

# >>>-- You Make Me BRAVE! -->

Proverbs 31:25

## Girls Camp 2016

Dear Sponsors,

We are so excited that you will be joining us this year for Girls Camp. The leadership team has prepared a camp experience that will teach every girl how to be Brave!

Our theme this year is *"You Make Me BRAVE"* and our scripture for the week is *"She is clothed in strength and dignity and she laughs without fear of the future."* Girls will discover 3 brave girls in the bible thru bible study and learn how they can be brave, bold, wise and faithful. They will also learn about the "Armor of God" and learn how to put on their "Brave Girl" suit!

Once again we will be offering to each church the opportunity to bring some extra needed help, which would be a Jr. Helper. Jr. Helpers should be young ladies between the ages of 14-17; a member of your church; must be mature, responsible, and portray a Christ-like character. They will participate in training on Monday of camp and we will look forward to their help. Remember, Jr. Helpers are not adult sponsors; they need to be included in your 1-10 ratio for adults to campers.

We are looking forward to seeing you at camp and will continue to pray for all the girls Jr. Helpers and sponsors that will be attending. Please continue to pray for our leadership team, camp staff and all churches that will be attending.

Included with this letter is a list of theme days and things to bring! If you have any questions please contact ETBE at 409-379-2737 or email Brian at [brian@etbe.org](mailto:brian@etbe.org)

Melissa Baxter  
Girls Camp Director  
ETBE

## Mondays Schedule

- 2:00 Registration / The Stand & The Emporium will be open  
Sponsors- Child Protection class (Annex)  
Girls Swim Test ONLY (No swimming)
- 3:30 Sponsor Meeting – Tabernacle (At least 1 sponsor for each church)
- 4:00 **Opening Celebration**
- 4:30 Jr. Helper Supper
- 5:00 **Supper** – Jr. Helper- Team leadership Training (Meet at camp office)
- 6:00-7:00 Total Immersion Water park PINK\*GREEN\*BLUE  
"Eshet Chayil"??? PURPLE\*RED\*ORANGE (Tabernacle)
- 7:00-8:00 Total Immersion Water park PURPLE\*RED\*ORANGE  
"Eshet Chayil"??? PINK\*GREEN\*BLUE (Tabernacle)
- 8:00-9:00 The Stand & The Emporium
- 9:00 Evening Activity – Prayer Walk
- 10:00 Showers & Lights Out!

## Theme Days

Monday – **Church Theme** – create your own!

Tuesday – **"Super Hero"** – T-Shirts & Accessories only (No costumes)

Wednesday – **"You Make Me Brave"** – camp t-shirt

Thursday – **"Camo Day"** – Honoring those Brave Soldiers & Warriors

Friday – **As Always** - Whatever is left in your suitcase that's CLEAN!

## Sponsors

Things you need to bring or know for camp:

- \*Each girl needs a "New" pair of Flip-flops for crafts
- \*Girls will need a pencil & crayons or markers during Quiet Time
- \*In case of bad weather- you may want to bring craft supplies or games to do in the dorm.
- \*Each church will have an opportunity to show off some talent during our dismissal time for Supper. If you would like your church to participate as a group please be prepared to perform no more than 3 min. long. A schedule will be given out at the Sponsors meeting on Tuesday morning.

## Friday Schedule

- 7:00 Rise & Shine
- 8:00 Breakfast
- 8:30 Sponsor Meeting (Tabernacle)
- 8:45 Pack-up & Clean-up
- 9:00 **Closing Celebration**
- 10:00 So Long, Farewell, Goodbye!!!

# Girls Camp 2016

## Schedule – July 18-22

Monday		
2:00	Registration/ The Stand & The Emporium opened Sponsors – Child Protection Training Campers – Swim Test Only ( No Swimming)	
3:30	Sponsors meeting (at least 1 sponsor per church)	Tabernacle
4:00 4:30	<b>Opening Celebration</b> (Jr. helpers Supper)	Tabernacle
5:00	Supper Jr. Helpers Team Leadership training with Brian (Meet at the Office)	
6:00-6:45	Total Immersion water Park <b>PINK*GREEN*BLUE</b> “Eshet Chayil”??? <b>PURPLE*RED*ORANGE</b>	*Tabernacle
6:45-6:55	Changing Break ( Change out of swimsuit before going to next activity)	
7:00-7:45	Total Immersion Water Park <b>PURPLE*RED*ORANGE</b> “Eshet Chayil”??? <b>PINK*GREEN*BLUE</b>	*Tabernacle
7:45-7:55	Changing Break (Change out of swimsuit before going to next activity)	
8:00-9:00	The Stand & the Emporium	
9:00	Evening Activity (Bring Flashlights) Prayer Walk	
10:00	Showers & Lights Out!!	

\*After meeting in tabernacle we will dismiss to these locations for Craft.

**PURPLE & PINK** – Cedar Conference rm.

**RED & GREEN** – Holly Conference rm.

**ORANGE & BLUE** – Dogwood Conference rm.

Tues. – Thurs.		
7:00	Rise & Shine	
<b>7:45</b>	Breakfast / Dorm Clean-up	
8:15	Sponsor meeting (At least 1 sponsor per church please) Wed. only 7:30 sponsor meeting/ Pictures at 8:30 (Meet on Breezeway)	Tabernacle
8:45-9:30	<b>Bible Study</b> (by grade)	See Pg.
9:30-9:35	<b>Moving &amp; Bathroom Break</b>	
9:35-10:35	<b>Breakout Session</b> – Putting on your “Brave Girl” suit! (by color groups)	See pg.
10:35-10:45	<b>Moving &amp; Bathroom Break</b>	
10:45-11:45	<b>Meet the Missionary/Prayer Calendar</b>	Tabernacle
11:45	Lunch	
1:00-2:00	<b>Breakout Session</b> –Putting on your “Brave Girl” suit! (by color group)	See pg.
2:00-2:30	Quiet Time Booklets (Please find a quiet place for your group to work quietly)	
2:30-5:30	Free Time Activities	
5:30-5:45	<b>Changing Break</b> (Get ready for Supper)	
5:50	Prayer before Supper (Talent by color groups)	Tabernacle
6:00	Supper	
7:15	<b>Praise, Worship &amp; Offering</b>	Tabernacle
8:15	Evening Activity Tues. & Wed. (Church Devotion Time) In dorms Thursday – “Final Fitting” Tabernacle / Surprise on Breezeway!	
	<b>Thursday night only-</b> following above activities: Emporium & Stand will be open Late Night Swim for Jr. Helpers & 6 <sup>th</sup> graders	
9:00	Showers & get ready for bed!	
10:00	Thursday only!	
10:00	Lights Out!	
11:00	Thursday Only!	

#### Friday Schedule

7:00	Rise & Shine	
8:00	Breakfast	
8:30	Last Sponsor Meeting – Tabernacle	
8:45	Pack-up & Clean-up!	
9:00	Closing Celebration	
10:00	Head Home! Emporium & Stand will be open!	

## Arriving at East Texas Baptist Encampment

- 1) **Registration-** Registration is the first step upon your arrival and is done in the ETBE Office. It is first come first served.
  - ◆ One person from each group will go and make any changes to your registration, turn in all forms, and pay the balance due
  - ◆ Dorm assignments will be given
  - ◆ All medication will be turned in to the Nurse
- 2) **Lodging-** Each church is assigned just enough bunks for your group. Please keep your group together using both top and bottom bunks.
  - ◆ Unpack
  - ◆ Hand out the lanyards and camp booklet (Some camps may not have lanyards or booklets)
  - ◆ Take a moment and look over the information in the booklet
- 3) **Schedule-** The schedule is what makes the camp run smoothly. It's very important to follow it and to make sure you and your campers are where they should be.
- 4) **ETBE Rules-** Please read the rules and go over them with your campers. This will help set the guidelines and boundaries for everyone.
- 5) **Swim Test-** The swim test is done during registration. This will be the only time it is offered. Please remember that **NO SWIM TEST** means **NO DEEP END SWIMMING OR DIVING** during your stay. This will only take a few minutes and when you are done you can change into your dry clothes and go explore the camp.
- 6) **Dining Hall-** The Dining Hall is first come first served and is open for 30 minutes from the start of each meal time. Seconds are called as soon as the line is served and until the food is gone. **Shoes and Shirts must be worn in the Dining Hall and Annex.**
- 7) **The Stand-** The Stand is the place to buy your sodas, candy, ice cream, snacks, etc. and will be open at different times throughout your stay at the camp. Ice is available during these scheduled times. Please check your schedule for those times.
- 8) **The Store-** The Store carries an assortment of items like T-Shirts, Jewelry, notepads, pens, soap, toothpaste, toothbrushes, etc.
- 9) **Home Away From Home-** Remember that ETBE will be your home away from home during your stay. As a sponsor a few items may make your stay more comfortable.
  - ◆ Ziploc bags for opened food. (Helps keep bugs away)
  - ◆ Trash bags for dirty laundry
  - ◆ Mosquito spray

As sponsors your campers will look to you when they have lost, forgotten or run out of certain items.

- ◆ Change for a dollar bill
- ◆ Pen/Pencil
- ◆ Note Paper
- ◆ Soap/Shampoo

## Activities at East Texas Baptist Encampment

The following activities are schedule specific so be sure and check your booklet and schedule to see when these activities are offered. These activities **MUST** be facilitated by **ETBE Staff**.

- ◆ Swimming
- ◆ Rifle Range
- ◆ Ropes Course
- ◆ Primitive Paintball
- ◆ Water Slides
- ◆ Archery
- ◆ Canoeing
- ◆ Paddle Boating
- ◆ Kayaking
- ◆ BMX Bikes

ETBE has Basketballs, Volleyballs and Tetherballs set up and available around the camp for your use. The Dodge Ball Court is available but must be supervised by a sponsor. Ping Pong tables are located in the Breezeway. Ping Pong balls may be purchased in The Store or the ETBE Camp Office for \$.25 each

## What To Bring

- ◆ Bible (Name & Address in it)
- ◆ Twin Bed Sheets or Sleeping Bag
- ◆ Blanket & Pillow
- ◆ Towels and Washcloths
- ◆ Pen and/or Pencil/Paper
- ◆ Toothbrush/Toothpaste
- ◆ Brush and/or Comb
- ◆ Shampoo/Soap/Deodorant
- ◆ Sunscreen/Insect Repellant
- ◆ Flashlight
- ◆ Flip Flops/Tennis Shoes
- ◆ Money for The Stand, The Store and for Mission Offerings

Clothes need to be reflective of a Christian lifestyle.

- ◆ No sleeveless clothing for boys or girls
- ◆ Shorts and skirts must be no shorter than fingertip length with arms and hands straight down at sides while standing
- ◆ Low cut necklines, sheer clothing, clothing that is too tight and clothing that shows bare midriff are not allowed. No clothing that displays inappropriate slogans, advertisements or art work.
- ◆ Appropriate shorts are allowed during the worship services
- ◆ Swimsuits must be modest one piece or 2 piece with a dark colored t-shirt over it
- ◆ Cover up must be worn to and from pool and slide area
- ◆ You may need a set of clothes that can be worn for messy games
- ◆ **Shoes must be worn at all times**

## What Not To Bring

In trying to figure out what items you shouldn't allow your campers to bring try to remember why you are here and any items that would distract or cause others to be distracted should be left at home. These items include;

- ◆ Cell Phones or pagers
- ◆ MP/3 players
- ◆ CD players
- ◆ iPods
- ◆ Radios
- ◆ Televisions
- ◆ Any type of electronic games or equipment
- ◆ Computers of any kind
- ◆ Duct Tape
- ◆ Spray Paint/Body Paint/Face paint
- ◆ Water Balloons
- ◆ Shaving Cream/Silly String
- ◆ Drugs/Alcohol/Any Form of Tobacco
- ◆ Firearms/Knives/Any other Weapons
- ◆ Fireworks

## General Rules

**For the safety of the campers, these rules must be enforced. Christian conduct is expected at all times. Sponsors are responsible for the dress and conduct of their group and should know the location of their campers.**

- 1) **ALL GUESTS MUST BE REGISTERED on arrival.**
- 2) All serious injuries and illnesses must be reported immediately to the camp Nurse and ETBE camp office. For life threatening emergencies call 911.
- 3) Meeting rooms and accommodations will be assigned by ETBE administration.
- 4) Campfires are to be scheduled before arrival and may be built at designated areas unless unfavorable winds or fire ban.
- 5) Campers under the age of 18 years of age must have authorization from parents for medical aid to be administered if the need should arise. A signature by parent/legal guardian is required on an ETBE medical release form.
- 6) All prescription and non-prescription drugs must be in original containers and deposited with the camp nurse and dispensed by the camp nurse
- 7) Guests staying in dorms must furnish their own linens, towels, pillows and personal items. Beds are twin size. Motel rooms have furnished linens.
- 8) No equipment, beds or other furniture may be moved without permission from the ETBE office. All must be replaced to original place before leaving.
- 9) Schedule times for in dorms and lights out shall be strictly enforced by adult sponsors.
- 10) Swimming and/or waterfront activities are not allowed without an ETBE lifeguard on duty.
- 11) Foul language will not be permitted.
- 12) The use or possession of alcoholic beverages or unauthorized drugs will not be tolerated. No tobacco products of any kind are allowed in buildings, on porches or under the breezeway.

- 13) Clothes need to be reflective of a modest Christian lifestyle. No sleeveless clothing for boys or girls. No clothing that displays inappropriate slogans, advertisements or art work. Shorts and skirts must be no shorter than fingertip length with arms and hands straight down at sides while standing. Low cut necklines, sheer clothing, clothing that is too tight and clothing that shows bare midriff are not allowed. Appropriate shorts are allowed during the worship services. Swimsuits must be modest one piece or 2 piece with a dark colored t-shirt over it. Cover up must be worn to and from pool and slide area. Shoes must be worn at all times.
- 14) Prank items such as shaving cream, silly string, water balloons, etc. are not allowed.
- 15) No ironing clothes on mattresses, carpets or counter tops.
- 16) Firearms and fireworks are not permitted.
- 17) Cell Phone Policy for Campers: Campers are not allowed to possess cell phones at camp. "Possess" means carry on their person, keep in their luggage, or otherwise have access to without the supervision of a sponsor.
- 18) Cell Phone Policy for Sponsors: Sponsors must not allow cell phones to distract others or themselves from the camp program, Phone usage must be limited to only absolutely necessary calls, messages, or internet activity while at camp. Adults may use phones for note-taking, Bible reading & appropriate image capturing while at camp.
- 19) There are trash cans provided throughout the camp please help us keep the campgrounds free of litter, so everyone can enjoy the beauty of God's creation.
- 20) All vehicles should be parked upon arrival at camp. Any use of vehicles, golf carts and /or atv's during camp session must be authorized by ETBE Executive Director.
- 21) Any food items must be kept in a sealed container or bag to avoid problems with ants and other pests.
- 22) Food or drink is not allowed in the Tabernacle.
- 23) Any use of nails, glue, tape, putty or staples of any kind must be approved by Camp Management or payment for repair of surfaces may be required.
- 24) All campers, sponsors and group leaders will be expected to attend all worship services, conferences, classes and observe rest periods.
- 25) Pets are not allowed.
- 26) Inappropriate discharge of fire extinguishers may result in a charge to cover cost to refill the fire extinguisher and any damages that are incurred.
- 27) No merchandise of any type may be sold on camp without authorization of ETBE Executive Director.
- 28) Campers are not allowed to enter the dorms or motel rooms of the opposite sex for any reason.
- 29) Public displays of affection are not allowed.



## General Information

**Main Office Hours:** 8:00am—5:00pm

**Main Office Phone:** (409) 379-2737

**After 5:00pm:** (409) 383-4806

**Camp Nurse:** (409)-276-8477

**First Aid & Medication Dispensing:** All medications for campers and sponsors must be turned in to the nurse. (Texas State Law requires all prescription and non-prescription medications to be secured and dispensed only by the camp's designated licensed health officer) ETBE will provide First Aid and dispensing of all medications during your stay at camp. A designated location for the dispensing of medications will be assigned by the camp nurse at the beginning of camp. All campers and sponsors must report to the designated location at the scheduled times to receive their medications. The church contact person who is present during the camp is responsible for seeing that all campers from their church reports to the nurse for each scheduled dose of medication. The nurse's base station is located in Motel Room # 15. You may contact them by calling (409) 276-8477

**Incoming Mail:** Mail for the campers is always an issue for camp. If you follow the few suggestions below you should not have any problem. Be sure that family members know to put the Church, Camper's Name and what camp your child is attending on each envelope. Any mail not received while at camp will be returned to sender. Realize that mail needs to be mailed a day or two before camp to ensure that it arrives while the camper is at camp. Mail will be distributed daily by the Camp Director at whatever time he/she decides.

**Outgoing Mail:** You may bring your mail to the Main Office. Stamps are available for purchase at the current rate.

**Maintenance Requests:** During Sponsor Orientation you will be given a phone number to call for maintenance problems. Please report a toilet overflowing, broken water pipes or a power outage to the Main Office immediately.

# Registration/Medical Form

Updated Jan. 2013

Name \_\_\_\_\_

Gender: ☐ Male ☐ Female

Phone Number \_\_\_\_\_ Email Address \_\_\_\_\_

Address \_\_\_\_\_ City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

Sponsor or Grade Completed: \_\_\_\_\_ Current Age \_\_\_\_\_ Birthdate (MM/DD/YYYY) \_\_\_\_\_  
(SPONSORS **MUST** BE 18 YEARS OLD OR OLDER)

Church \_\_\_\_\_ City \_\_\_\_\_

T-Shirt Size: Youth ☐ S ☐ M ☐ L Adult ☐ S ☐ M ☐ L ☐ XL ☐ 2XL ☐ 3XL ☐ 4XL

Emergency Contact Name \_\_\_\_\_ Relationship to Camper \_\_\_\_\_

Home Phone \_\_\_\_\_ Cell Phone \_\_\_\_\_ Email \_\_\_\_\_

Alternate Contact Name \_\_\_\_\_ Relationship to Camper \_\_\_\_\_

Home Phone \_\_\_\_\_ Cell Phone \_\_\_\_\_ Email \_\_\_\_\_

Is camper current on all immunizations? ☐ Yes ☐ No

List Relevant Medical History/Condition(S) that would help us meet the campers needs \_\_\_\_\_

Known Allergies \_\_\_\_\_

Current Medications (List and Instructions) \_\_\_\_\_

Fill in the contact information below if presently under a Doctors' care.

Doctors' Name \_\_\_\_\_ Phone \_\_\_\_\_

Address \_\_\_\_\_ City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

Please list any special instructions to help meet the needs of the camper. \_\_\_\_\_

## AUTHORIZATION

I have read and understand the camp rules. I agree that my child (or I) will abide by them while at **East Texas Baptist Encampment** hereafter referred to as **ETBE**. If my child (or I) does (do) not abide by these rules, I understand that they (or I) could be sent home at my expense at the discretion of the camp director and camp administration. I also consent & give permission for the use of photographs of my child (or myself) taken while at camp to be used in the promotion of **East Texas Baptist Encampment** on the **ETBE** camp webpage or printed materials.

Parent/Guardian: I hereby give my consent for the above named camper to take part in activities such as Ropes Challenge Course, Rifle Range, Archery and other activities occurring within the camp program. If in the event of an emergency, I cannot be reached, I hereby give my consent for **ETBE** camp administration or church leadership to sign for emergency medical care should it be necessary. I understand that every effort will be made to provide the safest environment possible at camp, but that accidents can and do occur. I agree not to hold liable the sponsoring church, the camp staff, or **ETBE** in the case of an unforeseen event.

I also understand that ETBE is associated with the Southern Baptist Convention and my child has permission to receive religious guidance and training that is consistent with the beliefs of the Baptist denomination.

I hereby give consent to the ETBE Camp Health Officer to administer the following non-prescription drugs as needed:

(Place a check mark after each medication that you authorize) **Aspirin** ☐ **Tylenol** ☐ **Ibuprofen** ☐ **Benadryl** ☐

Signature \_\_\_\_\_ Date \_\_\_\_\_ Parent/Guardian - Adult Sponsor  
(Please circle one)



## ETBE Medication Form

For the safety of each camper, all medication, prescription or non-prescription drugs will be held at the camp nurse's station and administered by camp-approved, certified medical personnel, who are on duty 24 hours a day.

If you need to send medication to camp, please put it along with the completed form below in a zip-lock bag. Please DO NOT send any medication that is not absolutely necessary.

- **All medication must be in its original containers from the pharmacy. No blank pill bottles or daily medication boxes. Be sure to make the form visible in the bag.**

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### PUT THIS FORM IN THE ZIP-LOCK BAG ALONG WITH THE MEDICINE

THIS MEDICATION BELONGS TO \_\_\_\_\_

CAMPER'S CHURCH \_\_\_\_\_

DOSAGE \_\_\_\_\_

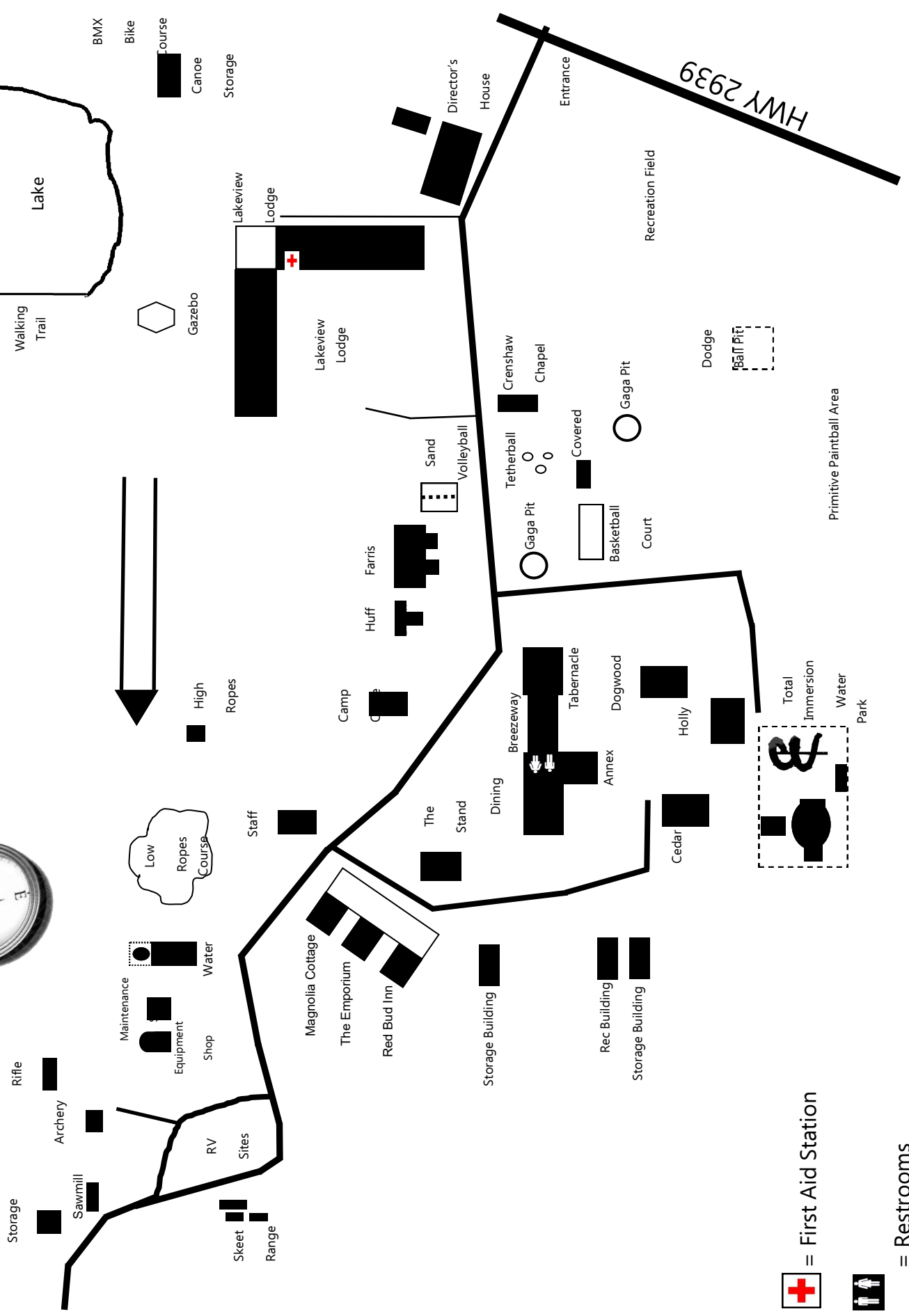
PARENT'S NAME \_\_\_\_\_

DAY PHONE \_\_\_\_\_ NIGHT PHONE \_\_\_\_\_

DOCTOR'S NAME \_\_\_\_\_

DOCTOR'S PHONE \_\_\_\_\_

# ETBE Camp



 = First Aid Station

 = Restrooms