

Interstellar Medium & Star Formation

Workshop on Introduction to Astronomy and Astrophysics

IIT, Tirupati

25 January 2026

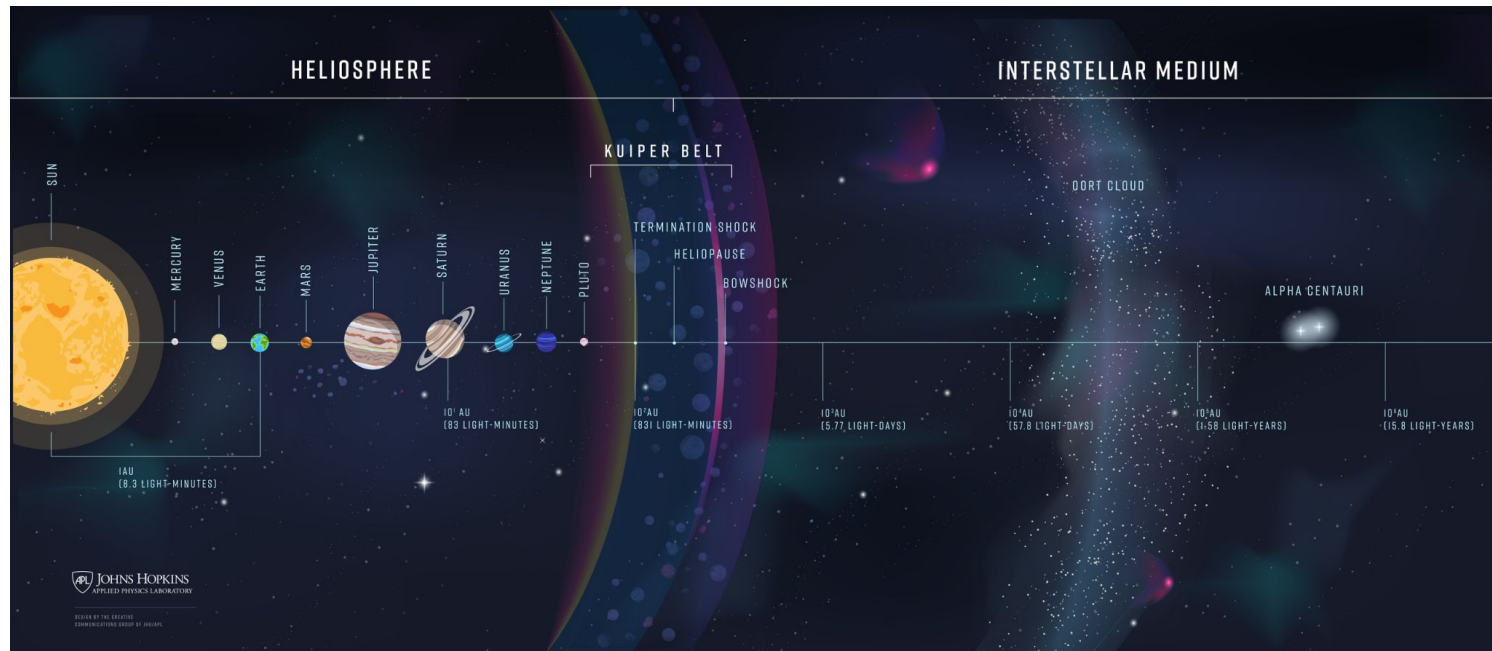
Rajeshwari Dutta
IUCAA

Reference Books

- 1) Physics of the Interstellar and Intergalactic Medium - *Bruce T. Draine*
- 2) The Physics of the Interstellar Medium - *John E. Dyson & David Williams*
- 3) The Interstellar Medium - *James Lequeux*
- 4) The Physics and Chemistry of the Interstellar Medium - *A. G. G. M. Tielens*
- 5) Interstellar and Intergalactic Medium - *Barbara Ryden & Richard W. Pogge*
- 6) Astrophysics Of Gaseous Nebulae And Active Galactic Nuclei - *Donald E. Osterbrock & Gary J. Ferland*

What is the Interstellar Medium (ISM)?

- Matter and radiation between stars in galaxies
- Dominates volume of galaxy (>99%)
- Average density $\sim 1 \text{ atom cm}^{-3}$ ($\sim 10^{19}$ molecules cm^{-3} in Earth's atmosphere)
- Interplay of matter and energy between ISM and stars determines galaxy's life cycle



What is the ISM made of?

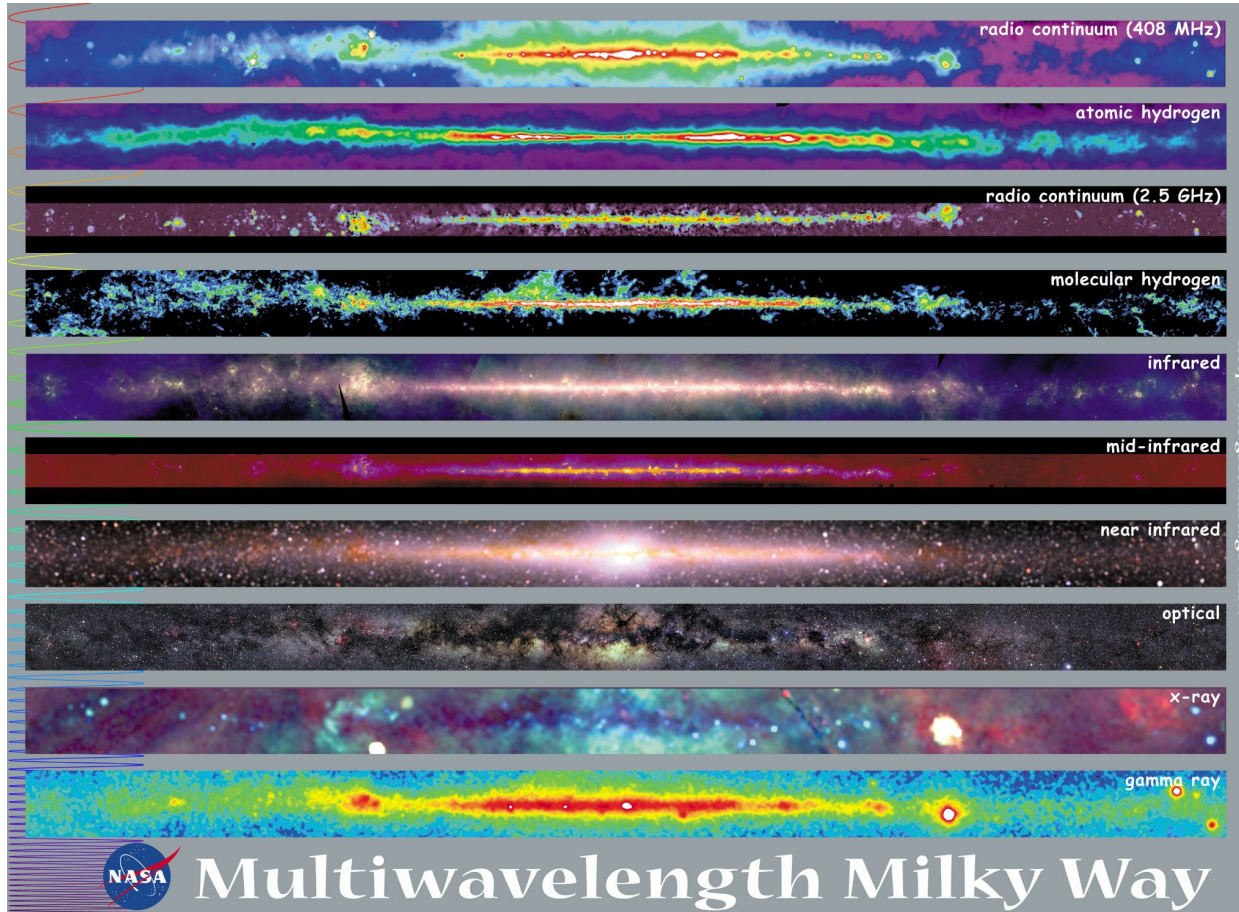
- About 99% gas by mass (~70% Hydrogen, ~28% Helium, ~1% heavier elements or metals)
- About 1% dust (solid material) by mass
- Cosmic rays, radiation, magnetic fields
- Different objects: HII regions, Reflection Nebulae, Dark Nebulae/Molecular Clouds, Photodissociation regions, Planetary Nebulae, Supernova remnants
- Different gas phases: ionized, atomic, molecular

ISM gas phases

Phase		T (K)	n_H (cm^{-3})	f_V -	P/k_B (K/cm^3)	Comments
H II 23%	Hot ionized medium (HIM)	$10^{5.7}$	0.004	0.5	4400	Collisionally ionized, shock-heated by supernovae and stellar winds
	H II regions	10000	$0.1-10^4$	0.01	varies	Photo-ionized nebulae around stars; density and pressure vary across these bubbles
	Warm ionized medium (WIM)	8000	0.2	0.1	4400	Diffuse photo-ionized gas, large scatter in temperature and density
H I 60%	Warm neutral medium (WNM)	8000	0.5	0.4	4400	About 60% of HI by mass; in pressure equilibrium with CNM
	Cool neutral medium (CNM)	100	40	0.01	4400	Significant fraction of the mass despite small volume filling fraction
H ₂ 17%	Diffuse molecular gas	50	150	0.001	4400	Self-shielded against dissociation, but not dense enough to form stars
	Molecular clouds	10-50	10^3-10^6	0.0001	>10000	The site of star formation; more or less gravitationally bound

credit: Benedikt Diemer

Multiwavelength observations of ISM



Relativistic particles

Cool atomic gas

Warm ionized gas

Cold molecular gas

Dust

PAH

Cool Stars

Stars & Dust

Hot ionized gas

Cosmic rays

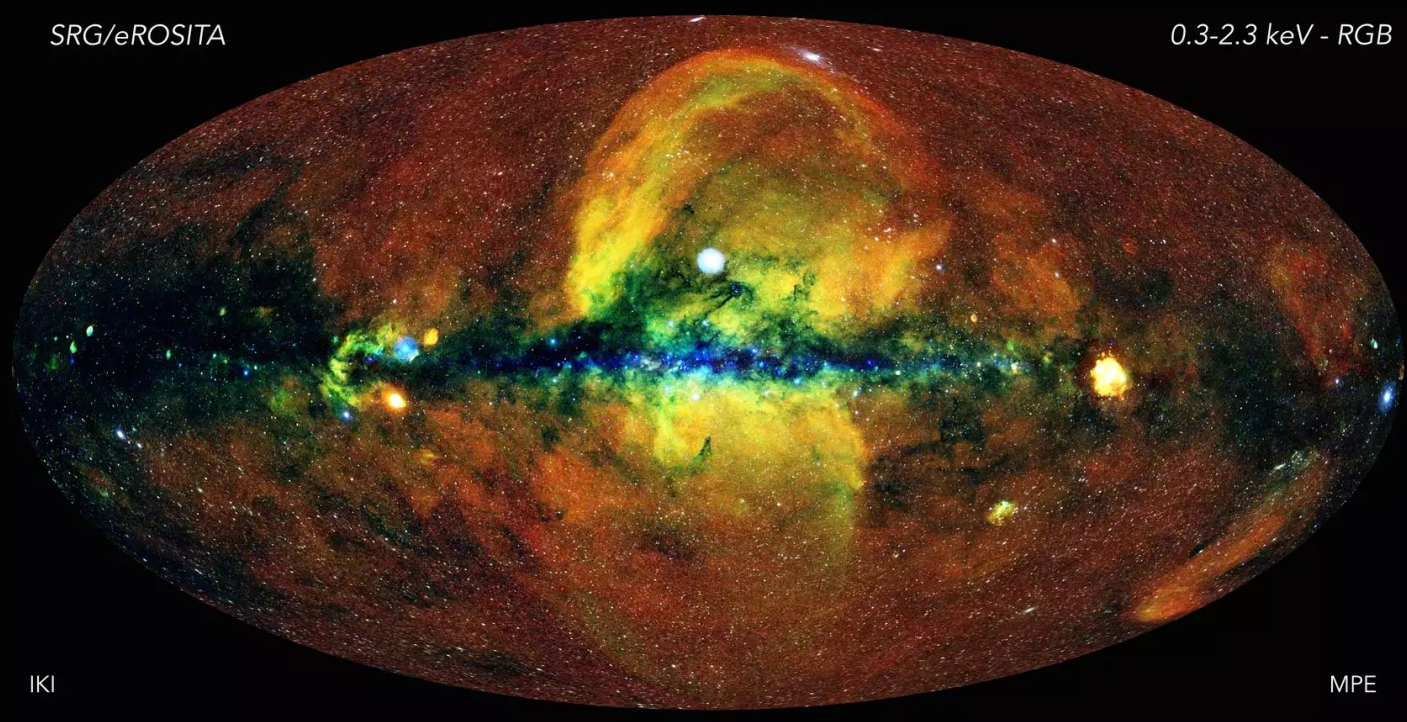
Multiwavelength observations of ISM



Hot ionized gas phase

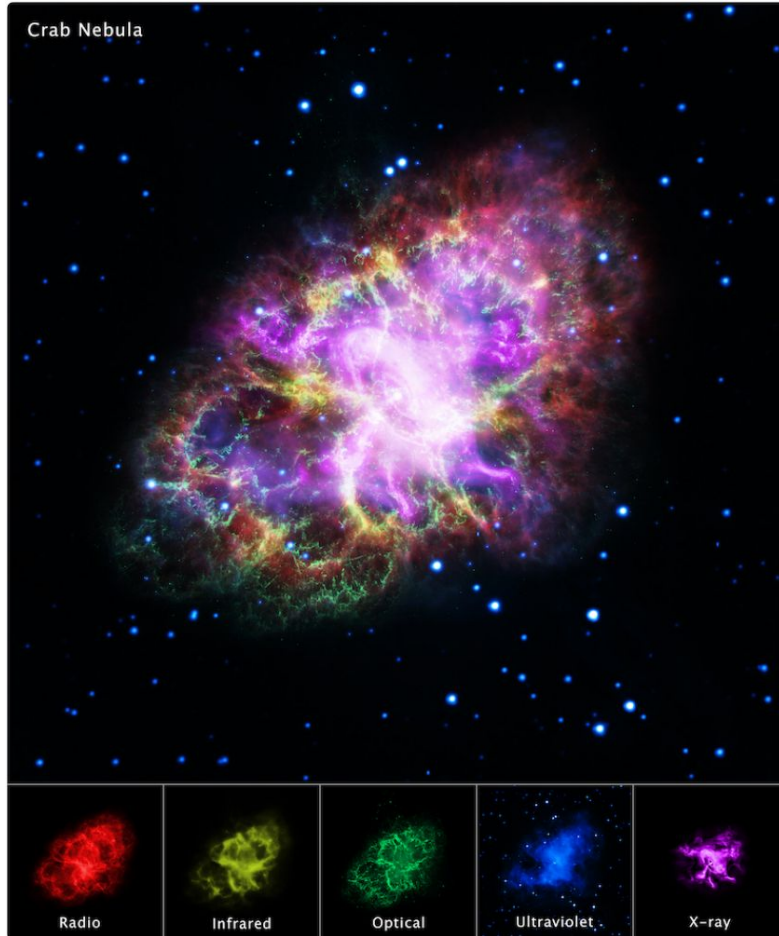
SRG/eROSITA

0.3-2.3 keV - RGB



- Most volume filling phase of ISM
- Collisionally ionized gas
- Heated by supernovae shocks and stellar winds
- Traced by X-ray emission, FUV (e.g. OVI) absorption against stars or quasars, radio synchrotron emission

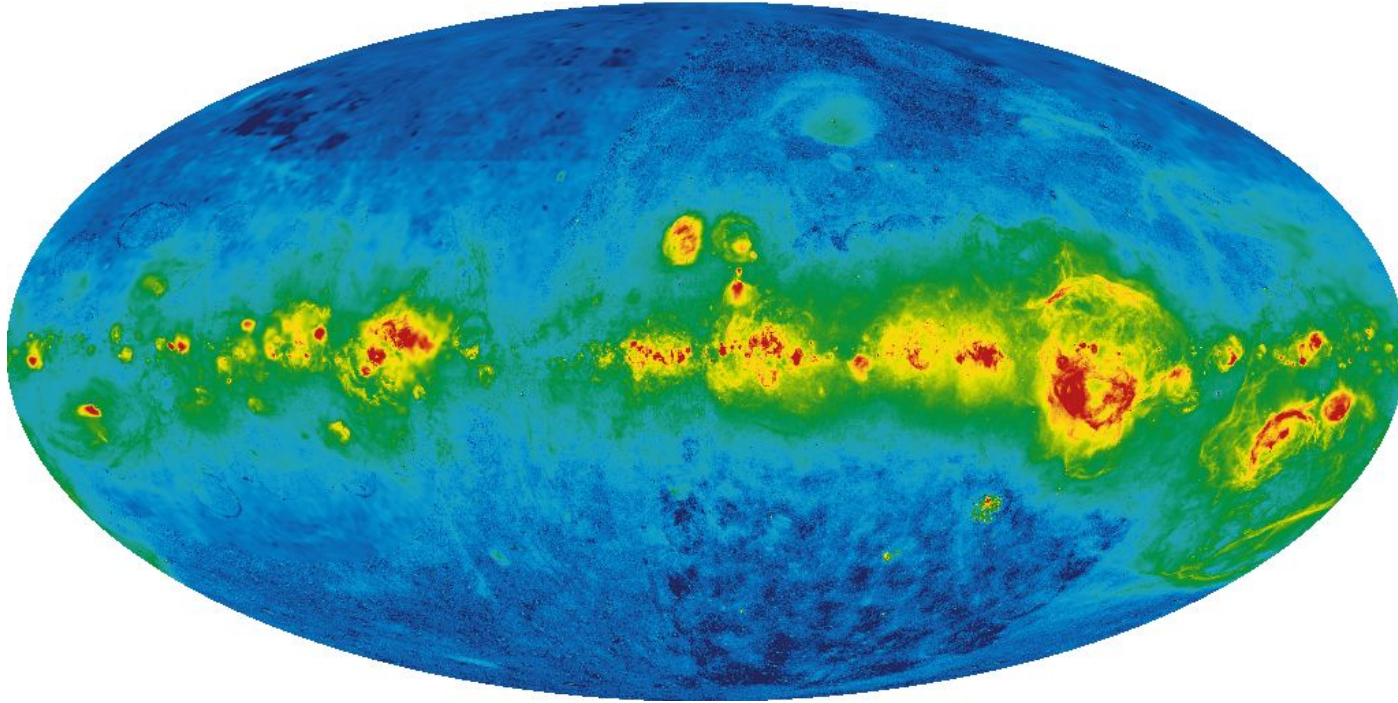
Supernova Remnants



- Nebulae resulting from explosion of stars in supernovae
- Bound by shock waves
- Major source of heating of ISM gas
- Main source of elements heavier than Oxygen
- Major source of cosmic rays
- Around 300 known in Milky Way
- Strong synchrotron radiation
- Emits across wavelengths: radio, infrared, optical, UV, X-rays, gamma rays

VLA (radio); Spitzer (infrared); HST (optical); XMM-Newton (UV); Chandra (X-ray)

Warm ionized gas phase



- Photoionized gas
- Consists of compact HII regions and diffuse ionized gas
- Traced by $H\alpha$ emission, pulsar dispersion measure, free-free radio emission

$H\alpha$ emission (Finkbeiner 2003)

HII regions



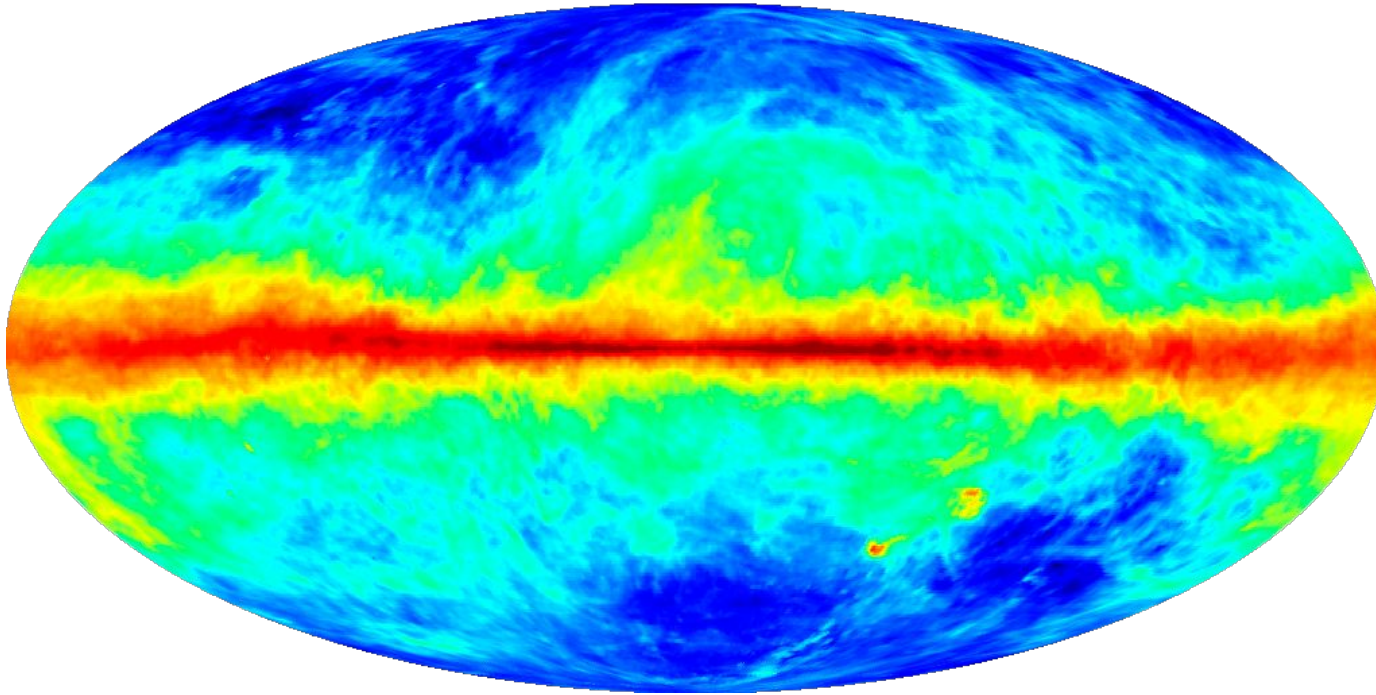
Orion Nebula (NASA)



Tarantula Nebula (NASA)

- Photoionized hydrogen gas clouds around massive, young O/B stars (Stromgren spheres)
- Temperature $\sim 10^4$ K
- Density $\sim 0.1-10^4 \text{ cm}^{-3}$
- Strong $\text{H}\alpha$ emission line

Atomic gas phase

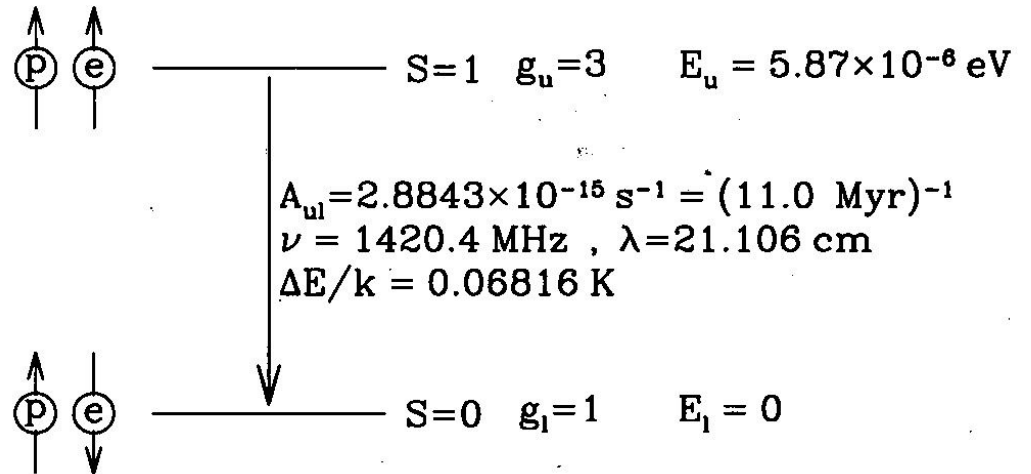
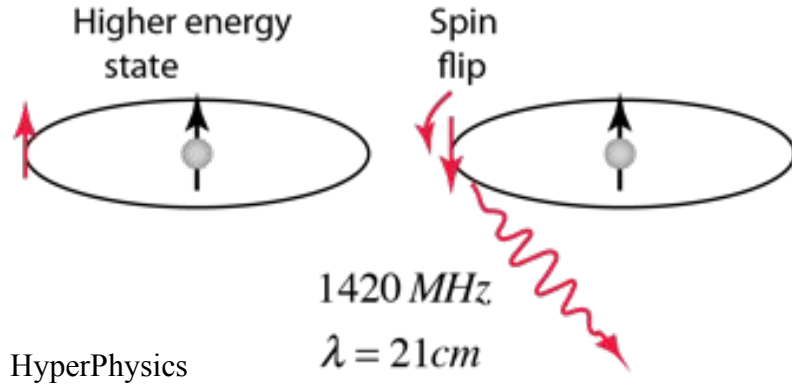


HI 1.4 GHz LAB survey (Kalberla+2005)

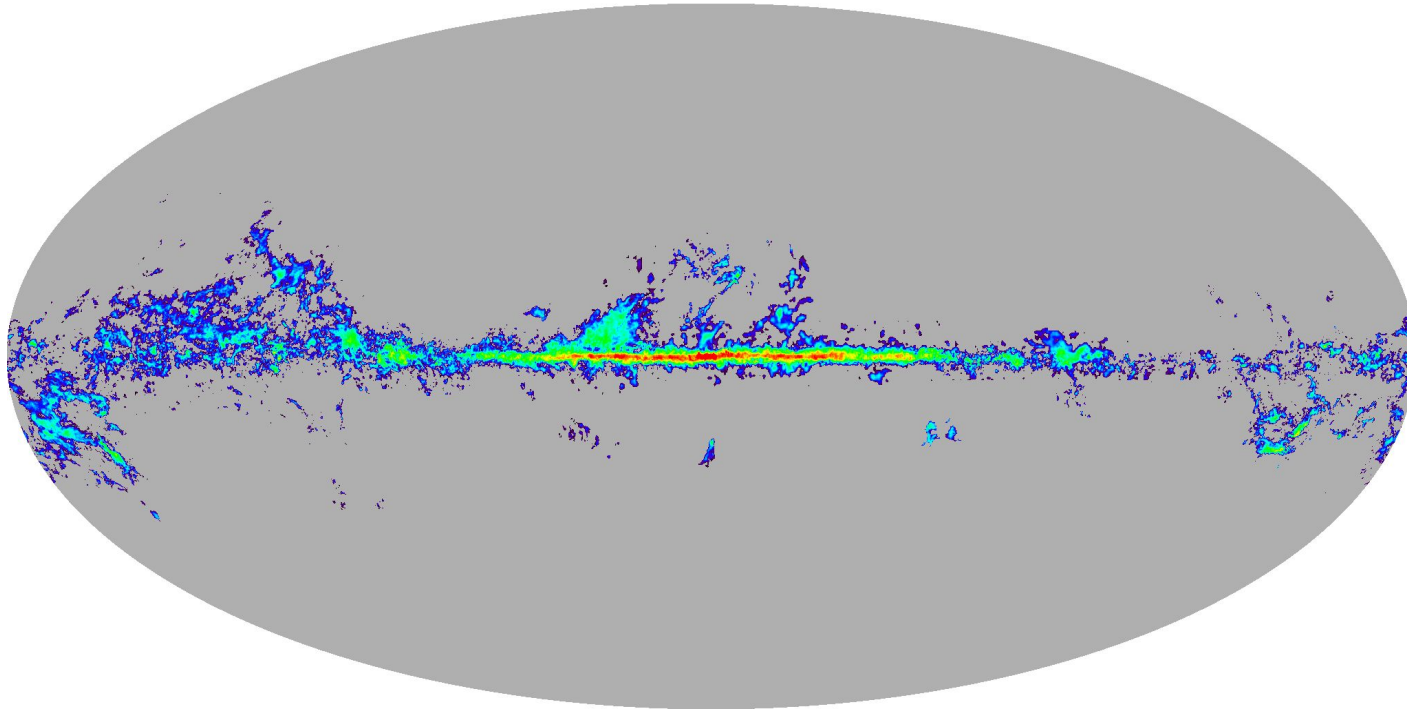
- Majority (60%) of ISM gas mass is atomic or HI
- Consists of Cold Neutral Medium (CNM) and Warm Neutral Medium (WNM) in pressure equilibrium
- Traced typically by HI 21-cm emission & absorption, optical/UV absorption lines

HI 21-cm line

Electron-proton spin-flip transition between hyperfine levels of ground state of hydrogen atom



Molecular gas phase



- Consists of mostly H_2
- Consists of dense clouds and diffuse gas
- H_2 difficult to detect
- CO mm lines typically used as tracers

CO(1-0) 115 GHz (Dame+2011)

Molecular Clouds



Barnard 68 (ESO)

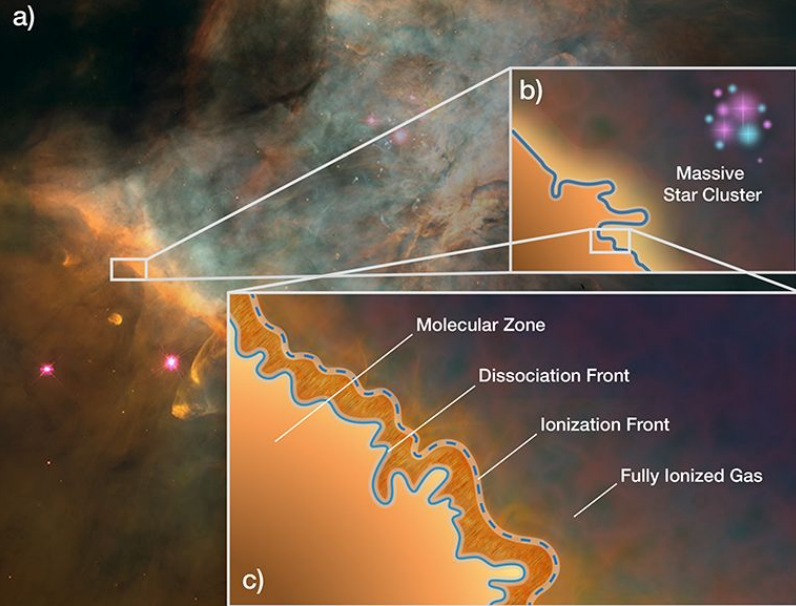


Horsehead Nebula (CFHT)

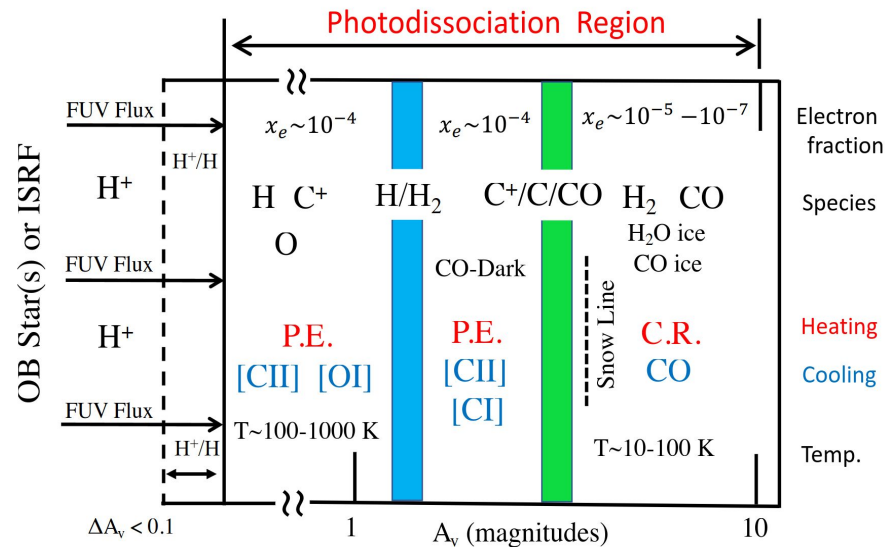
- Dense dust and molecular clouds
- Obscures optical light
- Temperature $\sim 10\text{-}100\text{ K}$
- Bright in FIR
- Range from small clumps to Giant Molecular Clouds
- Formation sites of stars and planetary systems

Photodissociation region (PDR)

Anatomy of a Photodissociation Region



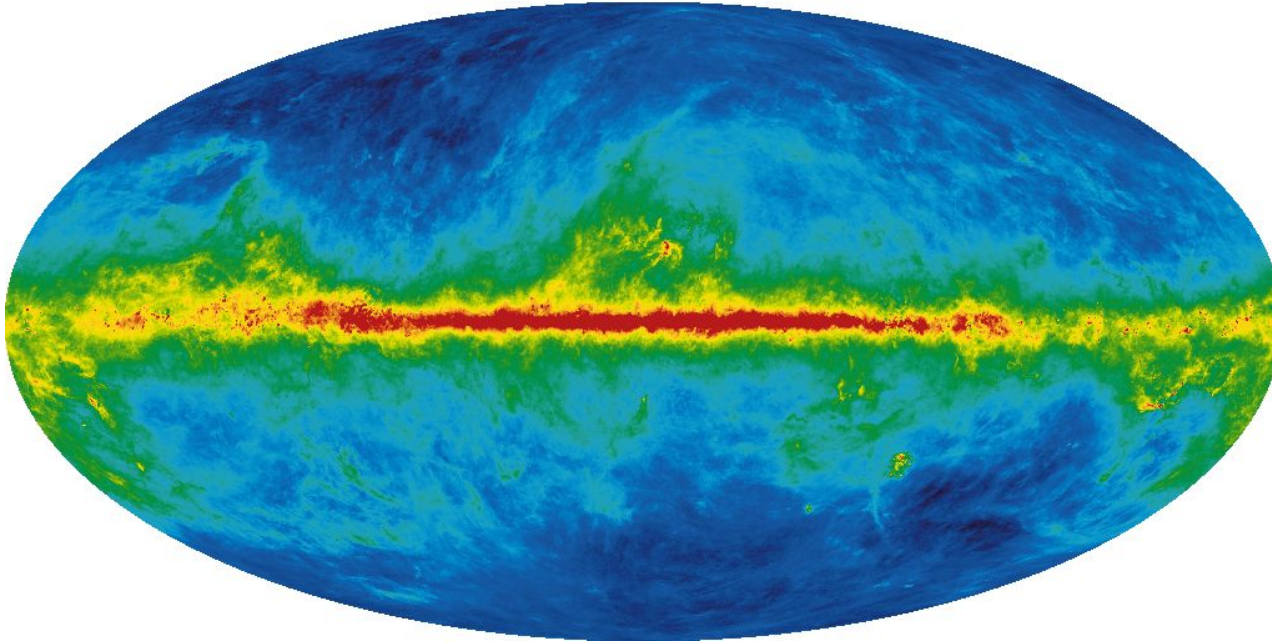
Orion Bar (JWST)



Wolfire et al. 2022

- Transition region between molecular gas and ionized gas around massive stars
- Transition of H to H_2 and C^+ to CO
- Heating and chemistry regulated by FUV photons
- Strong fine structure emission lines (e.g., $[CII]$), strong molecular emission lines (e.g., CO), infrared continuum emission from dust

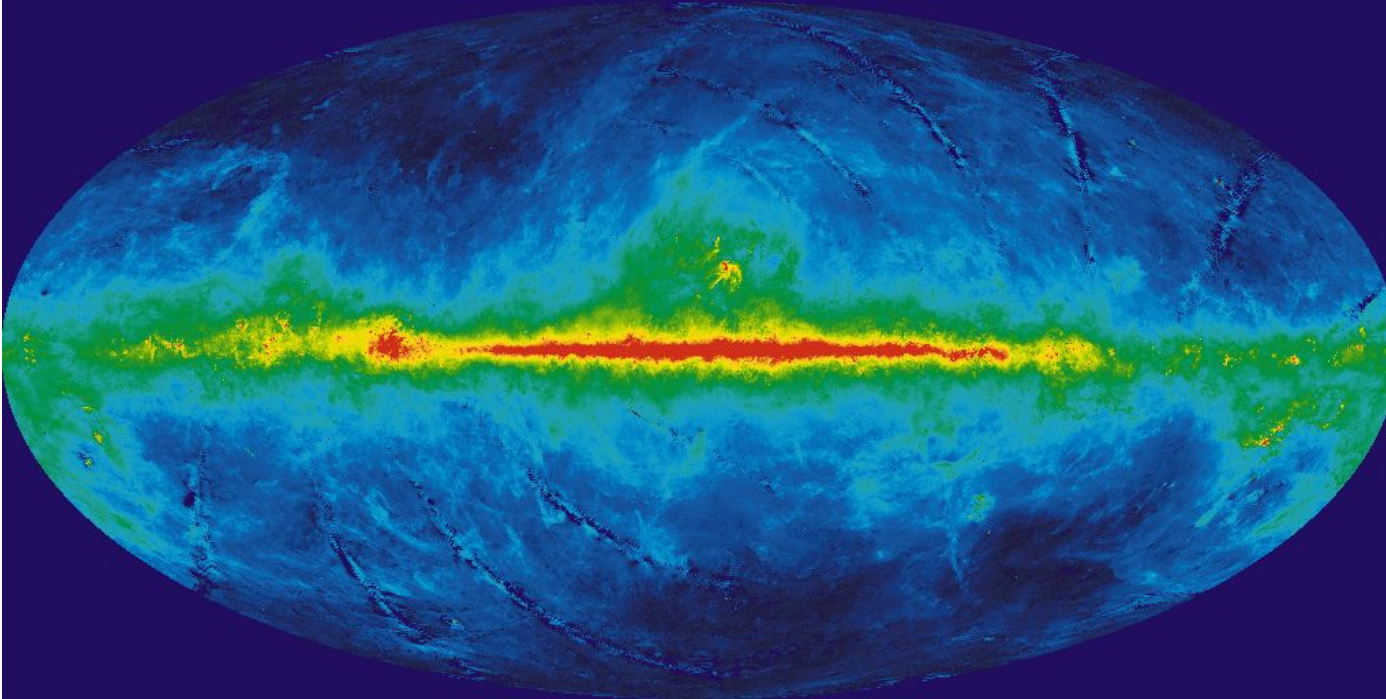
Dust



COBE & IRAS 94 GHz dust emission (Finkbeiner, Davis & Schlegel 1999)

- Dust:gas $\sim 1:100$ in MW
- Formed in atmospheres of AGB and Red Giant stars, planetary nebulae, supernovae
- Composed of refractory elements: C, O, Mg, Si, Fe
- Causes extinction of optical light
- Primary site for molecule formation
- Photoelectric heating by dust grains major source of heating in ISM
- Traced by infrared emission

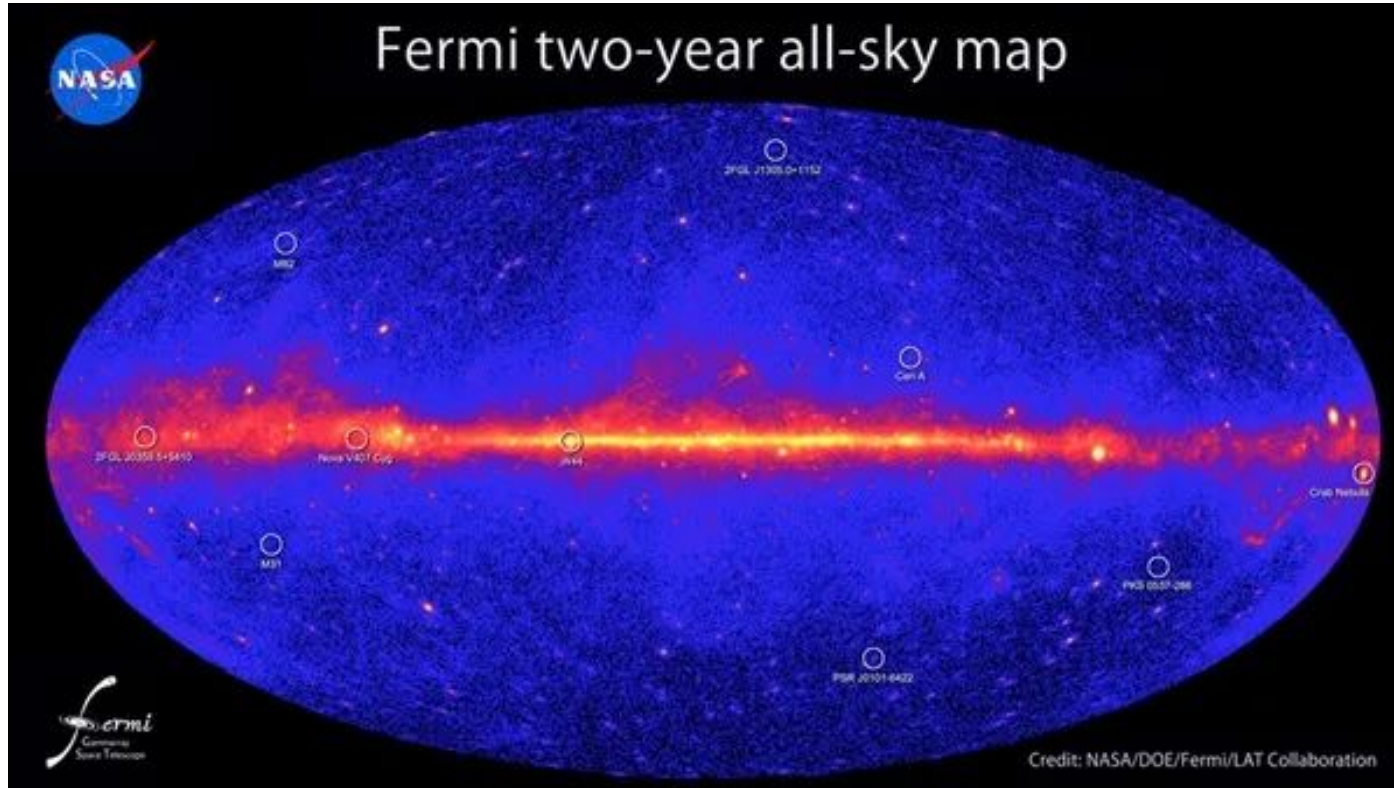
Polycyclic Aromatic Hydrocarbon (PAH)



- Large organic molecules
- Contains ~10% of Milky Way's Carbon
- Mid-IR (5-15 micron) emission features due to vibrational excitation

WISE 12 micron dust emission (Meisner and Finkbeiner 2014)

Cosmic Rays



- High-energy ($\sim 1\text{-}10\text{ GeV}$) relativistic particles (mostly protons)
- Produced in supernovae and other high energy events
- Important source of heating in molecular clouds
- Traced by Gamma-ray emission

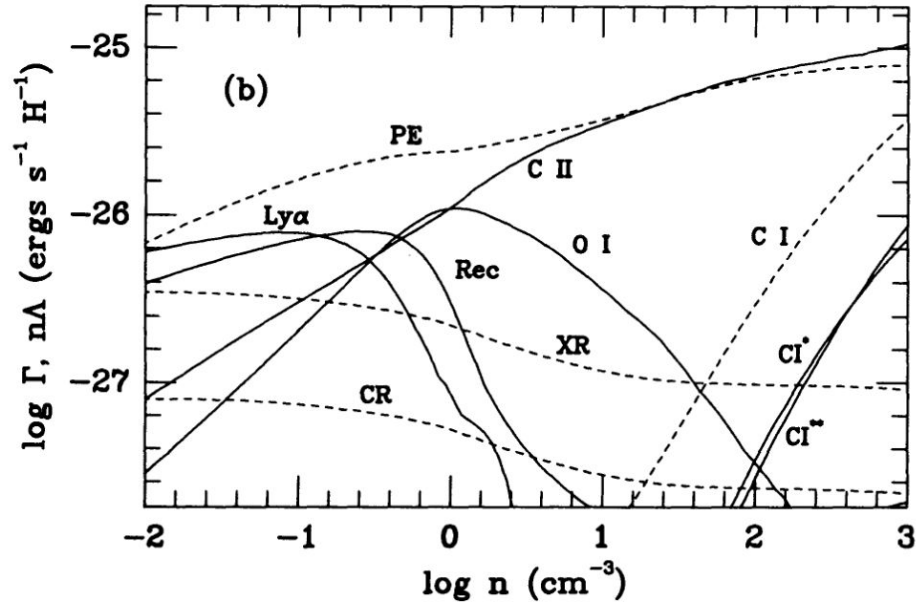
Heating in ISM

- **Photoelectric effect:** UV photons from stars knock electrons out of dust grains and PAHs, transferring kinetic energy to gas; dominant heating mechanism in neutral gas phase
- **Photoionization:** UV photons from stars ionize species, where kinetic energy of ejected electron is difference between energy of photon and ionization potential of species; C ionization ($\sim 11.26 - 13.60$ eV) important in neutral gas
- **X-rays:** Photoionization of species by X-ray photons
- **Cosmic rays:** Lower energy cosmic rays (protons) ionize hydrogen atoms via collisions, with mean kinetic energy of ejected electron ~ 35 eV; dominant heating mechanism in molecular clouds
- **Gas dynamics:** shock waves, turbulence; shock heating by supernova explosions or stellar winds dominant in hot ionized medium

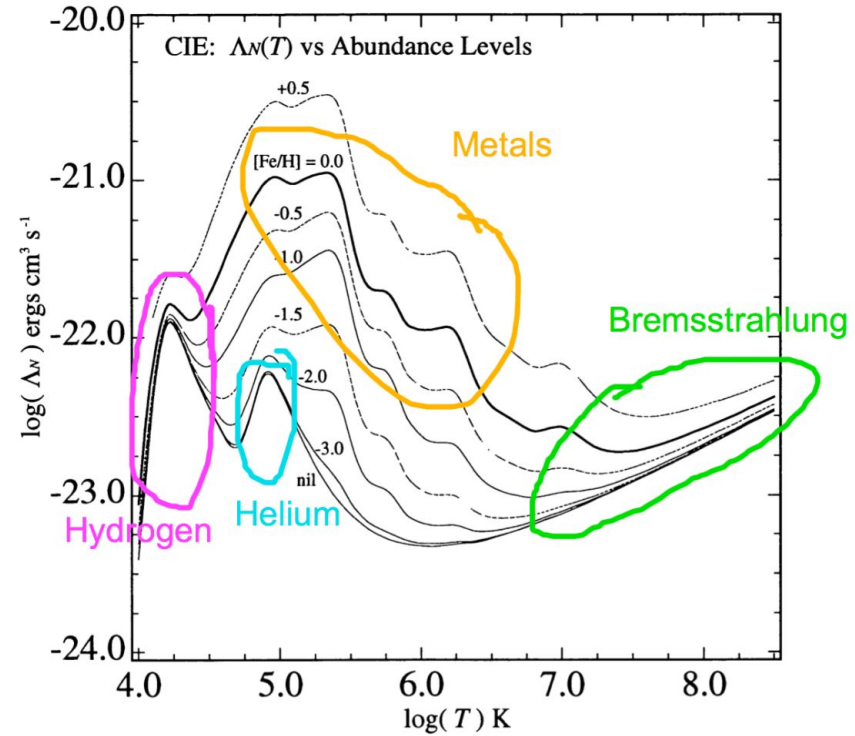
Cooling in ISM

- **Radiative cooling by collisionally excited metal lines:** In CNM, cooling is dominated by excitation of C^+ by collisions with thermal electrons followed by radiative de-excitation and emission of FIR fine-structure line, [CII] 158 μm ; other FIR cooling lines: [OI] 63 μm , [SiII] 35 μm
- **H Ly α radiative cooling:** Collisional excitation of hydrogen atom from ground to first excited state followed by radiative de-excitation with emission of Ly α photon; dominates in WNM ($\sim 10^4$ K)
- **Thermal Bremsstrahlung (Free-Free) radiation:** Free electron de-accelerated by close encounter with free proton or ion, emitting photon that carries away its kinetic energy; dominant at $T > 10^6$ K; cooling rate $\propto T^{1/2}$
- **Recombination cooling:** Free electron undergoes radiative recombination with proton to form neutral hydrogen, decreasing total thermal energy of region by its kinetic energy
- **Dust emission:** Dust grains absorb higher energy radiation from stars and re-emit it as thermal radiation in infrared

Heating & Cooling in ISM

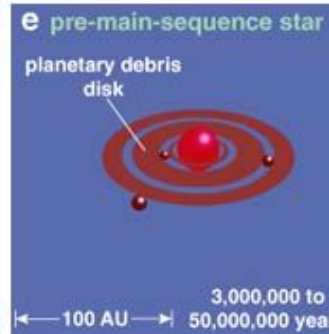
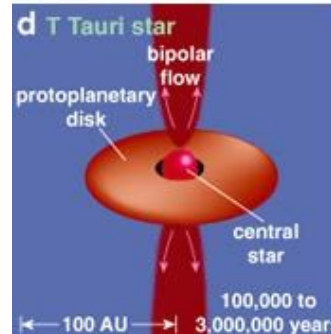
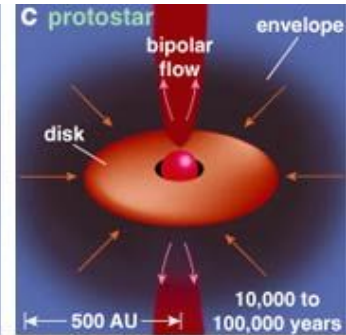
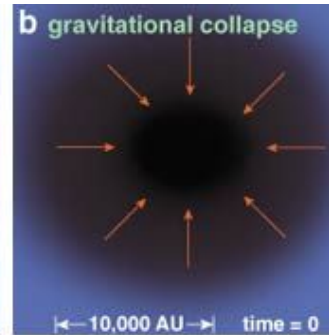
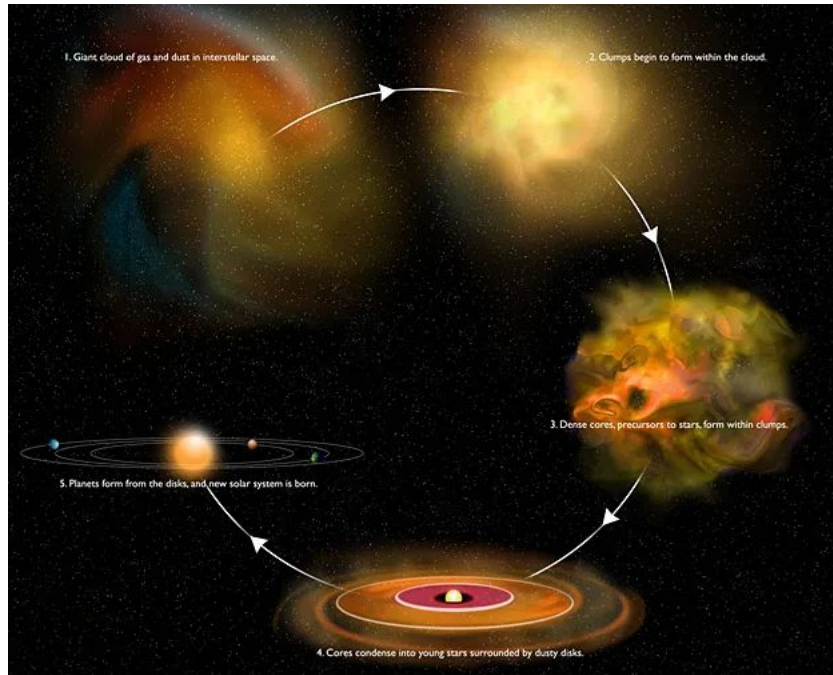


Wolfire et al. 1995



Sutherland & Dopita. 1993

How do stars form?



Jeans Criterion

- Equilibrium condition of stable, gravitationally bound system \rightarrow virial theorem: $2K = -U$
- Gravitational potential energy of spherical cloud:

$$U \simeq -\frac{3}{5} \frac{GM_c^2}{R_c}$$

- Total internal kinetic energy of cloud:

$$K = \frac{3}{2} \mathcal{N} kT$$

- Total number of particles N in terms of mean molecular weight (μ): $\mathcal{N} = \frac{M_c}{\mu m_H}$
- Condition for gravitational collapse: $2K < |U|$

$$\frac{3M_c kT}{\mu m_H} < \frac{3}{5} \frac{GM_c^2}{R_c}$$

- Radius in terms of initial density (assume constant) of cloud: $R_c = \left(\frac{3}{4} \frac{M_c}{\pi \rho_0} \right)^{1/3}$

Jeans Criterion

- Jeans mass:
$$M_J \simeq \left(\frac{5kT}{G\mu m_H} \right)^{3/2} \left(\frac{3}{4\pi\rho_0} \right)^{1/2}$$
- Jeans length:
$$R_J \simeq \left(\frac{15kT}{4\pi G\mu m_H \rho_0} \right)^{1/2}$$
- If mass (radius) of cloud exceeds Jeans mass (length), cloud will be unstable against gravitational collapse
- Lower the temperature and higher the density, smaller the cloud mass which is unstable against gravitational collapse for a given chemical composition (μ)
- Neglected external pressure on cloud, rotation, internal macroscopic velocity gradients, magnetic fields

Jeans Criterion

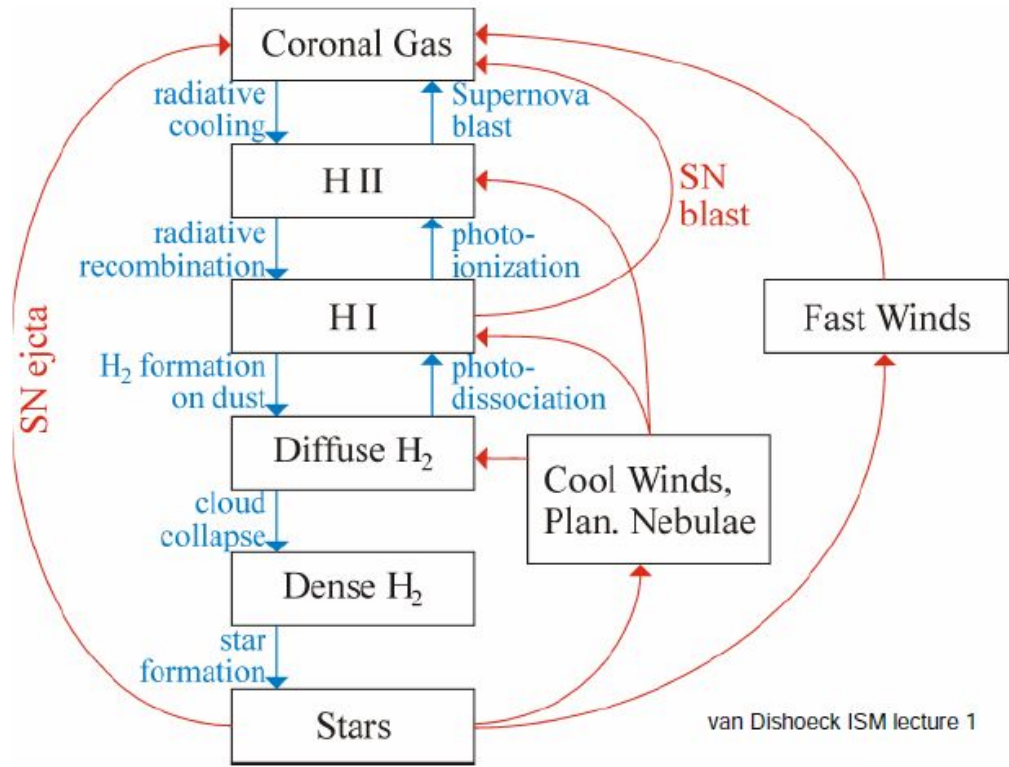
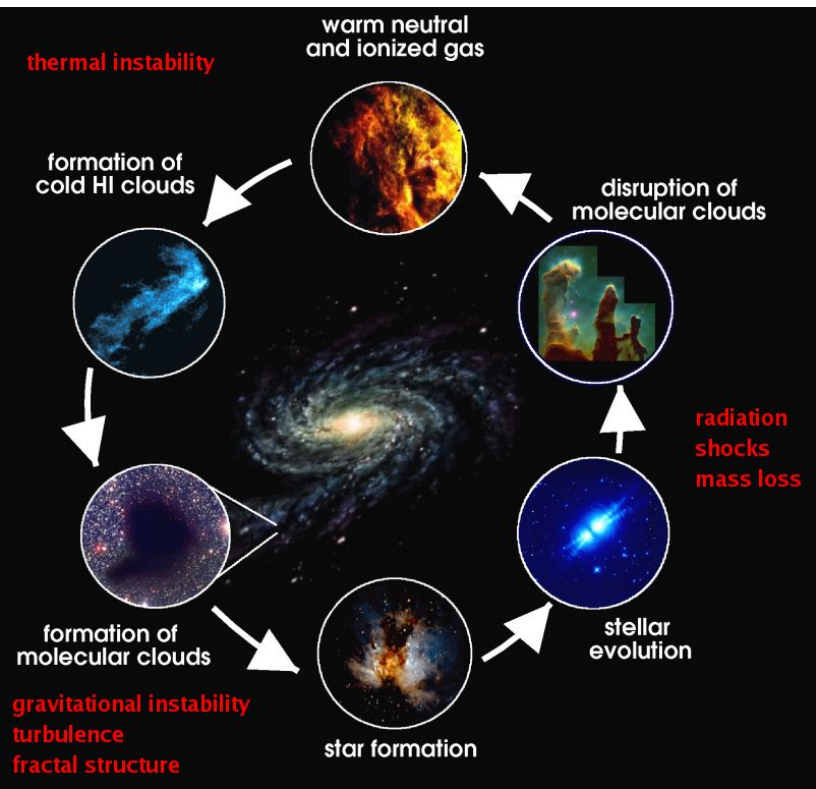
$$M_J \simeq \left(\frac{5kT}{G\mu m_H} \right)^{3/2} \left(\frac{3}{4\pi\rho_0} \right)^{1/2}$$

- Diffuse HI cloud: $T \sim 100$ K, $\mu = 1$, $n_{HI} \sim 1$ cm⁻³, $\rho \sim n_{HI}m_H$
 $M_J \sim 10^4 M_\odot \rightarrow$ higher than typical mass of diffuse HI clouds (stable against gravitational collapse)
- Giant Molecular Cloud (GMC): $T \sim 10$ K, $\mu = 2$, $n_{H_2} \sim 10^4$ cm⁻³, $\rho \sim 2n_{H_2}m_H$
 $M_J \sim 8 M_\odot \rightarrow$ lower than typical mass of GMCs (unstable to gravitational collapse)

Star Formation Rate (SFR)

1. **Nebular emission lines** (e.g., $H\alpha$, $[OII]$): traces ionizing radiation from massive stars; probes SFR on shorter timescales $\sim 4 - 10$ Myr
2. **UV continuum** ($\sim 1500 - 2800 \text{ \AA}$): traces emission from short-lived massive stars $M > \sim 5 M_{\odot}$; probes SFR on intermediate timescale $\sim 30 - 70$ Myr
3. **FIR continuum** ($\sim 8 - 1000 \mu\text{m}$): traces stellar radiation re-emitted by dust; probes SFR on longer timescales ~ 100 Myr
4. **Radio continuum** (e.g., 1.4 GHz): traces synchrotron emission from supernova remnants; probes SFR on longer timescales $\sim 200 - 300$ Myr

ISM: Cycle of Gas and Stars



van Dishoeck ISM lecture 1