## June 2020 Park Visalia Assisted Living



Park Visalia Assisted Liv Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
PARK VISALIA  ASSISTED LIVING	<ul> <li>Exercise 1</li> <li>11:00 Face Time</li> <li>1:30 Jenga</li> <li>3:00 Face Time Families [MC]</li> <li>4:00 Parachute Toss [MC]</li> <li>6:00 Sing Fit</li> <li>7:00 Card Games</li> </ul>	<ul> <li>Exercise 2</li> <li>11:00 ♣ Sing Fit [MC]</li> <li>1:30 ♣ Water balloon toss on patio</li> <li>3:00 Crafts Corners [MC]</li> <li>4:00 ♣ Bowling</li> <li>6:00 Spa Evening</li> </ul>	Exercise     11:00	Exercise     A     11:00 Roll The Dice     1:30 National Cheese Day     [MC]     3:00 Face Time Families [MC]     4:00 Face Time Families [MC]     Library Time	- Exercise 5 11:00  National Donut Day [MC] 1:30  Water Guns outdoors [MC] 3:00  Board Games [MC] 4:00 Bean Bag Toss [MC] 6:00  Game Night	<ul> <li>Exercise</li> <li>11:00 Mothballs In The Attic [MC]</li> <li>1:30 Parachute Toss Outdo</li> <li>3:00 LS: Shuffle Scuffle</li> <li>4:00 Adventure With Lari [M</li> <li>6:00 Popcorn &amp; Movie Nigh [MC]</li> </ul>
7  "Family of Faith"  w/ George &Peg  Exercise  :00 Table Talk  :30 Celebrating Dennis  Birthday  :00 karaoke  :00 LS: Shuffle Scuffle  Zumba	- Exercise 8 11:00 karaoke 1:30 ♣ Crafts Corners (Paint Gun Painting on Canvas) 3:00 ♣ Face Time Families 4:00 ♠ Horse Shoes Outdoors [MC] 6:00 Puzzles	- Exercise 9 11:00 ♣ Sing Fit [MC] 1:30 Root Beer Float Social 3:00 ♠ LS: Shuffle Scuffle [MC] 4:00 ♣ Parachute Toss 6:00 Library Time	- Exercise 10 11:00 ★ Wellness Wednesday 1:30 ❤ Mini Mannys [MC] 3:00 ❤ Puzzles & Board Games 4:00 ❤ Tea Social on Patio [MC] 6:00 Talk and Toss Outdoors	- Exercise 11  11:00 Joggin Your Noggin  1:30 → Crafts Corners (Center Pieces) [MC]  3:00 ► Face Time Families [MC]  4:00 → Jenga  6:00 ► BINGO [MC]	Exercise 12 11:00    National Red     Nose Day [MC] 1:30    Big Checker Game [MC] 3:00    Making Jewelry 4:00    Pampered Hands [MC]	— Exercise 11:00 ♣ Sing Fit [MC] 1:30 Horse Shoes Outdoor 3:00 Parachute Toss Outdo 4:00 Adventure With Lari [N 6:00 ♣ Bean Bag Toss Outdo
### Part of Paith   ### w/ George & Peg   ### Exercise   ### Joggin Your Noggin   ### Social on   ### patio [MC]   ### Talk and Toss   #### Karaoke   ### Large Checkers Game	- Exercise 15  11:00 ♣ Conversation Cards  1:30 ♣ Crafts Corner (Tye dye shirts)  3:00 ♣ Face time with families [MC]  4:00 Matching Memory Game 6:00 spa day [MC]	- Exercise 16 11:00 ♣ Sing Fit [MC] 1:30 ♣ Snow Cone Social 3:00 Jenga [MC] 4:00 Zumba 6:00 ♣ BINGO Time	- Exercise 17  11:00 ★ Wellness     Wednesday  1:30 ※ Water Guns on Patio     [MC]  3:00 ※ Face Time Families  4:00 ② Talk and Toss [MC]  6:00 Moth Balls in the Addict	- Exercise 18 11:00 Face Time Families 1:30 → Crafts Corners (Center Pieces) [MC] 3:00 → Mini Manny's [MC] 4:00 Puzzles 6:00 ► Library Time [MC]	Exercise     11:00	- Exercise 11:00 Ball Toss [MC] 1:30 Board Games 3:00 Horse Shoe Outdoors 4:00 Adventure With Lari [N
ther's Day  :30	<ul> <li>Exercise</li> <li>11:00 ♣ Joggin Your Noggin</li> <li>1:30 ♣ Ice Cream Cone Social</li> <li>3:00 Face Time Families</li> <li>4:00 ♦ Horse Shoes [MC]</li> <li>6:00 spa day [MC]</li> </ul>	<ul> <li>Exercise 23</li> <li>11:00 Sing Fit [MC]</li> <li>1:30 Crafts Corner (picture frames)</li> <li>3:00 Making Jewelry</li> <li>4:00 Card Games/Dominos</li> <li>6:00 BINGO Time</li> </ul>	- Exercise 24 11:00 ★ trimming toe nails 1:30 ※ Water Balloon Toss [MC] 3:00 ※ Face Time Families 4:00 LS: Shuffle Scuffle 6:00 Wellness Wednesday	- Exercise 25 11:00 Tea Social 1:30 → Crafts Corners(frames) [MC] 3:00 → Mini Manny's [MC] 4:00 Parachute Toss 6:00 ► Board Games [MC]	Exercise     Moth Balls in the Addict [MC]     1:30	- Exercise 11:00 ♣ LS:shuffle scuffle [MC] 1:30 ❷ National Sunglasses [MC] 3:00 ♣ Lemonade Social 4:00 ❷ Adventure With Lari [Indicate of the content of th
"Family of Faith" w/ George &Peg Exercise CON Remember When CON Outdoor Bowling [MC] CON UNIT Jenga CON Big Checker Game CON Story Time	- Exercise 29 11:00 Joggin Your Noggin 1:30 ₩ Water Guns Outdoors 3:00 ₩ Tea Social on Patio 4:00 ❤ Parachute Toss Outdoors [MC] 6:00 BINGO Night [MC]	- Exercise 30 11:00 Sing Fit [MC] 1:30 Linked Senior: Hang Man [MC] 3:00 Face Time 4:00 karaoke 6:00 Spa Evening	<ul> <li>Connected</li> <li>Emotional</li> <li>intellectual</li> <li>Physical</li> <li>Purposeful</li> <li>Social</li> <li>Spiritual</li> </ul>	<b>Location Keys</b> Memory Care MC		