


June 2020
Assisted Living Activities

created with 

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<div><div><div>Villa at Castro Valley</div><div>Assisted Living & Memory Care</div></div><div></div></div>	<div><div>1</div><div>9:00 🍷 Sit & Be Fit [LR1] 9:30 🍋 Juice & Chat [LR1] 10:00 🎲 Current Events [LR1] 11:00 🎲 Finish the Phrase [LR1] 1:00 📺 Nature Video [LR1] 2:00 🎲 Bingo [LR1] 3:00 🧘 Yoga [LR1] 3:30 🍷 Games of Your Choice [LR1] 4:30 ❤️ Music of Your Choice [LR1]</div></div>	<div><div>2</div><div>9:00 🍷 Sit & Be Fit [LR1] 9:30 🍋 Juice & Chat [LR1] 10:00 🎲 Current Events [LR1] 11:00 🎲 Resident Room Visits 11:00 🎲 Sing a Long [LR1] 1:00 🚶 Walking Group ~ Meet in Reception Area 1:30 🎲 Linked/Senior W/ iPads [LR1] 2:30 🍦 Ice Cream Social 3:00 🍋 Resident Room Visits 3:00 🎲 Where in the World? [LR1] 4:00 🎲 History of the Bay Area ~ Meet Rm 101 4:00 🍷 Yoga [LR1] 4:30 🎲 Music ~ Resident Choice [LR1]</div></div>	<div><div>3</div><div>9:00 🍷 Sit & Be Fit [LR1] 9:30 🍋 Juice & Chat [LR1] 10:00 🎲 Current Events [LR1] 11:00 🎲 Games of Your Choice [LR1] 1:30 🎲 Arts & Crafts [LR1] 2:30 🎲 Bingo 3:00 🌿 Gardening [G] 3:30 🧘 Yoga [LR1] 4:00 📖 Book Club ~ "The Book of Joy"~ Meet in Room 101 4:00 🎲 Music of Judy Collins [LR1]</div></div>	<div><div>4</div><div>9:00 🍷 Sit & Be Fit [LR1] 9:30 🍋 Juice & Chat [LR1] 10:00 🎲 Current Events [LR1] 11:00 🎲 Funny Pet Videos [LR1] 11:00 🍋 Resident Room Visits 1:00 🚶 Walking Group ~ Meet in Reception Area 1:30 🎲 Bowling [LR1] 2:30 🍷 Yoga [LR1] 3:00 🍋 Resident Room Visits 3:00 🎲 Sing Fit 4:00 🎲 "NEW" Open Forum ~ Meet in Room 101 4:00 📺 Where Should We Go? [LR1] 5:00 🎲 Evening Movie [LR1]</div></div>	<div><div>5</div><div>9:00 🍷 Sit & Be Fit [LR1] 10:00 🎲 Current Events [LR1] 11:00 🎲 Trivia [LR1] 1:30 🎲 Sing Fit [LR1] 3:00 🎲 Happy Hour [LR1] 04:00 🎲 Telling Stories [LR1] 05:00 🎲 Evening Movie [LR1]</div></div>	<div><div>6</div><div>9:00 🍷 Sit & Be Fit [LR1] 10:00 🎲 Current Events [LR1] 11:00 🍋 Conversations [LR1] 1:00 📺 Nature Video 1:30 🍋 Famous American Composers & Their Music [LR1] 2:30 🌿 Gardening [G] 3:00 🎲 Saturday Matinee [LR1]</div></div>
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