

My name is Jane, a young Chemist in my mid-twenties. I recently moved to Kitwe to pursue my career in Chemistry. I love the fast-paced and Scientific nature of my job, but I also enjoy spending time outdoors, practicing yoga, and trying out new recipes in the kitchen. In my free time, I volunteer at a local animal shelter, where I walk dogs and help with vaccination events.

Despite the challenges of adjusting to my new residence and a demanding job, I am excited about my current life situation. I have made some great friends through my voluntary work and I have even started dating someone I met at the yoga classes. My long-term goal is to eventually start my own Chemical Manufacturing Plant, which would allow me to work on projects that truly inspire me. But for now, I am focused on gaining experience and learning as much as I can in my current role.

In the future, I hope to continue building my career in Chemistry and eventually transition to a leadership role. I am also considering going back to school to earn an MBA to gain business skills, as this would open up new career opportunities and allow me to take on more leadership roles.

Outside of work, I plan to continue volunteering and exploring my interests in yoga and cooking. I hope one day I can get myself a personal dog.

My work as a chemist keeps me on my toes with new ideas and concepts to develop chemicals that are safe for use in our communities, my favourite being water. Even though my line of work can be demanding, I make sure to take breaks from the hustle and bustle of the corporate world by spending time in nature. I discovered some great swimming places like Mindolo dam within my new city, and I take advantage of them whenever I can. When I am not out exploring, I like to unwind with some yoga. It helps me to relax and stay centred in the midst of my busy schedule. Plus, I made some great friends through my yoga classes, which has been an added bonus. Volunteering at the animal shelter is another way that I stay grounded. I have always loved animals, and being able to help them have good health is incredibly rewarding. It's also a nice break from the stresses of my day job.

Despite my busy schedule, I love taking road trips outside of town just to satisfy my curiosity about what the outside world is like. I have so far visited Solwezi, Kalulushi, and Luanshya on multiple road trips. These trips gave me the opportunity to reflect on what my life is like at the moment.

Being a chemist has given me an opportunity to work with different people of different characters. So, when it comes to my social life, I find it easy to make friends. I think that's one thing my new partner loves about me. In Conclusion I enjoy Science, volunteering, yoga, and planning to start my own Chemical manufacturing plant while exploring new interests.

As an individual, I can make my country a better place for the next generation by actively participating in my community, supporting local businesses, practicing environmentally friendly habits, advocating for social justice, and promoting education. By being a responsible citizen and contributing positively to society, I can help create a better future for the next generation.



1 Kariba dam



2 Victoria falls

PROBLEM	SOLUTION
Power Shortage	The government can increase investment in renewable and encourage private sector investment in the energy sector to increase the country's power generation capacity.
HIV/AIDS Epidemics	The government can increase investment in HIV/AIDS prevention and treatment programs and work with international partners and civil society organizations to increase awareness and reduce stigma surrounding HIV/AIDS.
Unemployment	The government can attract foreign investments to the country to create job opportunities and also the government can promote entrepreneurship by creating an enabling environment for businesses to thrive.
Deforestation	The government can implement policies and regulations to protect forests, such as establishing protected areas and enforcing penalties for illegal logging. The government can also promote sustainable forest management practices, such as reforestation and agroforestry, and encourage communities to participate in conservation efforts.
Gender inequality	The government can implement policies and programs to promote gender equality and women's empowerment, such as increasing access to education and healthcare for girls and women.