

**May 2016**

**Grace and peace to you from our Lord and Savior, Jesus Christ. June 22nd is fast approaching. Thank you for choosing to experience God with us at East Texas Baptist Encampment and Day 4 camp. We hope and pray we will serve and lead you and your preteens as God has prepared the way. He is always up to something great.**

**Our theme is ID. God pursues us to know His son Jesus as Lord and Savior. When we do accept His grace and forgiveness, we Identify with Christ.**

**I have been crucified with Christ. It is no longer I who live, but Christ who lives in me. And the life I now live in the flesh I live by faith in the on of God, who loved me and gave himself for me.**

**Galatians 2:20 ESV**

**This year our camp pastor is Rusty Mott. Rusty is the pastor at Cornerstone Baptist Church in Kountze, Texas. Our worship leader is Christian Jack and he is from Calvary Baptist Church in Beaumont, Texas. Last year we made some major changes to the schedule and format because we listened to you. Like last year, we listened to you and made a few minor tweaks for this year. It is our goal to provide a camp where you and your preteens are able to experience the Lord and all His fullness.**

**ADULTS WHO WILL BE AT CAMP WITH PRETEENS :**

**Bible Study : Please have at least one adult ready to lead in the small group Bible Study time. Rusty will lead a large group Bible Study and send the churches out to complete the Bible Study in each individual church group. You will have the needed material in this packet. There are a few things he asks each church to provide. Please read through the material. It isn't long.**

**Track Times : There will be Track Times after lunch on Thursday & Friday. Everyone needs to participate in one each day. Here is the list of track times we will offer; Prayer - Discipleship - Missions - Leadership (only those who have completed 6th grade and recommended by you) Evangelism - Service Project.**

**Missions Offering : We will collect an offering that will go to help the ETBE Summer Staff Mission effort to Alaska.**

**Mail : Please make sure mail is sent by Monday, June 20th. Write Day 4 Preteen Camp and preteens name on the envelope**

**T-SHIRTS: Leader, please be accurate with your t-shirt sizing. It is not possible to change a size once the order as been received by the start of camp. The sizes you put on your registration information will be the sizes your receive.**

**WHAT TO BRING:**

Comfortable clothes in good taste. Please don't allow any t-shirts with any questionable content. Shorts should be at least to the fingertips for boys and girls. Clothes that can get dirty. Swimsuits (modest one piece for girls, otherwise dark t-shirt must be worn), Towels Sleeping bag or sheets/blanket, pillow BIBLE/Pen/BIBLE/paper/BIBLE SPONSORS Money for snacks, gift shop items & MISSIONS OFFERING Fans, clothes line Soap, shampoo, deodorant, toothbrush, toothpaste Mosquito Spray Sunscreen Sunscreen Flashlight Ice Chest for rooms  
Don't bring in or allow anything that will distract us from the Lord. i.e. cell phones, electronic devices, fireworks, shaving cream, water balloons, anything illegal. ETBE is a tobacco free camp.  
If you have any questions please don't hesitate to call me (my number is below) or the Camp Office (409) 379-2737

We are so looking forward to a fantastic time in the Lord.

Tim Sawyer (409-670-5876)

Debby Martin

Norm Davis

Kevin & Kristy Brown

Scott Sawyer

I have been crucified with Christ. It is no longer I who live, but Christ who lives in me. And the life I now live in the flesh I live by faith in the on of God, who loved me and gave himself for me.

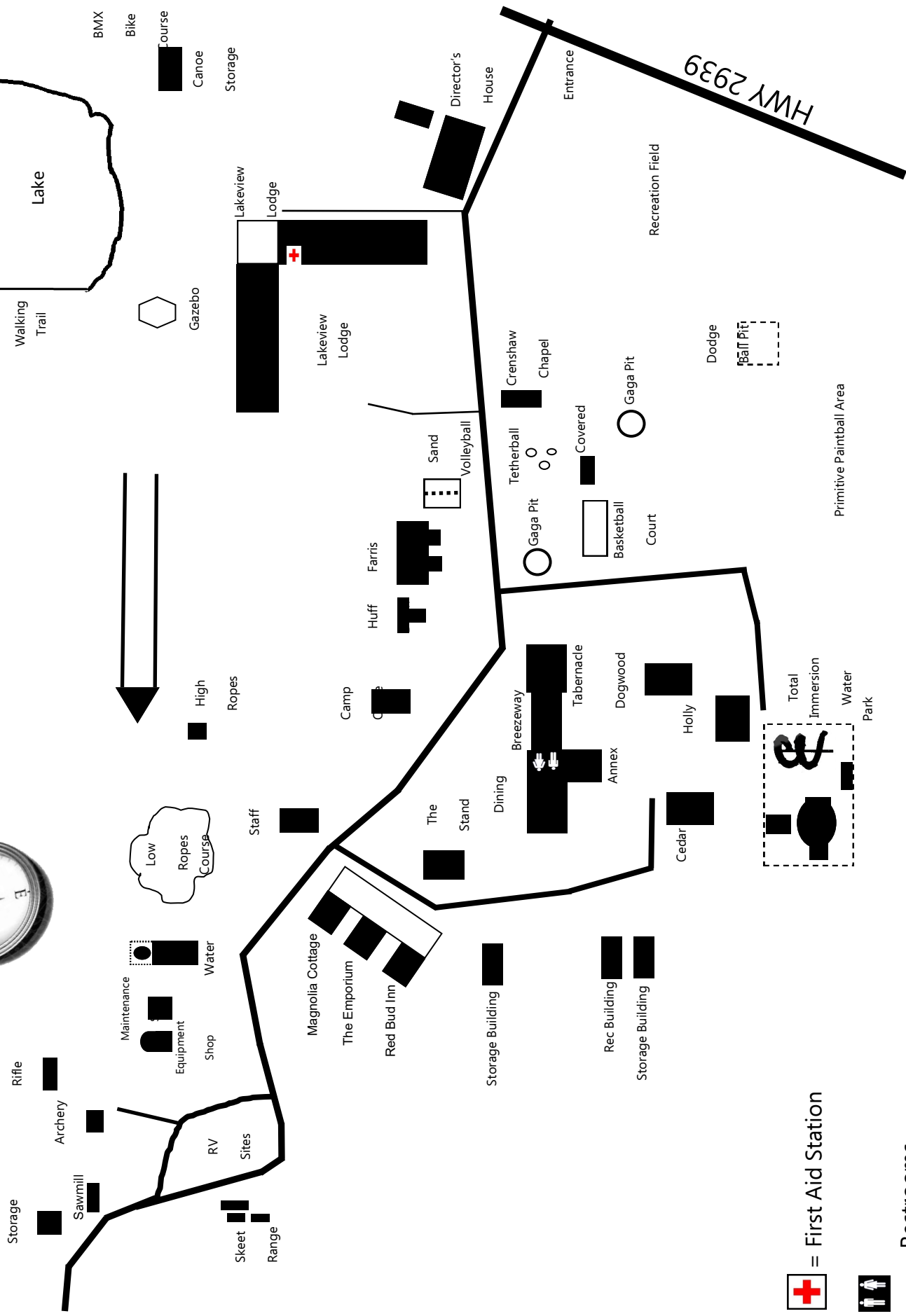
Galatians 2:20 ESV

<b>Time</b>	<b>Wednesday</b>	<b>Location</b>
<b>1:00 - 3:00</b>	Registration	<b>ETBE Office</b>
<b>1:00 - 4:30</b>	Swim Test/Free Time	<b>Pool</b>
<b>4:45</b>	Opening Celebration	<b>Tabernacle</b>
<b>5:30</b>	Clean Up/Supper/CPT	<b>DH/Tabernacle</b>
<b>6:45</b>	Camp Picture (Bring your Bible)	
<b>7:30</b>	Worship	<b>Tabernacle</b>
<b>9:00</b>	Free Time	Emporium & Stand Open
<b>9:30</b>	Special Event	<b>Tabernacle</b>
<b>10:15</b>	Moving Break to Dorms	
<b>10:45</b>	Church Time/Dorm Devo/Lights Out	<b>In Dorms</b>

<b>Time</b>	<b>Saturday</b>	<b>Location</b>
<b>7:30</b>	Rise & Shine	
<b>8:00 - 8:15</b>	Quiet Time	<b>Your Choice</b>
<b>8:15</b>	Pep Rally/Sponsor Meeting	Tabernacle/Annex
<b>8:30</b>	Breakfast/Dorm Clean Up	Dining Hall/ Dorm
<b>9:15</b>	Free Time /Emporium & Stand Open	
<b>10:30</b>	Wrap Up Celebration	<b>Tabernacle</b>
<b>11:00</b>	Dorm Check & Head for Home	

<b>Time</b>	<b>Thursday &amp; Friday</b>	<b>Location</b>
<b>7:15</b>	Rise & Shine	
<b>7:45 - 8:00</b>	Quiet Time	<b>Your Choice</b>
<b>8:00</b>	Pep Rally/Sponsor Meeting	<b>Tabernacle/</b>
<b>8:15</b>	Breakfast/Dorm Cleanup	
<b>9:00</b>	Bible Study	<b>See Page</b>
<b>10:00– 12:20</b>	Team Building	<b>????</b>
<b>12:20</b>	Moving Break Meet in Tabernacle	
<b>12:30</b>	Lunch	<b>Dining Hall</b>
<b>1:30 - 2:30</b>	Track Times	<b>See Page?</b>
<b>2:30 - 5:30</b>	Free Time	<b>See Page ?</b>
<b>5:30</b>	Clean Up	
<b>5:50</b>	Dinner Bell	<b>Tabernacle</b>
<b>6:00 - 7:00</b>	Supper	<b>Dining Hall</b>
<b>7:00</b>	Prayer Time	<b>Tabernacle</b>
<b>7:30</b>	Worship	<b>Tabernacle</b>
<b>9:00</b>	Free Time Emporium & Stand Open	
<b>9:30</b>	Special Event	<b>Tabernacle</b>
<b>10:15</b>	Back to Dorms	
<b>10:45</b>	Church Time/Dorm Devo/Lights Out	

# ETBE Camp



= First Aid Station



= Restrooms

## Arriving at East Texas Baptist Encampment

- 1) **Registration-** Registration is the first step upon your arrival and is done in the ETBE Office. It is first come first served.
  - ◆ One person from each group will go and make any changes to your registration, turn in all forms, and pay the balance due
  - ◆ Dorm assignments will be given
  - ◆ All medication will be turned in to the Nurse
- 2) **Lodging-** Each church is assigned just enough bunks for your group. Please keep your group together using both top and bottom bunks.
  - ◆ Unpack
  - ◆ Hand out the lanyards and camp booklet (Some camps may not have lanyards or booklets)
  - ◆ Take a moment and look over the information in the booklet
- 3) **Schedule-** The schedule is what makes the camp run smoothly. It's very important to follow it and to make sure you and your campers are where they should be.
- 4) **ETBE Rules-** Please read the rules and go over them with your campers. This will help set the guidelines and boundaries for everyone.
- 5) **Swim Test-** The swim test is done during registration. This will be the only time it is offered. Please remember that **NO SWIM TEST** means **NO DEEP END SWIMMING OR DIVING** during your stay. This will only take a few minutes and when you are done you can change into your dry clothes and go explore the camp.
- 6) **Dining Hall-** The Dining Hall is first come first served and is open for 30 minutes from the start of each meal time. Seconds are called as soon as the line is served and until the food is gone. **Shoes and Shirts must be worn in the Dining Hall and Annex.**
- 7) **The Stand-** The Stand is the place to buy your sodas, candy, ice cream, snacks, etc. and will be open at different times throughout your stay at the camp. Ice is available during these scheduled times. Please check your schedule for those times.
- 8) **The Store-** The Store carries an assortment of items like T-Shirts, Jewelry, notepads, pens, soap, toothpaste, toothbrushes, etc.
- 9) **Home Away From Home-** Remember that ETBE will be your home away from home during your stay. As a sponsor a few items may make your stay more comfortable.
  - ◆ Ziploc bags for opened food. (Helps keep bugs away)
  - ◆ Trash bags for dirty laundry
  - ◆ Mosquito spray

As sponsors your campers will look to you when they have lost, forgotten or run out of certain items.

- ◆ Change for a dollar bill
- ◆ Pen/Pencil
- ◆ Note Paper
- ◆ Soap/Shampoo

## Activities at East Texas Baptist Encampment

The following activities are schedule specific so be sure and check your booklet and schedule to see when these activities are offered. These activities **MUST** be facilitated by **ETBE Staff**.

- ◆ Swimming
- ◆ Rifle Range
- ◆ Ropes Course
- ◆ Primitive Paintball
- ◆ Water Slides
- ◆ Archery
- ◆ Canoeing
- ◆ Paddle Boating
- ◆ Kayaking
- ◆ BMX Bikes

ETBE has Basketballs, Volleyballs and Tetherballs set up and available around the camp for your use. The Dodge Ball Court is available but must be supervised by a sponsor. Ping Pong tables are located in the Breezeway. Ping Pong balls may be purchased in The Store or the ETBE Camp Office for \$.25 each

## What To Bring

- ◆ Bible (Name & Address in it)
- ◆ Twin Bed Sheets or Sleeping Bag
- ◆ Blanket & Pillow
- ◆ Towels and Washcloths
- ◆ Pen and/or Pencil/Paper
- ◆ Toothbrush/Toothpaste
- ◆ Brush and/or Comb
- ◆ Shampoo/Soap/Deodorant
- ◆ Sunscreen/Insect Repellant
- ◆ Flashlight
- ◆ Flip Flops/Tennis Shoes
- ◆ Money for The Stand, The Store and for Mission Offerings

Clothes need to be reflective of a Christian lifestyle.

- ◆ No sleeveless clothing for boys or girls
- ◆ Shorts and skirts must be no shorter than fingertip length with arms and hands straight down at sides while standing
- ◆ Low cut necklines, sheer clothing, clothing that is too tight and clothing that shows bare midriff are not allowed. No clothing that displays inappropriate slogans, advertisements or art work.
- ◆ Appropriate shorts are allowed during the worship services
- ◆ Swimsuits must be modest one piece or 2 piece with a dark colored t-shirt over it
- ◆ Cover up must be worn to and from pool and slide area
- ◆ You may need a set of clothes that can be worn for messy games
- ◆ **Shoes must be worn at all times**

## What Not To Bring

In trying to figure out what items you shouldn't allow your campers to bring try to remember why you are here and any items that would distract or cause others to be distracted should be left at home. These items include;

- ◆ Cell Phones or pagers
- ◆ MP/3 players
- ◆ CD players
- ◆ iPods
- ◆ Radios
- ◆ Televisions
- ◆ Any type of electronic games or equipment
- ◆ Computers of any kind
- ◆ Duct Tape
- ◆ Spray Paint/Body Paint/Face paint
- ◆ Water Balloons
- ◆ Shaving Cream/Silly String
- ◆ Drugs/Alcohol/Any Form of Tobacco
- ◆ Firearms/Knives/Any other Weapons
- ◆ Fireworks

## General Rules

**For the safety of the campers, these rules must be enforced. Christian conduct is expected at all times. Sponsors are responsible for the dress and conduct of their group and should know the location of their campers.**

- 1) **ALL GUESTS MUST BE REGISTERED on arrival.**
- 2) All serious injuries and illnesses must be reported immediately to the camp Nurse and ETBE camp office. For life threatening emergencies call 911.
- 3) Meeting rooms and accommodations will be assigned by ETBE administration.
- 4) Campfires are to be scheduled before arrival and may be built at designated areas unless unfavorable winds or fire ban.
- 5) Campers under the age of 18 years of age must have authorization from parents for medical aid to be administered if the need should arise. A signature by parent/legal guardian is required on an ETBE medical release form.
- 6) All prescription and non-prescription drugs must be in original containers and deposited with the camp nurse and dispensed by the camp nurse
- 7) Guests staying in dorms must furnish their own linens, towels, pillows and personal items. Beds are twin size. Motel rooms have furnished linens.
- 8) No equipment, beds or other furniture may be moved without permission from the ETBE office. All must be replaced to original place before leaving.
- 9) Schedule times for in dorms and lights out shall be strictly enforced by adult sponsors.
- 10) Swimming and/or waterfront activities are not allowed without an ETBE lifeguard on duty.
- 11) Foul language will not be permitted.
- 12) The use or possession of alcoholic beverages or unauthorized drugs will not be tolerated. No tobacco products of any kind are allowed in buildings, on porches or under the breezeway.

- 13) Clothes need to be reflective of a modest Christian lifestyle. No sleeveless clothing for boys or girls. No clothing that displays inappropriate slogans, advertisements or art work. Shorts and skirts must be no shorter than fingertip length with arms and hands straight down at sides while standing. Low cut necklines, sheer clothing, clothing that is too tight and clothing that shows bare midriff are not allowed. Appropriate shorts are allowed during the worship services. Swimsuits must be modest one piece or 2 piece with a dark colored t-shirt over it. Cover up must be worn to and from pool and slide area. Shoes must be worn at all times.
- 14) Prank items such as shaving cream, silly string, water balloons, etc. are not allowed.
- 15) No ironing clothes on mattresses, carpets or counter tops.
- 16) Firearms and fireworks are not permitted.
- 17) Cell Phone Policy for Campers: Campers are not allowed to possess cell phones at camp. "Possess" means carry on their person, keep in their luggage, or otherwise have access to without the supervision of a sponsor.
- 18) Cell Phone Policy for Sponsors: Sponsors must not allow cell phones to distract others or themselves from the camp program, Phone usage must be limited to only absolutely necessary calls, messages, or internet activity while at camp. Adults may use phones for note-taking, Bible reading & appropriate image capturing while at camp.
- 19) There are trash cans provided throughout the camp please help us keep the campgrounds free of litter, so everyone can enjoy the beauty of God's creation.
- 20) All vehicles should be parked upon arrival at camp. Any use of vehicles, golf carts and /or atv's during camp session must be authorized by ETBE Executive Director.
- 21) Any food items must be kept in a sealed container or bag to avoid problems with ants and other pests.
- 22) Food or drink is not allowed in the Tabernacle.
- 23) Any use of nails, glue, tape, putty or staples of any kind must be approved by Camp Management or payment for repair of surfaces may be required.
- 24) All campers, sponsors and group leaders will be expected to attend all worship services, conferences, classes and observe rest periods.
- 25) Pets are not allowed.
- 26) Inappropriate discharge of fire extinguishers may result in a charge to cover cost to refill the fire extinguisher and any damages that are incurred.
- 27) No merchandise of any type may be sold on camp without authorization of ETBE Executive Director.
- 28) Campers are not allowed to enter the dorms or motel rooms of the opposite sex for any reason.
- 29) Public displays of affection are not allowed.



## General Information

**Main Office Hours:** 8:00am—5:00pm

**Main Office Phone:** (409) 379-2737

**After 5:00pm:** (409) 383-4806

**Camp Nurse:** (409)-276-8477

**First Aid & Medication Dispensing:** All medications for campers and sponsors must be turned in to the nurse. (Texas State Law requires all prescription and non-prescription medications to be secured and dispensed only by the camp's designated licensed health officer) ETBE will provide First Aid and dispensing of all medications during your stay at camp. A designated location for the dispensing of medications will be assigned by the camp nurse at the beginning of camp. All campers and sponsors must report to the designated location at the scheduled times to receive their medications. The church contact person who is present during the camp is responsible for seeing that all campers from their church reports to the nurse for each scheduled dose of medication. The nurse's base station is located in Motel Room # 15. You may contact them by calling (409) 276-8477

**Incoming Mail:** Mail for the campers is always an issue for camp. If you follow the few suggestions below you should not have any problem. Be sure that family members know to put the Church, Camper's Name and what camp your child is attending on each envelope. Any mail not received while at camp will be returned to sender. Realize that mail needs to be mailed a day or two before camp to ensure that it arrives while the camper is at camp. Mail will be distributed daily by the Camp Director at whatever time he/she decides.

**Outgoing Mail:** You may bring your mail to the Main Office. Stamps are available for purchase at the current rate.

**Maintenance Requests:** During Sponsor Orientation you will be given a phone number to call for maintenance problems. Please report a toilet overflowing, broken water pipes or a power outage to the Main Office immediately.

# Registration/Medical Form

Updated Jan. 2013

Name \_\_\_\_\_

Gender: ☐ Male ☐ Female

Phone Number \_\_\_\_\_ Email Address \_\_\_\_\_

Address \_\_\_\_\_ City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

Sponsor or Grade Completed: \_\_\_\_\_ Current Age \_\_\_\_\_ Birthdate (MM/DD/YYYY) \_\_\_\_\_  
(SPONSORS MUST BE 18 YEARS OLD OR OLDER)

Church \_\_\_\_\_ City \_\_\_\_\_

T-Shirt Size: Youth ☐ S ☐ M ☐ L Adult ☐ S ☐ M ☐ L ☐ XL ☐ 2XL ☐ 3XL ☐ 4XL

Emergency Contact Name \_\_\_\_\_ Relationship to Camper \_\_\_\_\_

Home Phone \_\_\_\_\_ Cell Phone \_\_\_\_\_ Email \_\_\_\_\_

Alternate Contact Name \_\_\_\_\_ Relationship to Camper \_\_\_\_\_

Home Phone \_\_\_\_\_ Cell Phone \_\_\_\_\_ Email \_\_\_\_\_

Is camper current on all immunizations? ☐ Yes ☐ No

List Relevant Medical History/Condition(S) that would help us meet the campers needs \_\_\_\_\_

\_\_\_\_\_

Known Allergies \_\_\_\_\_

Current Medications (List and Instructions) \_\_\_\_\_

Fill in the contact information below if presently under a Doctors' care.

Doctors' Name \_\_\_\_\_ Phone \_\_\_\_\_

Address \_\_\_\_\_ City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

Please list any special instructions to help meet the needs of the camper. \_\_\_\_\_

\_\_\_\_\_

## AUTHORIZATION

I have read and understand the camp rules. I agree that my child (or I) will abide by them while at **East Texas Baptist Encampment** hereafter referred to as **ETBE**. If my child (or I) does (do) not abide by these rules, I understand that they (or I) could be sent home at my expense at the discretion of the camp director and camp administration. I also consent & give permission for the use of photographs of my child (or myself) taken while at camp to be used in the promotion of **East Texas Baptist Encampment** on the **ETBE** camp webpage or printed materials.

Parent/Guardian: I hereby give my consent for the above named camper to take part in activities such as Ropes Challenge Course, Rifle Range, Archery and other activities occurring within the camp program. If in the event of an emergency, I cannot be reached, I hereby give my consent for **ETBE** camp administration or church leadership to sign for emergency medical care should it be necessary. I understand that every effort will be made to provide the safest environment possible at camp, but that accidents can and do occur. I agree not to hold liable the sponsoring church, the camp staff, or **ETBE** in the case of an unforeseen event.

I also understand that ETBE is associated with the Southern Baptist Convention and my child has permission to receive religious guidance and training that is consistent with the beliefs of the Baptist denomination.

I hereby give consent to the ETBE Camp Health Officer to administer the following non-prescription drugs as needed:

(Place a check mark after each medication that you authorize) **Aspirin** ☐ **Tylenol** ☐ **Ibuprofen** ☐ **Benadryl** ☐

Signature \_\_\_\_\_ Date \_\_\_\_\_ Parent/Guardian - Adult Sponsor

(Please circle one)



## ETBE Medication Form

For the safety of each camper, all medication, prescription or non-prescription drugs will be held at the camp nurse's station and administered by camp-approved, certified medical personnel, who are on duty 24 hours a day.

If you need to send medication to camp, please put it along with the completed form below in a zip-lock bag. Please DO NOT send any medication that is not absolutely necessary.

- All medication must be in its original containers from the pharmacy. No blank pill bottles or daily medication boxes. Be sure to make the form visible in the bag.

.....

### PUT THIS FORM IN THE ZIP-LOCK BAG ALONG WITH THE MEDICINE

THIS MEDICATION BELONGS TO \_\_\_\_\_

CAMPER'S CHURCH \_\_\_\_\_

DOSAGE \_\_\_\_\_

PARENT'S NAME \_\_\_\_\_

DAY PHONE \_\_\_\_\_ NIGHT PHONE \_\_\_\_\_

DOCTOR'S NAME \_\_\_\_\_

DOCTOR'S PHONE \_\_\_\_\_

## Day 4 Camp- Bible Study Day 1 “The Bible”

Supplies Needed:

Poster Board: 1 Poster per small group

Markers: 1 package per small group

Sheets of paper (1 per student)

Pencil or pen (1 per student)

**LEADER:** Today we learned about the importance of the Bible. We called the Bible the “Word of God” because God speaks to us through it. And we also learned that the Bible helps guide us through life. Some people have even called the Bible a “Roadmap for life!” Today, we have a special group project! We are going to use teamwork to draw a map from the Tabernacle to the Rifle Range! (No peeking at the map in your books!) We want to see how detailed and accurate you can make your map. You only have 5 minutes to accomplish this task. Ready- GO! (Leader times creation of map)

Ok- time’s up! Let’s see your map. Looks a little rough! *(If it looks really good- you can tell them that too!)* I’m not exactly sure I would be able to find it based on these directions. Do you guys think it would be easier to use THIS map, or the map in our books? *(Some will claim their maps are better- but most likely- the one in the book will be significantly better!)*

The truth is, sometimes it can be difficult to navigate through life! And we have a lot of roadmaps around us. A lot of people tell us how we should live our lives and what should be important to us. But the Bible is God’s perfect Word- sent to give us His direction for our lives.

**Discussion Question:** Can you think of a time that the Bible has helped you through a situation in your life? (Leader- prepare an example to share with the group to get discussion started)

**LEADER:** We also talked about the importance of reading God’s Word Daily. In your books, you have a page called “Helpful Tips for Reading the Bible.” Let’s open it up and look at those together!

You need a PLAN, a TIME, and a PLACE.

First, you need a plan! That means that we should decide what we are going to read ahead of time. This sheet suggests starting with the Gospel of John. Let’s all turn there together so you can know where it is! The goal is to read one or two chapters every day. When you finish the Gospel of John, you can talk to your parents, children’s minister or pastor and ask them to help you choose a different book!

You also need a TIME. You may not always be able to do your Bible reading at the same time, but it is helpful to build a habit of doing it at the same time every day. Some

do it in the morning when they first wake up. Others do their reading before they go to bed. Talk with your family and work to set a time aside for reading God's Word.

Also, having a special PLACE is important. Again- you can read God's Word anywhere! But it is helpful to have a quiet place to read without interruptions. Make this a place without your phones, tablets, or a television. Get quiet with God and let Him speak to you through His Word!

Our verse for the week is Galatians 2:20. It says "I have been crucified with Christ. It is no longer I who live, but Christ who lives in me. And the life I now live in the flesh I live by faith in the Son of God, who loved me and gave himself for me."

One of the ways we live by faith is to live according to God's Word. The Bible helps us learn to die to ourselves and let Jesus live in and through us!

**ACTIVITY:** We also learned that God's Word is to be shared with others. We are going to finish our time together with a special activity.

I have a pencil and a piece of paper for each one of you. I want you to take your Bibles and find a verse to write down, draw out, or write and draw a picture of that verse. But this isn't just for you. This is to share with somebody when you return home. You can choose a verse to encourage a family member, a friend, or someone at your church. If you need help choosing a verse, let us know!

*(With a couple of minutes left, gather students up for a special prayer thanking God for the time of learning about His Word!)*

*(Frankie- this is a special page that will be for the students- it can be printed right behind the DAY 1 Bible Study! Thanks- you can reformat the text to fit the page- however you think it best!)*

## ***Helpful Tips for Reading the Bible!***

### **1. PLAN**

Where are you going to read? If you need a place to start, try the Gospel of John! Depending on your time/reading speed, read 1-2 chapters every day!

### **2. TIME**

Choose a specific time to study God's Word every day.  
(Before school, after school, or before bedtime)

### **3. PLACE**

Find a quiet place where you can read God's Word without interruptions!

## **The 21 Day Challenge!**

Research shows that it takes 21 days for something to become a "habit." Make spending time with God a holy habit in your life! (You will do your first 3 days here at camp- only 18 more to go!)

## **“Prayer”**

Supplies Needed: Pencils or pens

**LEADER:** Remember our verse for the week? Galatians 2:20! “I have been crucified with Christ. It is no longer I who live, but Christ who lives in me. And the life I live in the flesh I live by faith in the Son of God, who loved me and gave himself for me.”

If we are going to die to ourselves and start living for Jesus, it is going to be important for us to learn to pray. Prayer keeps us connected to Jesus- the one who loves us and empowers us to live for Him!

Today we learned about the importance of prayer. The Bible teaches us the importance of praying TOGETHER and the importance of praying ALONE. We are going to take some time to do both of those in just a minute. But before we do, we are going to learn a helpful way to help us pray.

It's called the **ACTS prayer guide**. This is not from the book of Acts, rather, it is just a helpful way to remember 4 words to help us pray. Turn in your books to the “Helpful Tips for Prayer” and let's look at each of these letters. (TALK THROUGH THE ACTS PRAYER GUIDE)

Now that we have spent a lot of time talking about prayer- we are going to take some time to actually PRAY!

First, we are going to pray TOGETHER. But we are going to do something different. We are going to do some “one-sentence prayers.”

We are going to bow our heads and close our eyes and then we will take turns praying a “one-sentence prayer” saying something we are thankful for. Here are some ideas “thank you for my family,” “thank you for my church,” “thank you for loving me.” You can use any of those ideas, or pray something else that you are thankful for. So bow your heads and close your eyes, and I will start us. (**Leader: start with a sentence, and give ample time for everyone to share. Silence is ok- it may take a minute for kids to start sharing. And if none do- just let an extended moment of silence pass. CLOSE the prayer with this sentence: “Thank you for our time to pray together.”**)

Great job! It's important to pray as a group. I know some of you may be shy and afraid to talk in front of a group. But find a group of friends or family that you do feel comfortable praying with on a regular basis.

Now we are going to do something interesting- I want to give you the chance to pray by yourself- using our books. Turn to the Bible Study Day 2 page. (**Give them a page number**)

And you will see this page with the ACTS prayer guide- but it is blank! These blanks are for you to WRITE your prayers! You don't have to write a lot. Even one sentence for each letter would be great. When you finish writing, take time to pray by yourself. Pray your written prayers to God. I will give you a few minutes to do this. **(about 5 minutes)**

**Example of Prayer sheet to be used in small group: Format however you need to!**

**A- Adoration**

**C- Confession**

**T- Thanksgiving**

**S- Supplication**



## **Helpful Hints for Prayer**

*(Frankie- this is a special page that will be for the students- it can be printed right behind the DAY 2 Bible Study/ACTS Activity sheet! Thanks- you can reformat the text to fit the page- however you think it best!)*

Just like our Helpful Tips for Reading the Bible, this page is designed to help you start your quiet time this week- and keep it going when you get home! The same principles shared for the Bible apply to prayer.

1. Make a plan. 2. Set a time. 3. Find a quiet place

Make prayer a part of your daily routine. Add prayer to your time in God's Word and remember- it takes 21 days to make a habit!

Below is a helpful guide for your prayer time! Just follow the A.C.T.S. Prayer model!

### **A- Adoration**

Adoration means PRAISE. We can start our prayers by praising God and telling Him how much we love Him.

Example: "You are a great God! You are amazing!"

### **C- Confession**

Confession means talking to God about your struggles. Taking time to ask God for forgiveness and to commit to walk in obedience to Him.

Example: "God, forgive me for disobeying my parents."

### **T- Thanksgiving**

Thanksgiving simply means thanking God for the wonderful things He has done in your life!

Example: "God, thank you for my church!"

### **S- Supplication**

Supplication means asking God to "supply" your needs. This is where we bring our requests to God. Praying for friends or family that are sick, for those in need, or for personal requests.

Example: "Please be with my friends as they take an important test today."

## **Day 4 Camp- Quiet Times (Frankie- format however you need to!)**

### **DAY 1**

**PRAY:** Ask God to speak to you as you read His Word.

### **READ: Psalm 119:9-16**

The Psalms are a collection of “songs” written by various people. God inspired each of these songs to teach us truths about Him.

Psalm 119 is the longest chapter in all of the Bible. Throughout this song, the writer talks about the importance of the Bible- God’s Holy Word.

Verse 11 says “I have stored up your word in my heart, that I might not sin against you.”

It is important to not only READ the Bible, but to study it, learn what it means, and memorize it. Keeping God’s Word in our hearts allows us to remember His plan for us in every moment of our lives.

When we “sin” against God, we are disobeying Him. God’s Word helps us learn how to obey Him.

Take a moment to memorize Psalm 119:11! Ask your leader for help if you need it.

**PRAY:** Thank God for the Bible. Ask Him to speak to you through the Bible as we study it the next few days!

### **DAY 2**

**PRAY:** Ask God to speak to you as you read His Word.

### **READ: Matthew 6:5-15**

This is a passage from Jesus’ “Sermon on the Mount.” He talked to His disciples about the importance of prayer. He even gave them a “model” of how to pray. We call this “the Lord’s Prayer.”

Jesus also talked about the importance of getting alone with God! He told them not to pray on the street corners, or pray for others to hear. Instead, Jesus taught us to get alone with God and talk to Him.

In this prayer, we see Jesus teaching us to **pray to God as our “Father.”** This encourages us to talk to God like a kid talks to their own dad. God loves us and wants us to share our hearts with Him!

We also see Jesus teaching us to **pray for His work in the world**. It says “YOUR kingdom come, YOUR will be done.” God’s kingdom and will are the most important things in our lives.

Jesus then teaches us to **pray for our daily needs**. Jesus prayed for “daily bread.” Enough food to get us through the day. We can ask God to give us what we need to make it through our lives.

Jesus also teaches us to **ask for forgiveness**. Ask God to help us forgive others as we have been forgiven!

And finally, Jesus teaches us to pray for **God’s guidance through temptation**. When struggles come, we need to ask God to help us stay connected to Him!

**PRAY:** Thank God for teaching us how to pray. Take time to pray for His work in the world, your daily needs, forgiveness and guidance as we live for Him.

### **Day 3**

**PRAY:** Ask God to speak to you as you read His Word.

**READ:** Matthew 28:16-20

This is passage known as “the Great Commission.” This was a conversation Jesus had with His disciples after He had risen from the dead. Jesus told His disciples that they had a mission to accomplish!

The first thing He said was **go and make disciples**. A disciple is someone who follows Jesus. If you are following Jesus, then you should be telling people about Him. Jesus has done wonderful things in your life this week at camp. Are you ready to go home and tell others what He has done? Jesus calls you to MAKE DISCIPLES- go and tell others about Him!

The second thing we see is a command to **teach them all that Jesus has commanded us**. This is a call for us to teach people about Jesus. It is important that each one of us stay connected to our churches! We need each other to grow and learn more about Jesus. As you go home, make a commitment to go to your church and invite others to learn more about Jesus with you.

The best part of the great commission is the promise that Jesus gives us! He said “**Behold, I am with you always, to the end of the age.**” You do not have to complete the great commission by yourself. Jesus is with you- leading, guiding and directing you as you seek to tell people about Him and teach them what Jesus has taught you.

**PRAY:** Ask God to help you make disciples and grow as a disciple.