Mythological origins begin with the reign of the "Konchin Tukthapa Ipu Athoupa Pakhangpa" (Pakhangpa was the name given to him meaning "The one who knows his father"). He gave birth to the seven clans of Meitei society. 1. Mangang, 2. Luwang, 3. Khuman, 4. Angom, 5. Moirang, 6. Khapa-Nganba, and 7.Salai Leishangthem.

Kanglei which is now called "Kangla" was the first capital of the kingdom called "Kangleipak". "Lainingthou Sanamahi" is the creator of all according to "Kangleichas", the then residents of the now called Manipur. The religion of the land was purely "Sanamahism", one of the oldest religions of the world.