

Brian M. Levin

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WORK EXPERIENCE

Penn LPS Coding Boot Camp

Full-Stack Web Development

Philadelphia, Pennsylvania

February 2020 – Present

- Learned front-end development and how to implement it into websites
- Learned backend development and how to implement it into websites.
- Front end languages and development we worked on included: HTML, CSS, Javascript: JQuery, Local Storage, and API and Ajax calls.
- Backend languages we worked and development we worked on included: Node JS, NPM.
- Worked on a wide range of class activities for each subject reinforcing what we learned in lectures
- Worked on Homework assignments which were meant to challenge us on the material that we learned in class.
- Created a group project which consisted of us taking separate roles implementing the Html, Css, and Javascript which we collaborated on Github.

Water and Rock Studio

Personal Trainer

Chestnut Hill, Pennsylvania

September 2017 – Present

- Help clients lose fat, gain muscle, increase cardio vascular and muscular endurance, increase strength, rehabilitate injuries, and improve sports performance
- Implement specific diet programs that helps clients lose fat and build muscle
- Give nutritional guidance by observing their food diary and make dietary recommendations

Costco Whole Sale

Front End Assistant -

Glen Mills, Pennsylvania

August 2018 - November 2019

- Assisting with general front-end and back-end operations
- Responsible for ensuring daily operations run efficiently through assigned tasks from managers
- Assist the cashiers checking out items
- Help stock the freezers
- Return items to shelves and make sure shelves are organized.
- Ensure quality customer service to club members
- Help members load groceries and furniture into vehicles
- Upgrade members to premium memberships
- Perform bi-yearly store Inventory check
- Perform maintenance inside and outside the store
- Collect and push stray shopping carts into store

GymGuyz Main Line**Phoenixville, Pennsylvania***Personal Trainer*

October 2016 – May 2019

- Mobile in-home personal and small group training to clients
- Implement unique creative workouts during every session
- Successfully have clients renew their packages as they lose fat, build muscle, and get stronger

Pure Core Personal Training**Woodbury, New Jersey***Assistant Fitness Manager*

November 2016 – April 2017

- Helped recruit and set up appointments with new prospects by meeting them on the gym floor and on the phone
- Provided nutritional coaching and set up daily monthly workout programs for clients based on their fitness levels and goals
- Helped elevate location to top performing branch within 3 months
- Completed sales training focused on objection handling, quality fitness assessments, presenting features and benefits, and closing
- Set up appointments through Club Ready software, converted prospects to clients and handled customer payment information
- Managed club performance through Google Sheets by putting in daily statistics including sets, shows, close rate, invoices, gross, payments, and projected performance for each pay period
- Took part in weekly conference calls and meetings going over sales techniques, role playing, and training

Body Fuel By G**Gladwyne, Pennsylvania***Personal Trainer*

October 2015 – October 2016

- Taught group training sessions in a corporate setting consisting of boot camp style work outs
- Helped recruit, develop, and maintain client portfolio for training through networking and social media
- Worked on relationship management with existing clients to help with retention and continue with their health fitness goals

Anytime Fitness**Lansdale, Pennsylvania***Personal Trainer*

October 2015 – May 2016

- Taught small group training classes which included boxing, TRX, kettle bell, and boot camp with a particular emphasis on muscular endurance and cardio vascular training
- Generated sales through client packages based on their budgets and long-term fitness goals
- Helped organize and set up club activities including monthly challenge workouts and events

Penn Medicine at Radnor**Radnor, Pennsylvania***Outpatient Physical Therapy Intern*

January 2014 – May 2014

- Assisted patients with exercises to help rehabilitate injuries and increase mobility
- Collaborated with physical therapy staff by assisting them perform their routines with patients
- Learned specific types of muscular contraction for each prescribed exercise
- Witnessed different types of muscular pathologies and learned the exercises to help alleviate and correct the injuries and imbalances
- Interacted with patients to help learn about their history and to build rapport

EDUCATION**West Chester University****West Chester, Pennsylvania***Bachelor of Science in Exercise Science; Minor: Nutrition*

August 2015

- **Certifications:** Build Responsive Real-World Websites with HTML 5 and CSS Certificate of Completion, The Complete JavaScript Course 2018: Build Real Projects! Certificate of Completion, ACSM Certified Exercise Physiologist, ACSM Certified Personal Trainer, CPR, First Aid, AED

SKILLS, ACTIVITIES & INTERESTS

Skills: Brackets, Terminal, HTML 5, CSS, jQuery, JavaScript, Microsoft Office, Customer Service, SPSS, Club-Ready, Data Track, Mind Body, Personal Training

Activities: Boxing, Coding, Circuit Training, Weight Training, Interval Training, Wrestling, MMA, Group Fitness, Tennis, Life Guarding, Running, Calisthenics, Coding

Interests: Health, Fitness, Reading, Martial Arts, Computers, Culture, Politics, Current Events.