

Patient Name: Mary Johnson

Date of Admission: September 23, 2018

Medical Record Number: 987-654-321

Diagnosis: Mrs. Johnson was diagnosed with type 2 diabetes mellitus and hypertension. She presented with complaints of increased thirst, frequent urination, and elevated blood pressure readings.

Treatment: The patient has been started on a combination of metformin and glipizide to manage her blood sugar levels. In addition, an angiotensin-converting enzyme (ACE) inhibitor has been prescribed to control her hypertension. Mrs. Johnson has been advised on lifestyle modifications including a balanced diet, regular exercise, and monitoring her blood glucose levels at home.

Progress Notes: Mrs. Johnson's blood glucose levels have shown improvement with the prescribed medications and dietary changes. Her hypertension is also under control with the medication regimen. She reports feeling more energetic and has experienced a reduction in her symptoms.

Plan: Continue the current medication regimen and reinforce the importance of adherence to the prescribed treatment plan. Schedule regular follow-up appointments to monitor her blood glucose levels, blood pressure, and overall health status. Provide education on diabetes management and encourage a healthy lifestyle.

Attending Physician: Dr. Michael Davis, MBBS.