

When I have ideas to contribute I tend to... share them as soon as I can

I would prefer you to... do the same. The more relevant input the better the output as far as I am concerned

When I am stuck I tend to...try to sort out the problem myself if I can using my knowledge or looking it up. However if it is taking me a significant period of time I will ask colleagues or instructors.

I would prefer you to... do the same, or if you feel comfortable, ask. There's no such thing as a stupid question! It's ok to not know all the answers, you give someone the chance to be helpful. Plus you may be helping others who have the same issue but haven't said.

I can feel shy when... I am not sure about the subject matter involved and know I don't have much I can contribute

I would prefer you to...just say if there is something we can do to help.

If I am quiet, it's probably because... I am enjoying listening to the conversation, or people are saying what I was thinking, as I don't want to labour points that have been made.

It would be helpful if you... told me if you want to know my thoughts. I'm happy to share, but sometimes I prefer to listen rather than talk.

I prefer to work in groups where ... there is healthy respect for each other, everyone is keen to help each other, some good banter/humour is a bonus to make things more fun.

I think conflict in groups is best resolved by ... make some ground rules first so we know what to expect, and give everyone the opportunity to say how they best like to work. Understand what everyone's roles are, are we all doing the same job equally? Do we need a leader to make decisions How shall we communicate effectively, ie: slack, arrange a zoom call?

You should know this about me... I'm happy to lead if the situation calls for action/a decision but equally if someone is more suited to leading I am happy for them to do so.