




	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	<div>May cont'd31</div> <div>9:15 ☼ Sit &amp; Be Fit [LR1] 9:45 🍷 Daily Chronicles [LR1] 10:00 🦋 Spiritual Time [LR1] 10:30 🍷 Morning Snacks [MR] 1:30 F 🍷 This Day in History [LR1] 2:30 🍷 FaceTime w/Families 3:30 🍷 Table Talk Social [MR] 4:00 🍷 Classic Concert [LR1] 6:00 🍷 Classic Movie Week [LR1]</div>	<div>Villa at Castro Valley Assisted Living &amp; Memory Care</div> <div>🌐 Connected ❤️ Emotional 🧩 Intellectual ☼ Physical 🏠 Purposeful 👥 Social 🦋 Spiritual</div>	<div>Location Keys Living Room 1st Floor LR1 Multipurpose Room MR</div>			<div>1</div> <div>9:15 ☼ Sit &amp; Be Fit [LR1] 9:45 🍷 Daily Chronicles [LR1] 10:30 🍷 Morning Snacks [MR] 11:00 🍷 Bingo [LR1] 1:30 🍷 Animal Planet [LR1] 2:30 ☼ Bowling [MR] 3:30 🍷 Happy Hour [MR] 4:00 🍷 Relaxing Instrumental Music [LR1] 6:00 🍷 Classic Movie Week [LR1]</div>	<div>2</div> <div>9:15 ☼ Sit &amp; Be Fit [LR1] 9:45 🍷 Daily Chronicles [LR1] 10:30 🍷 Morning Snacks [MR] 11:00 🍷 Art &amp; Crafts [LR1] 1:30 🍷 Game Time [LR1] 2:30 🍷 Reminiscing Discussions [LR1] 3:30 🍷 Table Talk Social [MR] 4:00 🍷 Classical Music with Famous Composers   Claude Debussy [LR1] 6:00P 🍷 Classic Movie Week [LR1]</div>
<div>Resident Birthdays Margaret W. 5/13 Darling D. 5/28</div>	<div>3</div> <div>9:15 ☼ Sit &amp; Be Fit [LR1] 9:45 🍷 Daily Chronicles [LR1] 10:00 🦋 Spiritual Time [LR1] 10:30 🍷 Morning Snacks [MR] 11:00 ☼ Balloon Volleyball [MR] 1:30 F 🍷 This Day in History [LR1] 2:30 🍷 FaceTime with Families [LR1] 3:30 🍷 Table Talk Social [MR] 4:00 🍷 Classic Concert [LR1] 6:00 🍷 Comedy Movie Week [LR1]</div>	<div>4</div> <div>9:45 🍷 Daily Chronicles [LR1] 10:30 🍷 Morning Snacks [MR] 11:00 🍷 Art &amp; Craft [MR] 1:30 🍷 Planet Earth [LR1] 2:30 ☼ Bowling [LR1] 3:30 🍷 Table Talk Social [LR1] 4:00 🍷 Jeopardy [LR1] 6:00 🍷 Comedy Movie Week [LR1]</div>	<div>5</div> <div>9:15 ☼ Sit &amp; Be Fit [LR1] 9:45 🍷 Daily Chronicles [LR1] 10:30 🍷 Morning Snacks [MR] 11:00 ☼ Basketball [LR1] 01:30 🍷 Cinco di Mayo [MR] 2:30 🍷 FaceTime with Families [MR] 03:30 🍷 Table Talk Social [MR] 04:00 🍷 Sing Fit [LR1] 6:00 🍷 Comedy Movie Week [LR1]</div>	<div>6</div> <div>9:15 ☼ Sit &amp; Be Fit [LR1] 9:45 🍷 Daily Chronicles [LR1] 10:30 🍷 Morning Snacks [MR] 11:00 🍷 The worlds smartest animals   Matthias Osvath [LR1] 1:30 🍷 Manicure &amp; Massage [MR] 2:30 🍷 History of American music [LR1] 3:30 🍷 Table Talk Social [MR] 4:00 🍷 Sing-a-long [LR1] 6:00 🍷 Comedy Movie Week [MR]</div>	<div>7</div> <div>9:15 ☼ Sit &amp; Be Fit [LR1] 9:45 🍷 Daily Chronicles [LR1] 10:00 🦋 Spiritual Time [LR1] 10:30 🍷 Morning Snacks [MR] 11:00 🍷 Baking with PCA [MR] 1:30 🍷 Movie Star of the Week [LR1] 2:30 🍷 FaceTime with Families [MR] 3:30 🍷 Table Talk Social [MR] 4:00 🍷 Sing Fit [MR] 6:00 🍷 Comedy Movie Week [LR1]</div>	<div>8</div> <div>9:15 ☼ Sit &amp; Be Fit [LR1] 9:45 🍷 Daily Chronicles [LR1] 10:30 🍷 Morning Snacks [MR] 11:00 🍷 Bingo [LR1] 1:30 🍷 Animal Planet [LR1] 02:30 ☼ Bowling [MR] 3:30 🍷 Happy Hour [MR] 4:00 🍷 Rhythm &amp; Blues Music [LR1] 6:00 🍷 Comedy Movie Week [LR1]</div>	<div>9</div> <div>9:15 ☼ Sit &amp; Be Fit [LR1] 9:45 🍷 Daily Chronicles [LR1] 10:30 🍷 Morning Snacks [MR] 11:00 🍷 Art &amp; Crafts [LR1] 1:30 🍷 Game Time [LR1] 2:30 🍷 Reminiscing Discussions [LR1] 3:30 🍷 Table Talk Social [MR] 4:00 🍷 Classical Music with Famous Composers  Giuseppe Verdi [LR1] 06:00 🍷 Comedy Movie Week [LR1]</div>
<div>19960 Santa Maria Ave. Castro Valley, CA 94546 (510) 582-2765</div>	<div>10</div> <div>Mother's Day 9:15 ☼ Sit &amp; Be Fit [LR1] 9:45 🍷 Daily Chronicles [LR1] 10:00 🦋 Spiritual Time [LR1] 10:30 🍷 Morning Snacks [MR] 11:30 🍷 Mother's Day Celebration [MR] 1:30 F 🍷 This Day in History [LR1] 2:30 🍷 FaceTime with Families [LR1] 3:30 🍷 Table Talk Social [MR] 4:00 🍷 Classic Concert [LR1] 6:00 🍷 Musical Movie Week [LR1]</div>	<div>11</div> <div>9:15 ☼ Sit &amp; Be Fit [LR1] 9:45 🍷 Daily Chronicles [LR1] 10:30 🍷 Morning Snacks [MR] 11:00 🍷 Art &amp; Craft [MR] 1:30 🍷 Planet Earth [LR1] 2:30 ☼ Bowling [LR1] 3:30 🍷 Table Talk Social [LR1] 4:00 🍷 Jeopardy [LR1] 6:00 🍷 Musical Movie Week [LR1]</div>	<div>12</div> <div>9:15 ☼ Sit &amp; Be Fit [LR1] 9:45 🍷 Daily Chronicles [LR1] 10:30 🍷 Morning Snacks [MR] 11:00 ☼ Basketball [LR1] 01:30 🍷 Game Time [MR] 2:30 🍷 FaceTime with Families [MR] 03:30 🍷 Table Talk Social [MR] 04:00 🍷 Sing Fit [LR1] 6:00 🍷 Musical Movie Week [LR1]</div>	<div>13</div> <div>9:15 ☼ Sit &amp; Be Fit [LR1] 9:45 🍷 Daily Chronicles [LR1] 10:30 🍷 Morning Snacks [MR] 11:00 🍷 Art &amp; Crafts [LR1] 1:30 🍷 Manicure &amp; Massage [MR] 2:30 🍷 History of Country Music [LR1] 3:30 🍷 Table Talk Social [MR] 4:00 🍷 Sing-a-long [LR1] 6:00 🍷 Musical Movie Week [LR1]</div>	<div>14</div> <div>9:15 ☼ Sit &amp; Be Fit [LR1] 9:45 🍷 Daily Chronicles [LR1] 10:00 🦋 Spiritual Time [LR1] 10:30 🍷 Morning Snacks [MR] 11:00 🍷 Baking with PCA [MR] 1:30 🍷 Movie Star of the Week [LR1] 2:30 🍷 FaceTime with Families [MR] 3:30 🍷 Table Talk Social [MR] 4:00 🍷 Sing Fit [MR] 6:00 🍷 Musical Movie Week [LR1]</div>	<div>15</div> <div>9:15 ☼ Sit &amp; Be Fit [LR1] 9:45 🍷 Daily Chronicles [LR1] 10:30 🍷 Morning Snacks [MR] 11:00 🍷 Bingo [LR1] 1:30 🍷 Animal Planet [LR1] 02:30 ☼ Bowling [MR] 3:30 🍷 Happy Hour [MR] 4:00 🍷 Swing Music [LR1] 6:00 🍷 Musical Movie Week [LR1]</div>	<div>16</div> <div>9:15 ☼ Sit &amp; Be Fit [LR1] 9:45 🍷 Daily Chronicles [LR1] 10:30 🍷 Morning Snacks [MR] 11:00 🍷 Art &amp; Crafts [LR1] 1:30 🍷 Game Time [LR1] 2:30 🍷 Reminiscing Discussions [LR1] 3:30 🍷 Table Talk Social [MR] 4:00 🍷 Classical Music with Famous Composers  Richard Strauss [LR1] 6:00 🍷 Musical Movie Week [LR1]</div>
<div>"Look deep into nature and you will understand everything better" — Albert Einstein</div>	<div>17</div> <div>9:15 ☼ Sit &amp; Be Fit [LR1] 9:45 🍷 Daily Chronicles [LR1] 10:00 🦋 Spiritual Time [LR1] 10:30 🍷 Morning Snacks [MR] 1:30 F 🍷 This Day in History [LR1] 2:30 🍷 FaceTime with Families [LR1] 3:30 🍷 Table Talk Social [MR] 4:00 🍷 Classic Concert [LR1] 6:00 🍷 Movie Choice Week [LR1]</div>	<div>18</div> <div>9:15 ☼ Sit &amp; Be Fit [LR1] 9:45 🍷 Daily Chronicles [LR1] 10:30 🍷 Morning Snacks [MR] 11:00 🍷 Art &amp; Craft [MR] 1:30 🍷 Planet Earth [LR1] 02:30 🍷 Bowling [LR1] 3:30 🍷 Table Talk Social [LR1] 4:00 🍷 Jeopardy [LR1] 6:00 🍷 Movie Choice Week [LR1]</div>	<div>19</div> <div>9:15 ☼ Sit &amp; Be Fit [LR1] 9:45 🍷 Daily Chronicles [LR1] 10:30 🍷 Morning Snacks [MR] 11:00 ☼ Basketball [LR1] 01:30 🍷 Game Time [MR] 2:30 🍷 FaceTime with Families [MR] 03:30 🍷 Table Talk Social [MR] 04:00 🍷 Sing Fit [LR1] 6:00 🍷 Movie Choice Week [LR1]</div>	<div>20</div> <div>9:15 ☼ Sit &amp; Be Fit [LR1] 9:45 🍷 Daily Chronicles [LR1] 10:30 🍷 Morning Snacks [MR] 11:00 🍷 Art &amp; Crafts [LR1] 1:30 🍷 Manicure &amp; Massage [MR] 2:30 🍷 History of Soul Music [LR1] 3:30 🍷 Table Talk Social [MR] 4:00 🍷 Sing-a-long [LR1] 6:00 🍷 Movie Choice Week [LR1]</div>	<div>21</div> <div>9:15 ☼ Sit &amp; Be Fit [LR1] 9:45 🍷 Daily Chronicles [LR1] 10:00 🦋 Spiritual Time [LR1] 10:30 🍷 Morning Snacks [MR] 11:00 🍷 Baking with PCA [MR] 1:30 🍷 Movie Star of the Week [LR1] 2:30 🍷 FaceTime with Families [MR] 3:30 🍷 Table Talk Social [MR] 4:00 🍷 Sing Fit [MR] 6:00 🍷 Movie Choice Week [LR1]</div>	<div>22</div> <div>9:15 ☼ Sit &amp; Be Fit [LR1] 9:45 🍷 Daily Chronicles [LR1] 10:30 🍷 Morning Snacks [MR] 11:00 🍷 Bingo [LR1] 1:30 🍷 Animal Planet [LR1] 02:30 ☼ Bowling [MR] 3:30 🍷 Happy Hour [MR] 4:00 🍷 Music w/Tony Bennett 6:00 🍷 Movie Choice Week</div>	<div>23</div> <div>9:15 ☼ Sit &amp; Be Fit [LR1] 9:45 🍷 Daily Chronicles [LR1] 10:30 🍷 Morning Snacks [MR] 11:00 🍷 Art &amp; Crafts [LR1] 1:30 🍷 Game Time [LR1] 2:30 🍷 Reminiscing Discussions [LR1] 3:30 🍷 Table Talk Social [MR] 4:00 🍷 Classical Music with Famous Composers  Giacomo Puccini [LR1] 6:00 🍷 Movie Choice Week [LR1]</div>
	<div>24</div> <div>9:15 ☼ Sit &amp; Be Fit [LR1] 9:45 🍷 Daily Chronicles [LR1] 10:00 🦋 Spiritual Time [LR1] 10:30 🍷 Morning Snacks [MR] 1:30 F 🍷 This Day in History [LR1] 2:30 🍷 FaceTime w/ Families 3:30 🍷 Table Talk Social [MR] 4:00 🍷 Classic Concert [LR1] 6:00 🍷 50's Movie Week [LR1]</div>	<div>25</div> <div>Memorial Day 9:15 ☼ Sit &amp; Be Fit [LR1] 9:45 🍷 Daily Chronicles [LR1] 10:30 🍷 Morning Snacks [MR] 11:00 🍷 Art &amp; Craft [MR] 1:30 🍷 Memorial Day [LR1] 02:30 🍷 Bowling [LR1] 3:30 🍷 Table Talk Social [LR1] 4:00 🍷 Jeopardy [LR1] 6:00 🍷 50's Movie Week [LR1]</div>	<div>26</div> <div>9:15 ☼ Sit &amp; Be Fit [LR1] 9:45 🍷 Daily Chronicles [LR1] 10:30 🍷 Morning Snacks [MR] 11:00 ☼ Basketball [LR1] 01:30 🍷 Game Time [MR] 2:30 🍷 FaceTime with Families [MR] 03:30 🍷 Table Talk Social [MR] 04:00 🍷 Sing Fit [LR1] 6:00 🍷 50's Movie Week [LR1]</div>	<div>27</div> <div>9:15 ☼ Sit &amp; Be Fit [LR1] 9:45 🍷 Daily Chronicles [LR1] 10:30 🍷 Morning Snacks [MR] 11:00 🍷 Art &amp; Crafts [LR1] 1:30 🍷 Manicure &amp; Massage [MR] 2:30 🍷 History of Soul Music [LR1] 3:30 🍷 Table Talk Social [MR] 4:00 🍷 Sing-a-long [LR1] 6:00 🍷 50's Movie Week [LR1]</div>	<div>28</div> <div>9:15 ☼ Sit &amp; Be Fit [LR1] 9:45 🍷 Daily Chronicles [LR1] 10:00 🦋 Spiritual Time [LR1] 10:30 🍷 Morning Snacks [MR] 11:00 🍷 Baking with PCA [MR] 1:30 🍷 Movie Star of the Week [LR1] 2:30 🍷 FaceTime with Families [LR1] 3:30 🍷 Table Talk Social [MR] 4:00 🍷 Sing Fit [MR] 6:00 🍷 50's Movie Week [LR1]</div>	<div>29</div> <div>9:15 ☼ Sit &amp; Be Fit [LR1] 9:45 🍷 Daily Chronicles [LR1] 10:30 🍷 Morning Snacks [MR] 11:00 🍷 Bingo [LR1] 1:30 🍷 Animal Planet [LR1] 02:30 ☼ Bowling [MR] 3:30 🍷 Happy Hour [MR] 4:00 🍷 Music w/ Patti Page [LR1] 6:00 🍷 50's Movie Week [LR1]</div>	<div>30</div> <div>9:15 ☼ Sit &amp; Be Fit [LR1] 9:45 🍷 Daily Chronicles [LR1] 10:30 🍷 Morning Snacks [MR] 11:00 🍷 Art &amp; Crafts [LR1] 1:30 🍷 Game Time [LR1] 2:30 🍷 Reminiscing Discussions [LR1] 3:30 🍷 Table Talk Social [MR] 4:00 🍷 Classical Music with Famous Composers  Camille Saint-Saens [LR1] 6:00 🍷 50's Movie Week [LR1]</div>