

Formula 1 is a delicious healthy meal that provides an ideal balance of protein and nutrition to help satisfy your hunger and give you lasting energy. Each shake is packed with 21 vitamins and minerals, herbs, fiber, and is an excellent source of antioxidants[†]. Clinical studies have shown that daily usage of meal replacement shakes is proven effective for managing weight, along with moderate exercise.

† Vitamins A (as Beta Carotene), C & E



25 grams of soy protein a day, as part of a diet low in saturated fat and cholesterol, may reduce the risk of heart disease. One serving of Formula cholesterol, may reduce the risk of heart disease. One serving of Formula 1 provides 9 grams of soy protein

DIRECTIONS: Gently shake the canister prior to each use as contents may settle. Blend or stir 2 scoops (25g) of Formula 1 with 8 fl oz of nonfat milk or soymilk and enjoy! Create your own Formula 1 recipes by mixing with fresh fruit and ice.

Herbalife Also Recommends: Use with Formula 2 Multivitamin Complex and Formula 3 Cell Activator, to complete the Herbalife® Core Cellular Nutrition program.

For Weight Loss: Replace two meals daily with a Formula 1 shake and eat one nutritious meal. For Healthy Nutrition: Enjoy a Formula 1 shake every day as a healthy meal.

30-day money-back guarantee. This exclusively formulated product is only available through Herbalife Independent Distributors.

NOTICE: Before beginning any weight management program, it is advisable to consult a physician. A healthy weight loss program should include modest calorie intake, balanced diet and regular physical activity

Fórmula 1 es una comida saludable y deliciosa que proporciona el balance ideal de proteína y nutrición para ayudarle a satisfacer el hambre y darle energía duradera. Cada batido contiene 21 vitaminas y minerales, hierbas, fibra y es una excelente fuente de antioxidantes[†]. Los estudios clínicos comprueban que el consumo diario de batidos que reemplazan una comida, en combinación con ejercicio moderado, es eficaz para el control de peso.

† Vitaminas A (como Beta Caroteno), C v E



Tomar 25 gramos de proteína de soya diariamente, como parte de una dieta baja en grasas saturadas y colesterol, puede reducir el riesgo de enfermedades cardiacas. Una porción de Fórmula 1 provee 9 gramos de proteína de soya.

INSTRUCCIONES: Agite suavemente el envase antes de cada uso ya que el contenido podría asentarse. Mezcle o revuelva 2 medidas (25q) de Fórmula 1 con 8 oz fl de leche sin grasa o leche de soya ¡y disfrute! Crea su propia receta de Fórmula 1 mezclándole fruta fresca v hielo.

Herbalife También Recomienda: Use con Fórmula 2 Multivitamin Complex y Fórmula 3 Cell Activator, para completar el programa básico Herbalife® de Nutrición Celular.

Para Perder Peso: Reemplace dos comidas diarias por batidos Fórmula 1 v coma una comida balanceada

Para una Nutrición Saludable: Disfrute un batido Fórmula 1 diariamente como una comida saludable.

Garantía de reembolso por 30 días. Este producto de formulación exclusiva sólo está disponible a través de los Distribuidores Independientes de Herbalife.

AVISO: Antes de comenzar cualquier programa de control de peso, es recomendable consultar con un médico. Un programa saludable de pérdida de peso debe incluir una ingestión moderada de calorías, una dieta balanceada, y actividad física regular.

2D **AREA**





Nutrition Facts • Datos Nutrimentales

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Serving Size • Porción: 2 scoops • medidas (25g) Servings Per Container • Porciones por Envase: 30

Amount Per Serving Calories - Calorias Calories - Calorias Calories from Fat - Calorias de Grasa 10 10 Moderate Polvo Suingrass Calories from Fat - Calorias de Grasa 10 Total Fat - Grasa Total 1g* Saturated Fat - Grasa Saturada 0g O% O% Trans Fat - Grasa Saturada 0g O% O% Trans Fat - Grasa Trans 0g Cholesterol - Colesterol Omg O% 296 Sodium - Sodio 95mg 44% 84% Diatary Fiber - Fibra Dietética 3g 11% 11% Sugars - Azúcares 9g Protein - Proteína 9g 18% 35% Vitamin A - Vitamina A 25% 25% Calcium - Calcio 8% 35% Vitamin C - Vitamina C 25% 25% Calcium - Calcio 8% 35% Tinn - Hiarino 15% 15% Vitamin D - Vitamina D 25% 50% Niacin - Niacina 25% 35% Niacin - Niacina 25% 35% Vitamin B12 - Vitamina B12 25% 25% Vitamin B12 - Vitamina B12 25% 45% Vitamin B12 - Vitamina B12 25% 45% Vitamin B12 - Vitamina B12 25% 45% Vitamin B12 - Vitamina B12 -	Powder with 8 fl oz of nonfat milk			% DV** • % VD**			
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Total Fat • Grasa Total 1g* Saturated Fat • Grasa Saturada 0g O% O% Trans Fat • Grasa Trans 0g Cholesterol • Colesterol 0mg O% Sodium • Sodio 95mg 4% 8% Potassium • Potasio 190mg Total Carbohydrate • Carbohidrato Total 13g 4% 8% Dietary Fiber • Fibra Dietética 3g Tity 11% Sugars • Azúcares 9g Protein • Proteína 9g Tity 11% Vitamin A • Vitamina A 25% 35% Vitamin A • Vitamina C 25% Calcium • Calcio 8% 35% Iron • Hierro 15% 15% Total Fat • Grasa Total 2g de arbohidrato total (12g de azúcares) y 8g de proteina. **Percent Daily Values (% DV) are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie neckly add proteina. **Total Fat • Grasa Total Selenium • Selenio 20% 30% Copper • Cobre 25% 25% Molydenum • Molibdeno 10% 10mo vender. One cup of Vitamin A B D Tortified norfant milk contributes an additional 80 calories, 0 calories from fat, 0g fat, 0g staurated fat, 5mg cholesterol, 103mg sodium, 382mg potassium, 12g total carbohydrate (12g sugars), and 8g protein. **Camidad en Polvo. Una taza de leche sin grasa fortificada con Vitamina A y D aportas 80 calorias ad dicroales de rasa, 0g de grasa saturada, 5mg de sodio, 382mg de potasio, 12g de carbohidrato total (12g de azúcares) y 8g de proteina. **Percent Daily Values (% DV) are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie neckly additional de sus necesidades calóricas. **Calories • Calorias • Calor	Calories from Fat • Calorías de Grasa	10	10	Magnesium • Magnesi	0	10%	15%
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*Amount in Powder. One cup of Vitamin A & D fortified norlat milk contributes an additional 80 calories, Co clavines from fat, tog fat, one cap of Vitamin A & D fortified norlat milk contributes an additional 80 calories, Co clavines from fat, tog fat, one cap of Vitamin A & D fortified norlat milk contributes an additional 80 calories, Co clavines from fat, tog fat, one cap of Vitamin A & D fortified norlat milk contributes an additional 80 calories, Co clavines from fat, tog fat, one cap of the contributes and additional 80 calories, Co clavines from fat, tog fat, one cap of the contributes and additional 80 calories, Co clavines from fat, tog fat, one cap of the contributes and additional 80 calories, Co clavines from fat, tog fat, one cap of the contributes and additional 80 calories, Co clavines from fat, tog fat, one cap of the contributes and additional 80 calories, Co clavines from fat, tog fat, one cap of the contributes and additional 80 calories, Co clavines from fat, tog fat, one cap of the contributes and additional 80 calories, Co clavines from fat, tog fat, one cap of the contributes and additional 80 calories, Co clavines from fat, tog fat, one cap of the contributes and additional 80 calories, Co clavines from fat, tog fat, one cap of the	l ————————————————————————————————————	0%	2%				
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Total Fat - Grasa Total Less Than - Menos de 508 809			25%				
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Folic Acid • Ácido Fólico 20% 25% Calories per gram • Calorías por gramo:	Vitamin B6 • Vitamina B6	25%	30%				
	Folic Acid • Ácido Fólico	20%	25%				
	Vitamin B12 • Vitamina B12	25%	45%				Proteína 4

INGREDIENTS: Soy Protein Isolate, Fructose, Corn Bran, Cellulose Powder, Guar Gum, Potassium Chloride, Calcium Phosphate, Natural and Artificial Caieta Flavor, Calcium Caseinate, Casein, Rice Fiber, Canola Oil, Soy Lecithin, Caramel Color, Medium Chain Triglycerides, Carrageenan, DL-Methionine, Inulin***, Magnesium Oxide, Silicon Dioxide, Citrus Pectin, Psyllium Husk Powder, Ginger Root Powder, Proteases Derived from Aspergillus niger and Aspergillus oryzae (from Aminogen®), Honey Powder, DL-Alpha Tocopheryl Acetate, Ascorbic Acid, Sucralose, Blueberry Powder, Pomegranate Powder, Papava Fruit Powder, Biotin, Niacinamide, Beta Carotene, Ferrous Fumarate, Zinc Oxide, Copper Gluconate. Calcium D-Pantothenate, Bromelain, Cyanocobalamin, Cholecalciferol, Folic Acid, Pyridoxine Hydrochloride, Thiamine Mononitrate, Riboflavin, Chromium Chloride, Sodium Molybdate and Sodium Selenite. CONTAINS MILK AND SOY

INGREDIENTES: Proteína Aislada de Soya, Fructosa, Salvado de Maíz, Polvo de Celulosa, Goma de Guar, Cloruro de Potasio, Fosfato de Calcio, Sabor Natural y Artificial de Cajeta, Caseinato de Calcio, Caseína, Fibra de Arroz, Aceite de Canola, Lecitina de Soya, Color Caramelo, Triglicéridos de Cadena Media, Carragenano, DL-Metionina, Inulina***, Óxido de Magnesio, Dióxido de Silicio, Pectina Cítrica, Polvo de Psilio, Polvo de Raíz de Jengibre, Proteasas Derivadas de Aspergillus niger y Aspergillus oryzae (de Aminogen®), Polvo de Miel, Acetato de DL-Alfa Tocoferol, Ácido Ascórbico, Sucralosa, Polvo de Arándanos, Polvo de Granada, Polvo de Fruta de Papaya, Biotina, Niacinamida, Beta Caroteno, Fumarato Ferroso, Óxido de Cinc. Gluconato de Cobre, D-Pantotenato de Calcio, Bromelina, Cianocobalamina, Colecalciferol, Ácido Fólico, Clorhidrato de Piridoxina, Mononitrato de Tiamina, Riboflavina, Cloruro de Cromo, Molibdato de Sodio y Selenito de Sodio. CONTIENE LECHE Y SOYA. Aminogen® is a registered trademark of Triarco Industries, Inc.

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*** Inulin is known as a prebiotic that helps promote the growth of flora. ** La inulina es conocida como un prebiótico que promueve el desarrollo de la flora.

Made in USA with US and imported ingredients . Hecho en EUA con ingredientes estadounidenses e importados

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