Band-Aids solution

Line	Word	Rhyme	Index	Extraction	Order
1	linger	finger	1	L	1
2	shipwreck	neck	1	S	16
3	thin	chin	1	Т	10
4	shake'll	ankle	1	S	9
5	shadow	elbow	3	Α	6
6	cappuccinos	toes	9	N	7
7	gemelli	belly	4	E	12
8	chai	eye	1	С	15
9	feminist	wrist	2	E	8
10	quantum	bottom	5	Т	13
11	oui	knee	1	0	2
12	compose	nose	1	С	3
13	appeal	heel	1	Α	4
14	placeholder	shoulder	2	L	5
15	hereby	thigh	1	Н	11
16	instead	forehead	1	I	14

Arrange extractions according to the order they appear in the original poem (see Order column), and you get:

LOCAL ANESTHETICS