




	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		<div><div>9:15 ☼ Sit & Be Fit [LR1]</div><div>9:45 🧩 Daily Chronicles [LR1]</div><div>10:30 🍷 Morning Snacks [MR]</div><div>11:00 🎨 Art & Craft [MR]</div><div>1:30 🧩 Planet Earth [LR1]</div><div>02:30 ☼ BOWLING [LR1]</div><div>3:30 🍷 Table Talk Social [LR1]</div><div>4:00 🍷 Jeopardy [LR1]</div><div>6:00 🍷 Classic Movie Week [LR1]</div></div>	<div><div>9:15 ☼ Sit & Be Fit [LR1]</div><div>9:45 🧩 Daily Chronicles [LR1]</div><div>10:30 🍷 Morning Snacks [MR]</div><div>11:00 🏀 Basketball [LR1]</div><div>01:30 🎮 Game Time [MR]</div><div>2:30 🍷 FaceTime with Families [LR1]</div><div>03:00 🍷 Ice Cream Social [MR]</div><div>04:00 ❤️ Sing Fit [LR1]</div><div>6:00P ❤️ Classic Movie Week [LR1]</div></div>	<div><div>9:15 ☼ Sit & Be Fit [LR1]</div><div>9:45 🧩 Daily Chronicles [LR1]</div><div>10:30 🍷 Morning Snacks [MR]</div><div>11:00 🧩 Hidden miracles of natural world. [LR1]</div><div>1:30 🎨 Manicure & Massage [MR]</div><div>2:30 🍷 Balloon Volleyball [LR1]</div><div>3:30 🍷 Table Talk Social [MR]</div><div>4:00 ❤️ Sing-a-long [LR1]</div><div>6:00 🍷 Classic Movie Week [LR1]</div></div>	<div><div>9:15 ☼ Sit & Be Fit [LR1]</div><div>9:45 🧩 Daily Chronicles [LR1]</div><div>10:00 🦋 Spiritual Time [LR1]</div><div>10:30 🍷 Morning Snacks [MR]</div><div>11:00 🎨 Baking with PCA [MR]</div><div>1:30 🍷 Movie Star of the Week [LR1]</div><div>2:30 🍷 FaceTime with Families [LR1]</div><div>3:30 🍷 Table Talk Social [MR]</div><div>4:00 ❤️ Sing Fit [MR]</div><div>6:00 🍷 Classic Movie Week [LR1]</div></div>	<div><div>9:15 ☼ Sit & Be Fit [LR1]</div><div>9:45 🧩 Daily Chronicles [LR1]</div><div>10:30 🍷 Morning Snacks [MR]</div><div>11:00 🎮 Bingo [LR1]</div><div>1:30 🧩 Animal Planet [LR1]</div><div>02:30 🍷 Bowling [MR]</div><div>3:30 🎨 Happy Hour [MR]</div><div>4:00 ❤️ Tony Bennet Songs [LR1]</div><div>6:00 🍷 Classic Movie Week [LR1]</div></div>	<div><div>9:15 ☼ Sit & Be Fit [LR1]</div><div>9:45 🧩 Daily Chronicles [LR1]</div><div>10:30 🍷 Morning Snacks [MR]</div><div>11:00 🎨 Art & Crafts [LR1]</div><div>1:30 🎮 Game Time [LR1]</div><div>2:30 ❤️ Reminiscing Discussions [LR1]</div><div>3:30 🍷 Table Talk Social [MR]</div><div>4:00 ❤️ Classical Music with Famous Composers- Claude Debussy [LR1]</div><div>6:00 🍷 Classic Movie Week [MR]</div></div>
19960 Santa Maria Ave. Castro Valley, CA 94546 (510) 582-2765	<div><div>9:15 ☼ Sit & Be Fit [LR1]</div><div>9:45 🧩 Daily Chronicles [LR1]</div><div>10:00 🦋 Spiritual Time [LR1]</div><div>10:30 🍷 Morning Snacks [MR]</div><div>1:30 F 🍷 Balloon Volleyball [LR1]</div><div>3:30 🍷 Table Talk Social [MR]</div><div>4:00 ❤️ Classic Concert [LR1]</div><div>6:00 🍷 Comedy Movie Week [LR1]</div></div>	<div><div>9:15 ☼ Sit & Be Fit [LR1]</div><div>9:45 🧩 Daily Chronicles [LR1]</div><div>10:30 🍷 Morning Snacks [MR]</div><div>11:00 🎨 Art & Craft [MR]</div><div>1:30 🧩 Planet Earth [LR1]</div><div>02:00 🍷 Bowling [LR1]</div><div>3:30 🍷 Table Talk Social [LR1]</div><div>4:00 🍷 Jeopardy [LR1]</div><div>— 🍷 Comedy Movie Week [LR1]</div></div>	<div><div>9:15 ☼ Sit & Be Fit [LR1]</div><div>9:45 🧩 Daily Chronicles [LR1]</div><div>10:30 🍷 Morning Snacks [MR]</div><div>11:00 🏀 Basketball [LR1]</div><div>01:30 🎮 Game Time [MR]</div><div>2:30 🍷 FaceTime with Families [LR1]</div><div>2:30 🍷 Movie Star of the Week [MR]</div><div>03:00 🍷 Ice Cream Social [MR]</div><div>03:30 🍷 Table Talk Social [MR]</div><div>04:00 ❤️ Sing Fit [LR1]</div><div>06:00 🍷 Comedy Movie Week [LR1]</div></div>	<div><div>9:15 ☼ Sit & Be Fit [LR1]</div><div>9:45 🧩 Daily Chronicles [LR1]</div><div>10:30 🍷 Morning Snacks [MR]</div><div>11:00 🧩 Exploring the ocean's hidden world [LR1]</div><div>1:30 🎨 Manicure & Massage [MR]</div><div>2:30 🍷 Balloon Volleyball [LR1]</div><div>3:30 🍷 Table Talk Social [MR]</div><div>4:00 ❤️ Sing-a-long [LR1]</div><div>6:00 🍷 Comedy Movie Week [LR1]</div></div>	<div><div>9:15 ☼ Sit & Be Fit [LR1]</div><div>9:45 🧩 Daily Chronicles [LR1]</div><div>10:00 🦋 Spiritual Time [LR1]</div><div>10:30 🍷 Morning Snacks [MR]</div><div>11:00 🎨 Baking with PCA [MR]</div><div>1:30 🍷 Movie Star of the Week [LR1]</div><div>3:30 🍷 Table Talk Social [MR]</div><div>4:00 ❤️ Sing Fit [MR]</div><div>6:00 🍷 Comedy Movie Week [LR1]</div></div>	<div><div>9:15 ☼ Sit & Be Fit [LR1]</div><div>9:45 🧩 Daily Chronicles [LR1]</div><div>10:30 🍷 Morning Snacks [MR]</div><div>11:00 🎮 Bingo [LR1]</div><div>1:30 🧩 Animal Planet [LR1]</div><div>02:30 🍷 Bowling [MR]</div><div>3:30 🎨 Happy Hour [MR]</div><div>4:00 ❤️ Relaxing Piano Music [LR1]</div><div>6:00 🍷 Comedy Movie Week [LR1]</div></div>	<div><div>9:15 ☼ Sit & Be Fit [LR1]</div><div>9:45 🧩 Daily Chronicles [LR1]</div><div>10:30 🍷 Morning Snacks [MR]</div><div>11:00 🎨 Art & Crafts [LR1]</div><div>11:00 ❤️ Sage & Golden [LR1]</div><div>1:30 🎮 Game Time [LR1]</div><div>2:30 ❤️ Reminiscing Discussions [LR1]</div><div>3:30 🍷 Table Talk Social [MR]</div><div>4:00 ❤️ Classical Music with Famous Composers- Johannes Brams [LR1]</div><div>6:00 🍷 Comedy Movie Week [LR1]</div></div>
“Gaze upward, look inward, reach outward, press forward.” — Thomas S. Monson	<div><div>9:15 ☼ Sit & Be Fit [LR1]</div><div>9:45 🧩 Daily Chronicles [LR1]</div><div>10:00 🦋 Spiritual Time [LR1]</div><div>10:30 🍷 Morning Snacks [MR]</div><div>1:30 F 🍷 Balloon Volleyball [LR1]</div><div>3:30 🍷 Table Talk Social [MR]</div><div>4:00 ❤️ Classic Concert [LR1]</div><div>6:00 🍷 Musical Movie Week [LR1]</div></div>	<div><div>9:15 ☼ Sit & Be Fit [LR1]</div><div>9:45 🧩 Daily Chronicles [LR1]</div><div>10:30 🍷 Morning Snacks [MR]</div><div>11:00 🎨 Art & Craft [MR]</div><div>1:30 🧩 Planet Earth [LR1]</div><div>02:00 🍷 Bowling [LR1]</div><div>3:30 🍷 Table Talk Social [LR1]</div><div>4:00 🍷 Jeopardy [LR1]</div><div>6:00 🍷 Musical Movie Week [LR1]</div></div>	<div><div>9:15 ☼ Sit & Be Fit [LR1]</div><div>9:45 🧩 Daily Chronicles [LR1]</div><div>10:30 🍷 Morning Snacks [MR]</div><div>11:00 🏀 Basketball [LR1]</div><div>01:30 🎮 Game Time [MR]</div><div>2:30 🍷 FaceTime with Families [LR1]</div><div>03:00 🍷 Ice Cream Social [MR]</div><div>03:30 🍷 Table Talk Social [MR]</div><div>04:00 ❤️ Sing Fit [LR1]</div><div>6:00 ❤️ Musical Movie Week [LR1]</div></div>	<div><div>9:15 ☼ Sit & Be Fit [LR1]</div><div>9:45 🧩 Daily Chronicles [LR1]</div><div>10:30 🍷 Morning Snacks [MR]</div><div>11:00 🧩 Why exploring space matter [LR1]</div><div>1:30 🎨 Manicure & Massage [MR]</div><div>2:30 🍷 Balloon Volleyball [LR1]</div><div>3:30 🍷 Table Talk Social [MR]</div><div>4:00 ❤️ Sing-a-long [LR1]</div><div>6:00 🍷 Musical Movie Week [LR1]</div></div>	<div><div>9:15 ☼ Sit & Be Fit [LR1]</div><div>9:45 🧩 Daily Chronicles [LR1]</div><div>10:00 🦋 Spiritual Time [LR1]</div><div>10:30 🍷 Morning Snacks [MR]</div><div>11:00 🎨 Baking with PCA [MR]</div><div>1:30 🍷 Movie Star of the Week [LR1]</div><div>3:30 🍷 Table Talk Social [MR]</div><div>4:00 ❤️ Sing Fit [MR]</div><div>6:00 🍷 Musical Movie Week</div></div>	<div><div>9:15 ☼ Sit & Be Fit [LR1]</div><div>9:45 🧩 Daily Chronicles [LR1]</div><div>10:30 🍷 Morning Snacks [MR]</div><div>11:00 🎮 Bingo [LR1]</div><div>1:30 🧩 Animal Planet [LR1]</div><div>02:30 🍷 Bowling [MR]</div><div>3:30 🎨 Happy Hour [MR]</div><div>04:00 ❤️ Janet Blair Songs [LR1]</div><div>6:00 🍷 Musical Choice Week [LR1]</div></div>	<div><div>9:15 ☼ Sit & Be Fit [LR1]</div><div>9:45 🧩 Daily Chronicles [LR1]</div><div>10:30 🍷 Morning Snacks [MR]</div><div>11:00 🎨 Art & Crafts [LR1]</div><div>1:30 🎮 Game Time [LR1]</div><div>2:30 ❤️ Reminiscing Discussions [LR1]</div><div>3:30 🍷 Table Talk Social [MR]</div><div>4:00 ❤️ Classical Music with Famous Composers- Franz Schimdt [LR1]</div><div>6:00 🍷 Musical Choice Week [LR1]</div></div>
	<div><div>Father's Day</div><div>9:15 ☼ Sit & Be Fit [LR1]</div><div>9:45 🧩 Daily Chronicles [LR1]</div><div>10:00 🦋 Spiritual Time [LR1]</div><div>10:30 🍷 Morning Snacks [MR]</div><div>1:30 F 🍷 Balloon Volleyball [LR1]</div><div>3:30 🍷 Table Talk Social [MR]</div><div>4:00 ❤️ Classic Concert [LR1]</div><div>6:00 🍷 Movie Choice Week [LR1]</div></div>	<div><div>9:15 ☼ Sit & Be Fit [LR1]</div><div>9:45 🧩 Daily Chronicles [LR1]</div><div>10:30 🍷 Morning Snacks [MR]</div><div>11:00 🎨 Art & Craft [MR]</div><div>1:30 🧩 Planet Earth [LR1]</div><div>02:00 🍷 Bowling [LR1]</div><div>3:30 🍷 Table Talk Social [LR1]</div><div>4:00 🍷 Jeopardy [LR1]</div><div>6:00 🍷 Movie Choice Week</div></div>	<div><div>9:15 ☼ Sit & Be Fit [LR1]</div><div>9:45 🧩 Daily Chronicles [LR1]</div><div>10:30 🍷 Morning Snacks [MR]</div><div>11:00 🏀 Basketball [LR1]</div><div>01:30 🎮 Game Time [MR]</div><div>2:30 🍷 FaceTime with Families [LR1]</div><div>03:00 🍷 Ice Cream Social [MR]</div><div>03:30 🍷 Table Talk Social [MR]</div><div>04:00 ❤️ Sing Fit [LR1]</div><div>6:00 ❤️ Movie Choice Week [LR1]</div></div>	<div><div>9:15 ☼ Sit & Be Fit [LR1]</div><div>9:45 🧩 Daily Chronicles [LR1]</div><div>10:30 🍷 Morning Snacks [MR]</div><div>11:00 🧩 Why people believe they can't draw [LR1]</div><div>1:30 🎨 Manicure & Massage [MR]</div><div>2:30 🍷 Balloon Volleyball [LR1]</div><div>3:30 🍷 Table Talk Social [MR]</div><div>4:00 ❤️ Sing-a-long [LR1]</div><div>6:00 🍷 Movie Choice Week [LR1]</div></div>	<div><div>9:15 ☼ Sit & Be Fit [LR1]</div><div>9:45 🧩 Daily Chronicles [LR1]</div><div>10:00 🦋 Spiritual Time [LR1]</div><div>10:30 🍷 Morning Snacks [MR]</div><div>11:00 🎨 Baking with PCA [MR]</div><div>1:30 🍷 Movie Star of the Week [LR1]</div><div>3:30 🍷 Table Talk Social [MR]</div><div>4:00 ❤️ Sing Fit [MR]</div><div>6:00 🍷 Movie Choice Week [LR1]</div></div>	<div><div>9:15 ☼ Sit & Be Fit [LR1]</div><div>9:45 🧩 Daily Chronicles [LR1]</div><div>10:30 🍷 Morning Snacks [MR]</div><div>11:00 🎮 Bingo [LR1]</div><div>1:30 🧩 Animal Planet [LR1]</div><div>02:30 🍷 Bowling [MR]</div><div>3:30 🎨 Happy Hour [MR]</div><div>4:00 ❤️ Louise Armstrong Music [LR1]</div><div>6:00 🍷 Movie Choice Week [LR1]</div></div>	<div><div>9:15 ☼ Sit & Be Fit [LR1]</div><div>9:45 🧩 Daily Chronicles [LR1]</div><div>10:30 🍷 Morning Snacks [MR]</div><div>11:00 🎨 Art & Crafts [LR1]</div><div>1:30 🎮 Game Time [LR1]</div><div>2:30 ❤️ Reminiscing Discussions [LR1]</div><div>3:30 🍷 Table Talk Social [MR]</div><div>4:00 ❤️ Classical Music with Famous Composers- Joseph Haydn [LR1]</div><div>6:00 🍷 Movie Choice Week [LR1]</div></div>
	<div><div>9:15 ☼ Sit & Be Fit [LR1]</div><div>9:45 🧩 Daily Chronicles [LR1]</div><div>10:00 🦋 Spiritual Time [LR1]</div><div>10:30 🍷 Morning Snacks [MR]</div><div>1:30 F 🍷 Balloon Volleyball [LR1]</div><div>3:30 🍷 Table Talk Social [MR]</div><div>4:00 ❤️ Classic Concert [LR1]</div><div>6:00 🍷 60's Movie Week [LR1]</div></div>	<div><div>9:15 ☼ Sit & Be Fit [LR1]</div><div>9:45 🧩 Daily Chronicles [LR1]</div><div>10:30 🍷 Morning Snacks [MR]</div><div>11:00 🎨 Art & Craft [MR]</div><div>1:30 🧩 Planet Earth [LR1]</div><div>02:00 🍷 Bowling [LR1]</div><div>3:30 🍷 Table Talk Social [LR1]</div><div>4:00 🍷 Jeopardy [LR1]</div><div>6:00 🍷 60's Movie Week [LR1]</div></div>	<div><div>9:15 ☼ Sit & Be Fit [LR1]</div><div>9:45 🧩 Daily Chronicles [LR1]</div><div>10:30 🍷 Morning Snacks [MR]</div><div>11:00 🏀 Basketball [LR1]</div><div>01:30 🎮 Game Time [MR]</div><div>2:30 🍷 FaceTime with Families [LR1]</div><div>2:30 🍷 Movie Star of the Week [MR]</div><div>03:00 🍷 Ice Cream Social [MR]</div><div>03:30 🍷 Table Talk Social [MR]</div><div>04:00 ❤️ Sing Fit [LR1]</div><div>6:00 ❤️ 60'sMovie Week [LR1]</div></div>	<div><div>🌐 Connected</div><div>❤️ Emotional</div><div>🧩 Intellectual</div><div>☼ Physical</div><div>🎨 Purposeful</div><div>🍷 Social</div><div>🦋 Spiritual</div></div> <div><div>Location Keys</div><div>Living Room 1st Floor LR1</div><div>Multipurpose Room MR</div></div>			