

Patient Name: Lisa Brown

Date of Visit: November 6, 2023

Medical Record Number: 54321-0987

Reason for Visit: Ms. Brown visited the clinic today complaining of a persistent cough, sore throat, and nasal congestion. She mentioned that she had been experiencing these symptoms for the past week, and they seemed to be worsening.

Examination and Diagnosis: Upon examination, Ms. Brown presented with signs of an upper respiratory tract infection. Her throat was red and inflamed, and there was noticeable nasal congestion. Based on her symptoms and clinical presentation, she has been diagnosed with acute viral pharyngitis, a common viral infection causing throat inflammation.

Treatment: Ms. Brown was advised to rest, stay hydrated, and gargle with warm salt water to alleviate throat discomfort. Over-the-counter pain relievers and throat lozenges have been recommended for symptomatic relief. Antibiotics were not prescribed as the infection is viral in nature.

Plan: The patient was instructed to monitor her symptoms to determine if they worsen or if she develops a high fever. She was advised to avoid close contact with others to prevent the spread of the infection. A sick note was provided for her employer, recommending a few days off work to facilitate recovery.

Attending Physician: Dr. Sarah Johnson, MD