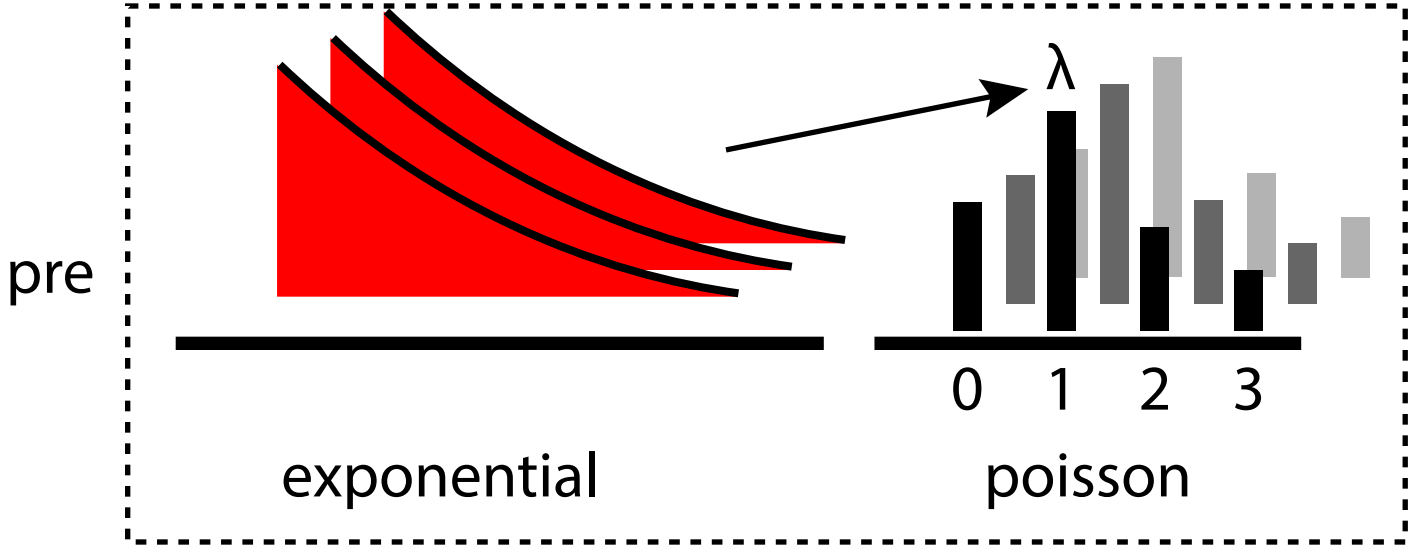

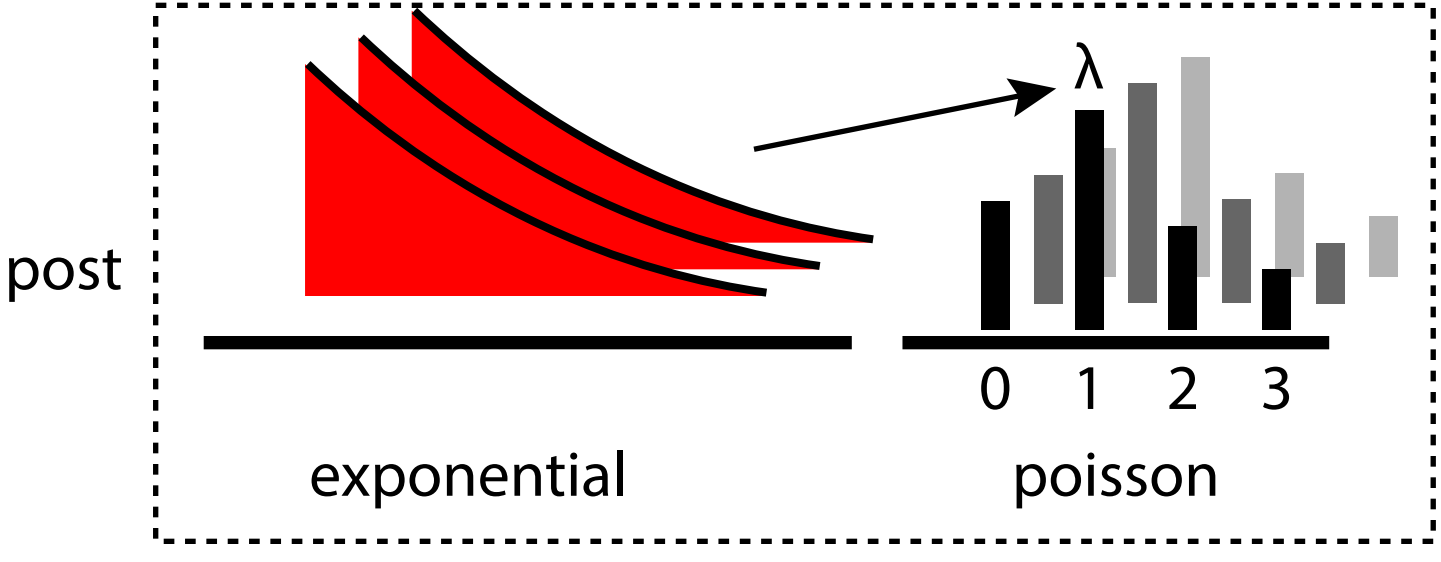

$$\frac{\text{pre - post}}{\text{pre}} = \text{percentage change}$$