

The simple analogy of balance.

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Balance, a word I like to talk about a lot no matter the scenario. It comes from the simple understanding that we need balance in our lives constantly in order to live a great life. The key is to comprehend that a life without balance is not even possible, and I will explain why very soon. Lottery tickets, they are surely fun and thrilling, especially when a couple bucks can win you a stupid amount of money, but winning is exceedingly rare, why so? This is a perfect example of how balance works in our world, if you give little money than you can receive loads but with an exceedingly small chance, and the more tickets you buy, statistically the higher the chance of winning. Let us discuss another example: you go shopping at a candy store, buy lots of sweets and come right back home. You will start eating all of them, one hundred in this case, and feel extremely sick later that day. This is what we might call a non-balanced diet, and diet is a wonderful way to highlight how balancing works. Too much candy is not any good for your body, but neither is too many bananas or meat. There must be a balanced diet for the body to feel right, it is like as if your body were a ball sitting on the centre of a circle, and if it just moved by an inch, the ball would fall and disrupt the perfect balance. This exact reasoning is the foundation for how cities should be built and how art can help to enrich them to their highest potential. Cities with a balanced urban design allow citizens to quickly get to any location, or to have easy access to transportation for longer journeys. Malfunctioning cities are the opposite of this. Where does art stand though? How does art of any kind provide balance to the cities, homes, and public spaces of the world? Well, it occurs through many ways, but first let us discuss they types of art and how they can positively and negatively affect any space they are in. Starting off with paintings or prints, they mostly sit in rooms, offices, indoor spaces, museums, and galleries. Paintings can fill a very bland white empty room so easily, but they can also ruin the room. The key is to ace the size that you like for the space and of course the painting itself. A beautiful piece of art brings joy, fulfilment, and life to the space it occupies, plus makes up for great decor and a conversation starter, perhaps you might find an art lover enjoying your piece as much as you do. All of this also applies to sculptures (and also murals depending on the location), but in a vastly unusual way. See, sculptures have the possibility to be placed anywhere, for example in your home, on the pavements, in parks, in museums, public outdoor spaces and more without necessarily a need for a wall, at least in most cases. Also, we must precise the fact that sculptures and paintings are not the same thing, nor does it mean one is better than the other. In fact, what they do have in common is art and the sole objective to make an area or a room or whatever it is much nicer. The ability that art has to bring balance to the environment is unbelievable in my opinion, it can transform a few blocks of tall concrete into a beautiful place. Of course, art is not the only solution, but it is certainly part of the bigger picture. For example, vegetation, urban design, and art are not in a competition, they are all playing a key role towards a better future and better cities.