

Patient Name: Mary Johnson

Date of Admission: September 23, 2018

Medical Record Number: 987-654-321

Diagnosis:

- Mrs. Johnson was diagnosed with type 2 diabetes mellitus and hypertension.
- She presented with complaints of increased thirst, frequent urination, and elevated blood pressure readings.

Treatment:

- The patient has been started on a combination of metformin and glipizide to manage her blood sugar levels.
- An angiotensin-converting enzyme, ACE inhibitor, has been prescribed to control her hypertension.
- Mrs. Johnson has been advised on lifestyle modifications including a balanced diet, regular exercise, and monitoring her blood glucose levels at home.

Progress Notes:

- Mrs. Johnson's blood glucose levels have shown improvement with the prescribed medications and dietary changes.
- Her hypertension is also under control with the medication regimen.
- She reports feeling more energetic and has experienced a reduction in her symptoms.

Plan:

- Continue the current medication regimen and reinforce the importance of adherence to the prescribed treatment plan.
- Schedule regular follow-up appointments to monitor her blood glucose levels, blood pressure, and overall health status.
- Provide education on diabetes management and encourage a healthy lifestyle.

Attending Physician: Dr. Michael Davis, MBBS.