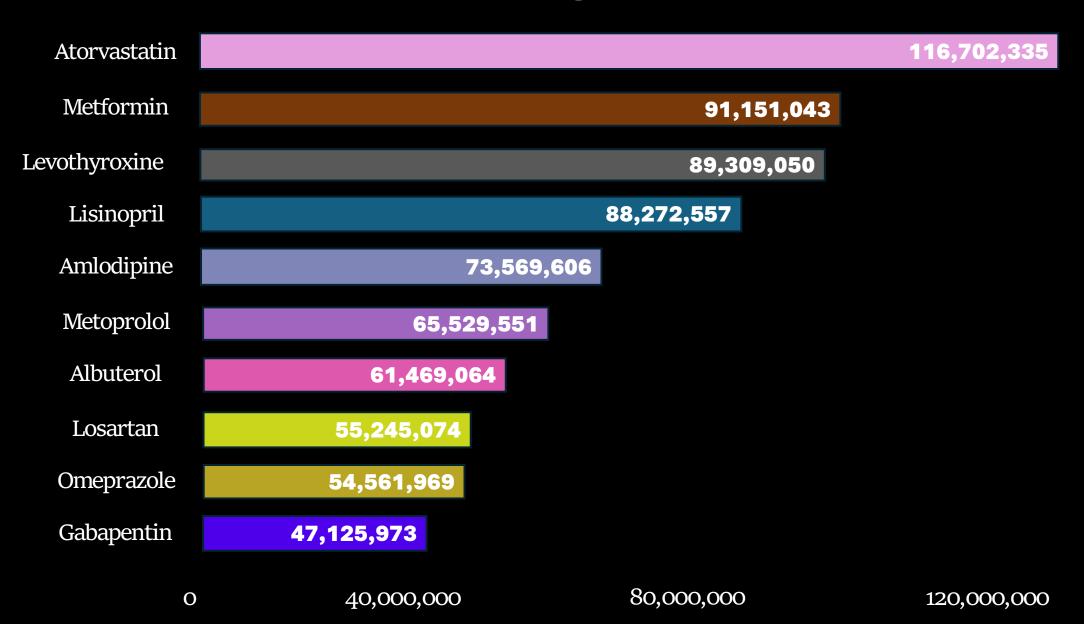












## 1. Cholesterol

- Patients may need
   Atorvastatin even if
   their cholesterol is
   normal
- Hence, an increase in the number of Atorvastatin prescriptions over the years

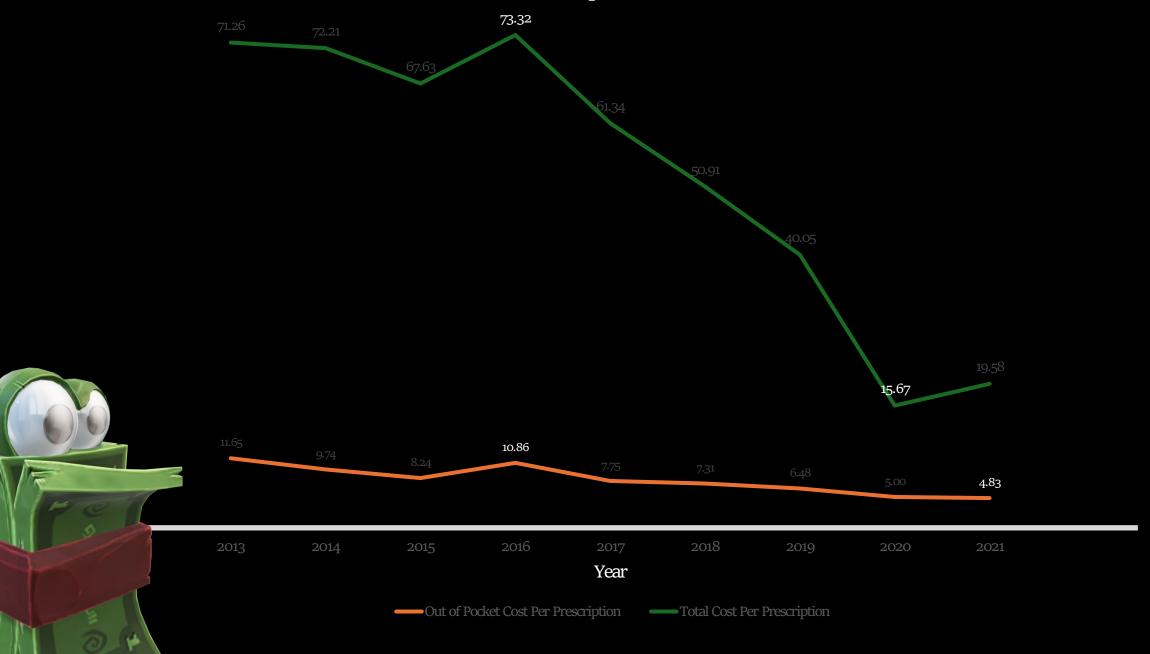
## 2. Anti-diabetes

 Metformin can have benefits for people who do not have diabetes or for people with borderline high blood sugar

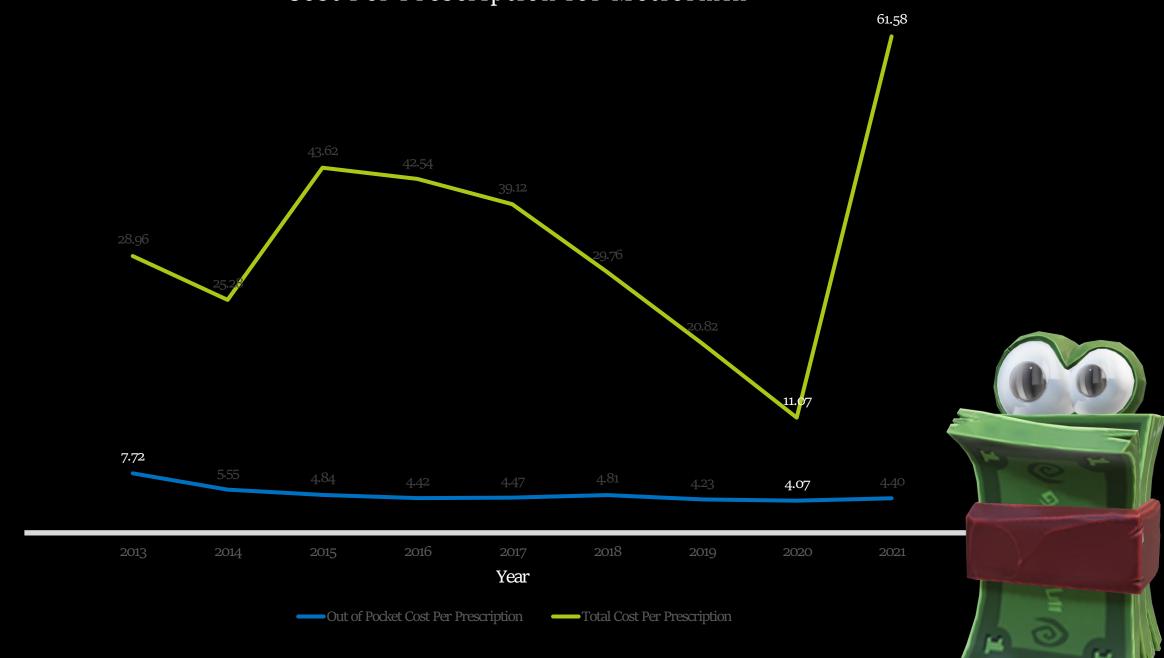
# 3. Antacid (PPI)

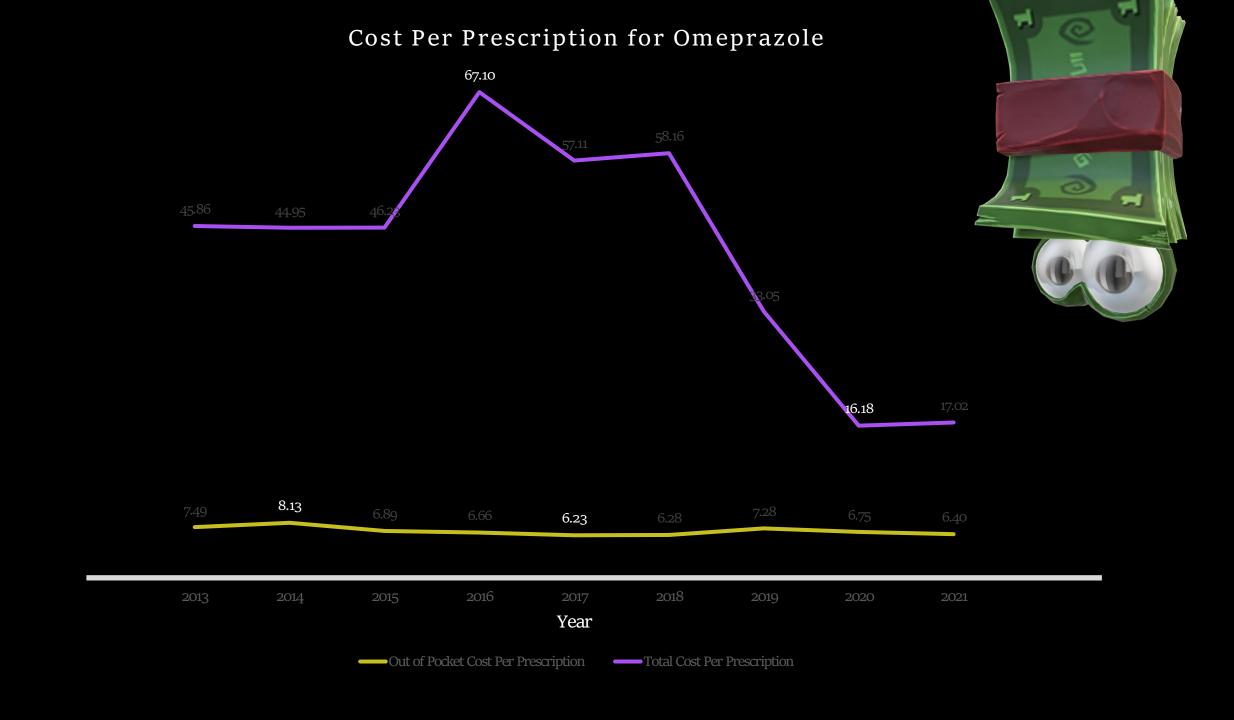
- Omeprazole has shown to have a steady decrease over the years
- Still is in the top 10
   list as a non
   hypertensive/anti diabetic medication

## Cost Per Prescription for Atorvastatin



## Cost Per Prescription for Metformin







Cost of medication varies based on factors such as location, pharmacy, quantity, dosage, etc.

- Insurance can cover the cost of medications but not fully
  - The out-ofpocket varies based on the type insurance and level of coverage

# References

- <a href="https://www.webmd.com/heart-disease/heart-failure/news/20240503/heart-failure-mortality-rate-continues-to-rise">https://www.webmd.com/heart-disease/heart-failure/news/20240503/heart-failure-mortality-rate-continues-to-rise</a>
- https://clincalc.com/DrugStats/Top200Drugs.aspx
- <a href="https://www.rwjf.org/en/insights/our-research/2019/02/medicaid-s-impact-on-health-care-access-outcomes-and-state-economies.html#:~:text=Of%20all%20types%20of%20health,and%20taxes%20paid%20as%20adults</a>
- <a href="https://www.health.harvard.edu/blog/why-do-your-prescription-drugs-cost-so-much-202401183007">https://www.health.harvard.edu/blog/why-do-your-prescription-drugs-cost-so-much-202401183007</a>
- https://www.cdc.gov/policy/polaris/healthtopics/heartdisease/index.html#:~:text=Heart%20disease%20costs%20the%20United,%2C%20medications%2C%20and%20premature%20death.

