



Lesson Plans: A Quick Start Guide

Lesson Plan for the New Hearing Aid User

- This cLEAR plan is designed to help people adjust more quickly to their new hearing aids and to receive maximum benefit from wearing them. For example, one patient wrote to say that cLEAR auditory brain training made him [appreciate how much easier it is to hear speech, especially women's voices, now that he wears hearing aids](#). He likes the cLEAR auditory brain training games so much that he still plays them a year later!

Lesson Plan for the User Who is Not Yet Ready for Hearing Aids

- This plan is designed for patients who would like hearing healthcare but are not yet ready to purchase hearing technology. The games aim to increase their ability to focus on what is being said and to gauge their current hearing status. One cLEAR subscriber wrote, "[I have broken my habit of staying out of conversations because of my hearing and the frustrations of others.](#)"

Lesson Plan for the User Who Complains of Listening in Noise

- One of the most common complaints of individuals with hearing loss might be having difficulty listening in noisy areas. This lesson plan is designed to develop the users' tolerance of background noise. After following this plan, one user said, "[I am no longer aware of background noise as much as before, so I can concentrate on words spoken.](#)"

Lesson Plan for the User Who has Difficulty in Hearing Female and Child Voices

- This plan is designed for those individuals with a high-pitched hearing loss. Since most female and child voices are higher in pitch than male voices, this lesson plan trains users with these voices. One patient explained, "[I seem to do better in my worst situations \(noisy restaurants with my wife\), with the people who are the hardest for me to understand](#)" after completing this lesson plan.

Lesson Plan for the New Cochlear Implant User

- Many individuals who receive cochlear implants feel as if their loved ones sound different than they once did. This cLEAR plan is designed to acclimate the individual to their frequent communication partner's (FCP's) voices. One cLEAR user mentioned that the program [gave his brain, as well as his ears, stimulation](#).



Lesson Plan for the User Who Cannot Tolerate Noise

- This plan was created for individuals who cannot tolerate background noise, but who still want to increase their listening skills. None of the activities require them to listen to speech while background noise plays. One patient writes, "I actually enjoyed the exercises and was working on improving active and careful listening."

Lesson Plan for the User with Central Auditory Processing Disorder

- Central auditory processing disorder can affect the ways in which one pays attention to sound, processes words, and remember words long enough to process the meaning. This lesson plan aims to train these skills. This lesson plan can also be used by children with at least a third-grade reading level. A parent of a child recently explained that [her] son is using cLEAR and is loving it.

Lesson Plan for the User Who Wants to Better Understand the Speech of an FCP (Frequent Communication Partner): Plan I

- FCPs can record their own voice into the cLEAR program for their loved one to practice listening to them. The FCP records the training stimuli in a single session and the user immediately begins training with the FCP's voice. A subscriber said, "It improves and enhances communication and comprehension of the world around us, [and] enhances and improves relationships by being able to communicate at all!"

Lesson Plan for the User Who Wants to Better Recognize the Speech of an FCP: Plan II

- Similar to Plan I, this cLEAR lesson plan teaches users to better recognize the voice of someone who is important to them. For this plan, the FCP records the stimuli in three short recording sessions. As the recordings are made, the variety of games that the user plays is gradually increased. One patient said, "I tended to drop out of conversations because I could not reliably identify what was being said. I am much more confident that my understanding is correct."