

# Incident Report

DIAGNOSIS AS

## Incident Information

**Incident ID:** IR\_DIA\_011  
**Date & Time:** 05/08/2025, 12:18 pm  
**Location:** ANOTHER TEST  
**Client:** Sarah Johnson (CLT984455)  
**Reporting Staff:** Fred Alale  
**Status:** Open  
**NDIS Reportable:** No  
**Intensity Rating:** 10/10  
**Incident Types:** Physical aggression towards others  
**Witness:** N/A (N/A)

## Description

### Co-regulation

Staff remained calm, offered emotional presence, and helped regulate the participant's emotional state.

### Redirection

Participant was gently guided to a different task, topic, or setting to reduce escalation.

### Self-regulation strategy prompted

Participant was reminded to use their own strategies (e.g. deep breathing, sensory tools).

### Replacement behaviour encouraged

Staff promoted a safer or more appropriate behaviour (e.g. using words instead of hitting).

### Suggested alternative activity

A preferred or calming activity was offered as a substitute.

Environmental control

Adjustments were made to lighting, sound, crowding, or proximity to reduce overload.

Staff withdrawal / space provided

Staff stepped back to reduce stimulation or confrontation.

Increased supervision applied

Additional staff or closer monitoring was initiated.

Positive Behaviour Support strategy used

Intervention aligned with PBS plan (e.g. proactive/reinforcement-based strategy).

PRN medication administered

As per medication protocol and with required authorisation.

Restrictive practice implemented

Time-limited restriction used (e.g. physical, mechanical, environmental) — must be recorded per NDIS rules.

Verbal de-escalation

Used calm tone, validation, and reassurance.

Emergency response activated

Security, emergency services, or on-call support contacted.

Parent / Guardian / Substitute Decision Maker contacted

Family or guardian notified during or after the incident.

Medical support provided

First aid or clinical team engaged.

Debrief offered to participant

Post-incident support provided to participant, if appropriate.

## Triggers

- **Unmet needs**

## **Staff Responses**

- **Self-regulation strategy prompted**