



	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	 Assisted Living & Memory Care	<div><div>Connected</div><div>Emotional</div><div>Intellectual</div><div>Physical</div><div>Purposeful</div><div>Social</div><div>Spiritual</div></div>		<div><div>Sit & Be Fit [LR1]</div><div>Daily Chronicles [LR1]</div><div>Morning Snacks [MR]</div><div>How humans and animals can live together [LR1]</div><div>Manicure & Massage [MR]</div><div>History of Soul Music [LR1]</div><div>Table Talk Social [MR]</div><div>Sing-a-long [LR1]</div><div>40' Movie Week [LR1]</div></div> 1	<div><div>Sit & Be Fit [LR1]</div><div>Daily Chronicles [LR1]</div><div>Spiritual Time [LR1]</div><div>Morning Snacks [MR]</div><div>Baking with PCA [MR]</div><div>Movie Star of the Week [LR1]</div><div>FaceTime with Families [LR1]</div><div>Table Talk Social [MR]</div><div>Sing Fit [MR]</div><div>40's Movie Week [LR1]</div></div> 2	<div><div>Sit & Be Fit [LR1]</div><div>Daily Chronicles [LR1]</div><div>Daily Chronicles [LR1]</div><div>Morning Snacks [MR]</div><div>Bingo [LR1]</div><div>Animal Planet [LR1]</div><div>Bowling [MR]</div><div>Happy Hour [MR]</div><div>Bob Dylan Concert [LR1]</div><div>40's Movie Week [LR1]</div></div> 3	<div><div>Sit & Be Fit [LR1]</div><div>Daily Chronicles [LR1]</div><div>Morning Snacks [MR]</div><div>Art & Crafts [LR1]</div><div>Game Time [LR1]</div><div>Reminiscing Discussions [LR1]</div><div>Table Talk Social [MR]</div><div>Favorite Music Choice [LR1]</div><div>40's Movie Week [LR1]</div></div> 4
Resident Birthdays Connie W. 4/15 Rosalie R. 4/19	<div><div>Sit & Be Fit [LR1]</div><div>Daily Chronicles [LR1]</div><div>Spiritual Time [LR1]</div><div>Morning Snacks [MR]</div><div>Balloon Volleyball [MR]</div><div>This Day in History [LR1]</div><div>FaceTime with Families [LR1]</div><div>Table Talk Social [MR]</div><div>Classic Concert [LR1]</div><div>Comedy Movie Week [LR1]</div></div> 5	<div><div>Sit & Be Fit [LR1]</div><div>Daily Chronicles [LR1]</div><div>Morning Snacks [MR]</div><div>Art & Craft [MR]</div><div>Planet Earth [LR1]</div><div>Bowling [LR1]</div><div>Table Talk Social [LR1]</div><div>Jeopardy [LR1]</div><div>Comedy Movie Week [MR]</div></div> 6	<div><div>Sit & Be Fit [LR1]</div><div>Daily Chronicles [LR1]</div><div>Morning Snacks [MR]</div><div>Basketball [LR1]</div><div>Game Time [MR]</div><div>FaceTime with Families [MR]</div><div>Table Talk Social [MR]</div><div>Sing Fit [LR1]</div><div>Comedy Movie Week [LR1]</div></div> 7	<div><div>Sit & Be Fit [LR1]</div><div>Daily Chronicles [LR1]</div><div>Morning Snacks [MR]</div><div>The secrets I find on the mysterious ocean floor [LR1]</div><div>Manicure & Massage [MR]</div><div>Best of Elvis Presley [LR1]</div><div>Table Talk Social [MR]</div><div>Sing-a-long [LR1]</div><div>Comedy Movie Week [LR1]</div></div> 8	<div><div>Sit & Be Fit [LR1]</div><div>Daily Chronicles [LR1]</div><div>Spiritual Time [LR1]</div><div>Morning Snacks [MR]</div><div>Baking with PCA [MR]</div><div>Movie Star of the Week [LR1]</div><div>FaceTime with Families [MR]</div><div>Table Talk Social [MR]</div><div>Sing Fit [MR]</div><div>Comedy Movie Week [LR1]</div></div> 9	<div><div>Sit & Be Fit [LR1]</div><div>Daily Chronicles [LR1]</div><div>Morning Snacks [MR]</div><div>Bingo [LR1]</div><div>Animal Planet [LR1]</div><div>Bowling [MR]</div><div>Happy Hour [MR]</div><div>The Beatles' 50 Biggest Hits</div><div>Comedy Movie Week [LR1]</div></div> 10	<div><div>Sit & Be Fit [LR1]</div><div>Daily Chronicles [LR1]</div><div>Morning Snacks [MR]</div><div>Art & Crafts [LR1]</div><div>Game Time [LR1]</div><div>Reminiscing Discussions [LR1]</div><div>Table Talk Social [MR]</div><div>Classical Music with Famous Composers [LR1]</div><div>Comedy Movie Week [LR1]</div></div> 11
19960 Santa Maria Ave. Castro Valley, CA 94546 (510) 582-2765	Easter <div><div>Sit & Be Fit [LR1]</div><div>Daily Chronicles [LR1]</div><div>Spiritual Time [LR1]</div><div>Morning Snacks [MR]</div><div>Easter Celebration [MR]</div><div>This Day in History [LR1]</div><div>FaceTime with Families [LR1]</div><div>Table Talk Social [MR]</div><div>Classic Concert [LR1]</div><div>Musical Movie Week [LR1]</div></div> 12	<div><div>Sit & Be Fit [LR1]</div><div>Daily Chronicles [LR1]</div><div>Morning Snacks [MR]</div><div>Art & Craft [MR]</div><div>Planet Earth [LR1]</div><div>Bowling [LR1]</div><div>Table Talk Social [LR1]</div><div>Jeopardy [LR1]</div><div>Musical Movie Week [LR1]</div></div> 13	<div><div>Sit & Be Fit [LR1]</div><div>Daily Chronicles [LR1]</div><div>Morning Snacks [MR]</div><div>Basketball [LR1]</div><div>Game Time [MR]</div><div>FaceTime with Families [MR]</div><div>Table Talk Social [MR]</div><div>Sing Fit [LR1]</div><div>Musical Movie Week [LR1]</div></div> 14	<div><div>Sit & Be Fit [LR1]</div><div>Daily Chronicles [LR1]</div><div>Morning Snacks [MR]</div><div>Dive into an ocean photographer's world [LR1]</div><div>Manicure & Massage [MR]</div><div>Best of ABBA [LR1]</div><div>Table Talk Social [MR]</div><div>Sing-a-long [LR1]</div><div>Musical Movie Week [LR1]</div></div> 15	<div><div>Sit & Be Fit [LR1]</div><div>Daily Chronicles [LR1]</div><div>Spiritual Time [LR1]</div><div>Morning Snacks [MR]</div><div>Baking with PCA [MR]</div><div>Movie Star of the Week [LR1]</div><div>FaceTime with Families [MR]</div><div>Table Talk Social [MR]</div><div>Sing Fit [MR]</div><div>Musical Movie Week [LR1]</div></div> 16	<div><div>Sit & Be Fit [LR1]</div><div>Daily Chronicles [LR1]</div><div>Morning Snacks [MR]</div><div>Bingo [LR1]</div><div>Animal Planet [LR1]</div><div>Bowling [MR]</div><div>Happy Hour [MR]</div><div>Dean Martin Music [LR1]</div><div>Musical Movie Week [LR1]</div></div> 17	<div><div>Sit & Be Fit [LR1]</div><div>Daily Chronicles [LR1]</div><div>Morning Snacks [MR]</div><div>Art & Crafts [LR1]</div><div>Game Time [LR1]</div><div>Reminiscing Discussions [LR1]</div><div>Table Talk Social [MR]</div><div>Classical Music with Famous Composers [LR1]</div><div>Musical Movie Week</div></div> 18
“Let us be grateful to people who make us happy. They are the charming gardeners who make our souls blossom.” — Marcel Proust	<div><div>Sit & Be Fit [LR1]</div><div>Daily Chronicles [LR1]</div><div>Spiritual Time [LR1]</div><div>Morning Snacks [MR]</div><div>Balloon Volleyball [MR]</div><div>This Day in History [LR1]</div><div>FaceTime with Families [LR1]</div><div>Table Talk Social [MR]</div><div>Classic Concert [LR1]</div><div>Movie Choice Week [LR1]</div></div> 19	<div><div>Sit & Be Fit [LR1]</div><div>Daily Chronicles [LR1]</div><div>Morning Snacks [MR]</div><div>Art & Craft [MR]</div><div>Planet Earth [LR1]</div><div>Bowling [LR1]</div><div>Table Talk Social [LR1]</div><div>Jeopardy [LR1]</div><div>Movie Choice Week [LR1]</div></div> 20	<div><div>Sit & Be Fit [LR1]</div><div>Daily Chronicles [LR1]</div><div>Morning Snacks [MR]</div><div>Basketball [LR1]</div><div>Game Time [MR]</div><div>FaceTime with Families [MR]</div><div>Table Talk Social [MR]</div><div>Sing Fit [LR1]</div><div>Movie Choice Week [LR1]</div></div> 21	<div><div>Sit & Be Fit [LR1]</div><div>Daily Chronicles [LR1]</div><div>Morning Snacks [MR]</div><div>The ancient origins of the Olympics [LR1]</div><div>Manicure & Massage [MR]</div><div>Aretha Franklin Songs [LR1]</div><div>Table Talk Social [MR]</div><div>Sing-a-long [LR1]</div><div>Movie Choice Week</div></div> 22	<div><div>Sit & Be Fit [LR1]</div><div>Daily Chronicles [LR1]</div><div>Spiritual Time [LR1]</div><div>Morning Snacks [MR]</div><div>Baking with PCA [MR]</div><div>Movie Star of the Week [LR1]</div><div>FaceTime with Families [MR]</div><div>Table Talk Social [MR]</div><div>Sing Fit [MR]</div><div>Movie Choice Week [LR1]</div></div> 23	<div><div>Sit & Be Fit [LR1]</div><div>Daily Chronicles [LR1]</div><div>Morning Snacks [MR]</div><div>Bingo [LR1]</div><div>Animal Planet [LR1]</div><div>Bowling [MR]</div><div>Happy Hour [MR]</div><div>Ray Charles in Concert [LR1]</div><div>Movie Choice Week [LR1]</div></div> 24	<div><div>Sit & Be Fit [LR1]</div><div>Daily Chronicles [LR1]</div><div>Morning Snacks [MR]</div><div>Art & Crafts [LR1]</div><div>Game Time [LR1]</div><div>Reminiscing Discussions [LR1]</div><div>Table Talk Social [MR]</div><div>Classical Music with Famous Composers [LR1]</div><div>Movie Choice Week [LR1]</div></div> 25
	<div><div>Sit & Be Fit [LR1]</div><div>Daily Chronicles [LR1]</div><div>Spiritual Time [LR1]</div><div>Morning Snacks [MR]</div><div>Balloon Volleyball [MR]</div><div>This Day in History [LR1]</div><div>FaceTime with Families [LR1]</div><div>Table Talk Social [MR]</div><div>Classic Concert [LR1]</div><div>Classic Movie Week [LR1]</div></div> 26	<div><div>Sit & Be Fit [LR1]</div><div>Daily Chronicles [LR1]</div><div>Morning Snacks [MR]</div><div>Art & Craft [MR]</div><div>Planet Earth [LR1]</div><div>Bowling [LR1]</div><div>Table Talk Social [LR1]</div><div>Bowling [LR1]</div><div>Classic Movie Week [LR1]</div></div> 27	<div><div>Sit & Be Fit [LR1]</div><div>Daily Chronicles [LR1]</div><div>Morning Snacks [MR]</div><div>Basketball [LR1]</div><div>Game Time [MR]</div><div>FaceTime with Families [MR]</div><div>Table Talk Social [MR]</div><div>Sing Fit [LR1]</div><div>Classic Movie Week [LR1]</div></div> 28	<div><div>Sit & Be Fit [LR1]</div><div>Daily Chronicles [LR1]</div><div>Morning Snacks [MR]</div><div>History of religion in art [LR1]</div><div>Manicure & Massage [MR]</div><div>Nat King Cole Songs [LR1]</div><div>Table Talk Social [MR]</div><div>Sing-a-long [LR1]</div><div>Classic Movie Week [LR1]</div></div> 29	<div><div>Sit & Be Fit [LR1]</div><div>Daily Chronicles [LR1]</div><div>Spiritual Time [LR1]</div><div>Morning Snacks [MR]</div><div>Baking with PCA [MR]</div><div>Movie Star of the Week [LR1]</div><div>FaceTime with Families [MR]</div><div>Table Talk Social [MR]</div><div>Sing Fit [MR]</div><div>Classic Movie Week [LR1]</div></div> 30	<div><div>Location Keys</div><div>Living Room 1st Floor LR1</div><div>Multipurpose Room MR</div></div>	