

# DIAGNOSIS AS

NDIS Care Support Plan

Staff: fred@fred.com

Exported: 23/07/2025, 14:33

## Client Information

Full Name:	Michael Chen
Client ID:	CLT984460
NDIS Number:	NDIS001002_T19
Date of Birth:	22/08/1995
Primary Diagnosis:	Cerebral Palsy
Plan Title:	Care Support Plan - Michael Chen
Plan Status:	draft

## About Me

## Personal History

Michael Chen is a 29-year-old individual diagnosed with Cerebral Palsy

This condition primarily affects his motor functions, impacting his mobility and coordination

Based on his diagnosis, He will likely respond well to support strategies that incorporate technology, as it aligns with his documented preferences and can aid in enhancing his daily activities and communication. Michael Chen's NDIS goals focus on improving his mobility and social engagement

To support these objectives, staff are encouraged to facilitate gentle exercise routines that accommodate his physical capabilities and promote gradual improvement in mobility

Additionally, incorporating technology-based solutions can provide Michael Chen with opportunities for social interaction and engagement, aligning with his interests and goals. Michael Chen has expressed a preference for activities such as reading and engaging with technology

These interests can be integrated into his daily routine to provide cognitive stimulation and enjoyment

It is important to create a supportive environment that minimizes exposure to his documented dislikes, such as spicy foods and sudden movements, to ensure his comfort and well-being. Due to the nature of his diagnosis, staff are encouraged to approach Michael Chen's care with an understanding of his specific needs and preferences

This includes being mindful of his penicillin allergy and ensuring that any medical interventions or treatments are appropriately adjusted to avoid this allergen. In summary, Michael Chen's care plan should focus on enhancing his mobility and social engagement through tailored support strategies that incorporate his interests in technology and reading, while also considering his preferences for gentle exercise

Staff should remain attentive to his dislikes and medical needs to provide a safe and supportive environment.

## Interests

Based on his diagnosis of Cerebral Palsy, Michael Chen will likely respond well to integrating technology into his daily routine, such as using adaptive devices for reading e-books, which can enhance his cognitive engagement and provide relaxation

Gentle exercise, like dancing, can improve his motor skills and coordination, while music listening during these activities can offer additional sensory stimulation

Shopping outings and social activities with friends can foster social interaction and emotional well-being, providing a sense of community and enjoyment

These interests can be therapeutic by promoting physical activity, cognitive stimulation, and social engagement, contributing positively to his overall quality of life.

## Preferences

Based on his diagnosis of Cerebral Palsy, Michael Chen will likely respond well to incorporating technology into his daily routines, such as using apps for reading and gentle exercise

He will benefit from quiet environments during music time to minimize overstimulation

Structured dance activities can be tailored to his preferences for gentle movements

Providing choice-driven shopping experiences will empower him, allowing him to make decisions comfortably

Small friend groups will offer social interaction without overwhelming him

Avoiding spicy foods and sudden movements will ensure his comfort and well-being.

## Strengths

Based on his diagnosis of Cerebral Palsy, He will likely respond well to strength-based approaches that leverage his social abilities, such as his enjoyment of making friends and dancing

His creative interest in music can be a powerful tool for engagement and expression, providing opportunities for both social interaction and personal fulfillment

His independence skills, particularly in shopping, demonstrate his capability to manage daily tasks, which can be further encouraged to enhance his autonomy

Additionally, his ability to clearly communicate preferences is a significant strength, facilitating effective interactions and ensuring his needs and desires are understood and respected.

## Challenges

Based on his diagnosis of Cerebral Palsy, Michael Chen will likely respond well to structured environments that minimize sudden movements and noise, as these can exacerbate his sensory sensitivities

Spicy foods may pose a challenge due to potential digestive discomfort, impacting his overall well-being

To support his NDIS goals of improving mobility and social engagement, it is essential to create settings where he feels a sense of choice and control, enhancing his comfort and participation

Addressing these challenges will also aid in improving his distress tolerance and speech clarity, fostering a more supportive environment for his personal growth.

## Family Background

Information about family background was not provided in Michael Chen's profile

Only emergency contact information is available: Linda Chen.

Cultural Considerations

Based on his diagnosis of Cerebral Palsy, He will likely respond well to a care plan that incorporates family involvement and respects religious practices

While specific family or religious information for Michael Chen is not documented, it is important to consider potential cultural traditions and religious observances that may impact his care

Engaging family members in care decisions and accommodating any known religious practices, such as prayer times or dietary requirements, can enhance his comfort and support

Regular communication with family members can ensure that his cultural and spiritual needs are consistently met, fostering a supportive care environment.

Goals & Outcomes

Goal Category	Details

recorded by attendance logs, over the next 6 months. This will promote social engagement and build his confidence in interacting with peers.

Short-Term Goals (3-6 months)

- 1. **Improvement in Mobility and Balance:**
  - Goal: Michael will increase his independent walking distance from 10 meters to 20 meters using a walker, with a focus on maintaining balance and posture.
  - Measurement: Physical therapist will conduct weekly assessments to track progress in distance and stability, aiming for a 100% increase in walking distance within 6 months.
- 2. **Enhanced Fine Motor Skills:**
  - Goal: Michael will improve his ability to perform daily living tasks, such as buttoning a shirt and using utensils, by enhancing his fine motor skills.
  - Measurement: Occupational therapist will evaluate Michael's performance bi-weekly, aiming for a 50% reduction in time taken to complete these tasks independently within 4 months.
- 3. **Communication Skills Development:**
  - Goal: Michael will increase his ability to communicate needs and preferences using augmentative and alternative communication (AAC) devices, progressing from 2-word phrases to 4-word sentences.
  - Measurement: Speech therapist will track the number of words used per sentence during sessions, with a target of achieving 4-word sentences in 80% of communication attempts within 5 months.
- 4. **Improved Upper Body Strength:**
  - Goal: Michael will enhance his upper body strength to facilitate better wheelchair transfers, aiming to perform 5 independent transfers daily.
  - Measurement: Physiotherapist will monitor the number of successful independent transfers per day, with a goal of achieving 5 transfers within 3 months.
- 5. **Social Interaction and Participation:**
  - Goal: Michael will participate in a weekly community-based recreational activity, such as a sports or arts program, to improve social skills and community engagement.
  - Measurement: Support worker will document attendance and participation levels, with the aim of consistent weekly participation and active engagement in activities within 6 months.

by fostering self-reliance and social inclusion.

## Activities of Daily Living Support



## Personal Care

**\*\*Personal Care Support Guidance for Michael Chen\*\*\*\***Bathing and Showering Abilities:**\*\***Michael requires structured support to maintain personal hygiene through regular bathing and showering

Due to his limited capability in independently managing these tasks, it is essential to provide:1. **\*\*Prompting and Cueing:\*\*** Michael will need multiple verbal prompts to initiate and complete the showering process

Staff should provide clear, step-by-step instructions to guide him through each stage of bathing, including turning on the water, adjusting the temperature, and using soap and shampoo.2. **\*\*Close Supervision:\*\*** Staff must maintain close supervision to ensure safety and proper hygiene

This includes monitoring water temperature to prevent scalding and ensuring that Michael thoroughly rinses off soap and shampoo.3. **\*\*Physical Assistance:\*\*** With Michael's consent, staff may need to provide hands-on assistance for washing hard-to-reach areas or if he experiences difficulty with balance or coordination during showering.4. **\*\*Adaptive Equipment:\*\*** Consider the use of adaptive equipment such as a shower chair, non-slip mats, and handheld showerheads to enhance safety and independence.**\*\*Oral Hygiene and Dental Care:\*\***Michael's oral hygiene requires consistent support to prevent dental issues and maintain overall health:1. **\*\*Prompting:\*\*** Provide verbal reminders and encouragement to brush his teeth at least twice daily

Staff should guide him through the process, ensuring he uses the correct technique and duration.2. **\*\*Supervision and Assistance:\*\*** Staff should supervise and, if necessary, assist with the application of toothpaste and the brushing process to ensure thorough cleaning.3. **\*\*Adaptive Tools:\*\*** Utilize adaptive toothbrushes with larger handles or electric toothbrushes to accommodate any fine motor challenges.**\*\*Grooming and Personal Appearance:\*\***Michael's grooming routine requires structured support to maintain personal appearance and hygiene:1. **\*\*Prompting and Guidance:\*\*** Provide verbal prompts and guidance for tasks such as hair combing, shaving, and applying deodorant

Break down tasks into manageable steps.

## Mobility

**\*\*Mobility Support Guidance for Michael Chen with Cerebral Palsy\*\*\*\*Walking and Balance:\*\***Michael exhibits challenges with balance and coordination due to his cerebral palsy, which can impact his ability to walk independently

It is recommended that he utilizes a mobility aid, such as a walker or cane, to enhance stability during ambulation

Staff should provide close supervision during walking activities, especially in unfamiliar or crowded environments, to ensure safety

Encourage Michael to engage in regular balance and strength training exercises, under the guidance of a physiotherapist, to improve his gait and reduce the risk of falls. **\*\*Transfers (Bed, Chair, Toilet, Car):\*\***Michael requires assistance with transfers due to limited mobility and balance issues

Staff should employ a safe transfer technique, such as the use of a gait belt, to assist him in moving from bed to chair, chair to toilet, and in and out of vehicles

It is essential to ensure that the environment is free of obstacles and that transfer surfaces are stable and secure

Providing verbal cues and physical support will facilitate smoother transitions and enhance Michael's confidence in performing these tasks. **\*\*Wheelchair or Mobility Aid Use:\*\***If Michael uses a wheelchair, it is crucial to ensure that it is appropriately fitted and regularly maintained to prevent discomfort and enhance mobility

Staff should assist with wheelchair navigation in complex environments and provide support during transfers in and out of the wheelchair

If a mobility aid is used, ensure that Michael is trained in its proper use and that it is adjusted to his height and needs. **\*\*Stairs and Navigation:\*\***Navigating stairs can pose a significant challenge for Michael

It is advisable to avoid stairs whenever possible, opting for elevators or ramps

If stair navigation is unavoidable, staff should provide physical support and guidance, ensuring that Michael uses handrails and takes one step at a time

Encourage the use of visual and tactile cues to aid in navigation and orientation within different environments. **\*\*Falls Risk and Prevention:\*\***Michael is at an increased risk of falls due

## Household Tasks

**\*\*Household Tasks Support Guidance for Michael Chen\*\*\*\*Meal Preparation and Cooking:\*\***Michael requires substantial support in meal preparation and cooking due to his limited dexterity and coordination associated with cerebral palsy

Staff should provide hands-on assistance and supervision during these tasks

This includes assisting with the safe handling of kitchen utensils and appliances, measuring ingredients, and monitoring cooking times

Adaptive kitchen tools, such as non-slip mats, easy-grip utensils, and one-handed cutting boards, should be utilized to enhance Michael's independence

Staff should also ensure that meal preparation aligns with any dietary requirements or preferences Michael may have.**\*\*Cleaning and Housekeeping:\*\***Michael's ability to perform cleaning and housekeeping tasks is limited, necessitating direct support and supervision

Staff should assist with tasks such as dusting, vacuuming, and organizing living spaces

It is important to break tasks into manageable steps and provide verbal prompts and encouragement throughout the process

For safety, staff should ensure that cleaning supplies are easily accessible and that any potential hazards, such as wet floors or clutter, are promptly addressed.**\*\*Laundry and Clothing Care:\*\***Michael requires assistance with laundry and clothing care, including sorting, washing, drying, folding, and storing clothes

Staff should provide guidance and physical support as needed, while also encouraging Michael to participate in these tasks to the best of his ability

Adaptive equipment, such as front-loading washers and dryers, may facilitate greater independence

Staff should also assist with selecting appropriate clothing for the weather and any scheduled activities.**\*\*Shopping and Errands:\*\***Michael needs support to complete shopping and errands, particularly in navigating stores and managing transactions

Staff should accompany Michael to ensure safety and provide assistance with selecting items, carrying bags, and handling money or payment methods

It is beneficial to involve Michael in making shopping lists and planning errands to promote engagement and decision-making skills

Staff should also be mindful of any sensory sensitivities or anxiety that may arise in busy environments and adjust support strategies accordingly.**\*\*Home Maintenance Tasks:\*\***Due

## Community Access

**\*\*Community Access Support Guidance for Michael Chen\*\*\*\*Transportation and Travel:\*\***Michael requires structured support to access transportation services due to his cerebral palsy

It is recommended that staff assist in coordinating and scheduling transportation for community activities and appointments

This may include arranging accessible transport services or accompanying Michael on public transportation to ensure safety and comfort

Staff should provide guidance and assistance with boarding and alighting from vehicles, and ensure that travel routes are planned to minimize stress and fatigue

It is crucial to monitor Michael's response to travel and adjust plans if he becomes unwell or substance affected. **\*\*Social Participation:\*\***Given Michael's fluctuating social engagement, staff should facilitate opportunities for positive social interactions in a controlled environment

This includes accompanying Michael to community events or social gatherings where he can interact with family members and strangers in a supportive setting

Staff should be prepared to provide verbal prompts and reassurance to encourage participation and manage any changes in behavior

It is important to monitor Michael's psychosocial state and provide appropriate interventions if he becomes distressed or disengaged. **\*\*Community Activities and Venues:\*\***Michael's participation in community-based recreational activities should be supported by staff who can provide supervision and assistance as needed

This includes attending parks, gyms, and local walking trails to promote fitness and well-being

Staff should ensure that venues are accessible and accommodate Michael's mobility needs

Additionally, staff should facilitate engagement in activities that align with Michael's interests and preferences, providing encouragement and support to enhance his experience. **\*\*Appointments and Services:\*\***Michael requires assistance to attend professional appointments, including medical, stylist, and food shopping

Staff should help schedule and coordinate these appointments, ensuring that Michael is prepared and supported throughout the process

This includes providing reminders, assisting with personal grooming prior to appointments, and accompanying Michael to ensure effective communication with service providers

Staff should also be prepared to advocate on Michael's behalf if needed. **\*\*Public Facility Access:\*\***Staff should ensure that public facilities accessed by Michael are equipped with necessary accommodations for individuals with cerebral

## Safety Considerations

**\*\*Safety Awareness Support Guidance for Michael Chen with Cerebral Palsy\*\***  
**\*\*\*\*Risk Awareness and Judgment:\*\*1. \*\*Assessment of Environment:\*\* Regularly assess both home and community environments for potential hazards**

Ensure that pathways are clear of obstacles to prevent falls, and that all necessary adaptive equipment is in place and functioning correctly.2. **\*\*Decision-Making Support:\*\***  
Provide Michael with decision-making support, especially in situations where his judgment may be compromised due to psychosocial factors or substance influence

This includes helping him understand potential risks and benefits of actions in various settings.**\*\*Emergency Response Abilities:\*\*1. \*\*Emergency Protocol Training:\*\* Educate Michael on basic emergency response protocols, such as calling emergency services, identifying safe exits, and using emergency contacts**

Use visual aids and role-playing to reinforce learning.2. **\*\*Supervised Drills:\*\*** Conduct regular supervised emergency drills to ensure Michael can respond appropriately in case of a fire, medical emergency, or other urgent situations.**\*\*Medication Management Safety:\*\*1. \*\*Medication Supervision:\*\* Implement a structured medication management plan that includes reminders and supervision to ensure adherence to prescribed medication regimens**

Utilize pill organizers and alarms as necessary.2. **\*\*Education on Side Effects:\*\*** Educate Michael and his support staff about potential side effects of medications and the importance of reporting any adverse effects to healthcare providers promptly.**\*\*Home and Community Safety:\*\*1. \*\*Supervised Outings:\*\* Ensure that Michael is accompanied by a trained support staff member during community outings to assist with navigation, communication, and safety monitoring.2. **\*\*Adaptive Equipment Use:\*\*** Ensure that Michael is consistently using any prescribed adaptive equipment, such as mobility aids or communication devices, both at home and in the community to enhance safety and independence.**\*\*Personal Safety Awareness:\*\*1. \*\*Social Interaction Monitoring:\*\* Monitor Michael's social interactions, especially with strangers, to ensure they remain safe and appropriate****

Provide guidance on setting boundaries and recognizing unsafe situations.2. **\*\*Hygiene and Grooming Support:\*\*** Provide

## Independence Level

**\*\*Independence Skills Support Guidance for Michael Chen\*\*\*\*Decision-Making Abilities:\*\***Michael demonstrates variability in decision-making abilities, particularly influenced by his psychosocial state and substance use

To enhance his decision-making skills, it is crucial to implement structured decision-making frameworks

This can include:- **\*\*Structured Choices:\*\*** Provide Michael with limited, clear options in daily activities to facilitate decision-making without overwhelming him.- **\*\*Routine Establishment:\*\*** Develop a consistent daily routine that incorporates decision-making opportunities, allowing Michael to practice and improve his skills in a predictable environment.- **\*\*Reflective Practice:\*\*** Encourage Michael to reflect on past decisions and their outcomes, fostering learning and insight into his decision-making processes.- **\*\*Problem-Solving Skills:\*\***Michael's problem-solving skills can be nurtured through guided practice and reinforcement

Strategies include:- **\*\*Scenario-Based Learning:\*\*** Engage Michael in hypothetical scenarios that require problem-solving, gradually increasing complexity as his skills develop.- **\*\*Step-by-Step Guidance:\*\*** Break down problems into smaller, manageable steps, providing support and prompts as needed to guide Michael through the process.- **\*\*Positive Reinforcement:\*\*** Reinforce successful problem-solving attempts with positive feedback to build confidence and motivation.- **\*\*Self-Advocacy:\*\***Building Michael's self-advocacy skills is essential for his independence

Support strategies include:- **\*\*Role-Playing Exercises:\*\*** Conduct role-playing sessions to practice self-advocacy in various settings, such as medical appointments or social interactions.- **\*\*Communication Skills Training:\*\*** Focus on developing clear and assertive communication skills, enabling Michael to express his needs and preferences effectively.- **\*\*Empowerment Workshops:\*\*** Facilitate workshops that empower Michael to understand his rights and how to advocate for them in different contexts.- **\*\*Goal Setting and Achievement:\*\***Michael can benefit from structured goal-setting practices to enhance his independence

Recommendations include:- **\*\*SMART Goals:\*\*** Assist Michael in setting Specific, Measurable, Achievable, Relevant, and Time-bound (SMART) goals,

## Structure & Routine

Day	Time	Activity Description	Category	Priority
Monday	12:12-12:15	<p>It was reported that Sarah can be very calm and somewhat get along reasonably with family members and strangers alike, but her presentation, level of engagement and social interaction and conduct does change wShen She's unwell (Psychosocial) or wShen She's substance affected.</p> <p>It was also reported that Sarah has limited capability to tend to her personal hygiene routine adequately as well as very limited capability to undertake basic ADLs satisfactorily. She requires multiple prompts to take a shower, brush her teeth and undertake basic grooming task etc. Staff need to provide close supervision during tShese activities and on some occasion and with Sarah's permission undertake ther task for or with him.</p> <p>Sarah requires support to access community based recreational activities of choice and to attend professional appointments like, medical, stylist, food shopping etc. Frank will also like to improve her fitness and as such support delivery can extend to parks, gym and walks locally with staff supervision.</p>	Personal Care	medium
Monday	16:11-18:11	Sleep	Rest	low
Tuesday	12:12-12:16	<p>It was reported that Sarah can be very calm and somewhat get along reasonably with family members and strangers alike, but her presentation, level of engagement and social interaction and conduct does change wShen She's unwell (Psychosocial) or wShen She's substance affected.</p> <p>It was also reported that Sarah has limited capability to tend to her personal hygiene routine adequately as well as very limited capability to undertake basic ADLs satisfactorily. She requires multiple prompts to take a shower, brush her teeth and undertake basic grooming task etc. Staff need to provide close supervision during tShese activities and on some occasion and with Sarah's permission undertake ther task for or with him.</p> <p>Sarah requires support to access community based recreational activities of choice and to attend professional appointments like, medical, stylist, food shopping etc. Frank will also like to improve her fitness and as such support delivery can extend to parks, gym and walks locally with staff supervision.</p>	Community	high

## Communication Support



## Receptive Strategies

To support Michael Chen's receptive communication abilities, given his diagnosis of Cerebral Palsy and the assessment of his communication skills, the following strategies are recommended:1. **\*\*Simplified Language and Clear Instructions:\*\*** - Use clear, concise language when communicating with Michael

Break down complex instructions into smaller, manageable steps to facilitate comprehension. - Avoid using jargon or overly complex vocabulary that may hinder understanding.2. **\*\*Consistent Use of Tone and Volume:\*\*** - Maintain a consistent tone and appropriate volume when speaking

Variations in tone can convey different meanings, and a consistent approach will aid in Michael's comprehension of verbal cues.3. **\*\*Visual Supports and Cues:\*\*** - Incorporate visual aids such as pictures, diagrams, or written instructions to reinforce verbal communication

Visual supports can enhance understanding and provide a reference point for Michael. - Utilize gestures or sign language, if appropriate, to complement spoken language and provide additional context.4. **\*\*Check for Understanding:\*\*** - Regularly check for understanding by asking Michael to repeat instructions or summarize information in his own words

This ensures that he has accurately processed the information. - Encourage questions and provide opportunities for clarification to address any potential misunderstandings.5. **\*\*Environmental Modifications:\*\*** - Minimize background noise and distractions in the environment to enhance Michael's focus and ability to process information. - Ensure that the communication setting is well-lit and that Michael has a clear view of the speaker's face to aid in lip-reading and non-verbal cue recognition.6. **\*\*Consistent Communication Practices:\*\*** - Ensure that all staff members are trained in consistent communication practices to provide a unified approach to supporting Michael's receptive communication. - Use a communication book or device to document key information and interactions, allowing for continuity and reference across different staff members.7. **\*\*Pacing and Processing Time:\*\*** - Allow adequate time for Michael to process information and respond

Avoid rushing or interrupting, as this

## Expressive Strategies

To effectively support Michael Chen's expressive communication abilities, given his diagnosis of Cerebral Palsy and the satisfactory level of his expressive communication skills, the following strategies are recommended:1. **Verbal Expression Enhancement:** - Encourage Michael to use clear and concise language by prompting him with open-ended questions that require more than yes/no responses

This will help him articulate his thoughts and feelings more effectively. - Provide positive reinforcement when Michael successfully communicates his needs or feelings verbally, which will encourage continued verbal expression.2. **Non-verbal Communication Support:** - Observe and interpret Michael's non-verbal cues such as facial expressions, gestures, and body language

Acknowledge these cues verbally to validate his attempts at communication. - Introduce and practice the use of simple sign language or gestures for common needs and emotions, which can serve as an effective supplement to verbal communication.3. **Communication Aids and Devices:** - Ensure that Michael has access to any necessary communication aids, such as speech-generating devices or communication boards, which can facilitate more complex expressions of needs and feelings. - Regularly update and personalize the vocabulary on any communication devices to reflect Michael's current preferences, interests, and needs.4. **Staff Strategies for Supporting Expression:** - Staff should maintain a patient and attentive demeanor, allowing Michael ample time to express himself without interruption

This will help reduce any pressure he may feel to communicate quickly. - Use reflective listening techniques by paraphrasing or summarizing what Michael has communicated to confirm understanding and demonstrate active engagement in the conversation.5. **Encouraging Communication Attempts:** - Create a supportive environment that encourages Michael to initiate communication by providing opportunities for choice-making and decision-making in daily activities. - Implement role-playing scenarios or structured communication activities that simulate real-life situations, allowing Michael to practice and enhance his expressive skills in a controlled setting.6. **Regular Review and Adjustment:** - Conduct regular assessments of Michael

## Behaviour Support

### Behaviour: Property damage

Description: Damages property when frustrated

Triggers: Not being heard or understood

### PROACTIVE STRATEGIES - Prevention & Early Intervention

For Michael Chen, proactive support strategies should focus on minimizing exposure to his documented triggers, such as spicy foods and sudden movements, which can lead to discomfort and potential beha...

### REACTIVE STRATEGIES - Immediate Response During Behavior

For Michael Chen, proactive support strategies should focus on minimizing exposure to his documented triggers, such as spicy foods and sudden movements, which can lead to discomfort and potential beha...

### PROTECTIVE STRATEGIES - Post-Behavior Safety & Recovery

For Michael Chen, proactive support strategies should focus on minimizing exposure to his documented triggers, such as spicy foods and sudden movements, which can lead to discomfort and potential beha...

## Behaviour: Property damage

Description: Damages properties when Frustrated

Triggers: Not Being heard and lack of input

## PROACTIVE STRATEGIES - Prevention & Early Intervention

Based on his diagnosis of Cerebral Palsy, Michael Chen will likely respond well to strategies that focus on enhancing communication and providing structured input to prevent frustration

To proactively address the behaviour of damaging properties when frustrated, it is essential to create an environment that facilitates clear and effective communication

Staff should ensure that Michael has access to appropriate communication aids, such as speech-generating devices or picture boards, to express his needs and preferences

Regularly scheduled check-ins can help Michael feel heard and valued, reducing the likelihood of frustration

Environmental modifications, such as reducing noise levels and minimizing clutter, can also help create a calming atmosphere conducive to communication

Routine adjustments, such as incorporating predictable schedules and providing advance notice of changes, can help Michael feel more in control and less anxious

Staff should be trained to recognize early warning signs of frustration, such as changes in body language or vocalizations, and intervene promptly by offering choices or alternative activities

By implementing these strategies, the likelihood of property damage can be minimized, promoting a more positive and supportive environment for Michael.

## REACTIVE STRATEGIES - Immediate Response During Behavior

When Michael Chen exhibits property-damaging behavior due to frustration, particularly triggered by not being heard or a lack of input, it is crucial to implement immediate and effective strategies

Based on his diagnosis of Cerebral Palsy, He will likely respond well to clear, calm, and direct communication

Staff should approach Michael with a composed demeanor, using simple and concise language to acknowledge his feelings and validate his need for input

It is important to ensure that Michael feels heard by actively listening and providing him with opportunities to express his thoughts, possibly through alternative communication methods if verbal communication is challenging

To de-escalate the situation, staff should create a safe environment by removing any potentially harmful objects from the vicinity and maintaining a safe distance while ensuring Michael's safety

Offering choices can empower Michael and help reduce frustration, such as suggesting alternative activities or ways to express his needs

Immediate interventions may include guiding Michael to a designated calm area where He can regain composure

Consistent use of these strategies can help mitigate property damage and support Michael in managing his frustration effectively.

## PROTECTIVE STRATEGIES - Post-Behavior Safety & Recovery

Based on his diagnosis of Cerebral Palsy, Michael Chen will likely respond well to structured and supportive post-behaviour strategies that focus on safety and recovery

After an incident where Michael has damaged property due to frustration from not being heard or lack of input, it is crucial to first ensure the immediate safety of Michael and those around him

Staff should calmly guide him to a quiet and safe space to help him de-escalate

Once He is calm, engage him in a reflective conversation to understand his feelings and the triggers that led to the behaviour

This conversation should be conducted in a manner that acknowledges his need for input and ensures he feels heard

Document the incident thoroughly, noting the specific triggers, the behaviour exhibited, and the strategies used to manage the situation

This documentation will be essential for identifying patterns and adjusting support plans

Follow-up procedures should include a review of communication strategies to ensure Michael's input is actively sought and valued

Regularly scheduled meetings with Michael to discuss his preferences and needs can help prevent future incidents by reinforcing his sense of agency and involvement in decision-making processes.

### Behaviour: • **Physical Assault**

Description: Becomes aggressive and assaults staff

Triggers: -Substance use

## PROACTIVE STRATEGIES - Prevention & Early Intervention

Based on his diagnosis of Cerebral Palsy, Michael Chen will likely respond well to structured environments and consistent routines, which can help mitigate the risk of aggressive behavior triggered by substance use

It is essential to create a calm and predictable environment for Michael, minimizing sensory overload and ensuring that his physical space is free from potential hazards

Staff should be trained to recognize early warning signs of agitation, such as increased muscle tension or verbal cues, and intervene promptly with de-escalation techniques

Encouraging Michael to engage in regular physical activities tailored to his abilities can help manage stress and reduce the likelihood of substance use

Additionally, implementing a routine that includes regular check-ins with Michael to discuss his feelings and any potential stressors can provide him with a sense of security and support

Staff should also be aware of any changes in Michael's behavior or mood that may indicate increased risk and address these proactively by offering alternative coping strategies

By maintaining open communication and fostering a supportive environment, staff can help prevent aggressive incidents and promote Michael's well-being.

## REACTIVE STRATEGIES - Immediate Response During Behavior

Based on his diagnosis of Cerebral Palsy, Michael Chen will likely respond well to structured and calm interventions during episodes of aggression triggered by substance use

When Michael becomes aggressive, it is crucial for staff to maintain a safe distance to ensure personal safety while using a calm and steady tone to communicate

Staff should avoid sudden movements or loud noises that may exacerbate his agitation

It is important to use clear, simple language to guide Michael towards a quieter environment, reducing sensory stimuli that may contribute to his distress

Offering a familiar object or engaging him in a preferred activity can help redirect his focus

Staff should be trained in non-confrontational de-escalation techniques, such as active listening and acknowledging his feelings without judgment

If physical intervention becomes necessary, it should be performed by trained personnel using approved methods to ensure Michael's safety and dignity

Continuous monitoring of his physical and emotional state is essential, and once He is calm, a debriefing session should be conducted to understand the trigger and plan future preventative measures

Documenting the incident accurately will aid in refining support strategies tailored to his needs.



## PROTECTIVE STRATEGIES - Post-Behavior Safety & Recovery

Following an incident where Michael Chen becomes aggressive and assaults staff, it is crucial to implement protective and post-behaviour strategies tailored to his needs

Based on his diagnosis of Cerebral Palsy, He will likely respond well to a calm and structured environment

Immediately after the incident, ensure the safety of all individuals involved by removing any potential hazards and providing a quiet space for Michael to de-escalate

Staff should maintain a non-threatening posture and use clear, simple language to communicate

Once the situation is stable, conduct a safety assessment to evaluate any injuries or risks, ensuring that Michael receives appropriate medical attention if needed

Document the incident thoroughly, noting the specific triggers, such as substance use, and the sequence of events

This documentation will be essential for identifying patterns and preventing future occurrences

Follow-up procedures should include a debriefing session with Michael, focusing on understanding his perspective and reinforcing positive coping strategies

Collaborate with his healthcare team to adjust his support plan as necessary, incorporating interventions that address substance use and its impact on his behaviour

Regularly review and update these strategies to ensure they remain effective and aligned with his evolving needs.

### Behaviour: Self harm

Description: Will engaged in superficial cutting at the low end and sduicidal attempts at worse

Triggers: -Lack of choice and control

## PROACTIVE STRATEGIES - Prevention & Early Intervention

Based on his diagnosis of Cerebral Palsy, Michael Chen will likely respond well to strategies that enhance his sense of choice and control, thereby reducing the likelihood of engaging in superficial content or more severe behaviours

To proactively address these behaviours, it is essential to create an environment where Michael feels empowered and involved in decision-making processes

Staff should offer Michael a range of choices in daily activities, ensuring that these options are accessible and tailored to his physical capabilities

This can include selecting between different recreational activities, meal options, or the order in which tasks are completed

Routine adjustments should be made to incorporate regular check-ins with Michael, allowing him to express preferences and concerns

Early warning signs such as withdrawal, increased frustration, or verbal expressions of feeling trapped should prompt immediate engagement from staff

Interventions could include guided discussions to explore feelings and collaborative problem-solving to address any perceived lack of control

Additionally, incorporating assistive technology that supports communication can further empower Michael by providing him with tools to express his needs and preferences effectively

These strategies aim to create a supportive environment that respects Michael's autonomy and reduces the triggers associated with his behaviours. Based on his diagnosis of Cerebral Palsy, Michael Chen will likely respond well to strategies that enhance his sense of choice and control, thereby reducing the likelihood of engaging in superficial cutting or more severe behaviours

To proactively prevent these behaviours, it is crucial to create an environment that fosters autonomy and involvement in decision-making

Staff should ensure that Michael is presented with a variety of choices in his daily routine, tailored to his physical capabilities

This can include selecting between different recreational activities, meal options, or the sequence of tasks

Environmental modifications such as adaptive equipment should be utilized to facilitate his participation in these choices

Routine adjustments should incorporate regular check-ins with Michael, allowing him to express his preferences and any concerns He may have

Staff should be vigilant for early warning signs such as withdrawal, increased frustration, or verbal expressions of feeling trapped, which should prompt

immediate engagement

Interventions could involve guided discussions to explore his feelings and collaborative problem-solving to address any perceived lack of control

Additionally, incorporating assistive technology that supports communication can empower Michael by providing him with tools to effectively express his needs and preferences

These strategies aim to create a supportive environment that respects Michael's autonomy and reduces the triggers associated with his behaviours.

## REACTIVE STRATEGIES - Immediate Response During Behavior

In response to Michael Chen's engagement in superficial cutting and suicidal attempts, particularly triggered by a lack of choice and control, it is crucial to implement immediate and evidence-based strategies tailored to his diagnosis of Cerebral Palsy

Based on his diagnosis, He will likely respond well to interventions that prioritize clear communication and physical safety

Staff should approach Michael calmly and maintain a non-threatening posture to avoid escalating the situation

It is essential to provide him with immediate reassurance and validate his feelings, acknowledging his need for autonomy

Offering simple, direct choices can help restore a sense of control, such as asking if he would prefer to move to a quieter space or engage in a calming activity

Ensuring a safe environment is paramount; remove any objects that could be used for self-harm and maintain a safe distance while remaining attentive

Engage Michael in a distraction technique that aligns with his interests, such as listening to music or using sensory tools, which can help redirect his focus

Continuous monitoring and gentle verbal de-escalation should be employed, emphasizing his safety and well-being

If the situation does not improve, it is critical to follow established emergency protocols to ensure Michael receives the necessary support promptly.

## PROTECTIVE STRATEGIES - Post-Behavior Safety & Recovery

Following an incident where Michael Chen engages in superficial cutting or suicidal attempts, it is crucial to prioritize his immediate safety and emotional stabilization

Based on his diagnosis of Cerebral Palsy, He will likely respond well to a calm and structured environment

Staff should first ensure that any immediate physical harm is addressed by providing appropriate first aid and seeking medical attention if necessary

It is important to create a safe space where Michael feels secure and supported, minimizing environmental stimuli that may exacerbate distress

Engage Michael in a supportive dialogue to help him express his feelings and regain a sense of control

Document the incident thoroughly, noting the specific circumstances, triggers, and Michael's responses

This documentation will be vital for ongoing assessment and planning

Following the incident, a safety assessment should be conducted to evaluate any ongoing risks and to adjust his support plan accordingly

Encourage Michael to participate in decision-making processes about his care to enhance his sense of autonomy

Regular follow-up sessions with mental health professionals should be arranged to monitor his emotional well-being and to develop coping strategies tailored to his needs

Consistent communication with Michael about his preferences and feelings is essential to prevent recurrence and promote recovery.

### Behaviour: Verbal Outburst

Description: When cooking is delayed he gets very abusive

Triggers: Patience and time management

## PROACTIVE STRATEGIES - Prevention & Early Intervention

Based on his diagnosis of Cerebral Palsy, Michael Chen will likely respond well to structured routines and clear communication to prevent frustration when cooking is delayed

To proactively manage this behaviour, it is essential to establish a consistent cooking schedule that Michael can rely on

Staff should ensure that all necessary ingredients and equipment are prepared in advance to minimize unexpected delays

Implementing visual or auditory timers can help Michael understand the passage of time and manage his expectations

Additionally, providing Michael with a visual schedule or checklist can enhance his sense of control and predictability

Early warning signs of frustration, such as restlessness or verbal cues, should be monitored closely

When these signs are observed, staff should calmly acknowledge his feelings and offer reassurance that the cooking process is underway

Engaging Michael in alternative activities or discussions related to cooking can also serve as a distraction and reduce anxiety

By maintaining a calm and supportive environment, staff can help Michael manage his patience and time management challenges effectively, thereby reducing the likelihood of abusive behaviour when cooking is delayed.

## REACTIVE STRATEGIES - Immediate Response During Behavior

When Michael Chen becomes abusive due to delays in cooking, it is essential to implement immediate and effective strategies tailored to his needs

Based on his diagnosis of Cerebral Palsy, He will likely respond well to clear, calm communication and structured routines

Staff should first ensure a safe environment by removing any potential hazards and maintaining a calm demeanor

It is crucial to approach Michael with a composed and reassuring tone, acknowledging his frustration and providing clear information about the expected timeline for cooking

Offering alternative activities or distractions that align with his interests can help redirect his focus and alleviate stress

Utilizing visual aids or timers can assist in managing his expectations and enhancing his understanding of time management

If the situation escalates, staff should employ de-escalation techniques such as maintaining a non-threatening posture, using simple language, and allowing him space to express his feelings without interruption

Consistent reassurance and validation of his emotions can help in reducing tension

Immediate interventions should prioritize Michael's safety and comfort, ensuring that he feels heard and supported throughout the process.

## PROTECTIVE STRATEGIES - Post-Behavior Safety & Recovery

When Michael Chen exhibits abusive behaviour due to delays in cooking, it is crucial to implement protective and post-behaviour strategies that consider his diagnosis of Cerebral Palsy

After an incident, staff should first ensure the safety of all individuals involved by calmly removing Michael from the immediate environment to a quiet, low-stimulation area

This helps to de-escalate the situation and provides him with the space needed to regain composure

Based on his diagnosis, He will likely respond well to a structured recovery routine that includes clear communication and reassurance

Staff should use simple, direct language to explain the situation and any changes to the schedule, which can help reduce anxiety and frustration. Once Michael is calm, it is important to engage him in a reflective discussion about the incident, focusing on identifying feelings and triggers

This can aid in developing his self-awareness and coping strategies

Documentation of the incident should be thorough, noting the specific triggers, Michael's responses, and the effectiveness of the interventions used

This information is vital for ongoing assessment and adjustment of his support plan

Follow-up procedures should include a review of time management strategies and the introduction of visual or auditory cues to help Michael anticipate and prepare for changes in routine, thereby reducing the likelihood of future incidents.



## GENERAL DE-ESCALATION TECHNIQUES

To effectively manage various behaviours, staff should employ universal de-escalation principles tailored to Michael Chen's needs

Based on his diagnosis of Cerebral Palsy, He will likely respond well to calm and clear communication

Staff should maintain a composed demeanor, using simple language and a gentle tone to convey understanding and support

Environmental modifications, such as reducing noise and minimizing visual distractions, can help create a calming atmosphere

Timing is crucial; approaching Michael during moments of calm rather than heightened agitation can prevent escalation

Staff should ensure their approach is non-threatening, maintaining an appropriate distance and respecting his personal space

Safety protocols are essential; staff should be trained to recognize early signs of distress and intervene promptly to prevent escalation

In crisis situations, staff should prioritize Michael's safety and their own, using techniques such as redirecting his focus to a preferred activity or employing relaxation strategies that he finds effective

Consistent application of these strategies can help manage behaviours effectively, ensuring a supportive environment for Michael.

## POSITIVE BEHAVIOUR SUPPORT (PBS) APPROACH

Based on his diagnosis of Cerebral Palsy, Michael Chen will likely respond well to positive reinforcement strategies that acknowledge and reward desired behaviours

Staff should consistently provide verbal praise and tangible rewards immediately following positive actions to reinforce these behaviours

Environmental design is crucial; creating accessible spaces that accommodate his physical needs can reduce frustration and promote independence

Skill-building opportunities should be integrated into daily routines, focusing on enhancing Michael Chen's communication and motor skills through structured activities tailored to his abilities

Teaching replacement behaviours is essential; staff should identify specific challenging behaviours and guide Michael Chen towards more appropriate alternatives, ensuring these are achievable and clearly communicated

Proactive support systems, such as regular check-ins and anticipatory guidance, can help preempt potential triggers and provide Michael Chen with the support he needs before challenges arise

Improving quality of life involves ensuring that Michael Chen has access to meaningful activities that align with his interests and preferences, promoting engagement and satisfaction

These strategies collectively support his dignity and autonomy, fostering an environment where positive behaviours are encouraged and challenging ones are minimized.

## Disaster Management



## Flood

Preparation: Based on his diagnosis of Cerebral Palsy, Michael Chen will likely require specific preparation strategies for flood emergencies. Staff should begin by ensuring essential supplies are positioned at accessible heights to accommodate his mobility needs. This includes placing water, non-perishable food, and first aid supplies within easy reach.

Prepare his communication device by ensuring it is fully charged and stored in a waterproof case. Regularly check the device's functionality and update any emergency contact information.

Secure his medications by placing them in a waterproof container, clearly labeled with dosage instructions. Ensure there is at least a week's supply available.

Conduct regular checks on his mobility equipment, such as wheelchairs or walkers, to confirm they are in good working condition. Consider waterproofing options or protective covers for these devices.

Assemble a personalized evacuation kit tailored to his needs, including spare batteries for his communication device, a list of medications, and any necessary personal care items. Ensure the kit is lightweight and easy to transport.

By following these steps, staff can ensure Michael Chen is well-prepared for a flood emergency, addressing his specific needs and preferences effectively. | Evacuation: Based on his diagnosis of Cerebral Palsy, Michael Chen will likely need specific support during a flood evacuation. Staff should follow these detailed steps to ensure his safety and comfort:

1. **\*\*Clear Communication\*\***: Begin by calmly explaining the evacuation process to Michael. Use simple, direct language and confirm his understanding at each step.
2. **\*\*Physical Assistance\*\***: Michael may require assistance with mobility. Ensure that a staff member is assigned to help him navigate stairs or uneven terrain. Use any mobility aids he prefers, such as a wheelchair or walker, and ensure they are in good working condition.
3. **\*\*Transportation Arrangements\*\***: Arrange for accessible transportation that accommodates his mobility needs. Confirm the vehicle is equipped with necessary safety features and that the driver is aware of any specific requirements.
4. **\*\*Essential Item Gathering\*\***: Collect essential items such as medications, medical documents, and any personal comfort items Michael prefers. Ensure these are packed in a waterproof bag.
5. **\*\*Reassurance Techniques\*\***: Provide continuous reassurance throughout the process. Use calm, supportive language to alleviate any anxiety and keep him informed of progress and next steps.

By adhering to these steps, staff can effectively support Michael Chen during a flood evacuation, ensuring his safety and well-being. | Post-Event: Based on his diagnosis of Cerebral Palsy, Michael Chen will likely require a structured approach to post-flood recovery. Initially, conduct a thorough safety assessment of his environment to ensure accessibility and eliminate hazards. This includes checking for water damage that may affect mobility aids or create unsafe conditions.

For emotional support, establish a consistent communication routine, using documented coping strategies that Michael finds effective, such as scheduled check-ins or familiar relaxation techniques. Encourage participation in decision-making to foster a sense of control and stability.

Re-establishing routines is crucial. Gradually reintroduce daily activities, prioritizing those that provide comfort and normalcy. Collaborate with Michael to adapt these routines to any new environmental constraints.

Involve Michael in the damage assessment process, ensuring he understands the impact and the steps being taken. This transparency can aid in reducing anxiety and fostering trust.



-----

-----

-----

-----

-----

-----

-----

-----

-----

-----

-----

-----

## Mealtime Management

[illegible]

## Prevention: Ø=bàp Replit Agent Prompt – Fix PDF & View Record Issues

### Context:

We're working within a multi-tenant React + Vite CRM system using shadcn/ui, TanStack Query, Tailwind, and custom PDF export logic. The backend uses Express. Fix the following issues across modules:

### Ø>Ýp 1. Case Note PDF Export Bug

#### Issue:

PDF export only captures the first page of the case note, even if the content overflows.

#### Fix Requirements:

Ensure all case note content is paginated and included in the export.

Use html2pdf.js, jsPDF, or react-to-pdf with page breaks and scroll support.

Add page-break styles where appropriate for long text content.

### Ø=ÜË 2. Observation Module PDF Export Button Not Working

#### Issue:

The "Export to PDF" button under the Observation tab does nothing when clicked.

#### Fix Requirements:

Check if the button is properly bound to the PDF export logic.

Confirm that clientId and companyId filters are passed to fetch the observation entry.

Ensure the PDF generation logic uses correct DOM element refs and error handling.

### Ø=ÜŠ 3. View Records in Medication Administration Not Displaying

#### Issue:

The "View Records" button under the Medication Administration section does not load or show any data.

#### Fix Requirements:

Confirm correct API call is made using clientId and companyId.

Ensure proper handling of API response with TanStack Query.

Fix rendering logic (e.g., check if records.length > 0 is used but records is undefined or stale).



-----

-----

,

-----

-----

-----

..

.

-----

-----

..v-----

.

-----

-----



Dietary Requirements	Information about mealtime was not provided in the client profile. Based on the diagnosis of Cerebral Palsy, appropriate mealtime strategies should be developed.
Mealtime Environment	Information about mealtime was not provided in the client profile. Based on the diagnosis of Cerebral Palsy, appropriate mealtime strategies should be developed.

## Review & Summary

- Plan Created: 23/07/2025
- Plan Status: draft
- Last Updated: 23/07/2025
- Total Sections: 9
- Completion Status: In progress