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bridges to university

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"welcome aboard"



Introduction



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Hey everyone! Welcome back for this week's issue of the official *bridges* newsletter!

It's finally here! This week, many of us will be going back to school for a brand new year. For many of you however, this year will be very unique. In less than a week's time, you all would be officially enrolled in your own post secondary schools and become a brand new member to your universities and colleges.

For this newsletter, we at bridges would like to congratulate each and everyone of you for this amazing accomplishment. Here, we'll talk about what it means to be a post secondary student and what some of your first steps moving forward should be.

Having said that, let's get right into it!

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About time!

AUTHOR(S): Hussain Jan

Coming into post secondary, many of you will be bringing your own personal unique experiences and stories that define you as a person. Over the last four years, many of you have put countless hours into making new friends, finishing homework, going to club meetings, and maturing as a person. Today, many of you have graduated from your secondary schools and are on your way to accomplishing your goals. No matter what your post secondary school is, what program you're enrolled in, or what classes you will be taking, we at *bridges* want to congratulate you and let you all know, you made it!

Coming into post secondary is a huge step for any student, especially in this COVID environment. Being able to navigate the unique uncertainties this year had created a whole new source of stress that students from previous years never had to face. Even with all these additional burdens, you all have shown your dedication to continue growing as a person and developing your own unique skill set that would create a better future for you and your community.

Here at *bridges*, we believe that this first year would help many of you to mature and self discover your passions and interests. We look forward to hearing your stories and helping you in any way you can during this coming year. Go crush it!



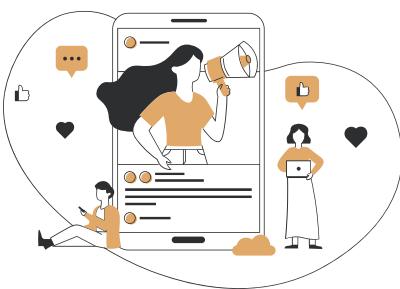
The Life of a First year Student

AUTHOR(S): Hussain Jan

Coming into first year, many students wonder what their next steps should be. What sort of announcements or posts should they be looking out for? What should they do to make sure they don't miss any cool events or opportunities? What kind of clubs should they join?

Having gone through our first year ourselves not too long ago, we believe there are some great ways that would help you stay "in the loop" and continue to be involved in your school events. Some of these include:

Join facebook and instagram chats specific to school, program, or course. This is an easy way to make new friends and stay up to date on what's happening.



Go to club fairs or job fairs to learn about the huge variety of opportunities available to you. Here, you will get the chance to explore your interests and see what's best for you!

Go to office hours. Even if you can't think of any questions, others may ask useful ones you didn't think of. It's also a great way to get to know your professors.



Check your emails regularly for any announcements on upcoming events at your university or online.



Be active on school websites and look out for any announcements from your professors or teaching assistants.

Connect with upper years to learn about their favourite parts of first year and get tips to optimize your own year



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