April 2020 Assisted Living Ac Sunday	<b>ctivities</b> Monday	Tuesday	Wednesday	Thursday	Friday	created with Saturday	gely
Villa at Castro Valley Assisted Living & Memory Care	Connected  Emotional Intellectual Physical Purposeful		9:00  Sit & Be Fit [LR1] 10:00  Garnes of Your Choice [LR1] 11:00  Garnes of Your Choice [LR1] 1:30  Arts & Crafts [LR1] 2:30  Garnes of LR1] 3:00  Gardening [G] 3:30  Yoga [LR1] 4:00  Music ofMichael Buble [LR1]	9:00 Sit & Be Fit [LR1] 10:00 - Current Events [LR1] 11:00 - Funny Pet Videos [LR1] 11:00 - Resident Room Visits 1:00 - "NEW" Walking Group ~ Meet in Reception Area 1:30 - Bowling [LR1] 2:30 - Yoga [LR1] 3:00 - Sing Fit [LR1] 4:00 - Where Should We Go? [LR1] 5:00 - Evening Movie [LR1]	9:00	9:00 Sit & Be Fit [LR1] 10:00 Large Current Events [LR1] 11:00 Conversations [LR1] 1:30 American Music Choices [LR1] 2:30 Cardening [6] 3:00 Saturday Matinee [LR1]	4
9:00 Thoughts of Gratitude [LR1] 9:30 Catholic Mass [LR1] 10:30 Sit & Be Fit [LR1] 11:00 Current Events [LR1] 1:00 Ken Burns "National Parks" [LR1] 2:00 Trivia [LR1] 3:00 Sing a Long [LR1] 4:00 Bowling [LR1]	9:00  Sit & Be Fit [LR1] 9:30  Juice & Chat [LR1] 10:00  Linish the Phrase [LR1] 11:00  Sit Finish the Phrase [LR1] 1:00  Sit Finish the Phras	9:00 Sit & Be Fit [LR1] 9:30 Juice & Chat [LR1] 10:00 Carrent Events [LR1] 11:00 Sesident Room Visits 11:00 Sing a Long [LR1] 1:00 New Met in Reception Area 1:30 Linked/Senior W/ iPads [LR1] 2:30 New Mere in the World? [LR1] 3:00 Resident Room Visits 3:30 Games [LR1] 4:00 New Met in Reception Area 1:30 Met Mere in the Borld? [LR1] 4:00 New Met in Reception Area 1:30 Met Mere in the World? [LR1] 4:00 New Met in Reception Area 1:30 Met in Reception Ar	9:00  Sit & Be Fit [LR1] 9:30  Juice & Chat [LR1] 10:00  LUrrent Events [LR1] 11:00  Games of Your Choice [LR1] 11:30  Arts & Crafts [LR1] 2:30  Bingo [LR1] 3:00  Gardening [G] 3:30  Yoga [LR1] 4:00  NEW Book Club ~ Meet in Room 101 4:00  Music ofChopin [LR1]	9:00 Sit & Be Fit [LR1] 9:30 Juice & Chat [LR1] 10:00 Current Events [LR1] 11:00 Pet Funny Videos [LR1] 11:00 Resident Room Visits 1:00 Resident Room Visits 1:00 Sit & Stretch [LR1] 2:30 Sit & Stretch [LR1] 3:00 Resident Room Visits 3:00 Resident Room Visits 4:00 Resident Room Visits 5:00 Resident Room Visits 8:00 Resident Room Visits 8:00 Resident Room Visits 1:00 Resident Room	9:00 Sit & Be Fit [LR1] 10:00	9:00 Sit & Be Fit [LR1] 10:00 L Current Events [LR1] 11:00 Conversations [LR1] 1:30 American Music Choices [LR1] 2:30 Cardening [G] 3:00 Saturday Matinee [LR1]	11
Easter  9:00 Thoughts of Gratitude [LR1]  9:30 Catholic Mass [LR1]  10:30 Sit & Be Fit [LR1]  11:00 Language Easter Lunch Celebration  1:00 Easter Lunch Ce	9:00	9:00 Sit & Be Fit [LR1] 9:30 Juice & Chat [LR1] 10:00 Lourent Events [LR1] 11:00 Resident Room Visits 11:00 Nestident Room Visits 11:00 Nestident Room Visits 11:00 Nestident Room Visits 11:00 Nestident Room Visits 1:00 Nestident Room ViPads [LR1] 2:30 Linked/Senior W/ iPads [LR1] 3:00 Resident Room Visits 3:30 Resident Room Visits 3:30 Memory IR1] 4:00 Lourent Room Visits 4:00 Nestident Room Visits	9:00 Sit & Be Fit [LR1] 9:30 Juice & Chat [LR1] 10:00 Current Events [LR1] 11:00 Games of Your Choice [LR1] 1:30 Arts & Crafts [LR1] 2:30 Bingo [LR1] 3:00 Gardening [G] 3:30 Yoga [LR1] 4:00 WNEW Book Club ~ Meet in Room 101 4:00 Music ofBach [LR1]	9:00 Sit & Be Fit [LR1] 9:30 Juice & Chat [LR1] 10:00 Current Events [LR1] 11:00 Founny Pet Videos [LR1] 11:00 New Resident Room Visits 1:00 New Walking Group ~ Meet in Reception Area 1:30 So Sit & Stretch [LR1] 2:30 Sit & Stretch [LR1] 3:00 Resident Room Visits 3:00 Sing Fit [LR1] 4:00 Sing Fit [LR1] 4:00 New Where Should We Go? [LR1] 5:00 Evening Movie [LR1]	9:00	9:00  Sit & Be Fit [LR1] 10:00  Current Events [LR1] 11:00  Conversations [LR1] 1:30  American Music Choices [LR1] 2:30  Gardening [G] 3:00  Saturday Matinee [LR1]	18
9:00 Thoughts of Gratitude [LR1] 9:30 Catholic Mass [LR1] 10:30 Sit & Be Fit [LR1] 11:00 Fourment Events [LR1] 1:00 Ken Burns "National Parks" [LR1] 2:00 Trivia [LR1] 3:00 Sing a Long [LR1] 4:00 Bowling [LR1]	9:00 Sit & Be Fit [LR1] 9:30 Juice & Chat [LR1] 10:00 Fourmet Events [LR1] 11:00 Finish the Phrase [LR1] 1:00 Nature Video [LR1] 2:00 Bingo [LR1] 3:00 Yoga [LR1] 3:30 Games of Your Choice [LR1] 4:30 Music of Your Choice [LR1]	9:00 Sit & Be Fit [LR1] 9:30 Juice & Chat [LR1] 10:00 Current Events [LR1] 11:00 Resident Room Visits 11:00 Resident Room Visits 11:00 NEW" Walking Group ~ Meet in Reception Area 1:30 Linked/Senior W/ iPads [LR1] 2:30 Here in the World? [LR1] 3:00 Resident Room Visits 3:30 Games [LR1] 4:00 Here in Key History of the Bay Area ~ Meet Rm 101 4:30 Music ~ Resident Choice [LR1]	9:00 Sit & Be Fit [LR1] 9:30 Juice & Chat [LR1] 10:00 Current Events [LR1] 11:00 Games of Your Choice [LR1] 1:30 Arts & Crafts [LR1] 2:30 Bingo [LR1] 3:30 Games of Your Choice [LR1] 4:00 Games of Your Choice [LR1] 4:00 Marts & Crafts [LR1]  Sign Arts & Crafts [LR1]	9:00 Sit & Be Fit [LR1] 9:30 Juice & Chat [LR1] 10:00 Lorrent Events [LR1] 11:00 Pet Funny Videos [LR1] 11:00 Resident Room Visits 1:00 "NEW" Walking Group ~ Meet in Reception Area 1:30 Resident Food Meeting & Resident Council Meeting [LR1] 2:30 Sit & Stretch [LR1] 3:00 Resident Room Visits	9:00 Sit & Be Fit [LR1] 10:00 Language Current Events [LR1] 11:00 Trivia [LR1] 1:30 Sing Fit [LR1] 3:00 Happy Hour [LR1] 04:00 Language Evening Movie [LR1]	9:00 Sit & Be Fit [LR1] 10:00 Large Current Events [LR1] 11:00 Conversations [LR1] 1:30 American Music Choices [LR1] 2:30 Cardening [G] 3:00 Saturday Matinee [LR1]	25
9:00 Thoughts of Gratitude [LR1] 9:30 Catholic Mass [LR1] 10:30 Sit & Be Fit [LR1] 11:00 Current Events [LR1] 1:00 Ken Burns "National Parks" [LR1] 2:00 Trivia [LR1] 3:00 Sing a Long [LR1] 4:00 Bowling [LR1]	9:00  Sit & Be Fit [LR1] 9:30  Juice & Chat [LR1] 10:00  Current Events [LR1] 11:00  Sinish the Phrase [LR1] 1:00  Sit & Be Fit [LR	9:00 Sit & Be Fit [LR1] 9:30 Juice & Chat [LR1] 10:00 Current Events [LR1] 11:00 Resident Room Visits 11:00 Sing a Long [LR1] 1:00 NEW Walking Group ~ Meet in Reception Area 1:30 Linked/Senior W/ iPads [LR1] 2:30 Linked/Senior W/ iPads [LR1] 3:00 Resident Room Visits 3:30 Games [LR1] 4:00 Linked/Senior W is Pads [LR1] 4:30 Resident Room Visits 3:30 Resident Room Visits 3:30 Resident Room Visits 3:30 Resident Room Visits 3:30 Resident Room Visits	9:00 Sit & Be Fit [LR1] 9:30 Juice & Chat [LR1] 10:00 Lurrent Events [LR1] 11:00 Games of Your Choice [LR1] 1:30 Arts & Crafts [LR1] 3:00 Gardening [G] 3:30 Yoga [LR1] 4:00 MNEW Book Club ~ Meet in Room 101 4:00 Music ofSchubert [LR1]	9:00 Sit & Be Fit [LR1] 9:30 Juice & Chat [LR1] 10:00 Lurrent Events [LR1] 11:00 Resident Room Visits 1:00 New Walking Group ~ Meet in Reception Area 1:30 Resident Room Visits 1:40 Resident Room Visits 1:50 Resident Room Visits 1:500 Resident	Location Keys	G R1	