



# LOW-POWER, LONG-RANGE RADIO TECHNOLOGIES FOR INTERNET-OF-THINGS

IRD/UMMISCO-YAOUNDÉ,  
UNIVERSITY YAOUNDÉ, CAMEROON

MARCH 16 TH, 2018

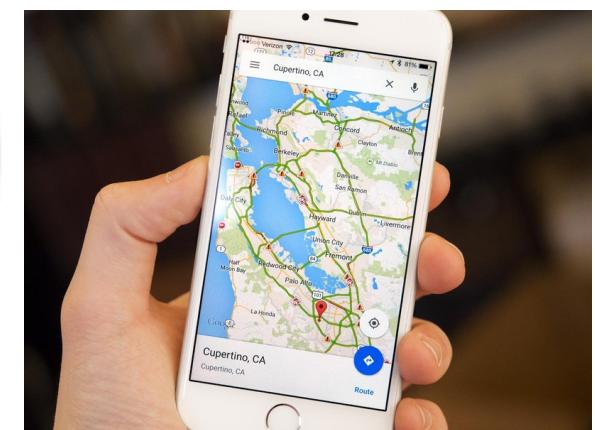


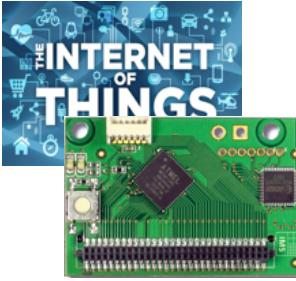
PROF. CONG DUC PHAM  
[HTTP://WWW.UNIV-PAU.FR/~CPHAM](http://www.univ-pau.fr/~cpham)  
UNIVERSITÉ DE PAU, FRANCE





# IOT & PHYSICAL WORLD





# IOT4D

## DEVELOPMENT FOR RURAL AREAS



Irrigation



Livestock farming



Fish farming & aquaculture



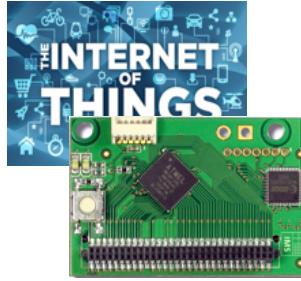
Storage & logistic



Agriculture

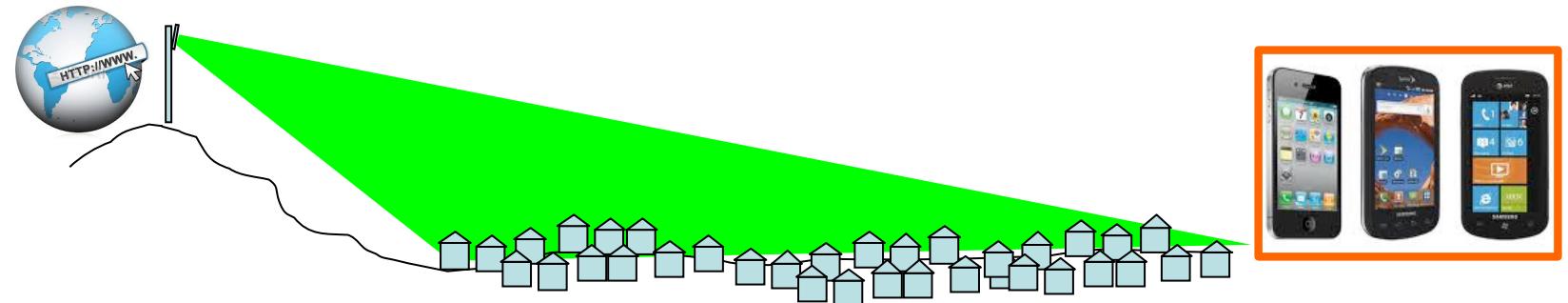
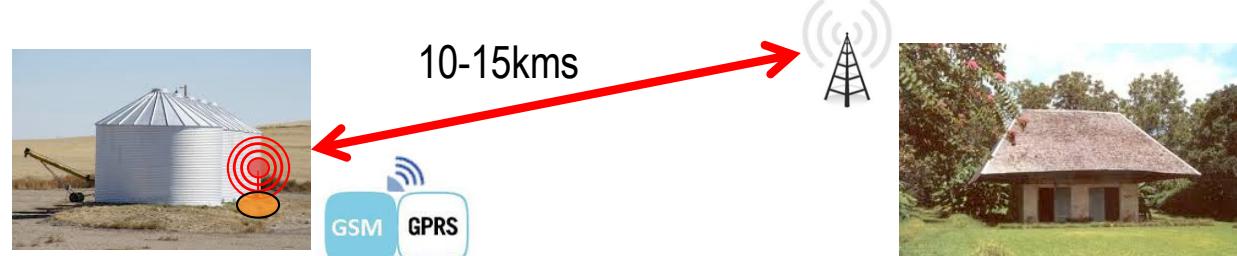


Environment

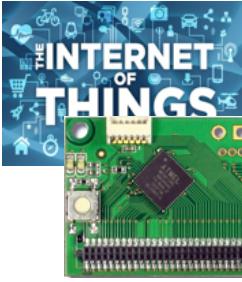


# TELEMETRY AND TRANSMISSION COST

Moisture/  
Temperature of  
storage areas

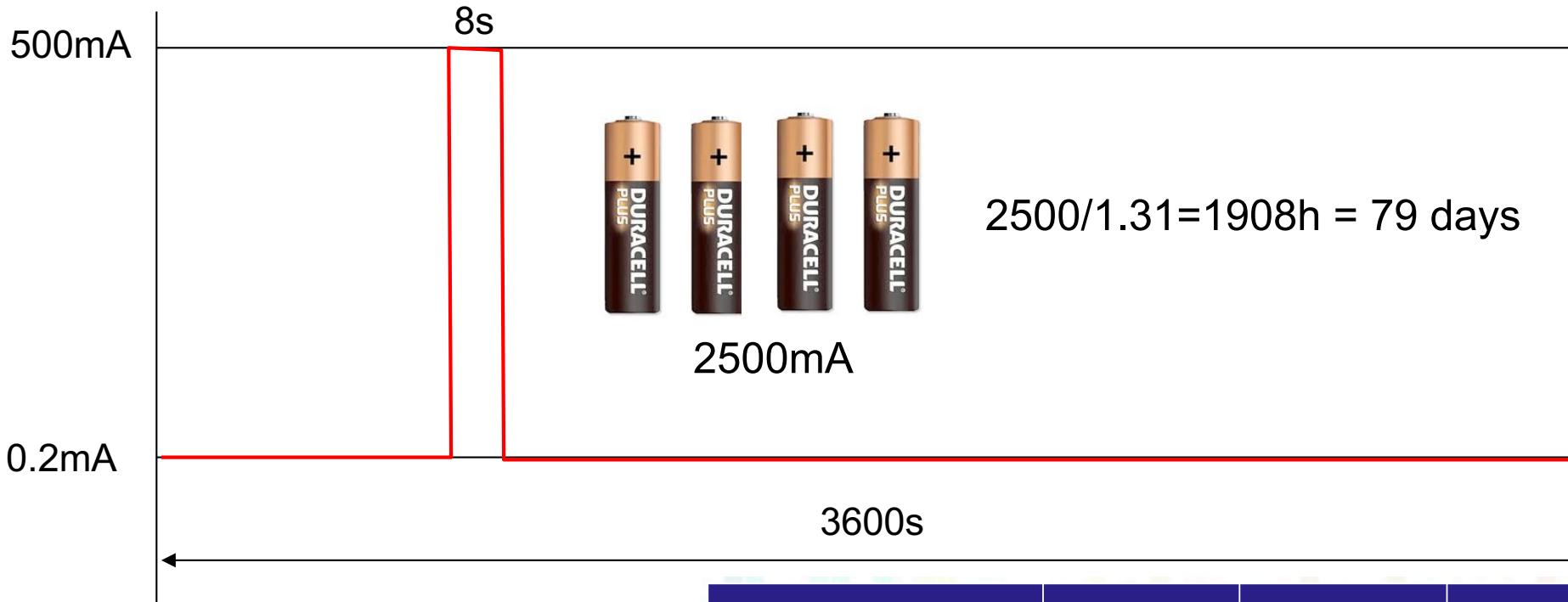


Technology	2G	3G	LAN
Range (I=Indoor, O=Outdoor)	N/A	N/A	O: 300m I: 30m
Tx current consumption	200-500mA	500-1000mA	100-300mA
Standby current	2.3mA	3.5mA	NC

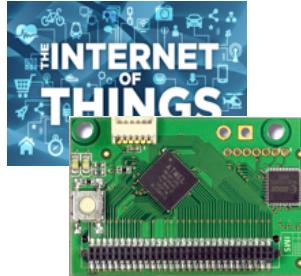


# ENERGY CONSIDERATION

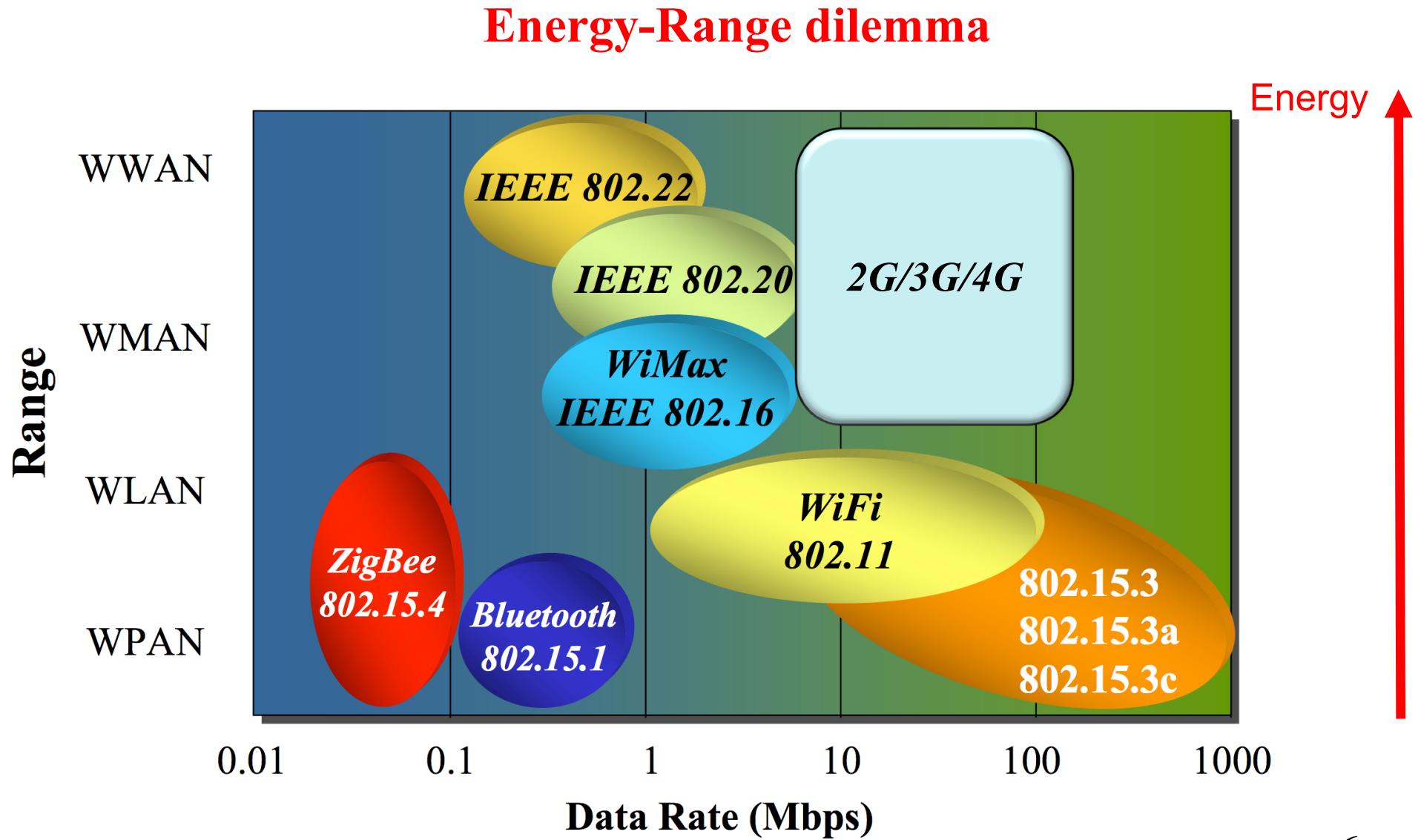
TX power: 500mA. Mean consumption:  $(8 \times 500 + 3592 \times 0.2) / 3600 = 1.31\text{mA}$



Technology	2G	3G	LAN
Range (I=Indoor, O=Outdoor)	N/A	N/A	O: 300m I: 30m
Tx current consumption	200-500mA	500-1000mA	100-300mA
Standby current	2.3mA	3.5mA	NC



# THE WIRELESS SPACE





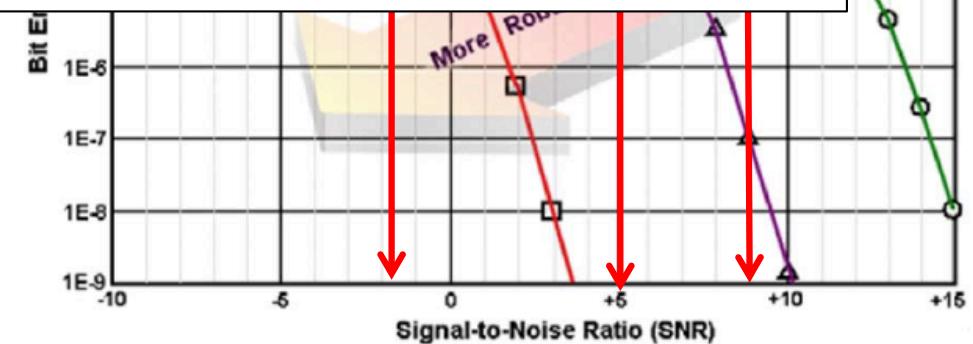
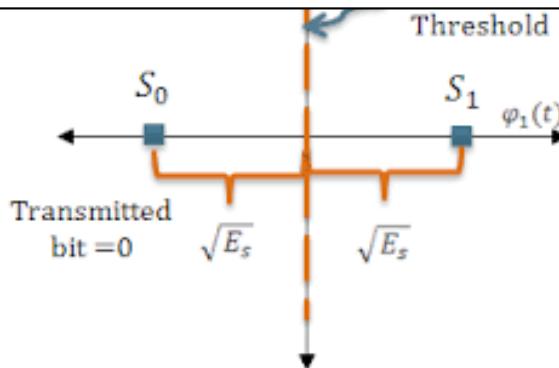
# IEEE 802.15.4 IN ISM 2.4GHz

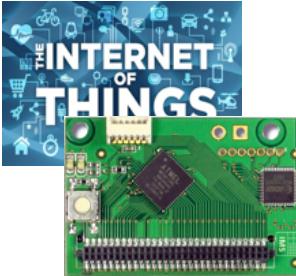
- Low-power radio in the 2.4GHz band offering **250kbps** throughput at physical layer



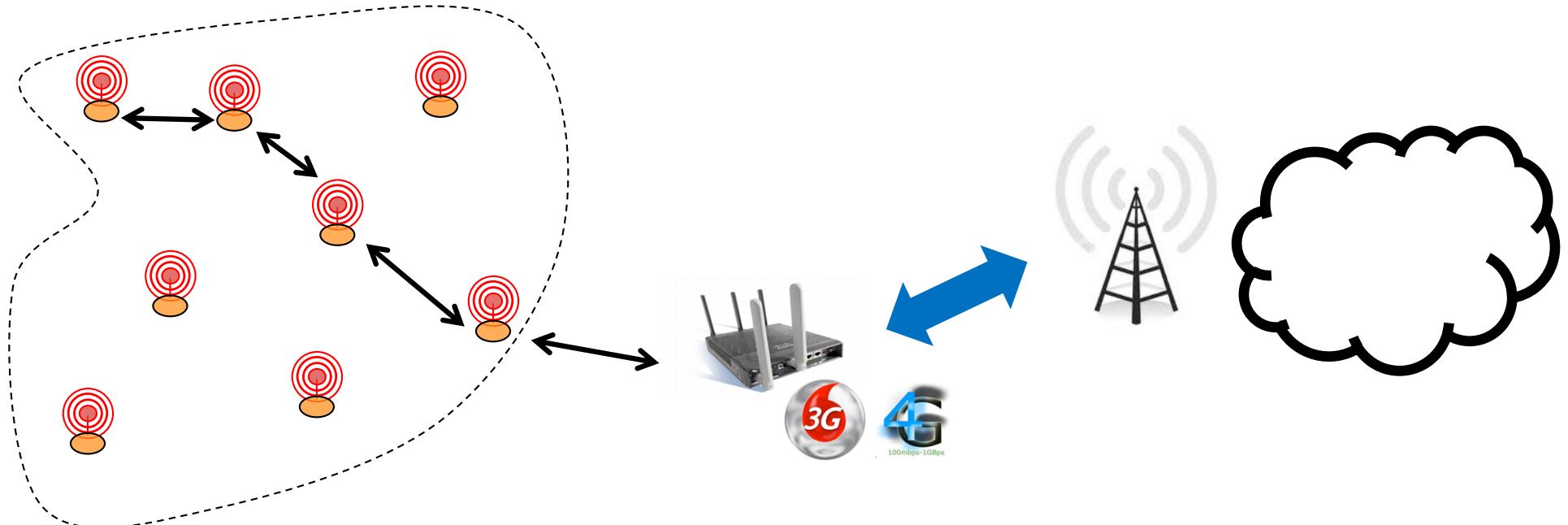
**CC2420**

Parameter	Min.	Typ.	Max.	Unit	Condition / Note
Current Consumption, transmit mode:					
P = -25 dBm		8.5		mA	
P = -15 dBm		9.9		mA	
P = -10 dBm		11		mA	
P = -5 dBm		14		mA	
P = 0 dBm		17.4		mA	The output power is delivered differentially to a $50 \Omega$ single ended load through a balun, see also page 55.



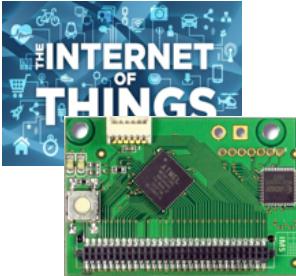


# LOWER ENERGY MEANS SHORTER RANGE!



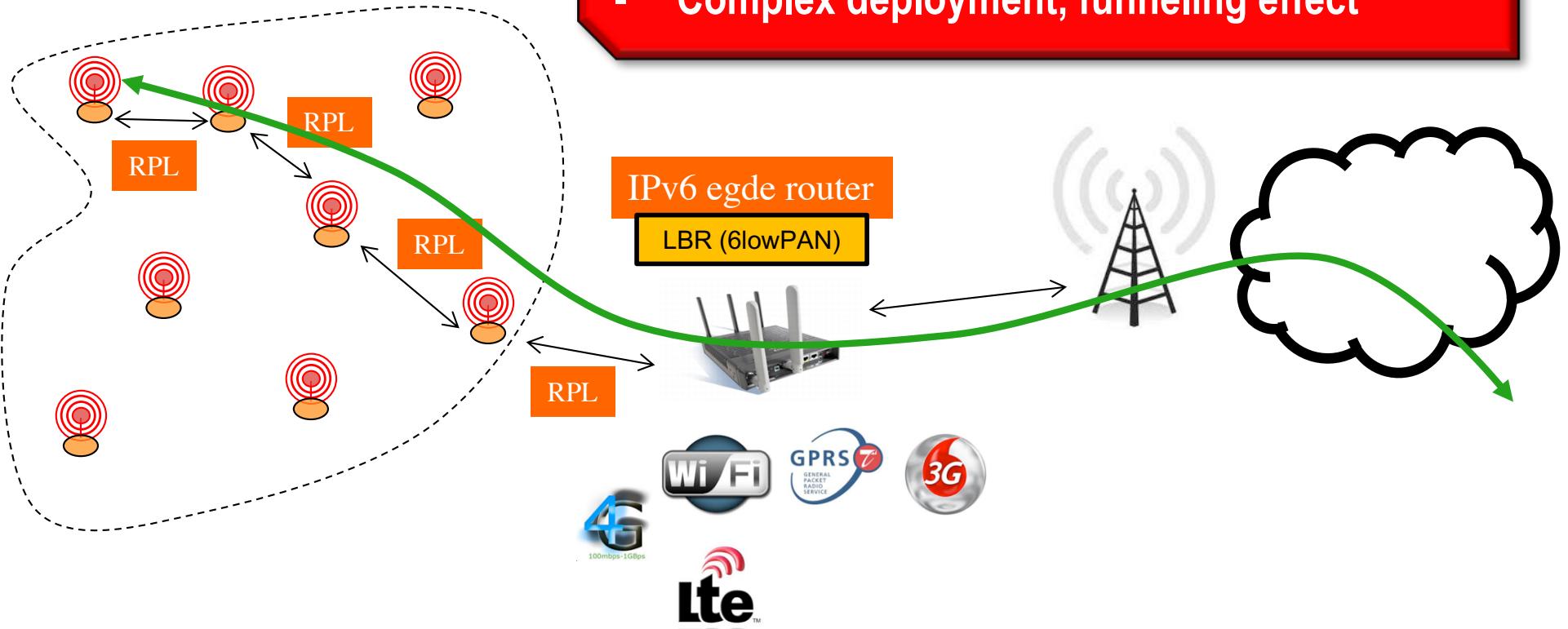
How bad is multi-hop routing?

- Increases packet loss rate
- Increases end-to-end delivery time
- Consumes more energy as intermediate nodes must relay packets
- Limits energy saving mechanism benefits as both sender and intermediate node must be somehow synchronized
- Is impacted by intermediate node failure



# 15 YEARS OF MULTI-HOP ROUTING?

- High packet loss rates
- Needs synchronization when duty-cycling
- Complex deployment, funneling effect



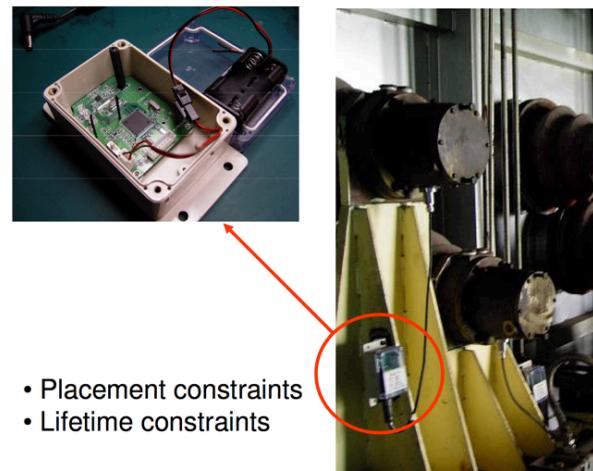


# ACADEMICS VS INDUSTRIES LET'S GO BACK TO REALITY!

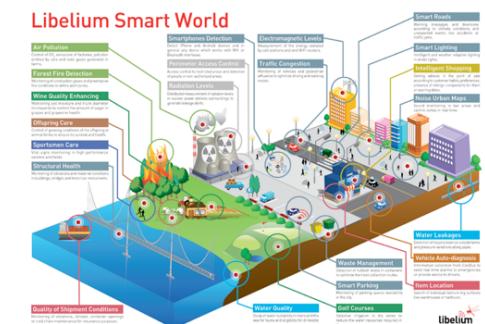
Millions of sensors,  
self-organizing, self-  
configuring, with  
QoS-based multi-  
path routing,  
mobility, and ...



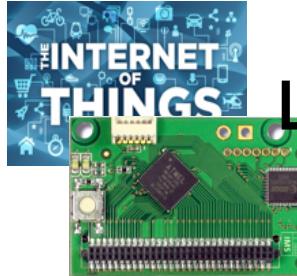
500 sensors, STATIC deployment,  
but need to have RELIABILITY,  
GUARANTEED LATENCY for  
monitoring and alerting. MUST  
run for 3 YEARS. No fancy stuff!  
CAN I HAVE IT?



- Placement constraints
- Lifetime constraints

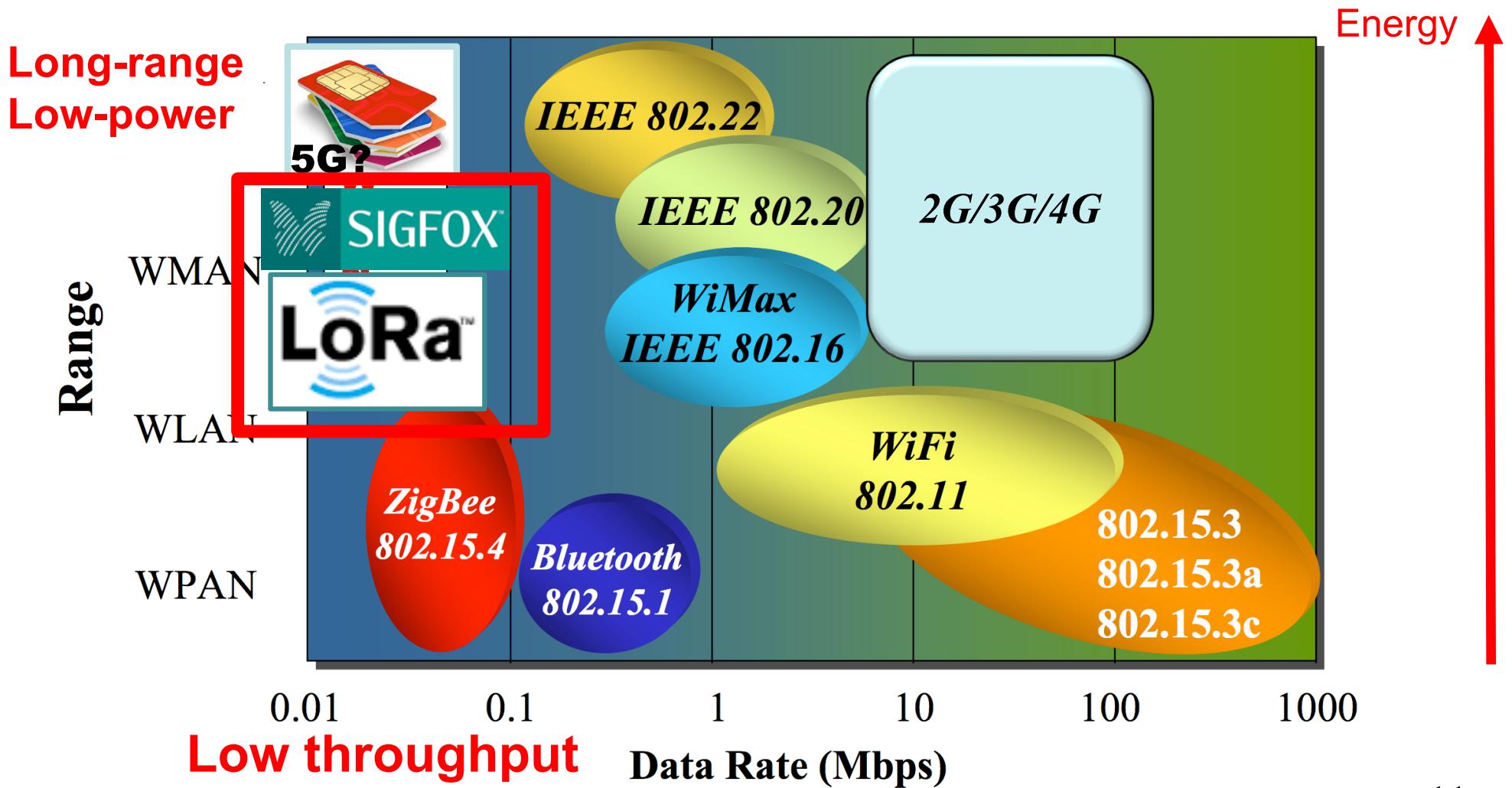


From Peng Zeng & Qin Wang



# LOW-POWER & LONG-RANGE RADIO TECHNOLOGIES

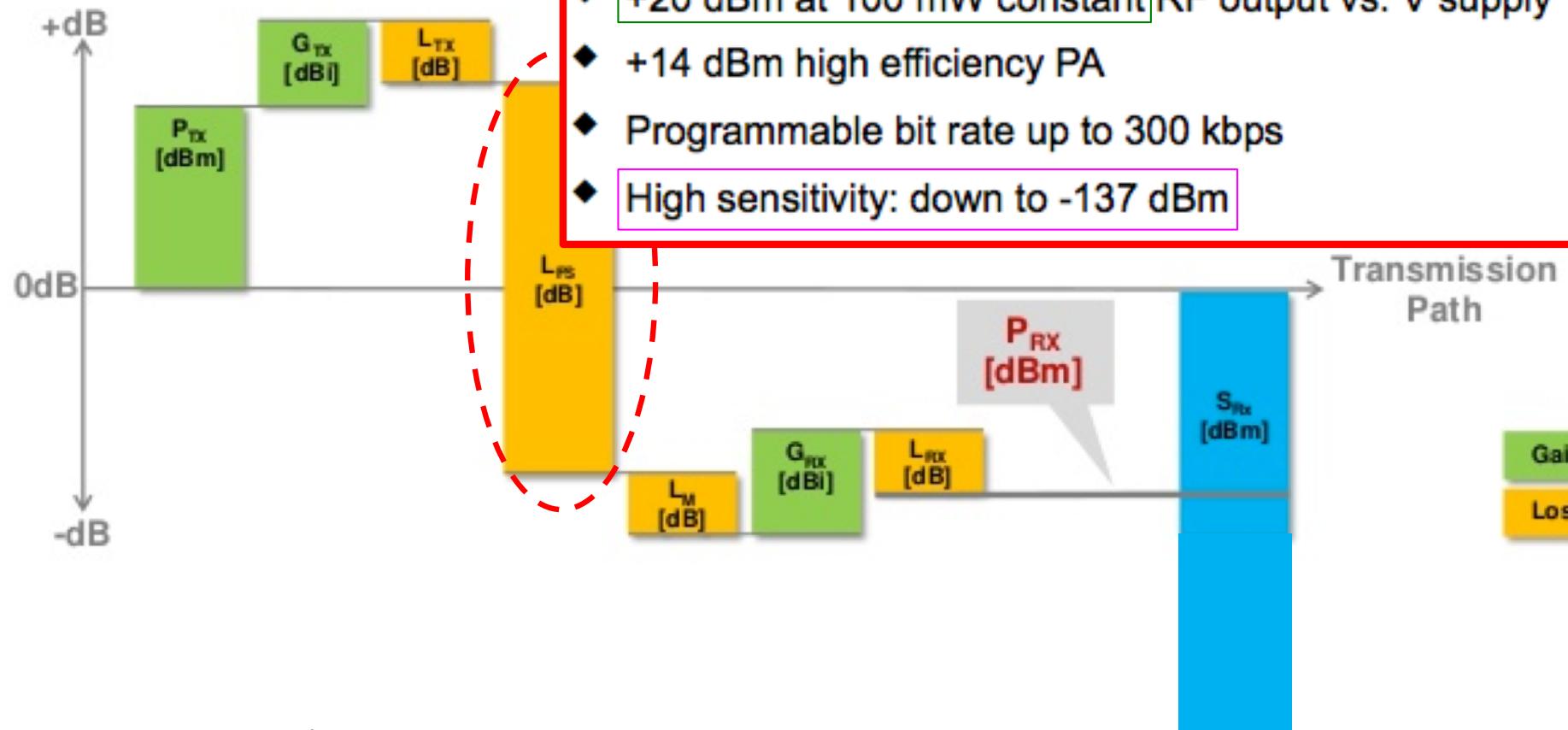
## Energy-Range dilemma

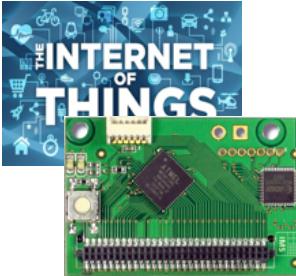




# LINK BUDGET OF LPWAN

$$P_{RX} = P_{TX} + G_{TX} - L_{TX} -$$





# SIMPLE LOSS IN SIGNAL STRENGTH MODEL

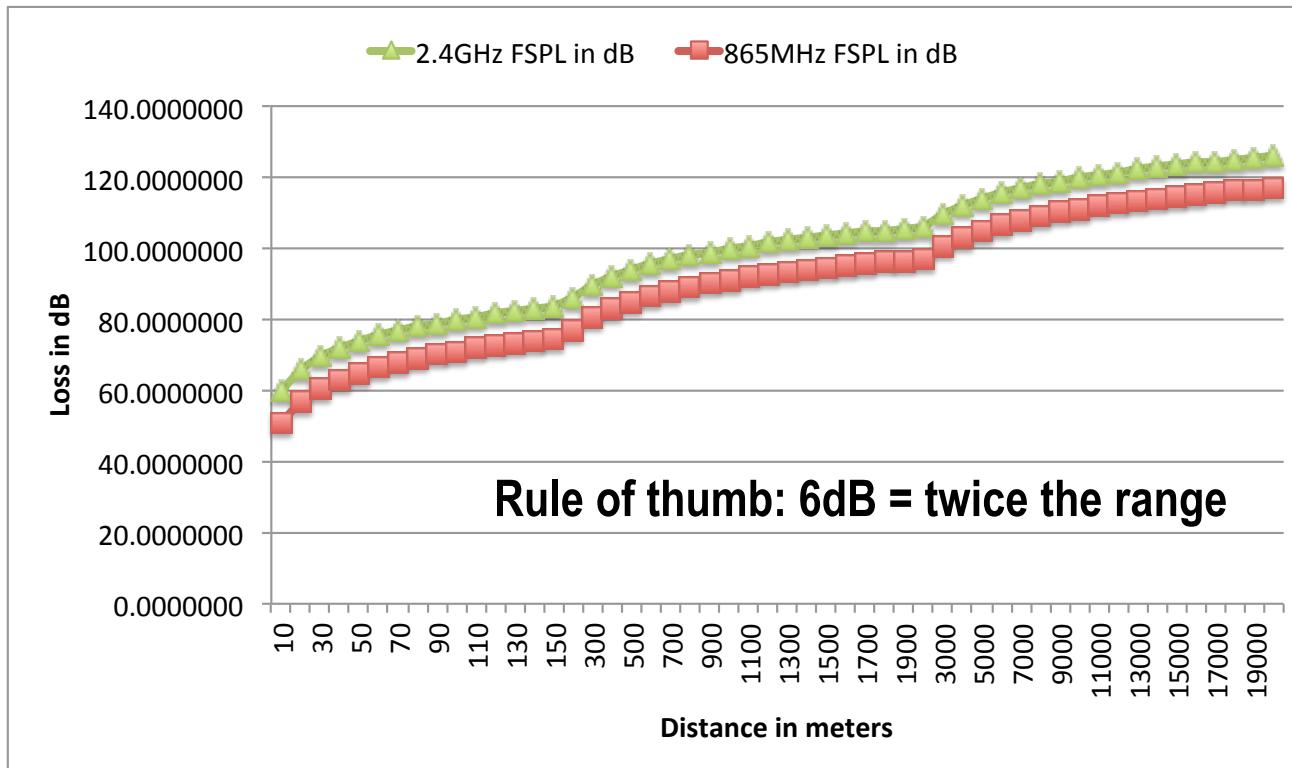
## □ Free Space Path Loss model

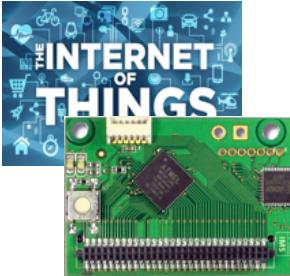
$$L_{(dB)} = 10 \log\left(\frac{P_t}{P_r}\right) = 20 \log\left(\frac{4\pi d}{\lambda}\right) = 20 \log\left(\frac{4\pi f d}{c}\right)$$

$$L_{(dB)} = 20 \log(f) + 20 \log(d) - 147,55 \text{ dB}$$

$$\begin{aligned} \text{FSPL} &= \left(\frac{4\pi d}{\lambda}\right)^2 & FSPL &= \frac{P_t}{P_r} G_t G_r \\ &= \left(\frac{4\pi d f}{c}\right)^2 \end{aligned}$$

FSPL assume Gt=Gr=1



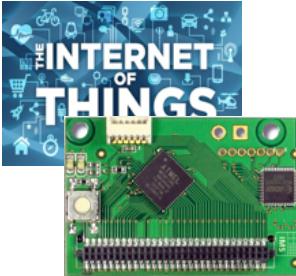


# LINK BUDGET EXAMPLE

- Received Power (dBm) = Transmitted Power (dBm) + Gains (dB) – Losses (dB) [mainly FSL]
- Example
  - Transmitted power is +14dBm (25mw)
  - Losses is 120dB
  - Then Receiver Power (dBm) is -106dBm
- If you have a receiver sensitivity of -137dBm you can handle FSPL up to 151dB!
- Rewriting the equation
  - Losses (dB) = Transmitted Power (dBm) - Received Power (dBm)
  - Losses = link budget & Received Power = max receiver sensitivity
  - Link budget = Transmitted Power - max receiver sensitivity
  - **151dB=14dBm - (-137dBm)**

dBm – power referred to 1 mW,

$$P_{\text{dBm}} = 10 \log(P/1\text{mW})$$



# LINK BUDGET EXAMPLE

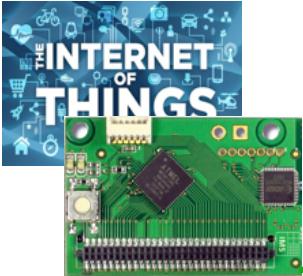
- Received Power (dBm) = Transmitted Power (dBm) + Gains (dB) – Losses (dB) [mainly FSL]
- Example
  - Transmitted power is +14dBm (25mw)
  - Losses (FSPL) is 100 dB
  - Then Receiver Power = 14 - 100 = -86 dBm
- If you have a receiver with a sensitivity of -137 dBm, you can handle FSPL up to 157 dB
- Rewriting the equation:
  - Losses (dB) = Transmitter Power (dBm) – Receiver Power (dBm)
  - Losses = link budget
  - Link budget = Transmitter Power (dBm) – Receiver Power (dBm)
  - $151 \text{ dB} = 14 \text{ dBm} - (-137 \text{ dBm})$

**dBm** – power referred to 1 mW,

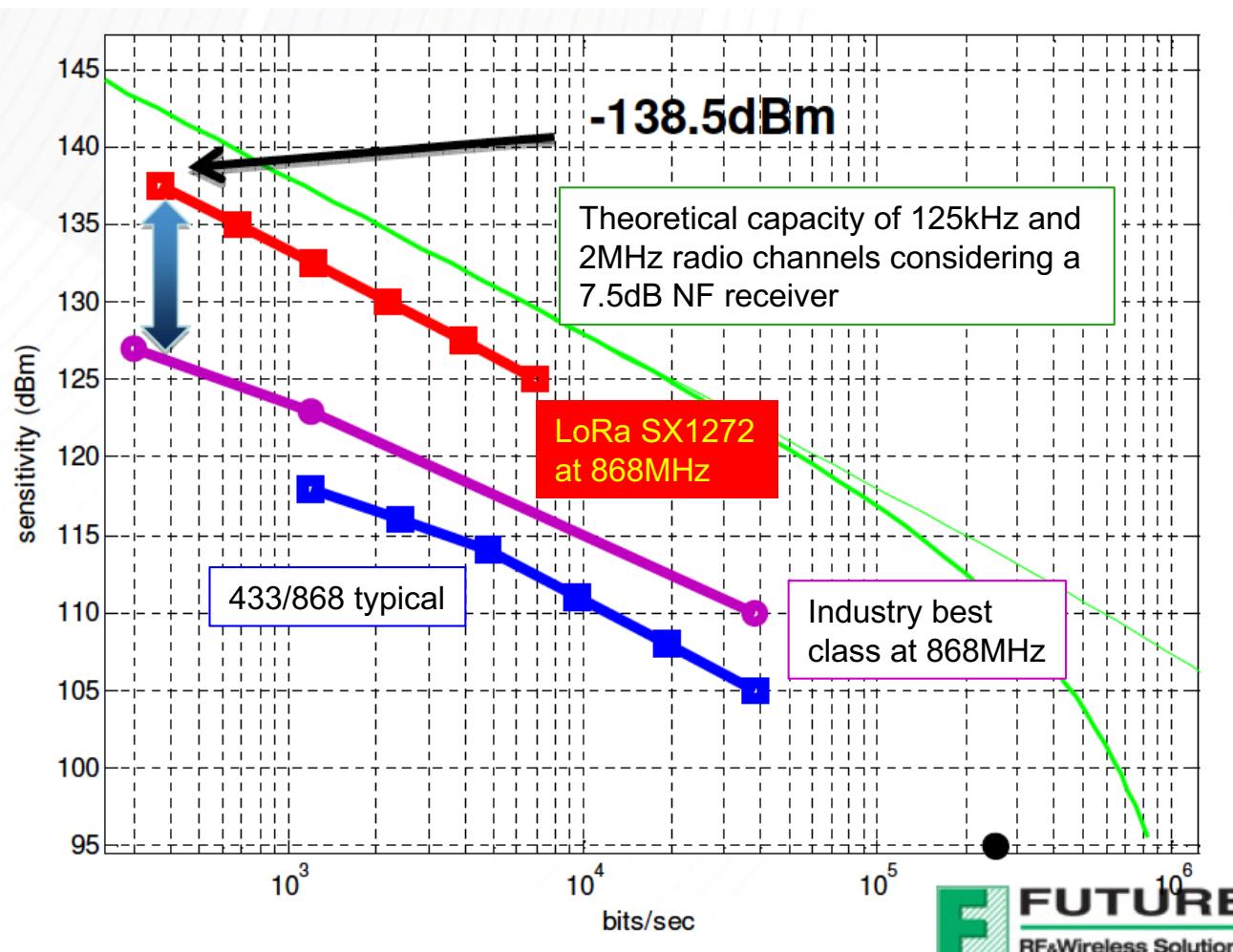
$$P_{\text{dBm}} = 10 \log(P/1\text{mW})$$

## KEY PRODUCT FEATURES

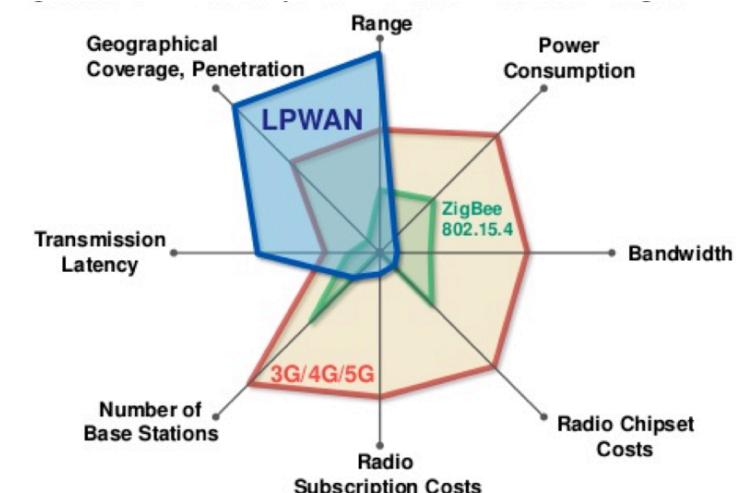
- ◆ LoRa™ Modem
- ◆ 157 dB maximum link budget
- ◆ +20 dBm at 100 mW constant RF output vs. V supply
- ◆ +14 dBm high efficiency PA
- ◆ Programmable bit rate up to 300 kbps
- ◆ High sensitivity: down to -137 dBm



# THE LONG-RANGE REVOLUTION

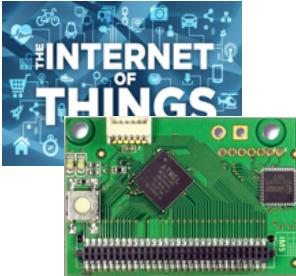


Sensitivity: lowest input power with acceptable link quality, typically 1% PER



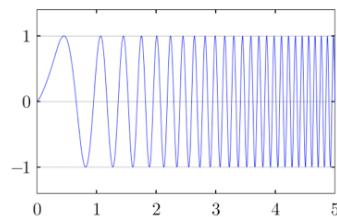
From Peter R. Egli, INDIGO.COM

**The lower the receiver sensitivity, the longer is the range!**

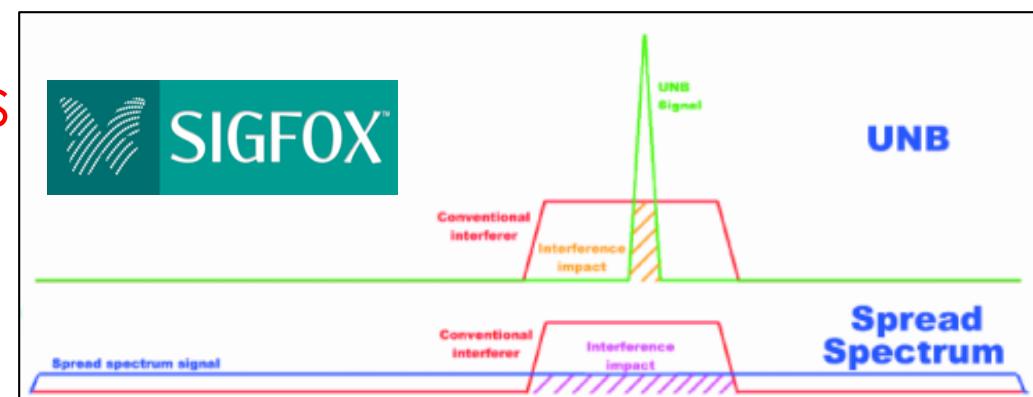


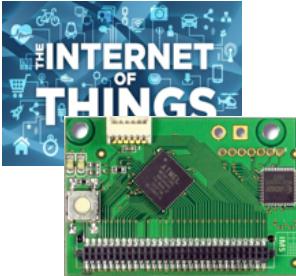
# INCREASING RANGE?

- ❑ Generally, robustness and sensitivity can be increased when transmitting (much) slower
- ❑ A [Sigfox message is sent relatively slowly in a very narrow band of spectrum (hence ultra-narrow-band) using Gaussian Frequency-Shift Keying modulation]. **Max throughput=~100bps**
- ❑ LoRa also increases time-on-air when maximum range is needed. But LoRa uses spread spectrum instead of UNB.  
**300bps-37.5kbps**



**LoRa™**





# LORA VS SIGFOX

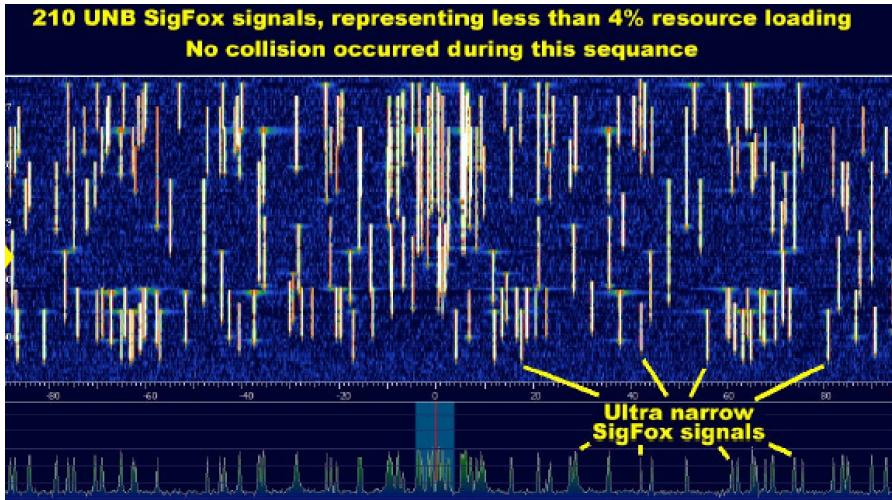
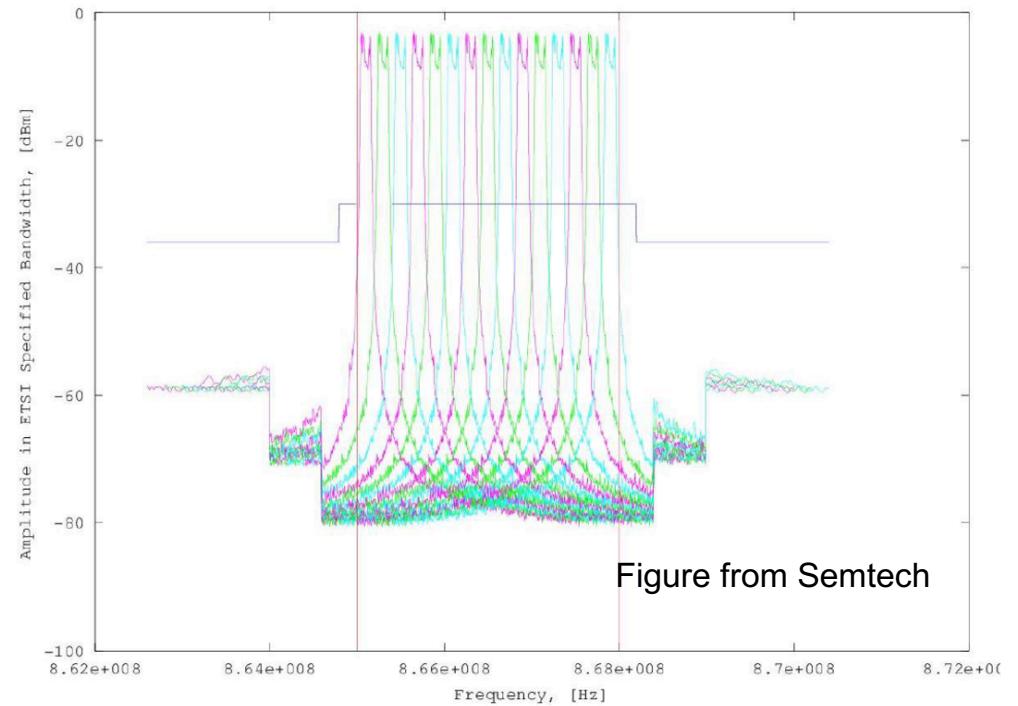


Figure from SigFox



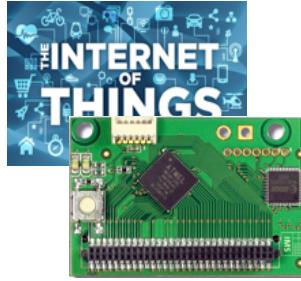
## Usual (ultra) narrow-band (UNB) vs spread spectrum (SS) arguments

UNB has lower in-band receive noise and SigFox can have more channels than LoRa

But UNB needs tighter receiver synchronization and more complex signal processing at receiver (SigFox uses advanced SDR at receiver to analyse the total band)

SS can more rapidly be saturated so LoRa may have more interference issues in dense environments

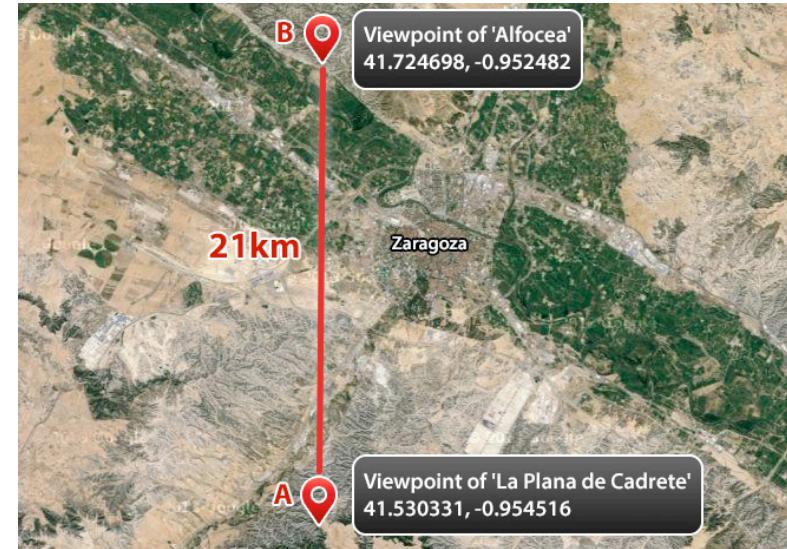
From networking guys perspective, LoRa is more versatile with possibility to build ad-hoc mesh networks



# VERSATILE LPWAN!



Dense urban areas



Rural areas



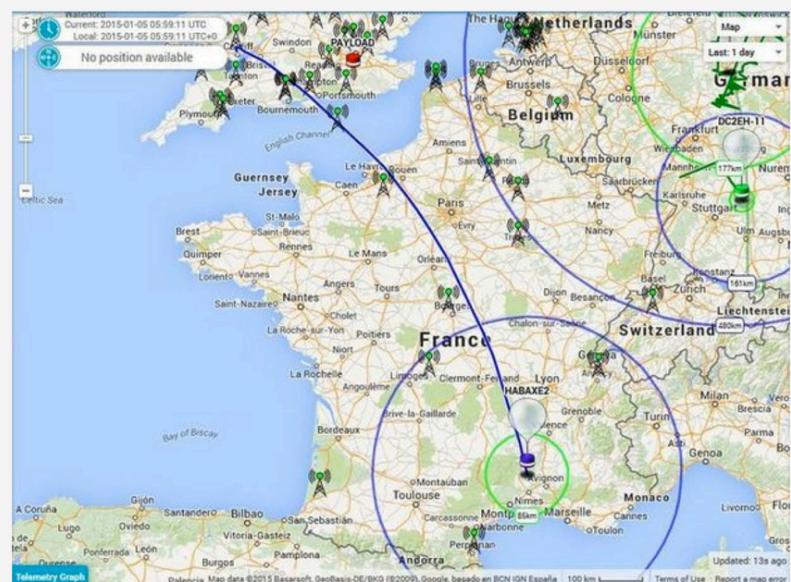
Indoor



Underground



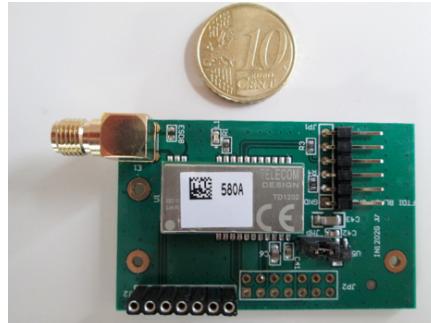
# THE HIGHER THE BETTER!



UK HAB (High Altitude Ballooning) trials gave 2 way LoRa™ coverage at up to 240 km. Lowering the data rate from 1000bps to 100bps should allow coverage all the way to the radio horizon, which is perhaps 600 km at the typical 6000-8000m soaring altitude of these balloons. Balloon tracking can be made



# SOME SIGFOX RADIO MODULES



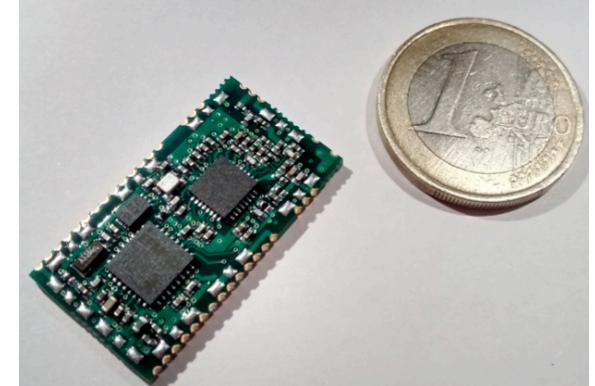
TD120x serie from Telecom Design



SigFox module from CookingHack (Libelium)



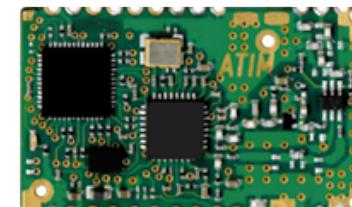
Adeunis SI868



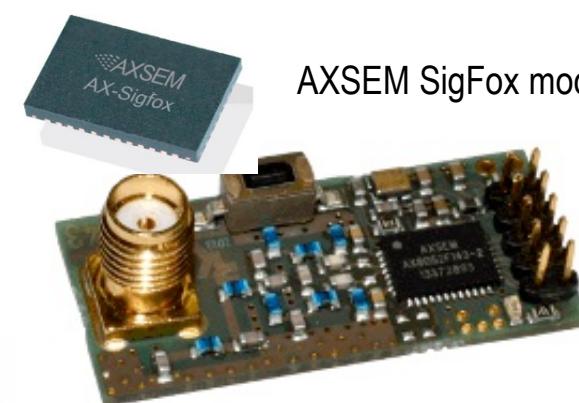
SIGT002 from CG-Wireless



SigBee module from ATIM



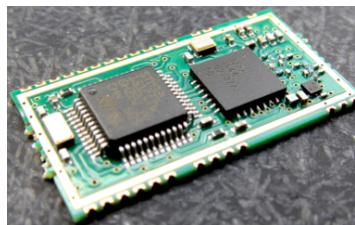
ARM-Nano N8 SigFox module from ATIM



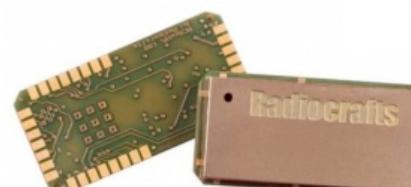
AXSEM SigFox module



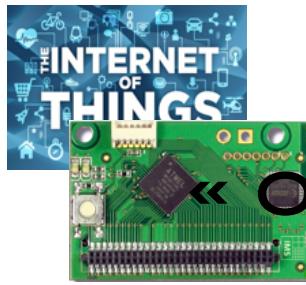
SigFox module from Snoc



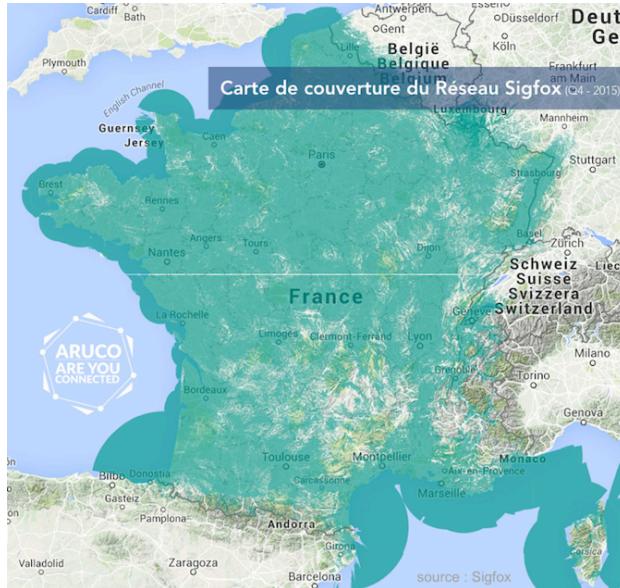
Nemeus MM002-LS-EU LoRa/SigFox



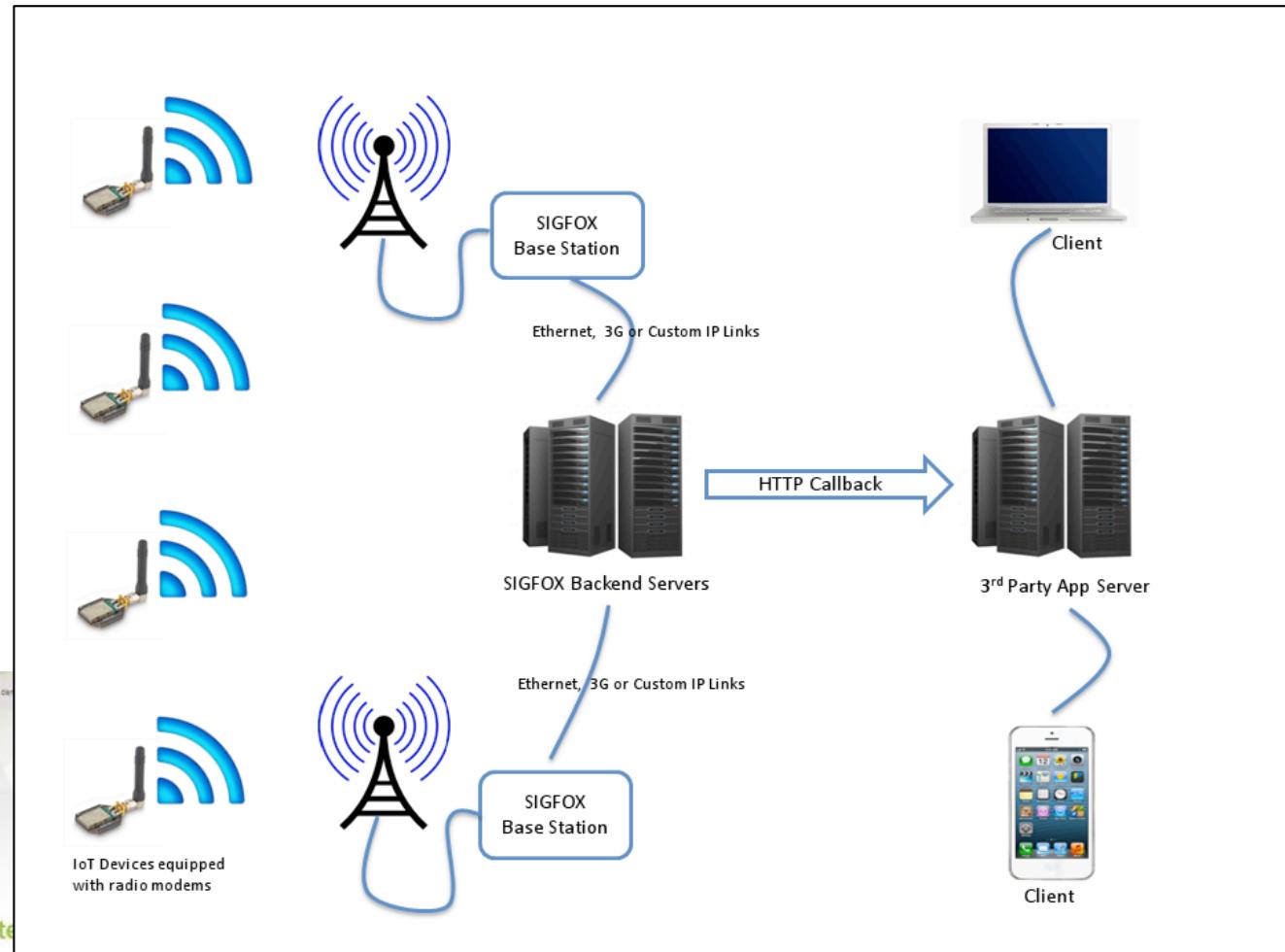
RC1682-SIG from RadioCraft



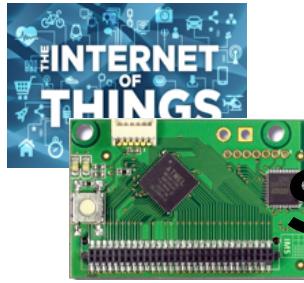
# SIGFOX'S MODEL FOR M2M: THE OPERATOR » (ALL-IN-ONE) APPROACH



Figures from SigFox



<http://www.scoop.it/t/toulouse-networks/?tag=SigFox>



# LORA MODULES FROM SEMTECH'S SX127X CHIPS



Libelium LoRa is based on  
Semtech SX1272 LoRa  
863-870 MHz for Europe



## LoRa® Transceivers

Part Number	Frequency Range (MHz)	Link Budget (dB)	Rx Current (mA)	FSK max DR (kbps)	LoRa DR (kbps)	Max Sensitivity (dBm)	Tx Power (dBm)
SX1272	860 – 1020	158	10	300	0.3 – 37.5	-137	+ 20
SX1273	860 – 1020	150	10	300	1.7 – 37.5	-130	+ 20
SX1276	137 – 1020	168	9.9	300	0.018 – 37.5	-148	+ 20
SX1277	137 – 1020	158	9.9	300	1.7 – 37.5	-139	+ 20
SX1278	137 – 525	168	9.9	300	0.018 – 37.5	-148	+ 20



Multi-Tech  
MultiConnect mDot



Adeunis ARF8030AA- Lo868

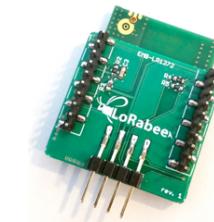
habSupplies



AMIHO AM093



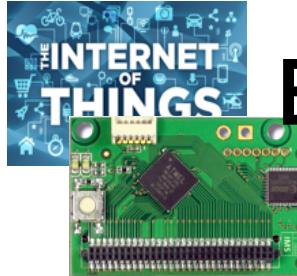
ARM-Nano N8 LoRa  
module from ATIM



SODAQ LoRaBee  
Embit

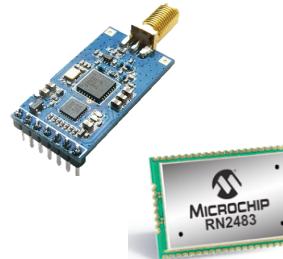


SODAQ LoRaBee  
RN2483

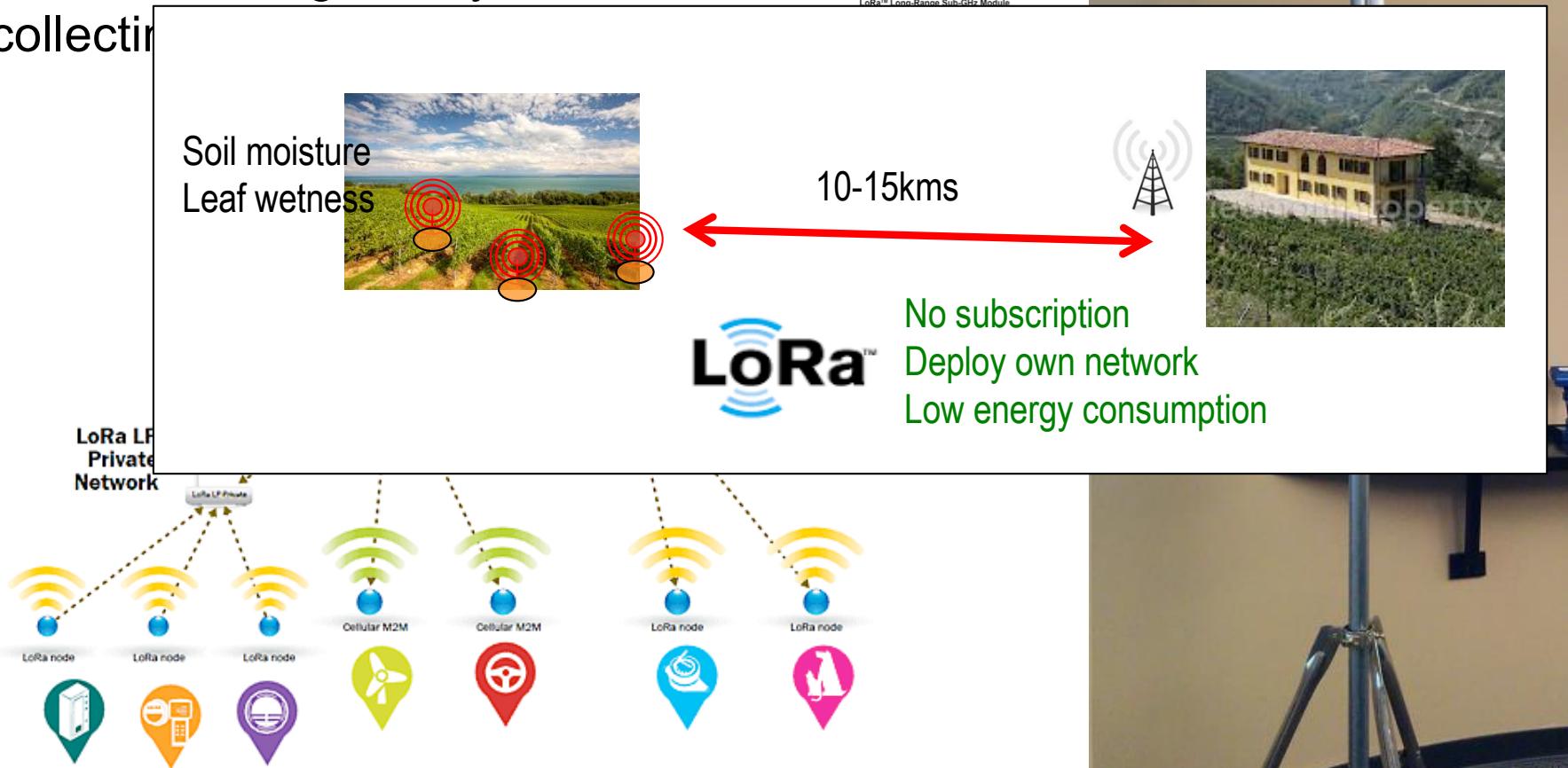


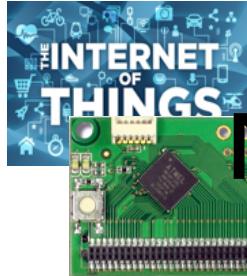
# BUILD YOUR OWN PRIVATE LoRA LPWAN

Add LoRa radio module to your preferred dev platform



Install a LoRa gateway and start collecting

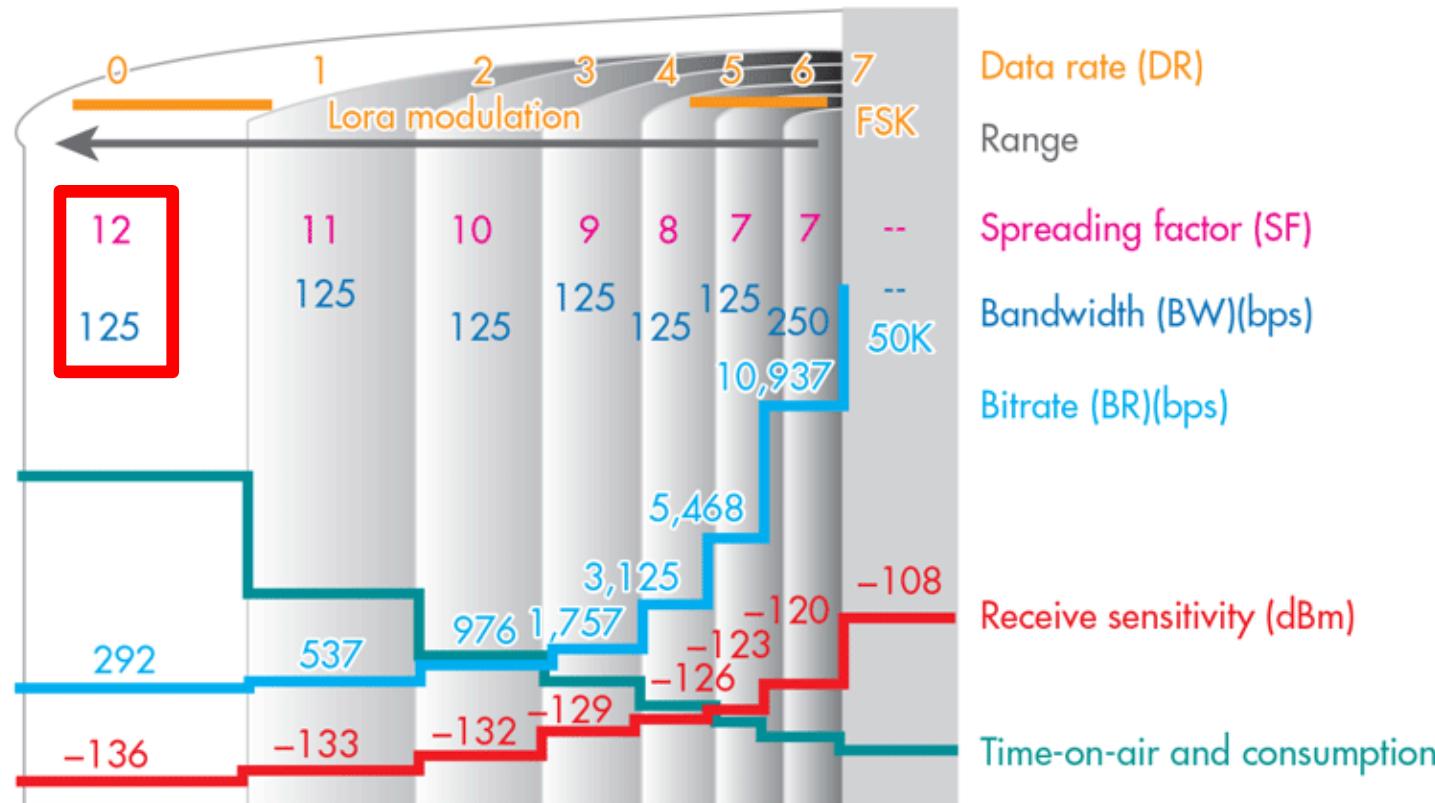


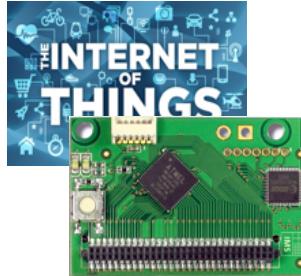


# MAIN LORA PARAMETERS

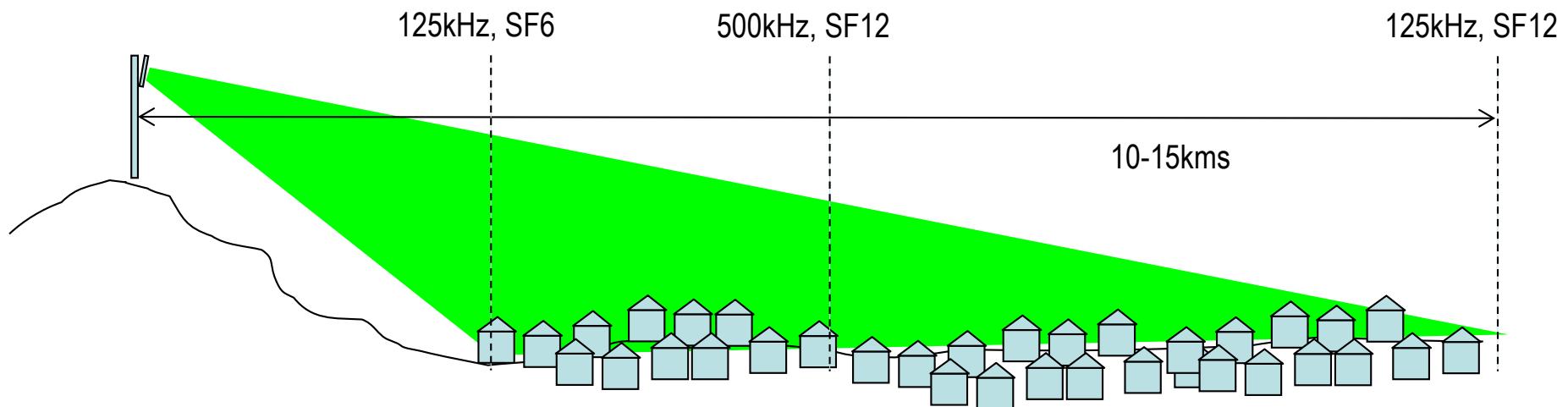
## □ Main parameters

- Bandwidth: 62.5kHz, 125kHz, 250kHz, 500kHz
- Spreading factor: 6 to 12

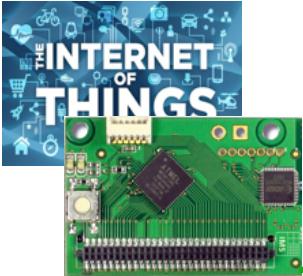




# RELATION TO RANGE



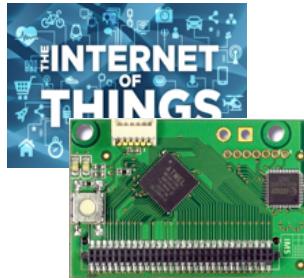
Bandwidth (kHz)	Spreading Factor	Coding rate	Nominal Rb (bps)	Sensitivity (dBm)
125	12	4/5	293	-136
250	12	4/5	586	-133
500	12	4/5	1172	-130



# THE PRICE TO PAY!

Very low throughput  
Transmission time can be several seconds

LoRa mode	BW	CR	SF	time on air in second for payload size of							max thr. for 255B in bps
				5 bytes	55 bytes	105 bytes	155 Bytes	205 Bytes	255 Bytes		
1	125	4/5	12	0.95846	2.59686	4.23526	5.87366	7.51206	9.15046	223	
2	250	4/5	12	0.47923	1.21651	1.87187	2.52723	3.26451	3.91987	520	
3	125	4/5	10	0.28058	0.69018	1.09978	1.50938	1.91898	2.32858	876	
4	500	4/5	12	0.23962	0.60826	0.93594	1.26362	1.63226	1.95994	1041	
5	250	4/5	10	0.14029	0.34509	0.54989	0.75469	0.95949	1.16429	1752	
6	500	4/5	11	0.11981	0.30413	0.50893	0.69325	0.87757	1.06189	1921	
7	250	4/5	9	0.07014	0.18278	0.29542	0.40806	0.5207	0.63334	3221	
8	500	4/5	9	0.03507	0.09139	0.14771	0.20403	0.26035	0.31667	6442	
9	500	4/5	8	0.01754	0.05082	0.08154	0.11482	0.14554	0.17882	11408	
10	500	4/5	7	0.00877	0.02797	0.04589	0.06381	0.08301	0.10093	20212	



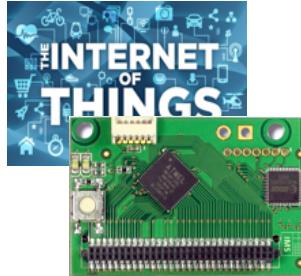
# ENERGY CONSUMPTION COMPARAISON

Tables from Semtech

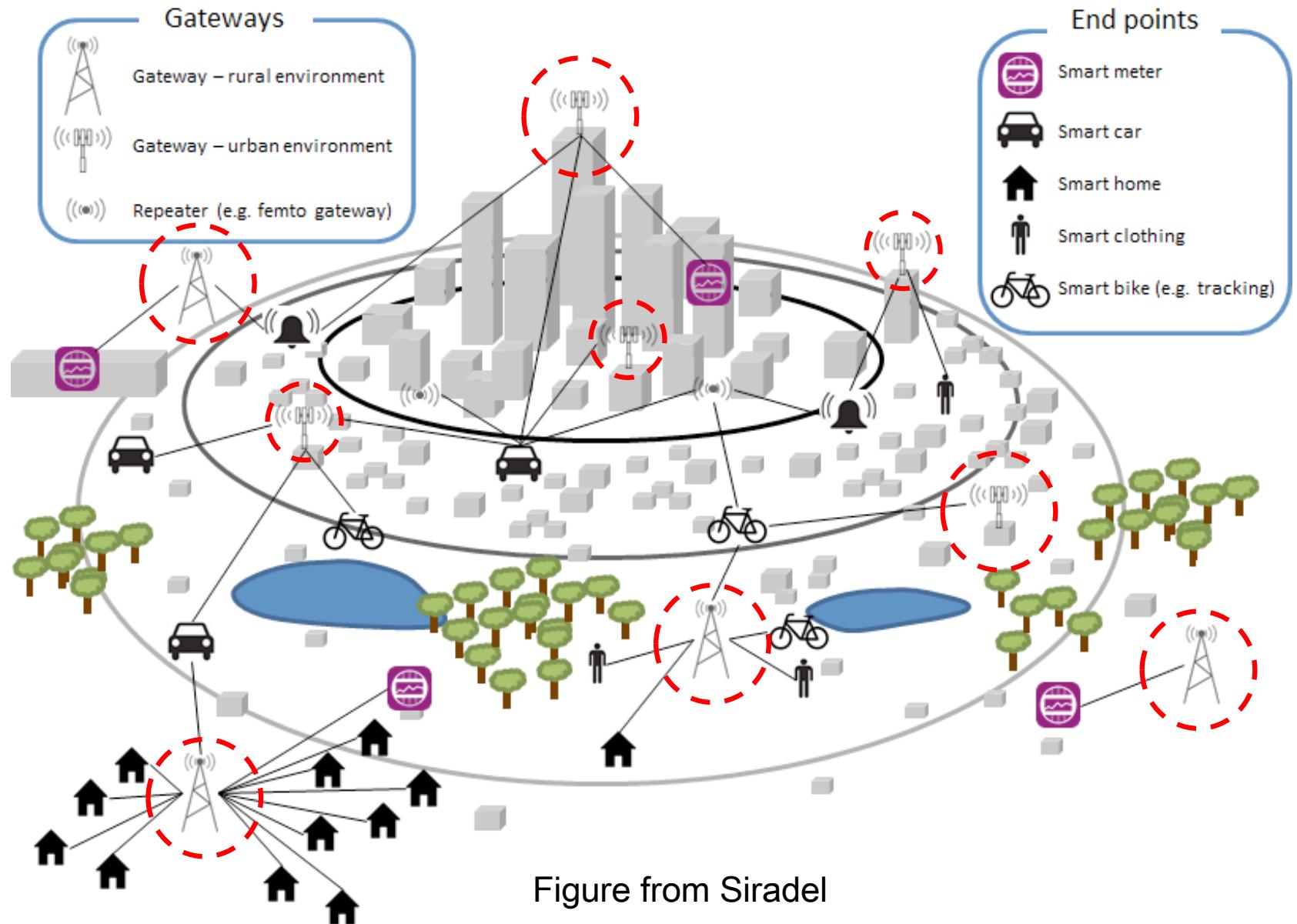
Technology	2G	3G	LAN	ZigBee	Lo Power WAN
Range (I=Indoor, O=Outdoor)	N/A	N/A	O: 300m I: 30m	O: 90m I: 30m	Same as 2G/3G
Tx current consumption	200-500mA	500-1000mA	100-300mA	18mA	18mA-40mA
Standby current	2.3mA	3.5mA	NC	0.003mA	0.001mA
Energy harvesting (solar, other)	No	No	No	Possible	Possible
Battery 2000mAh (LR6 battery)	4-8 hours(com) 36 days(idle)	2-4 hours(com) X hours(idle)	50 hours(com) X hours(idle)	60hours (com)	120 hours(com) 10 year(idle)

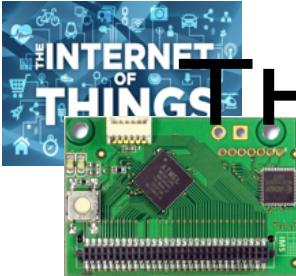
TX power: 30mA. Mean consumption:  $(8 \times 30 + 3592 \times 0.2) / 3600 = 0.266\text{mA}$

$$2500 / 0.266 = 9398\text{h} = 391\text{ days} = 13\text{ months}$$



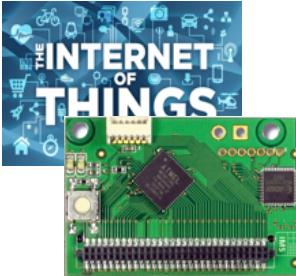
# TYPICAL SCENARIOS





# THE ISM/SRD LICENSE-FREE FREQUENCY BANDS



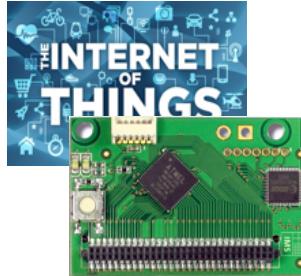


# LICENSE-FREE SUB-GHz CONSTRAINTS

- Shared medium so long-range transmission in dense environments can create lots of interference!
- Activity time is constrained from 0.1%, 1% 10% duty-cycle depending on frequency: 3.6s, 36s/hour to 360s/hour

Band	Edge Frequencies		Field / Power	Spectrum Access	Band Width
	Fe-	Fe+			
g(Note 7)	865 MHz	868 MHz	+6.2 dBm /100 kHz	1 % or LBT AFA	3 MHz
g(Note 7)	865 MHz	870 MHz	-0.8 dBm / 100 kHz	0.1% or LBT AFA	5 MHz
g1	868 MHz	868.6	14 dBm	1 % or LBT AFA	600 kHz
g2	868.7 MHz	869.2 MHz	14 dBm	0.1% or LBT AFA	500 kHz
g3	869.4 MHz	869.65 MHz	27 dBm	10 % or LBT AFA	250 kHz
g4	869.7 MHz	870 MHz	7 dBm	No requirement	300 kHz
g4	869.7 MHz	870 MHz	14 dBm	1 % or LBT AFA	300 kHz

For SigFox, the operator typically limits the number of messages per day (140) with penalty for over usage. e.g. new messages/day =  $140 - (2 * \text{«\#msg_overuse»})$  applied during «#msg\_overuse» days



# LoRa™ Alliance

Wide Area Networks for IoT

## Sponsor members

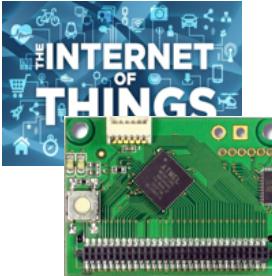


## Contributor members



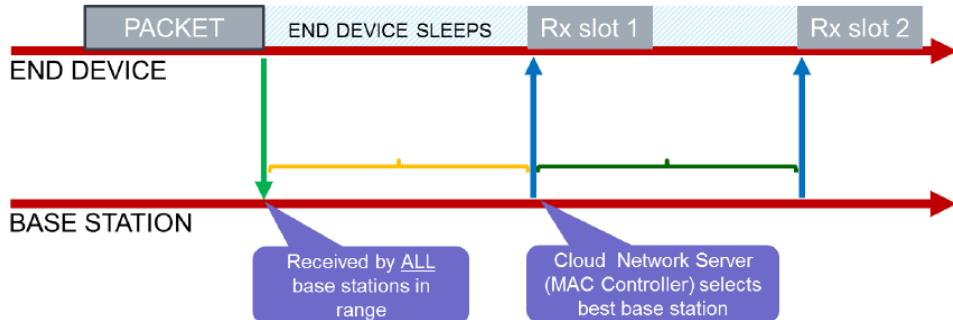
## Adopter members





# WHAT IS LORAWAN?

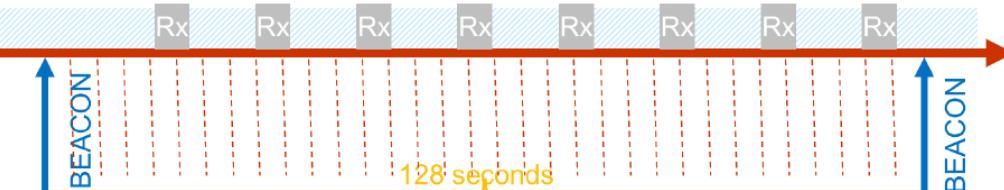
## Class A: Receiver Initiated Transmission strategy (RIT)



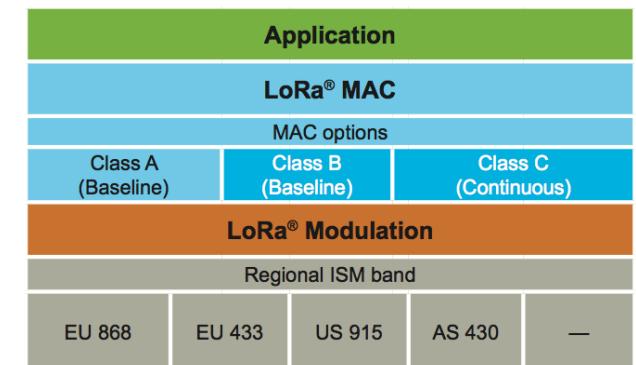
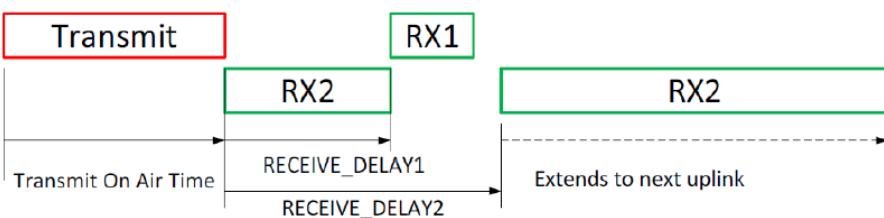
## Class B: Coordinated Sampled Listening (CSL)

*Network may send downlink packet to node at any Rx slot*

END DEVICE



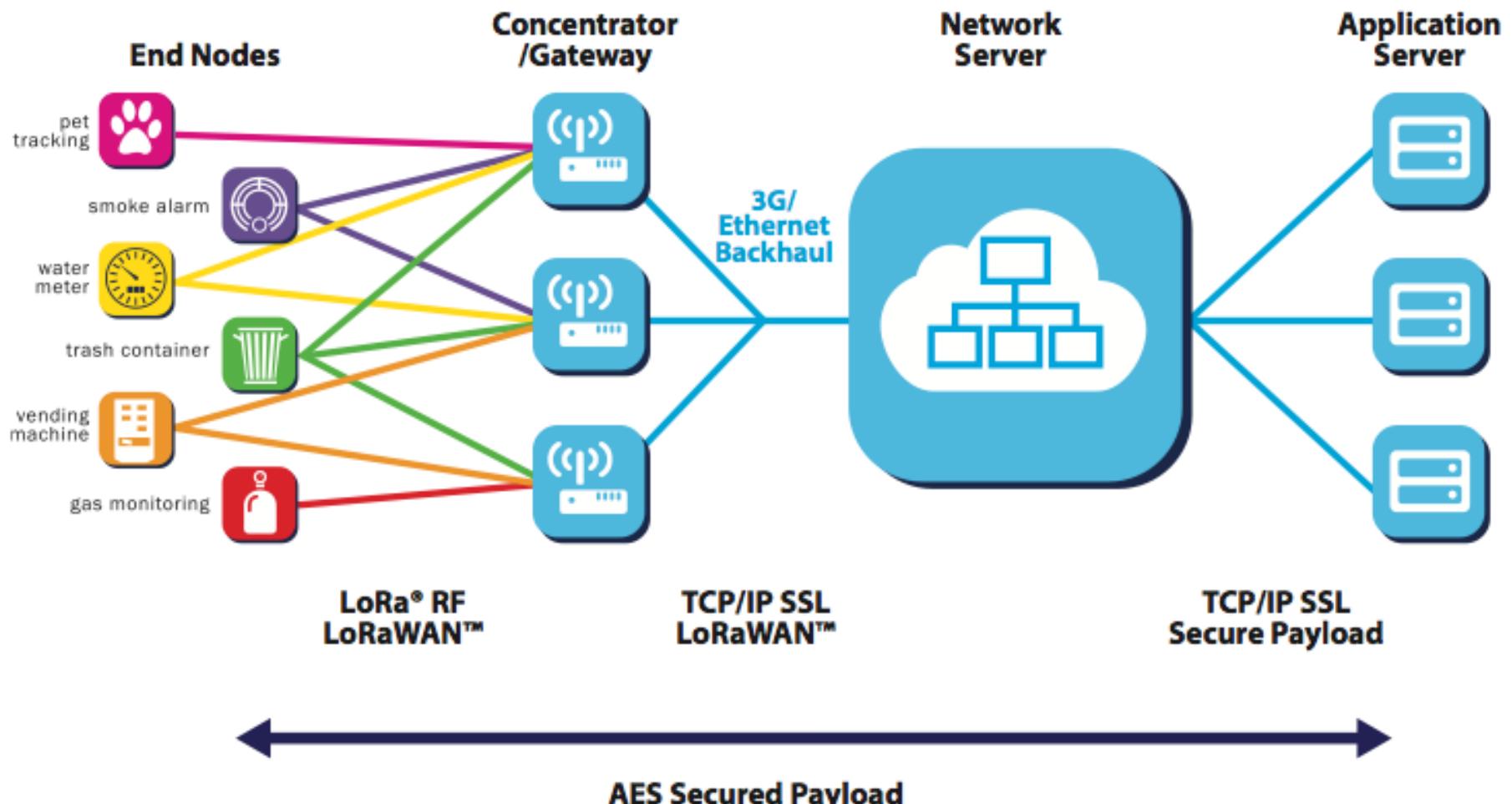
## Class C: Continuous Listening

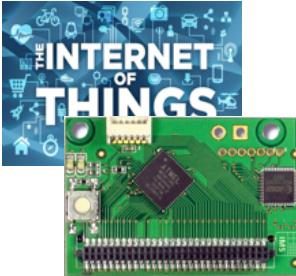


LoRa™ Long-Range Sub-GHz Module  
(Part # RN2483)



# LORAWAN ARCHITECTURE





# LORAWAN CHANNELS

## ☐ EU 863-870MHz ISM Band

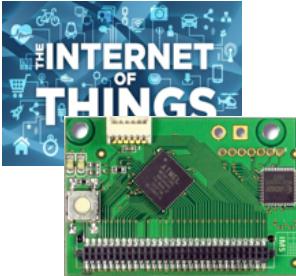
DataRate	Configuration	Indicative physical bit rate [bit/s]	TXPower	Configuration
0	LoRa: SF12 / 125 kHz	250	0	20 dBm (if supported)
1	LoRa: SF11 / 125 kHz	440	1	14 dBm
2	LoRa: SF10 / 125 kHz	980	2	11 dBm
3	LoRa: SF9 / 125 kHz	1760	3	8 dBm
4	LoRa: SF8 / 125 kHz	3125	4	5 dBm
5	LoRa: SF7 / 125 kHz	5470	5	2 dBm
6	LoRa: SF7 / 250 kHz	11000	6..15	RFU
7	FSK: 50 kbps	50000		
8..15	RFU			

Table 14: Data rate and TX power table

## ☐ Minimum set

Modulation	Bandwidth [kHz]	Channel Frequency [MHz]	FSK Bitrate or LoRa DR / Bitrate	Nb Channels	Duty cycle
LoRa	125	868.10 868.30 868.50	DR0 to DR5 / 0.3-5 kbps	3	<1%

Table 12: EU863-870 default channels



## OTHER "LONG-RANGE" TECHNOLOGIES

Weightless  
N, P

LTE  
Cat-M1  
Cat-M2

RPMA  
(Ingenu)

802.11ah

NWave

Telensa

Amber  
Wireless

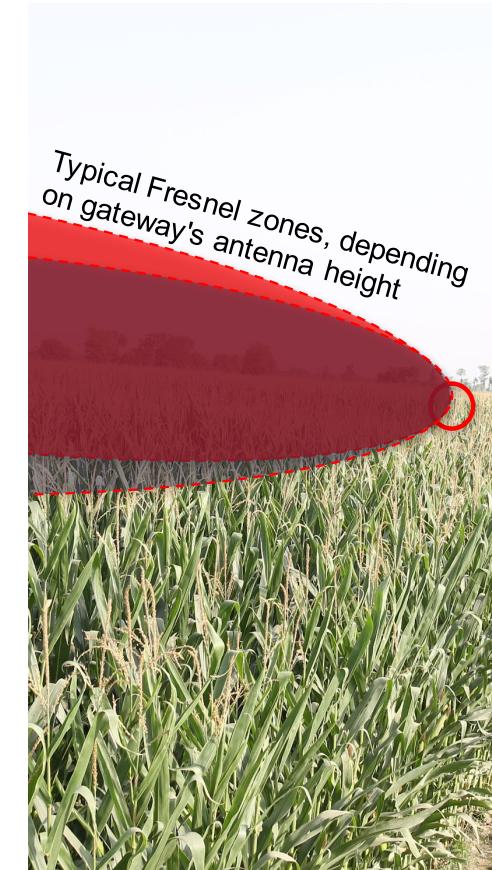
waviot

NB-IoT



# REAL-WORLD DEPLOYMENT

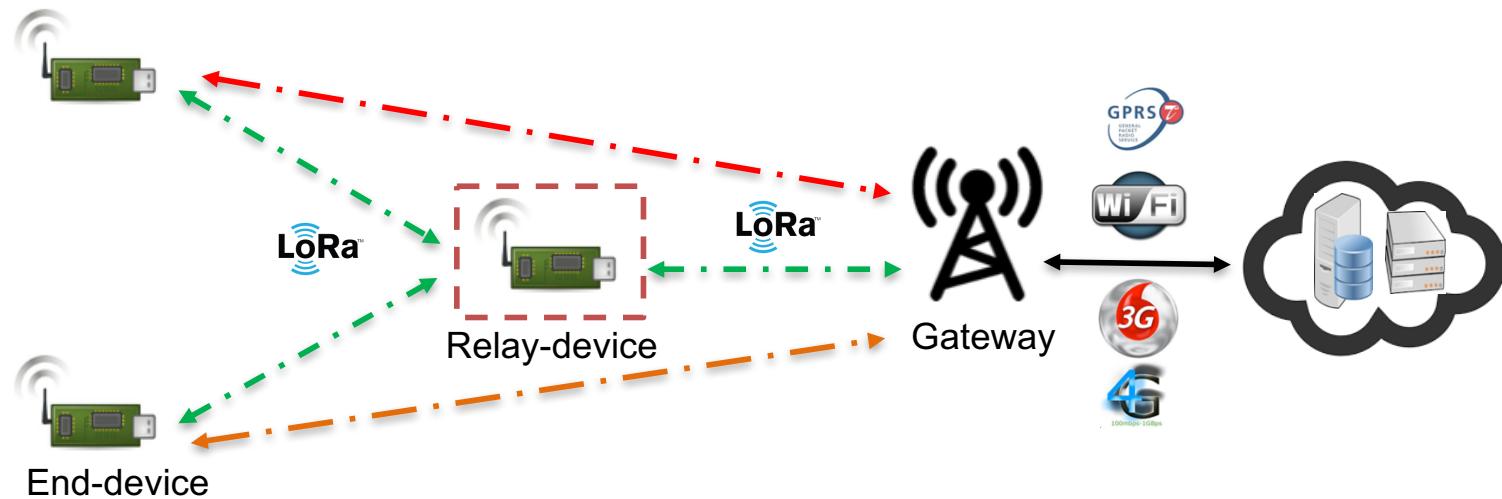
- Provides 2-hop LoRa to solve some connectivity issues in real-world deployment scenario

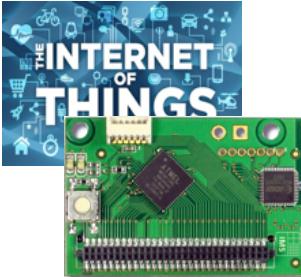




## 2-HOP LoRa APPROACH

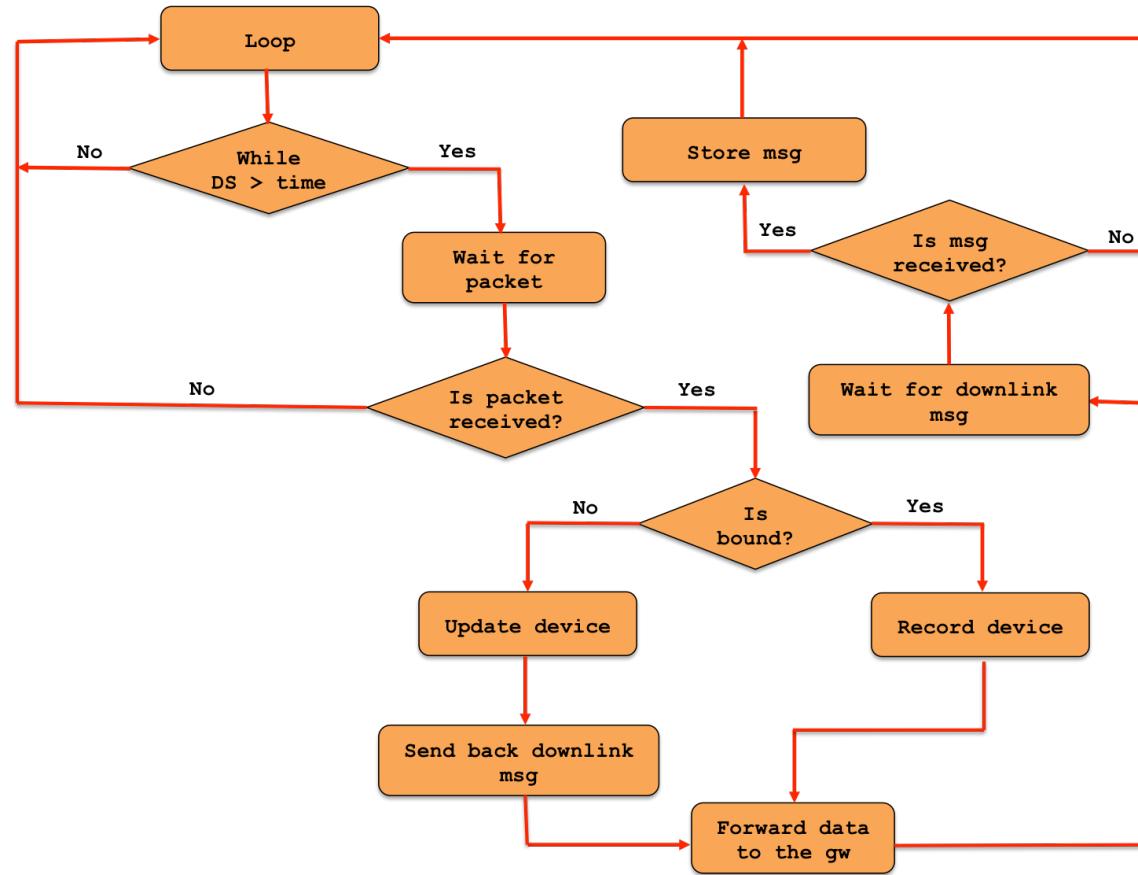
- Objective is to have a **smart, transparent** relay node that can be inserted at anytime between end-devices and gateway

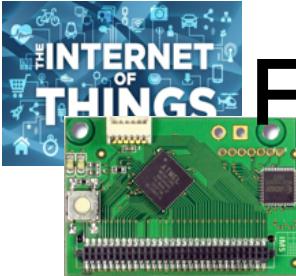




# SMART RELAY DEVICE LEARNING ON-THE-FLY

- On-the-fly learning of incoming traffic from end-devices: **the observation phase**





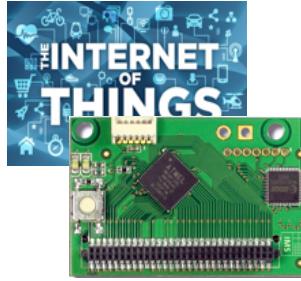
# ROBUST CHANNEL ACCESS MECHANISMS

---

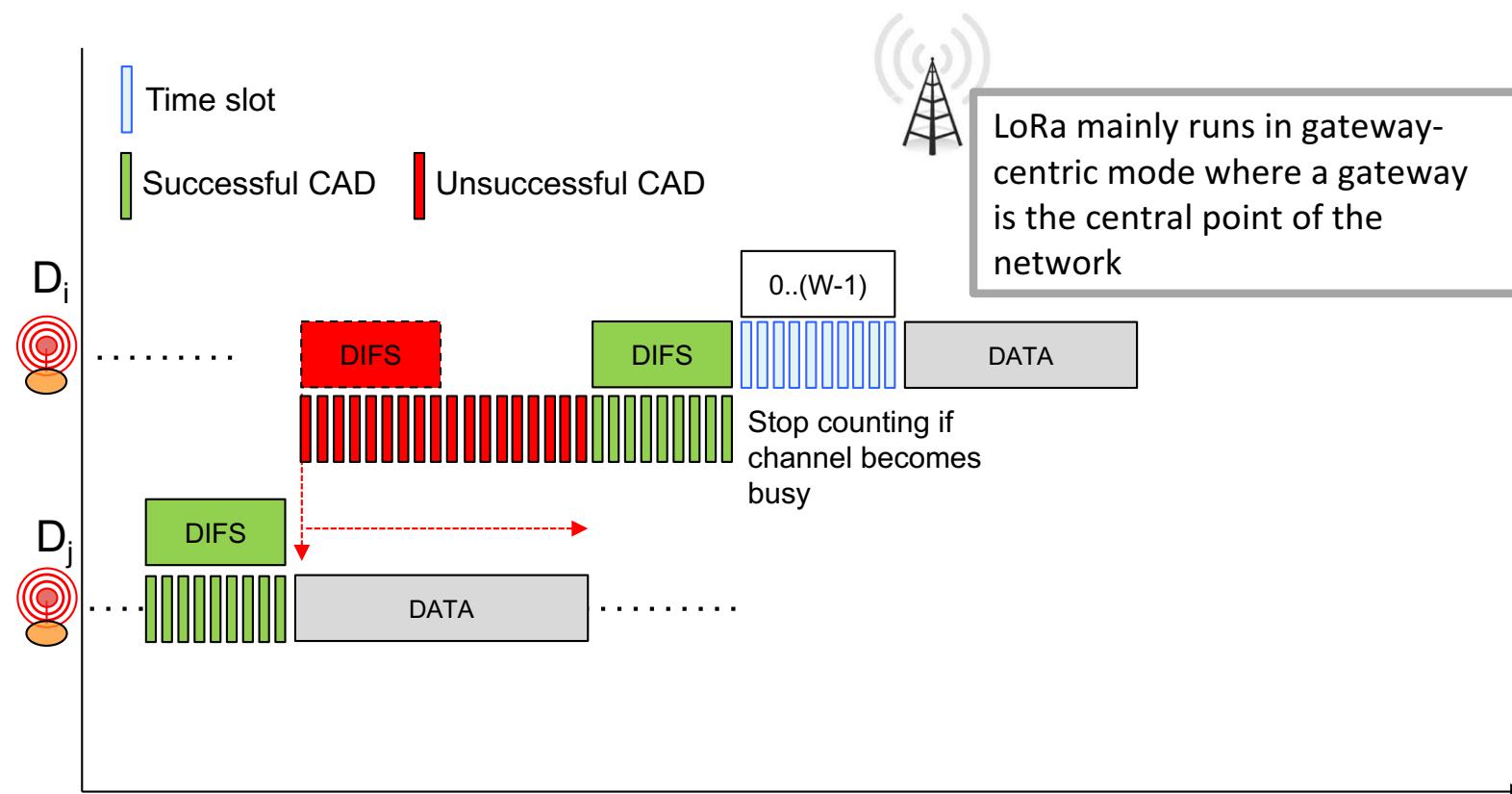
- With densier LoRa networks and more heterogeneous traffic (traditional+image sensors) it is necessary to provide a more robust channel access mechanism
- Objectives are to reduce packet collisions, thus reducing delivery latency, and reduce power consumption due to unsuccessfull transmissions

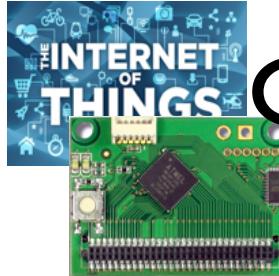
C. Pham, "Investigating and Experimenting CSMA Channel Access Mechanisms for LoRa IoT Networks", IEEE WCNC'2018.

C. Pham, "Robust CSMA for Long-Range LoRa Transmissions with Image Sensing Devices", IEEE WD'2018.

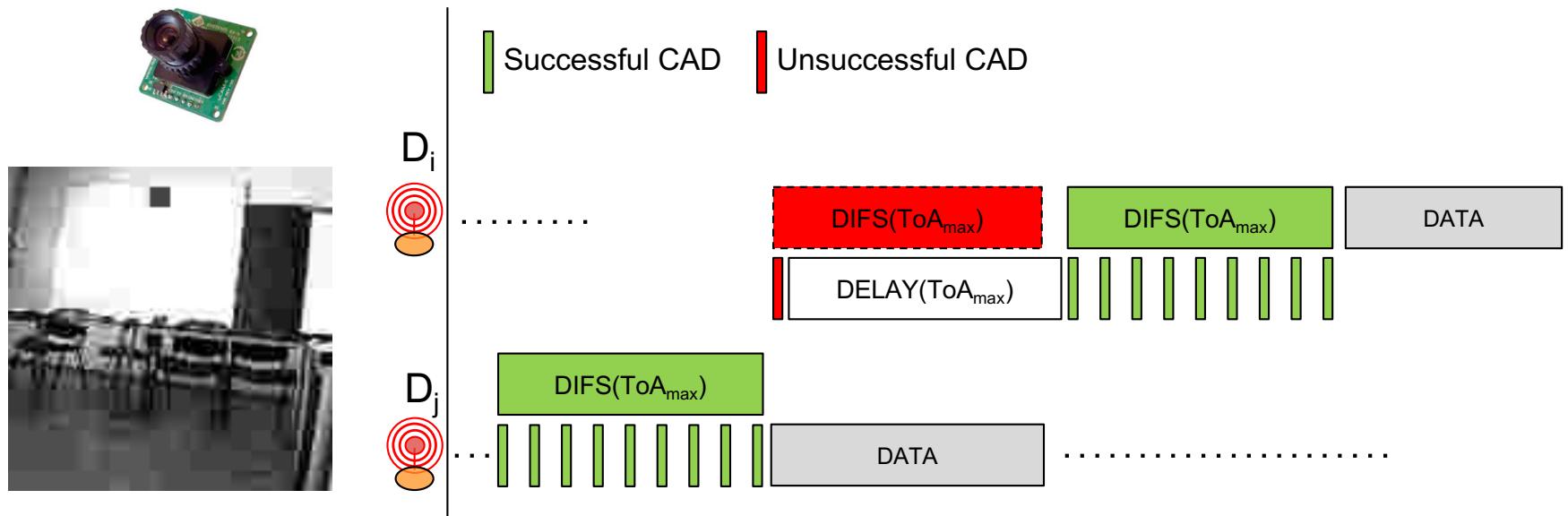
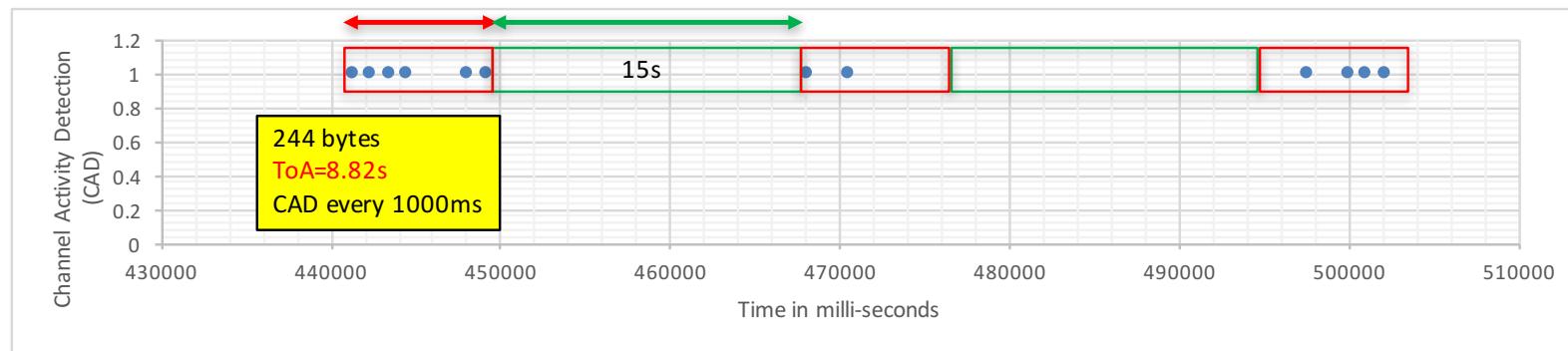


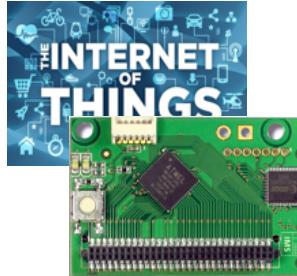
# CSMA-BASED DERIVED FROM 802.11



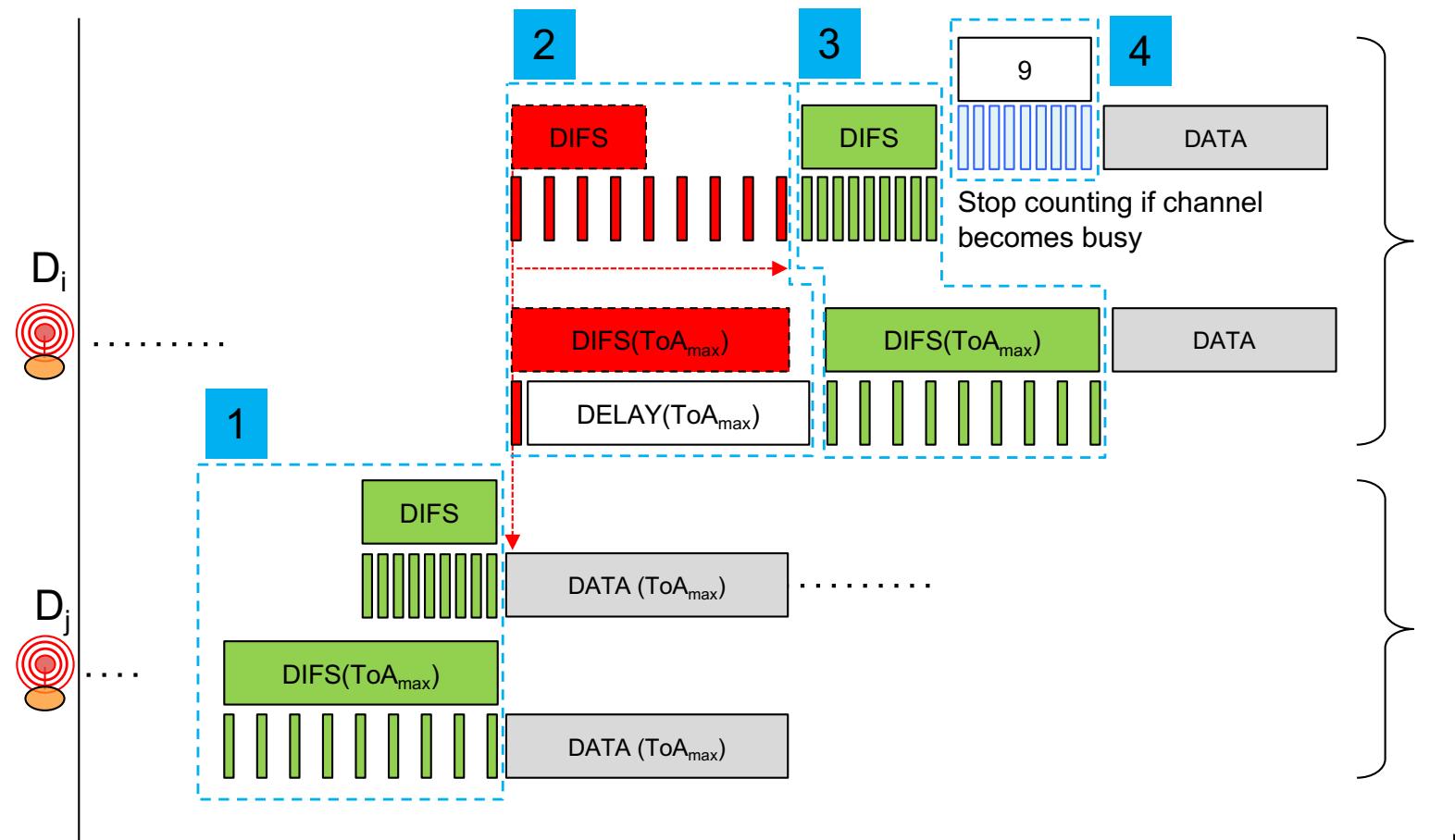


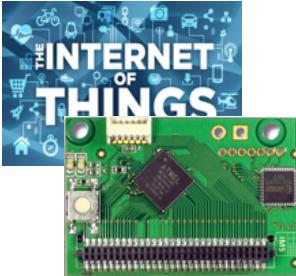
# CSMA-BASED ADAPTED TO LONGER MSG





# CSMA ALTERNATIVES & COMPARISON





# QUALITY OF SERVICE

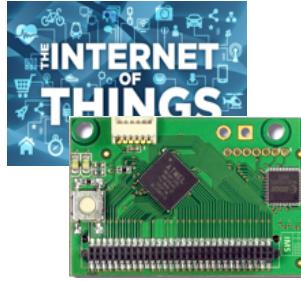
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- Regulations stipulate that **radio activity duty-cycle** should be enforced at devices.
- LoRaWAN specification from LoRa Alliance is a first attempt to standardize LoRa networks but **no issues on quality of service**.
- Proposition of a Long-range Activity Sharing (LAS) mechanism when running under duty-cycle regulations
- Allow a device to be able to send critical data without having to wait for the next cycle

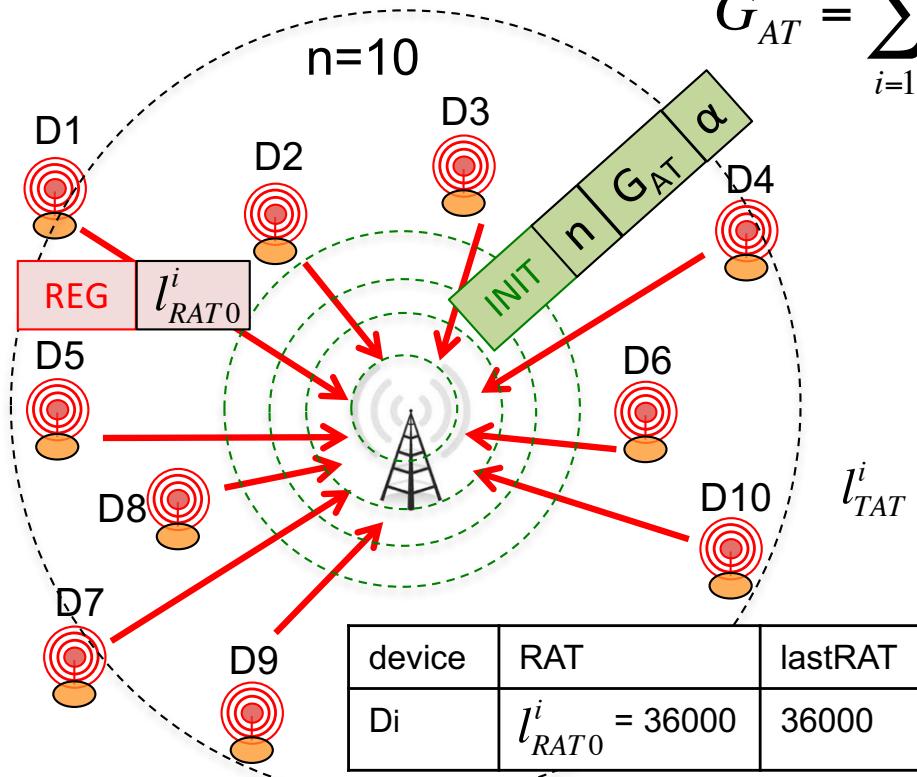
C. Pham, "Deploying a Pool of Long-Range Wireless Image Sensor with Shared Activity Time". Proceedings of the 11th IEEE WiMob'2015, October 19-21, 2015, Abu Dhabi, UAE.

C. Pham, "Towards Quality of Service for Long-range IoT in Unlicensed Radio Spectrum". IEEE Wireless Days (WD'2016), Toulouse, France, March 2016.

C. Pham, "QoS for Long-Range Wireless Sensors under Duty-Cycle Regulations with Shared Activity Time Usage". ACM Transactions on Sensor Networks, Vol. 12(4), 2016.



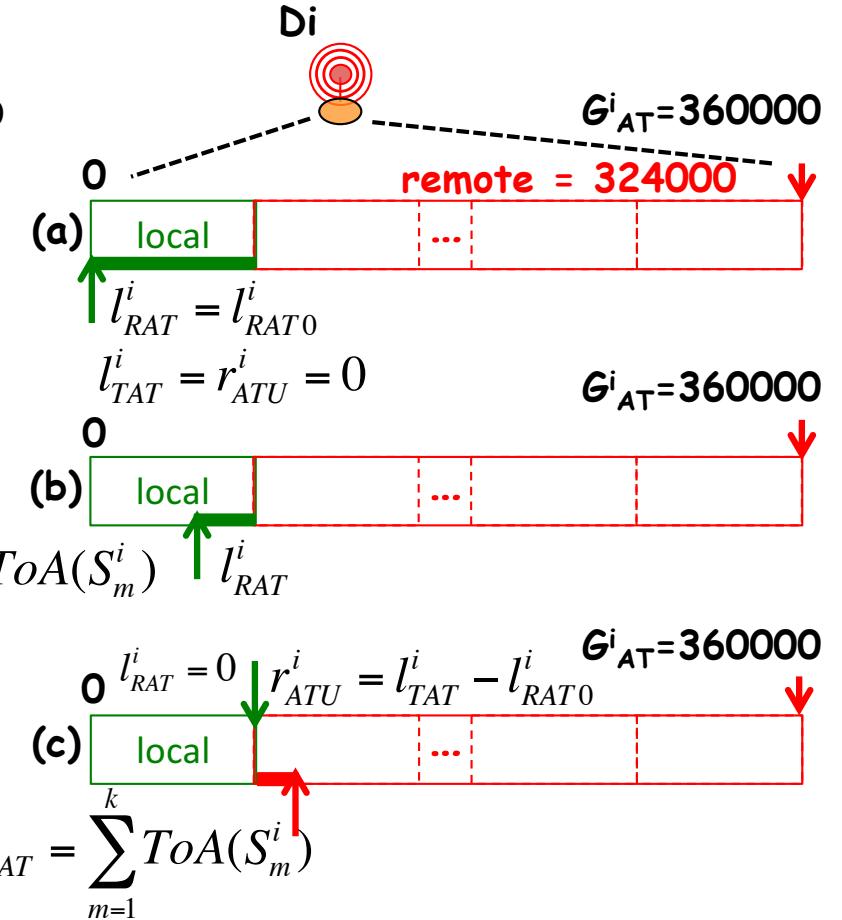
# LONG-RANGE ACTIVITY SHARING (LAS)



$$G_{AT} = \sum_{i=1}^n l^i_{RAT0}$$

$$l^i_{TAT} = \sum_{m=1}^k ToA(S_m^i)$$

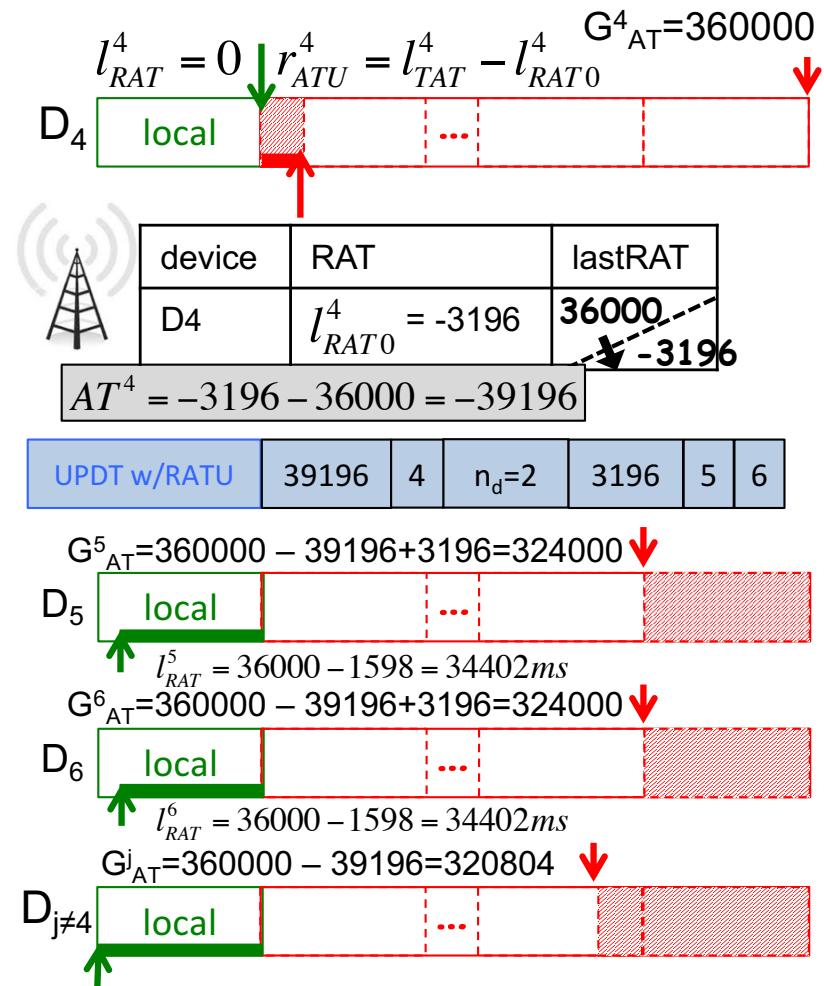
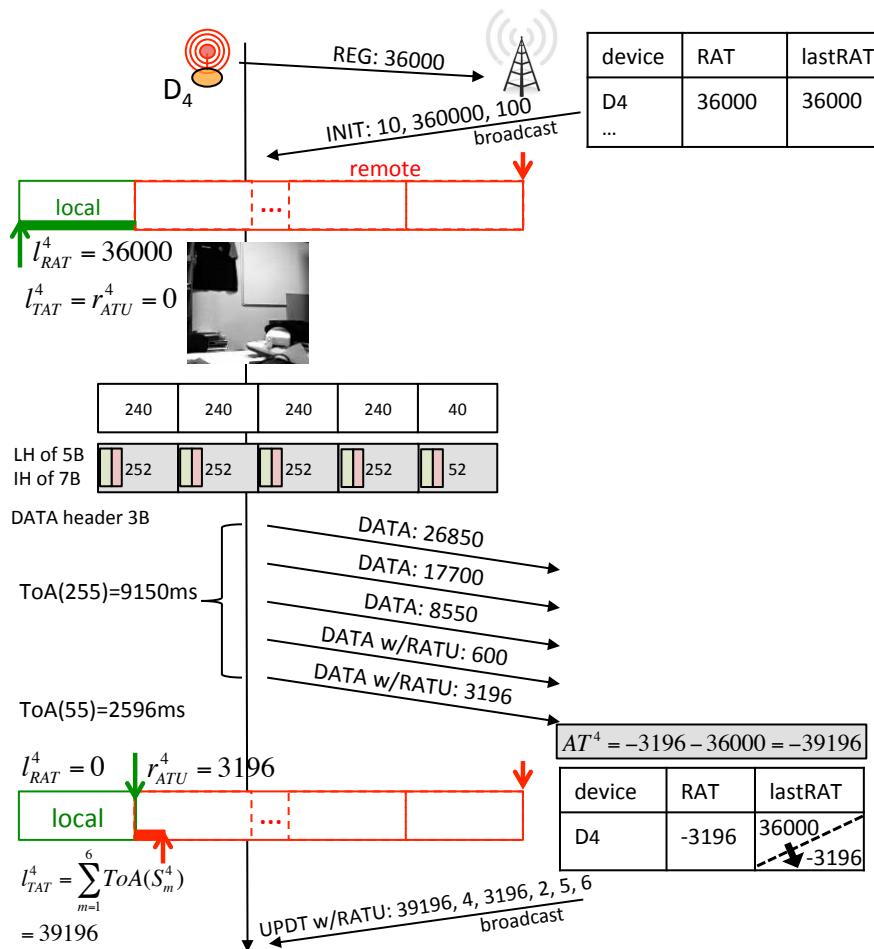
$$l^i_{TAT} = \sum_{m=1}^k ToA(S_m^i)$$



A device can transmit more if needed, provided that other devices will decrease their radio activity time accordingly.



# DISTRIBUTING REMOTE ACTIVITY TIME USAGE





# WAZIUP Open IoT and Big data platform for Africans, by Africans



Affordable technologies  
to empower rural economies



Exploit advanced research  
capitalizing on IoT and Big  
data state-of-the art findings



Develop IoT solutions and  
applications meeting  
African needs

**DO MORE**  
with LESS

- [www.waziup.eu](http://www.waziup.eu)
- [Waziup IoT](#)
- [Waziup IoT](#)
- [Waziup](#)
- [Waziup](#)



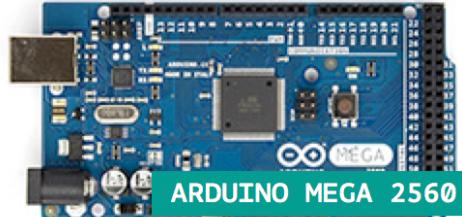
waziup.community@create-net.org



# WAZIUP PROVIDES SW/HW BUILDING BLOCKS INTEGRATION



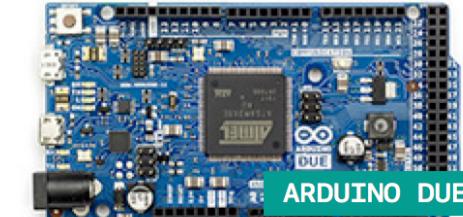
ARDUINO UNO



ARDUINO MEGA 2560



ARDUINO ZERO



ARDUINO DUE



ARDUINO MICRO



ARDUINO PRO MINI



ARDUINO NANO



Ideutron Nexus



TeensyLC/3.1/3.2



Adafruit Feather 32u4/M0



Expressif ESP8266/ESP32

More to come...



LoRa radios that  
our library already  
supports



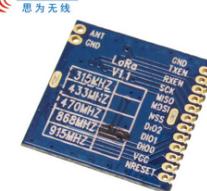
HopeRF  
RFM92W/95W



Libelium LoRa



Modtronix  
inAir9/9B



NiceRF  
LoRa1276

Long-Range communication library



# READY-TO-USE TEMPLATES

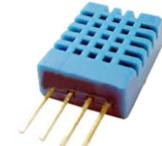
Moisture/  
Temperature of  
storage areas



Physical  
sensor

Physical  
sensor

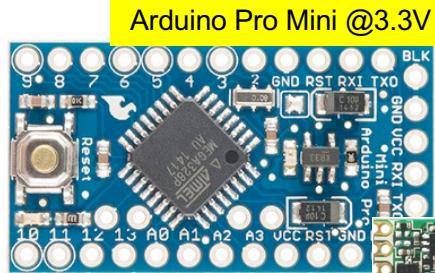
Physical  
sensor



Physical  
sensor  
mgmt

**\*VERY\***  
**IMPORTANT**

AES  
encryption



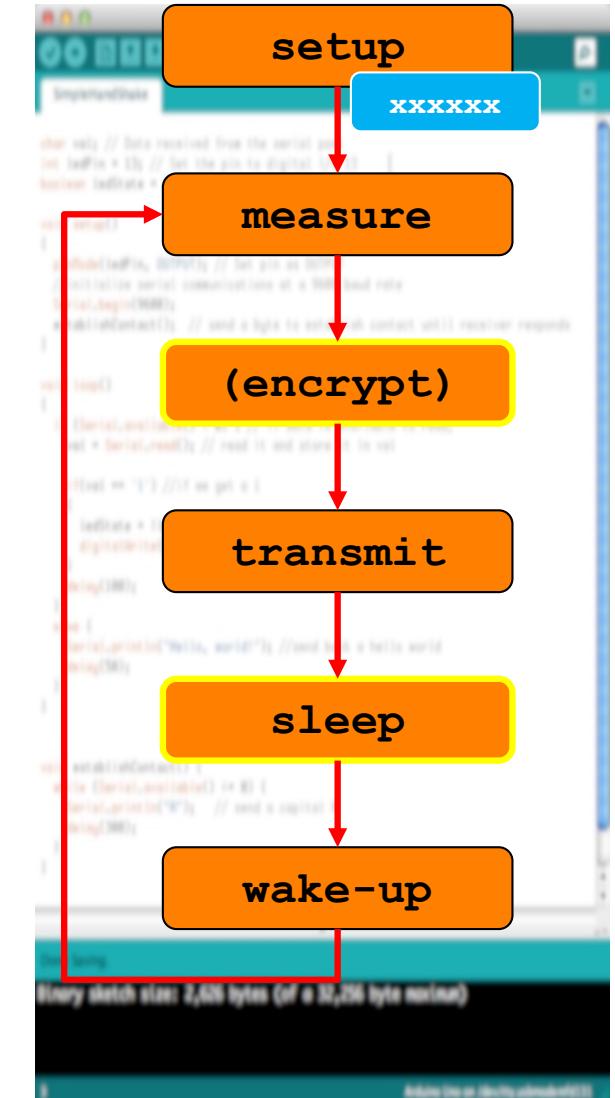
Long-range  
transmission

**\*VERY\***  
**IMPORTANT**

Activity  
duty-cycle,  
low power



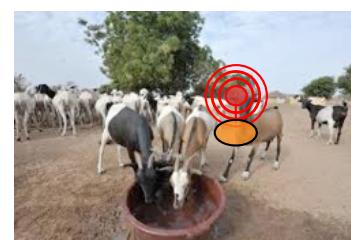
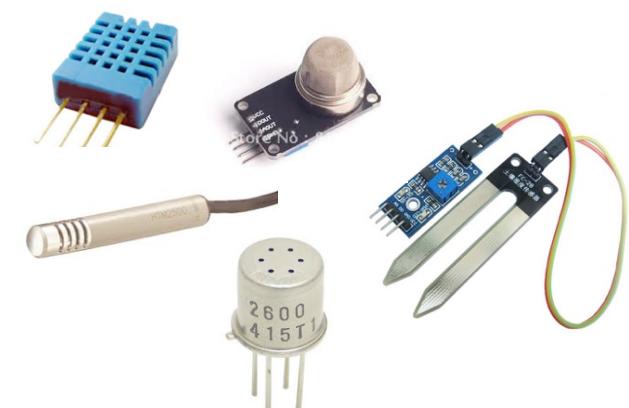
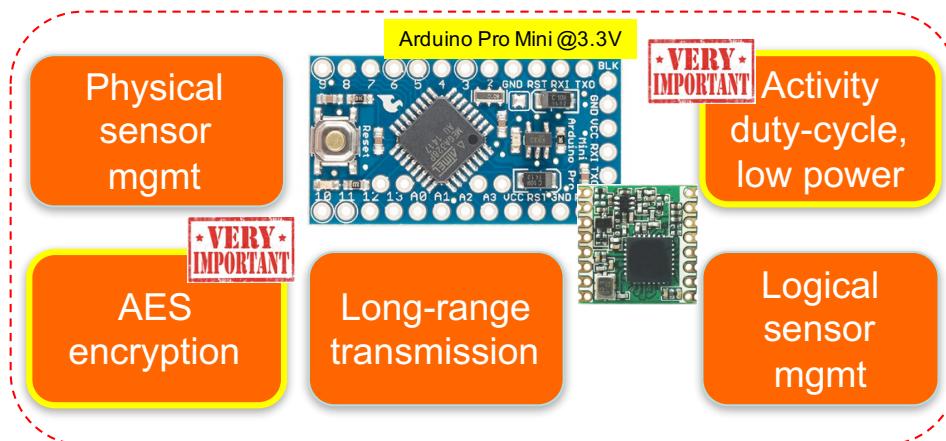
Logical  
sensor  
mgmt





# GENERIC SENSING IOT DEVICE VS HIGHLY SPECIALIZED

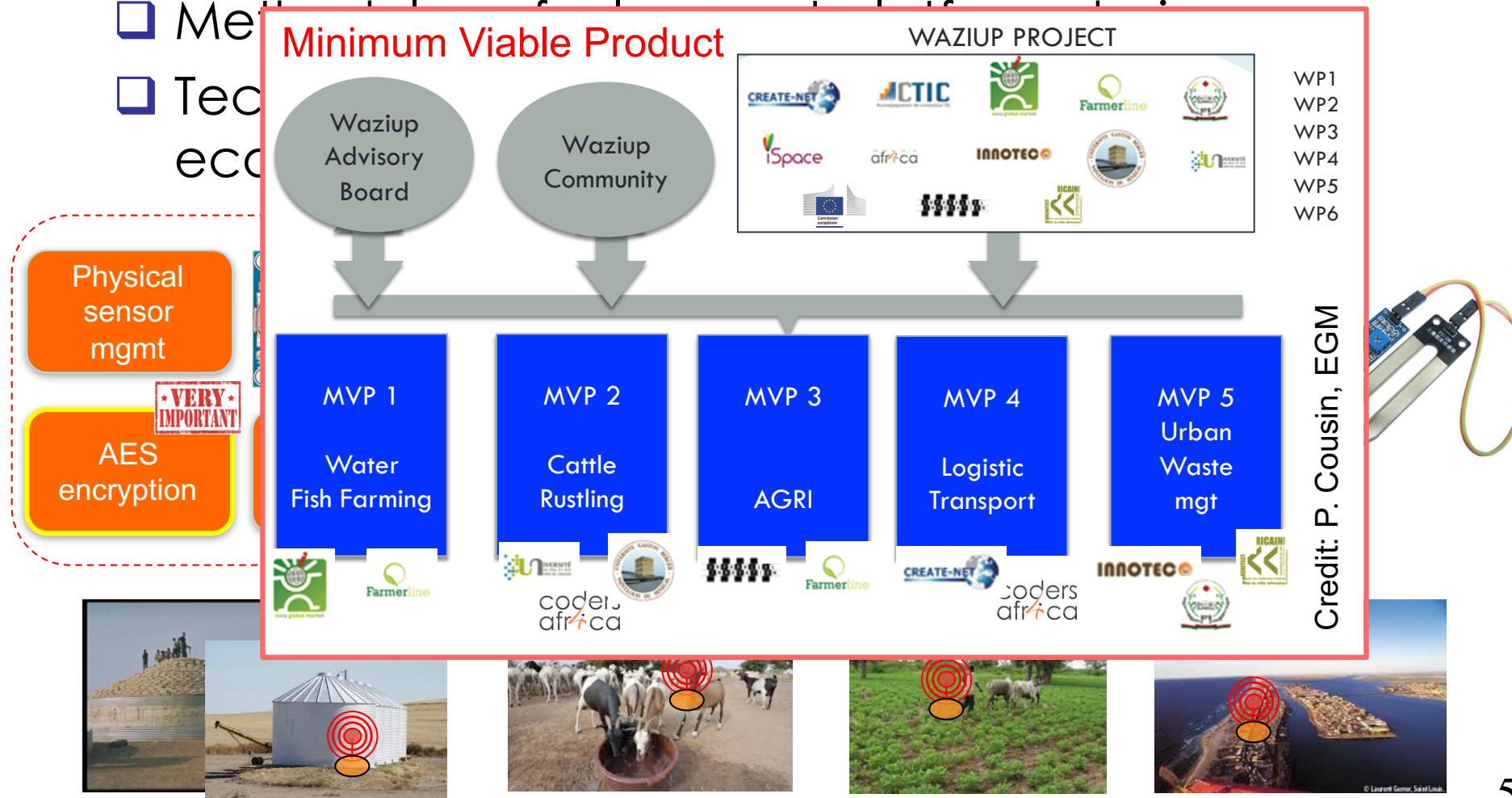
- Build low-cost, low-power, **long-range** enabled generic platform
- Methodology for low-cost platform design
- Technology transfers to user communities, economic actors, stakeholders,...

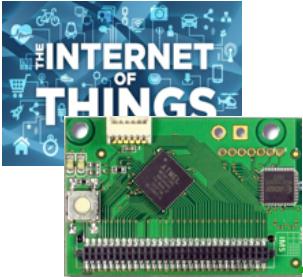




# GENERIC SENSING IoT DEVICE

- Build low-cost, low-power, Long-range enabled generic platform
- Meet the needs of the African market
- Technical and economic feasibility





# CONCLUSIONS

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- Low-power, long-range (LR) transmission is a break-through technology for IoT and large-scale deployment of wireless (sensor) devices
- With a large variety of applications, products & actors the low-power WAN (LPWAN) eco-system is becoming mature
- New technologies will certainly emerge but the LPWAN « philosophy » is now settled firmly: out-of-the-box connectivity is now the standard and multi-hop scenarios based on short-range technologies is questionable.