

The Natural Estrogen Receptor Beta Agonist Silibinin as a Promising Therapeutic Tool in Diffuse Large B-cell Lymphoma

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Abstract. *Background/Aim:* About 40% of patients with diffuse large cell lymphoma (DLBCL) still have a poor prognosis. Additionally, DLBCL patients treated with doxorubicin are at risk of cardiac failure. Growing evidence suggests an antitumor and cardioprotective activity exerted by estrogen via its binding to estrogen receptor (ER) β . The aim of this study was to evaluate the anticancer activity of the phytoestrogen silibinin, an ER β selective agonist, on DLBCL growth, and its potential cardioprotective effect. *Materials and Methods:* DLBCL cell lines SUDHL-8, SUDHL-6, and RIVA were used. The anti-tumor activity of silibinin was also evaluated *in vivo* in NOD/SCID/IL2Rg $-/-$ (NSG) xenografted mice. AC16 human ventricular cardiomyocytes were used to investigate the cardioprotective effects of silibinin. *Results:* *In vitro* silibinin induced apoptosis and autophagy, and blocked tumor cell proliferation, also protecting AC16 cardiomyocytes from doxorubicin-induced toxicity. *In vivo* silibinin induced cell death and autophagy, and reduced tumor volume. *Conclusion:* Silibinin represents a promising therapeutic tool.

Diffuse large B-cell lymphoma (DLBCL) is the most common form of aggressive non-Hodgkin lymphoma (NHL) (1). The standard therapy of this blood malignancy includes rituximab, cyclophosphamide, doxorubicin, vincristine, and

prednisone (R-CHOP). Although this therapy significantly ameliorated the prognosis of DLBCL, up to 40% of patients still experience relapse or incomplete remission (2, 3). In addition, DLBCL patients treated with doxorubicin, the lead compound of anthracycline family, are at risk of cardiac failure due to the drug (4).

Growing evidence indicates an anti-tumor effect of estrogen in lymphoma (5-7). Estrogen exerts its effect by binding to intracellular receptors, namely estrogen receptor (ER) α and ER β , which act as ligand-activated nuclear transcription factors producing genomic effects (8). In general, estrogen, on one hand, induces proliferation binding to ER α , and on the other hand, exerts anti-proliferative and pro-apoptotic effects by binding to ER β , through activation of different gene expression pathways (9, 10). In particular, ER β is highly expressed in lymphoid malignancies even though its role as prognostic factor in these tumors is still controversial (11-14). Notably, the activation of ER β by synthetic selective agonists, such as KB9520 and diarylpropionitrile, has been demonstrated to inhibit lymphoma growth and its vascularization and dissemination (5-7). By analyzing the mechanisms underlying these effects, we recently observed that the induction of a specific autophagic cascade plays a key role in the ER β -mediated inhibition of lymphoma growth (7).

Altogether, such evidence encourages the use of ER β -selective agonists as therapeutic tools in lymphoma management. In addition, recent data support a role for ER β in improving cardiac function protecting cardiomyocytes from apoptosis (15, 16). Notably, both endogenous and exogenous estrogens have been demonstrated to suppress doxorubicin-induced cardiotoxicity *in vivo* in female spontaneously hypertensive rats (17, 18). This observation extends the possible application of ER β -targeted agents to management of chemotherapy-induced cardiotoxicity,

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possibly allowing optimal doses of chemotherapy to be used without requiring a suspension or a reduction in the recommended doses.

Phytoestrogens are naturally occurring plant compounds well known to display estrogen-like effects. Among them, the phytoestrogen silibinin, the main active component of silymarin extracted by the milk thistle (*Silybum marianum*), has been observed to act as agonist of ER β displaying a selective binding to this receptor (19). This compound has been used as traditional herbal medication for almost 2,000 years, particularly for its hepatoprotective effects (20). Recent studies also suggest an anti-inflammatory effect and an anti-tumor activity in different cancers, including hematological malignancies such as acute myeloid leukemia, anaplastic large cell lymphoma and multiple myelomas (20-25). In particular, the mechanism underlying its antitumor effect seems to involve the induction of autophagic cell death leading to inhibition of cancer cell proliferation, survival, and migration (26). In addition, some experimental studies suggest that silymarin, a complex of compounds including silibinin, exerts cardioprotective effects against doxorubicin-induced toxicity both *in vitro* in rat cardiomyocytes and *in vivo* in rat models (17, 27-30).

Notably, silibinin is available as a dietary supplement and clinical trials have analyzed the safety and efficacy of this compound for the prevention or treatment of different diseases including cancer with promising results (31). However, up to date, no data are available on the possible usage of silibinin as an effective therapeutic option in DLBCL. Hence, the aim of the study was to dissect *in vitro* and *in vivo* the ability of silibinin to inhibit tumor growth, modulating autophagy, apoptosis, cell-cycle progression, and proliferation in DLBCL cell lines and in NOD/SCID/IL2Rg $^{-/-}$ (NSG) mice xenografted with DLBCL cell lines. Based on the above reported data regarding the cardioprotective effects of silibinin in rat models (17, 27-30), we tested whether this phytoestrogen also protects human cardiomyocytes from doxorubicin-induced toxicity, by analyzing cardiomyocyte cell death, mitochondrial reactive oxygen species (ROS) production, mitochondria membrane polarization, and cytoskeleton alterations, therefore investigating key events in diseases affecting the heart (32).

Materials and Methods

Cell lines and treatments. The DLBCL cell lines SUDHL-8, SUDHL-6 and RIVA were purchased from the German Collection of Microorganism and Cell Cultures (DSMZ, Braunschweig, Germany). The identity of the cell lines was authenticated by multiplex PCR of minisatellite markers that revealed a unique DNA profile. Cells were also analyzed for the presence of Mycoplasma (Mycoplasma Detection Kit, Invivogen, San Diego, CA, USA) before the beginning of this study. Cells were cultured in phenol red-free RPMI-1640 medium and/or in Iscove's Modified Dulbecco's Medium (IMDM, Gibco BRL, Grand

Island, NY, USA) containing 10% fetal bovine serum (FBS; Euroclone, Pero, Milan, Italy), 2 mM glutamine (Sigma, St. Louis, MO, USA), and 50 mg/ml gentamycin (Sigma) at 37°C in a humidified 5% CO₂ atmosphere. For estrogen-free cell culture, cells were cultured in phenol red-free RPMI-1640 and/or IMDM medium containing 10% dextran-coated charcoal-stripped FBS (Euroclone) for 3 days before specific treatments. Silibinin (Sigma) was dissolved in dimethyl sulfoxide and diluted in RPMI-1640 and/or IMDM medium. Preliminary dose response and time course experiments showed that silibinin should be used at a dose of 100 μ M and at 24 h - 48 h culture (depending on the studied parameters) to obtain the highest detectable changes in the absence of toxic effects. Where indicated cells were also treated in the presence of lysosomal inhibitors E64d and pepstatin A (PepA) (both at 10 μ g/ml; Sigma) for the last 2 h of culture. AC16 human primary ventricular cardiomyocytes were obtained from MD Millipore Corp. (Temecula, CA, USA). Cell morphology was checked before each experiment, and the number of cell passages after thawing was limited to 20 as previously reported (33). AC16 were seeded in a 6-well plate on day-1 and allowed to adhere overnight at 37°C in phenol red-free Dulbecco's Modified Eagle's Medium/F12 Medium (DMEM, Life Technologies, Carlsbad, CA, USA) containing 10% FBS (Euroclone), 2 mM glutamine (Sigma), and 50 mg/ml penicillin/streptomycin (Sigma) at 37°C in a humidified 5% CO₂ atmosphere. After this time cells were pretreated for 48 h with 100 μ M silibinin or vehicle and then treated with 1 μ M doxorubicin (Sigma) for 72 h.

Apoptosis, cell proliferation, survival, and cell-cycle. Apoptosis was analyzed using a fluorescein isothiocyanate (FITC)-conjugated annexin V (AV) and propidium iodide (PI) detection kit according to the manufacturer's protocol (Marine Biological Laboratory, Woods Hole, MA, USA). This assay enables the identification of both early (AV positive/ PI negative) and late apoptotic or necrotic (PI positive) cells. Cell survival was evaluated by incubating cells with 1 μ m Calcein-AM (Thermo Fisher Scientific, Waltham, MA, USA) at 37°C for 30 min. In live cells the nonfluorescent Calcein-AM is converted to a green-fluorescent dye.

Proliferation was analyzed by Ki-67 nuclear antigen expression using the phycoerythrin (PE)-mouse anti-human Ki-67 set according to the manufacturer's protocol (BD Biosciences, San Jose, CA, USA). To evaluate cell-cycle progression, cells were synchronized at G₁/S boundary using 0.7 mg/ml aphidicolin (Sigma), a specific DNA polymerase inhibitor, for 18 h. Then cells were treated with silibinin, as stated above, or left untreated. Cells were then fixed and permeabilized with BD Cytofix/Cytoperm Buffer and Cytoperm Permeabilization Buffer Plus and analyzed for cell-cycle with the 5-bromo-2-deoxy-uridine (BrdU) and the 7-Aminoactinomycin D (7-AAD) solution (BrdU Flow Kit, BD Biosciences). Briefly, cells were stained with 10 μ M of FITC-conjugated BrdU in the dark for 20 min at room temperature. After incubation, the cells were washed, resuspended in 500 μ l staining buffer contains 20 μ l of 7-AAD solution and processed for flow cytometry analysis. Samples were analyzed by collecting FL2 red fluorescence in a linear scale at 620 nm and FL1 green fluorescence in logarithmic scale at 512 nm.

Mitochondrial membrane potential. The mitochondrial membrane potential of untreated and treated AC16 cardiomiocytes were studied by using 5-5',6-6'-tetrachloro-1,1',3,3'-tetraethyl benzimidazole-carbocyanine iodide probe (JC-1; Molecular Probes, Eugene, OR, USA), as previously reported (34). According to this method, living cells were stained with 10 μ M of JC-1.

Mitochondrial reactive oxygen species (ROS). Cells (5×10^4) were incubated with 5 μM MitoSOX (red mitochondrial superoxide indicator, Thermo Fisher Scientific) in complete medium, for 30 min at 37°C.

SDS-PAGE and western blot. Cells were lysed in RIPA buffer [100 mM tris(hydroxymethyl)aminomethane (Tris)-HCl pH 8, 150 mM NaCl, 1% Triton X-100, 1 mM MgCl₂] in the presence of a complete protease-inhibitor mixture (Roche Diagnostics GmbH, Mannheim, Germany). Protein content was measured by the Bradford assay (Bio-Rad Laboratories, Richmond, CA, USA). After SDS-PAGE proteins were transferred onto nitrocellulose membrane (GE Healthcare, Pittsburgh, PA, USA) by means of a Trans-Blot transfer cell (Bio-Rad Laboratories). The membranes were then blocked in 5% nonfat milk and incubated with the proper antibodies in Tris-buffered saline (TBS) containing 0.1% Tween 20 and 5% nonfat milk. Mouse anti-human microtubule-associated protein 1 light chain 3 (LC3-B, Novus Biologicals, Littleton, CO, USA) and rabbit anti-human sequestosome 1 (SQSTM1, Sigma) were used as primary antibodies. Peroxidase-conjugated goat anti-mouse IgG (Bio-Rad Laboratories) or anti-rabbit IgG (Bio-Rad Laboratories) were used as secondary antibodies and the reactions were developed using the ECL Prime Western Blotting Detection Reagent (GE Healthcare).

To verify the presence of equal amounts of proteins, the membranes were reprobed with rabbit anti-human β -actin (Sigma) antibody. Quantification of protein expression was performed by densitometry analysis of the autoradiograms (GS-700 Imaging Densitometer, Bio-Rad Laboratories).

Immunofluorescence. AC16 cells were fixed with 4% paraformaldehyde and then permeabilized by 0.5% (vol/vol) Triton X-100 as previously described (35). The following primary and secondary antibodies were used: mouse mAb anti-myosin (Abcam, Cambridge, UK), and AlexaFluor 488-conjugated anti-mouse (Invitrogen, Carlsbad, CA). For F-actin detection, cells were stained with tetramethylrhodamine-phalloidin (Sigma) for 30 min at room temperature. After washing, all the samples were counterstained with Hoechst 33258 (Sigma) and then mounted in glycero/phosphate-buffered saline (ratio 1:1; pH 7.4). The images were acquired by intensified video microscopy with an Olympus fluorescence microscope (Olympus Corporation of the Americas, Center Valley, PA, USA), equipped with a Zeiss charge-coupled device camera (Carl Zeiss, Oberkochen, German).

Mice and treatment conditions. Six- to eight-week-old male NSG mice (20 to 25 g) were purchased from Charles River Labs and xenografted with RIVA (10×10^6 cells/mouse) cells by subcutaneous inoculation into the right flank. The treatments started when the tumors were palpable (approximately 200 mm³). Siliphos (Indena S.p.A., Milan, Italy), a silibinin-phytosome complex that improves silibinin availability (36), was administered by oral gavage daily at 450 mg kg⁻¹ for 5 days. The control groups received a vehicle (0.5% methyl-cellulose, pH 2.2) without the active product. The tumors were measured every two or three days with a caliper or were excised and processed for histological analysis. Tumor volumes were calculated using the following equation: ($I_2 \times w$)/2. Tumor growth inhibition was defined as follows (1 - [T/C] × 100), where T and C represent the mean tumor volumes in the treated group and vehicle-treated control group, respectively. Each

experiment was performed on two separate occasions using five mice for treatment group. The animals were euthanized for signs of distress or when the major diameter of individual tumors reached 2 cm in size. The animal experiments were performed according to EU 86/109 Directive (D.L. 116/92 and following additions) and were approved by the institutional Ethical Committee for Animal Experimentation of the Humanitas Clinical and Research Center.

Histological analysis and immunohistochemistry. Cryostat sections (8- μm thick) of tumor nodules were fixed with 4% paraformaldehyde and stained with anti-LC3 (Abgent, San Diego, CA, USA) specific antibody. Cell death was detected via TUNEL staining (Roche Diagnostics GmbH, Mannheim, Germany). The sections were analyzed by a light microscope (IX51; Olympus, Tokyo, Japan). Image analysis was performed using the Olympus Cell^F Imaging software.

Statistical analysis. Statistical analysis was performed with the statistical package Prism 9 (GraphPad Software). *In vitro* statistical analysis was performed by Mann-Whitney *U*-test. To test the probability of significant differences between the vehicle and silibinin-treated tumor nodules, two-way analysis of variance (ANOVA) was used, and individual group comparisons were evaluated using Bonferroni's test. All measurements were performed at least in three independent experiments. The *p*-values lower than 0.05 were considered significant.

Ethics statement. The animal experiments were performed according to EU 86/109 Directive (D.L. 116/92 and following additions) and were approved by the institutional Ethical Committee for Animal Experimentation of the Humanitas Clinical and Research Center.

Results

Silibinin induces apoptosis and autophagy in DLBCL cells. To clarify the role of ER β selective agonist silibinin in modulating DLBCL cell fate, we first analyzed whether this phytoestrogen could affect apoptosis and autophagy in human DLBCL cell lines, *i.e.*, SUDHL-8, RIVA, and SUDHL-6. To note, after treatment of DLBCL cells with silibinin, a significant increase of the percentage of AV-positive cells was detected (*p*<0.05 vs. untreated cells, Figure 1A). In addition, we observed that silibinin significantly increased microtubule-associated LC3-II and decreased SQSTM1 expression levels in all tested DLBCL cells, thus supporting autophagy induction (*p*<0.05 vs. untreated cells, Figure 1B) (37). In order to confirm this silibinin-mediated effect, a LC3 turnover assay was carried out, using the lysosomal inhibitors E64d and PepA co-treatment. In fact, LC3-II can accumulate because of increased upstream autophagosome formation or compromised downstream autophagosome lysosome fusion (38). To discriminate between these two options, we analyzed silibinin-induced LC3-II accumulation in the presence or absence of E64d and PepA, and we observed, in the presence of these lysosomal protease inhibitors, a further significant (*p*<0.05) up-regulation of LC3-II level in line

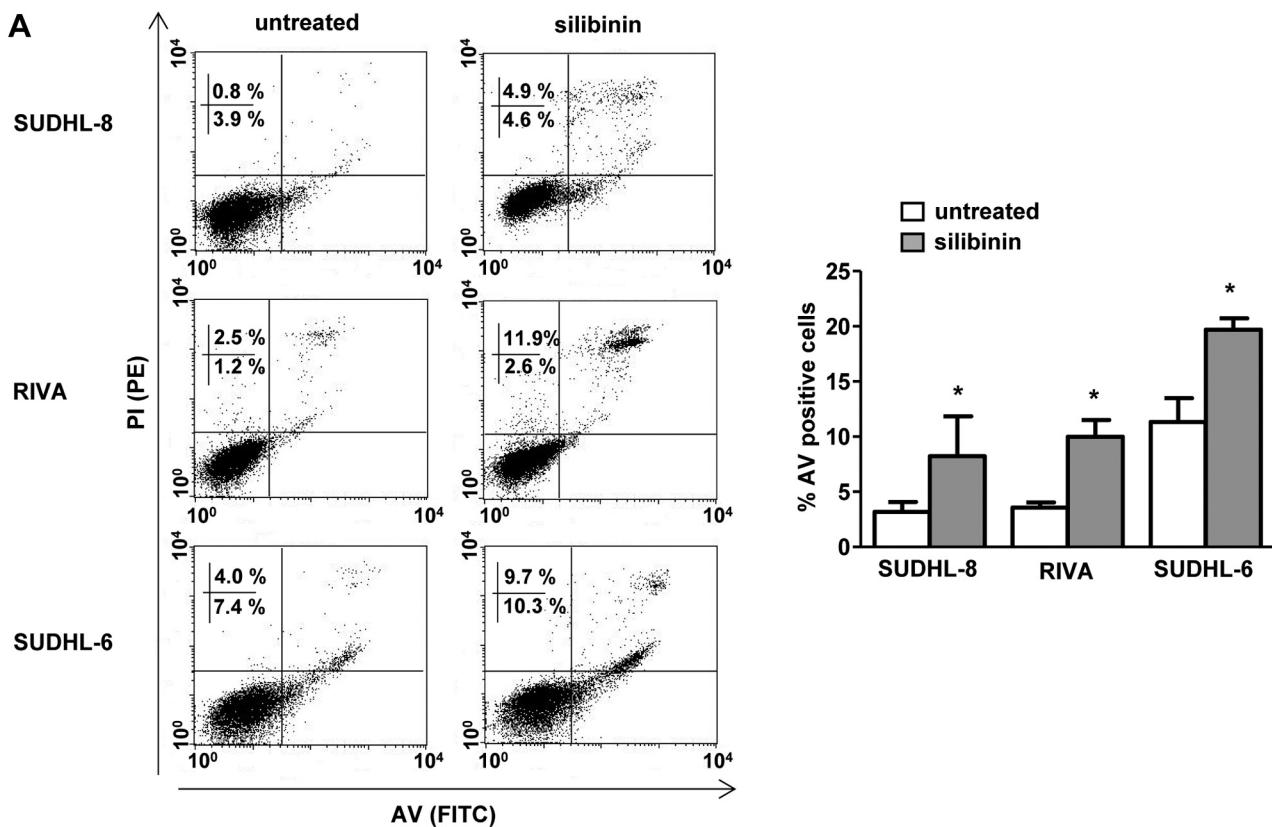


Figure 1. Continued

with an increased upstream autophagosome formation (Figure 1B).

Silibinin blocks cell-cycle progression and proliferation in DLBCL cells. To further clarify the effect of silibinin in lymphoma growth we analyzed the impact of this molecule on cell-cycle progression and proliferation. Interestingly, silibinin was able to significantly increase the percentage of cells in G₀/G₁ phase, suggesting a sharp slowdown in the cell-cycle progression ($p < 0.05$ vs. untreated cells, Figure 2A). Moreover, a significant reduction of the percentage of Ki-67 positive cell treated with silibinin was observed indicating that this phytoestrogen affects DLBCL cell proliferation (Figure 2B).

Silibinin inhibits human lymphoma growth in vivo. The antitumor activity of silibinin in NSG mice xenografted with RIVA cell lines was then evaluated. No significant changes in weight or other signs of potential toxicity were detected (data not shown). Silibinin significantly impaired the *in vivo* growth of RIVA tumor (tumor growth inhibition of 46%, Figure 3A). This finding was paralleled by a strong increase in TUNEL positive apoptotic and necrotic cells (Figure 3B)

and in the expression of LC3 (enlarged micrograph displays localized distinct puncta characteristic of LC3-II appearance in autophagic cells, Figure 3C).

Silibinin protects cardiomyocytes from doxorubicin-mediated toxicity. As stated before, R-CHOP is the standard treatment for DLBCL (3). However, one of its components, *i.e.*, doxorubicin, may induce early and late cardiotoxicity (4). Although the exact mechanism of doxorubicin-induced cardiotoxicity is still controversial, free radical formation and mitochondrial disruption seem to represent the main causes (39). Based on recent literature showing that ER β activation improves cardiac function (15, 16), we analyzed whether silibinin, besides its anti-tumor effect, could also protect cardiomyocytes from doxorubicin-induced toxicity. The AC16 cell line, derived from adult human ventricular cardiomyocytes, was pretreated for 48 h with 100 μ M silibinin and then treated with 1 μ M doxorubicin for 72 h. We observed that silibinin was able to significantly increase cell survival rate after doxorubicin treatment (white columns of bar graph, Figure 4A), reducing at the same time cardiomyocyte apoptosis (grey columns of bar graph, Figure 4A), mitochondrial ROS production (Figure 4B) and

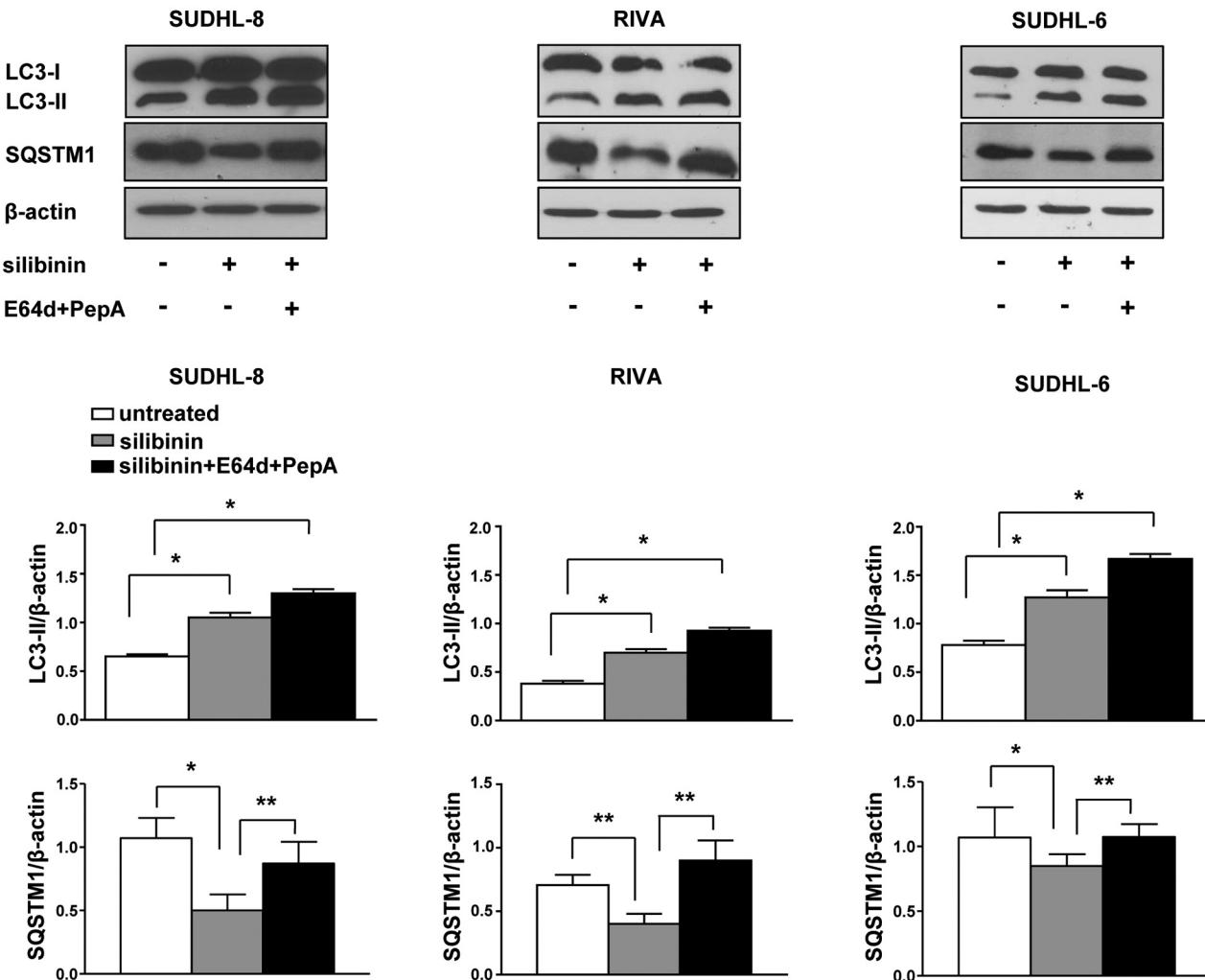
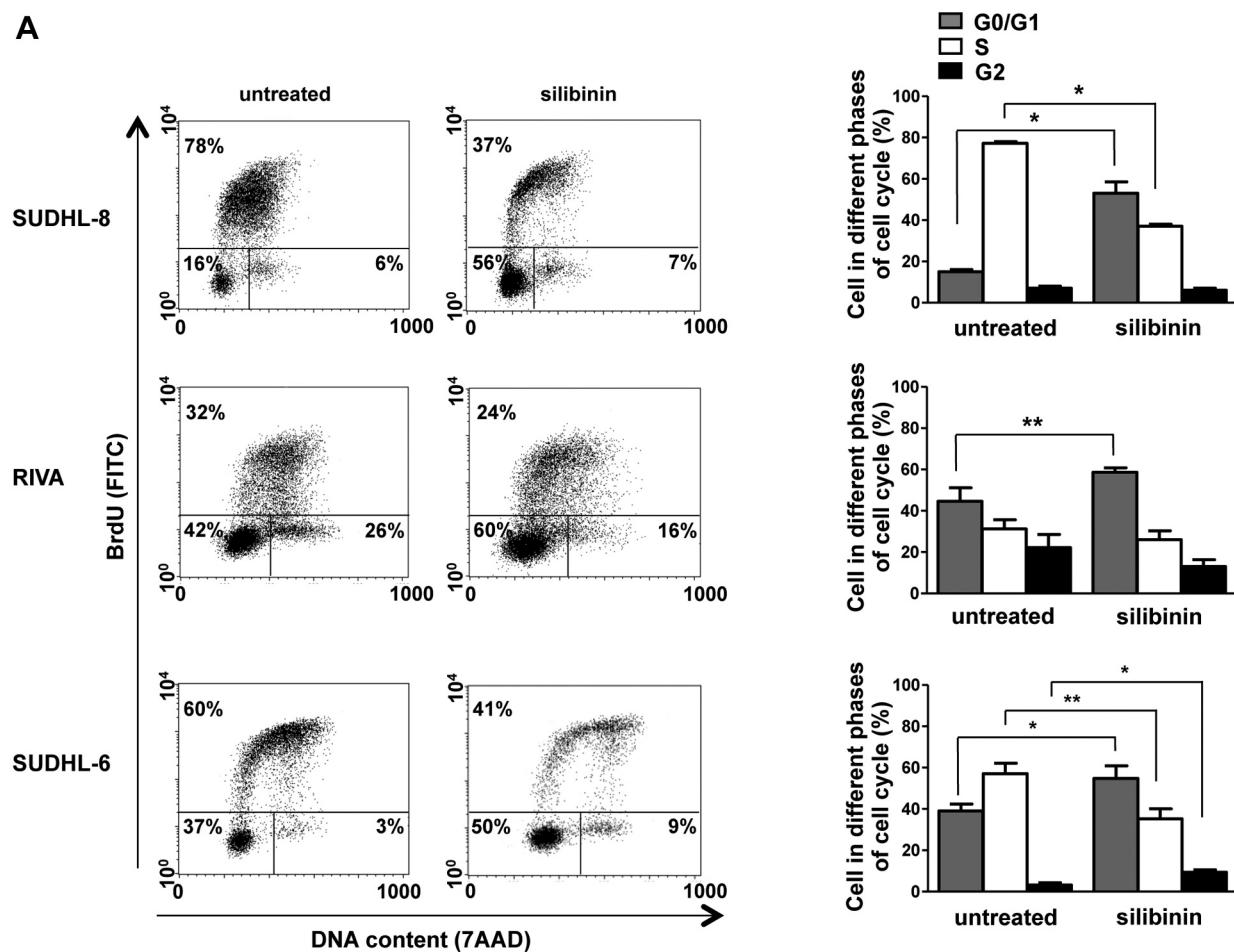
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Figure 1. Silibinin induces apoptosis and autophagy in diffuse large B-cell lymphoma (DLBCL) cells. (A) Apoptosis was analyzed using AV and PI detection Kit by flow cytometry in DLBCL cell-lines treated or not with 100 μM silibinin for 24 h. Results from one representative experiment out of 5 are shown (left). Numbers reported represent the percentages of AV positive/PI negative (early apoptotic, bottom right quadrant) and PI positive (late apoptotic or necrotic cells, top right and left quadrants). Results are also expressed as the mean±standard deviation (SD) of 5 independent experiments: * $p<0.05$ vs. untreated cells (right). (B) Western blot analysis of the autophagic markers LC3-II and SQSTM1 in cell lysates from DLBCL cell lines treated or not with 100 μM silibinin for 24 h, with or without the lysosomal inhibitors E64d and PepA. For each cell line, blots shown are representative of 5 independent experiments (top). Densitometry analysis of LC3-II and SQSTM1 protein levels relative to β-actin is also shown (bottom). Values are expressed as mean±SD; * $p<0.05$ and ** $p<0.01$ vs. untreated cells. AV, Annexin V; PI, propidium iodide; LC3-II, microtubule-associated protein 1 light chain 3; SQSTM1, sequestosome 1; FITC, fluorescein isothiocyanate; PE, phycoerythrin.

mitochondria membrane depolarization (Figure 4C) associated with doxorubicin treatment.

In the myocardium, stress-fiber alteration plays a role in cardiomyocyte contractile dysfunction and cardiomyopathy (40). For this reason, we also analyzed the effects of doxorubicin in AC16 cardiomyocytes by performing a qualitative analysis of the microfilament system organization, responsible for cell contraction, by fluorescence microscopy.

As shown in Figure 4D, treatment with doxorubicin was responsible for a strong alteration in actin/myosin organization. In particular, cardiomyocytes lost their bipolar shape along with the compromised orientation of the stress fibers. In addition, the co-localization actin/myosin observed both in untreated cells and silibinin-treated cells, indicated by the yellow fluorescence, was almost completely lost in doxorubicin-treated cells (third picture, compare with first

AFigure 2. *Continued*

and second picture showing control and silibinin treated cells, respectively). Importantly, silibinin was able to counteract the cytoskeleton alterations induced by doxorubicin (Figure 4D, fourth picture).

Discussion

In this study, we found that silibinin was able to impact DLBCL cell fate causing *in vitro* cell apoptosis and autophagy, inducing G₀/G₁ cell-cycle arrest, and reducing cell proliferation. It also induced in *in vivo* experiments in DLBCL cells engrafted in immunodeficient mice cell death and autophagy, and significantly reduced tumor size. In addition, silibinin was able to reduce doxorubicin-induced cardiomyocyte cell death, reducing at the same time, mitochondrial ROS production, mitochondria membrane depolarization and cytoskeleton alterations associated with doxorubicin treatment. The originality of this study consists in the exploration of the possible use of the natural ER β agonist silibinin as a therapeutic

adjuvant for patients with DLBCL to slow-down the growth of lymphoma and at the same time, to protect human cardiomyocytes from the damage caused by doxorubicin.

In recent years, estrogen and its receptors have attracted extensive attention as potential targets for treating different cancers including hematological malignancies (12, 41, 42). In particular, several studies suggested a key role for ER β in cancer suppression promoting apoptosis and autophagy, and inhibiting cell proliferation (6, 43-47). In this context, different phytoestrogens, that display a selective ER β agonistic activity, including silibinin, have been investigated for their ability to enhance the efficacy of chemotherapy and alleviate the side effects of cancer chemotherapy (23-26). The suppressive effects of phytoestrogens on tumor growth are due to their impact on multiple molecular pathways associated with the development and progression of cancer, including autophagic and apoptotic pathways (26, 48).

Autophagy is a selective catabolic process that displays a key role both in basal turnover of altered cellular components

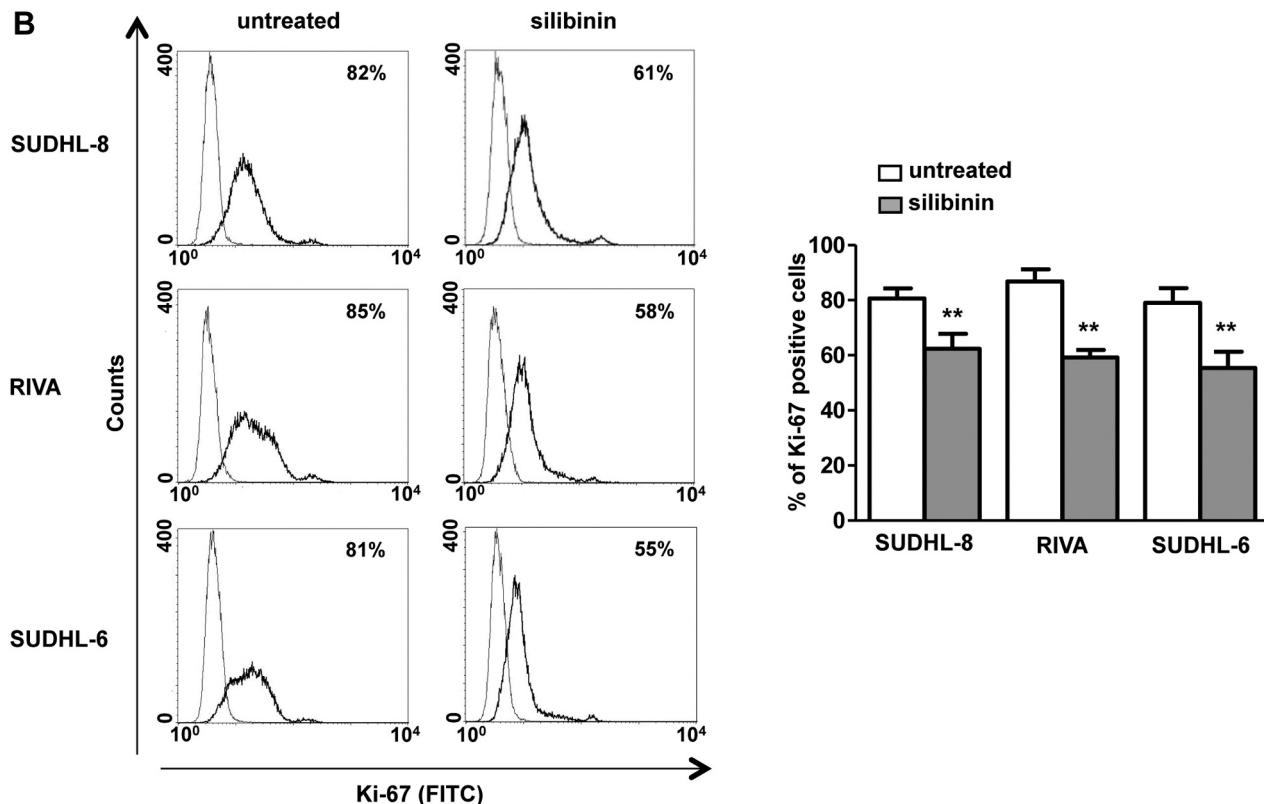


Figure 2. Silibinin alters cell-cycle progression and proliferation of diffuse large B-cell lymphoma (DLBCL) cells. (A) Cell-cycle progression was evaluated by flow cytometry using the BrdU/anti-BrdU method in synchronized DLBCL cell lines treated or not with 100 μ M silibinin for 24 h. Results from one representative experiment out of 5 are shown (left). Data are also reported as mean \pm SD (right), * p <0.05 and ** p <0.01 vs. untreated cells. (B) Cell proliferation was evaluated by flow cytometry measuring Ki-67 nuclear antigen expression in DLBCL cells treated or not with 100 μ M silibinin for 24 h. Results from one representative experiment out of 5 are shown (left). Data are also reported as mean \pm SD (right), ** p <0.01 vs. untreated cells. BrdU, 5-bromo-2-deoxy-uridine; 7-AAD, 7-aminoactinomycin D; FITC, fluorescein isothiocyanate; PE, phycoerythrin.

and in counteracting stressful dysmetabolic conditions (37). Notably, autophagy can exert anti- or pro-tumor activities depending on the specific context (49-51). In particular, defective autophagy has been involved in some lymphoid malignancies and, hence, the use of drugs able to induce autophagy is expected to be an effective anticancer strategy (52). In lymphoma, autophagy induction could negatively impact tumor growth through a specific elimination of growth-promoting factors, complexes and organelles, thus impairing cell proliferation (53). Accordingly, in a recent study, we observed in Hodgkin's lymphoma a direct link between autophagy induction and inhibition of tumor growth, triggering ER β by the synthetic compound diarylpropionitrile (7). Herein, in line with these previous data, we observed that ER β activation by the natural ER β agonist silibinin was associated with an increase of autophagy and a block of cell-cycle progression with a reduction of DLBCL proliferation. Besides displaying a cytostatic, pro-autophagic effect, silibinin

induced apoptotic cell death, thus also showing a cytotoxic action on tumor. Since insufficient apoptosis is considered to be one of the main factors of drug resistance, the pro-apoptotic effect of this compound allows us to suggest its usage also to overcome chemotherapy resistance often observed in DLBCL patients treated with R-CHOP (2).

In addition to its anti-tumor effect, we observed that silibinin plays a cardioprotective activity in human cardiomyocytes treated with doxorubicin. Cardiac adverse effects of anthracyclines were documented soon after their discovery, however simple aspects related to management of their cardiotoxicity remain uncertain (4). Of note, the prevalence of anthracycline-induced cardiotoxicity is highly variable, but cumulative anthracycline dose is consistently documented as relevant risk factor. With the significant increase in survival of cancer patients, the field of cardio-oncology is continually expanding to enable the prevention and treatment of chemotherapy-induced

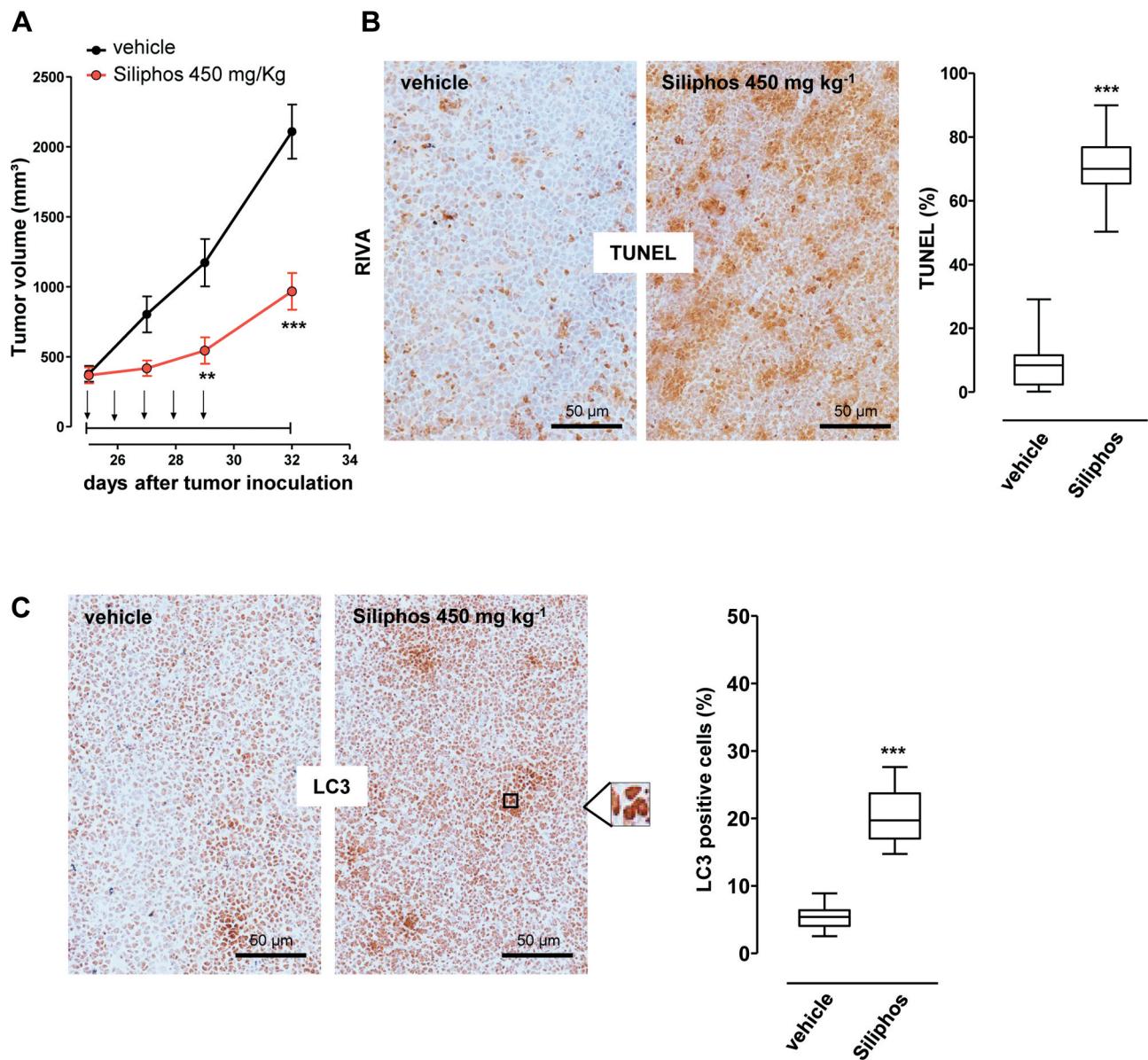


Figure 3. Silibinin induces growth inhibition and autophagy in diffuse large B-cell lymphoma (DLBCL) xenografts in NOD/SCID/IL2Rg^{-/-} mice. (A) NSG mice bearing 100-mm³ RIVA tumor nodules were randomly assigned to receive 5-day treatment with Siliphos by oral gavage (450 mg kg⁻¹, red) or vehicle control (black). Black arrows indicate Siliphos treatment administration. The mean±standard error of the mean (SEM) tumor volumes are shown. **p<0.01 and ***p<0.001 vs. vehicle controls. (B-C) Representative histological images and quantification of TUNEL (B) and LC3 (C) staining of RIVA tumors treated with Siliphos (450 mg kg⁻¹/day, 5 days) or vehicle control. Cell death was detected by TUNEL staining and autophagy by LC3 positive signals as brown staining within the tumor. Objective lens, 0.75 numerical aperture dry objective; original magnification, 20×. Scale bar, 50 µm. The TUNEL and LC3 positive cells in the sections were analyzed by automated data collection using a computer-assisted system (Cell^A; Olympus). The percentage of the area that was immunoreactive-positive was calculated for 30 randomly selected fields of each slide at high magnification (400x). ***p<0.001. NSG, NOD/SCID/IL2Rg^{-/-}; LC3, microtubule-associated protein 1 light chain 3.

cardiotoxicity. In addition to genetic and individual factors of frailty, recent cardio-oncology studies show that, especially in children, female sex is more vulnerable to the cardiotoxic effects of anthracyclines (55). On the contrary,

in reproductive age, the female sex would seem, at least in part, to be protected from the heart damage induced by anthracyclines thanks to the quenching of the cardiotoxicity induced by estrogens (56).

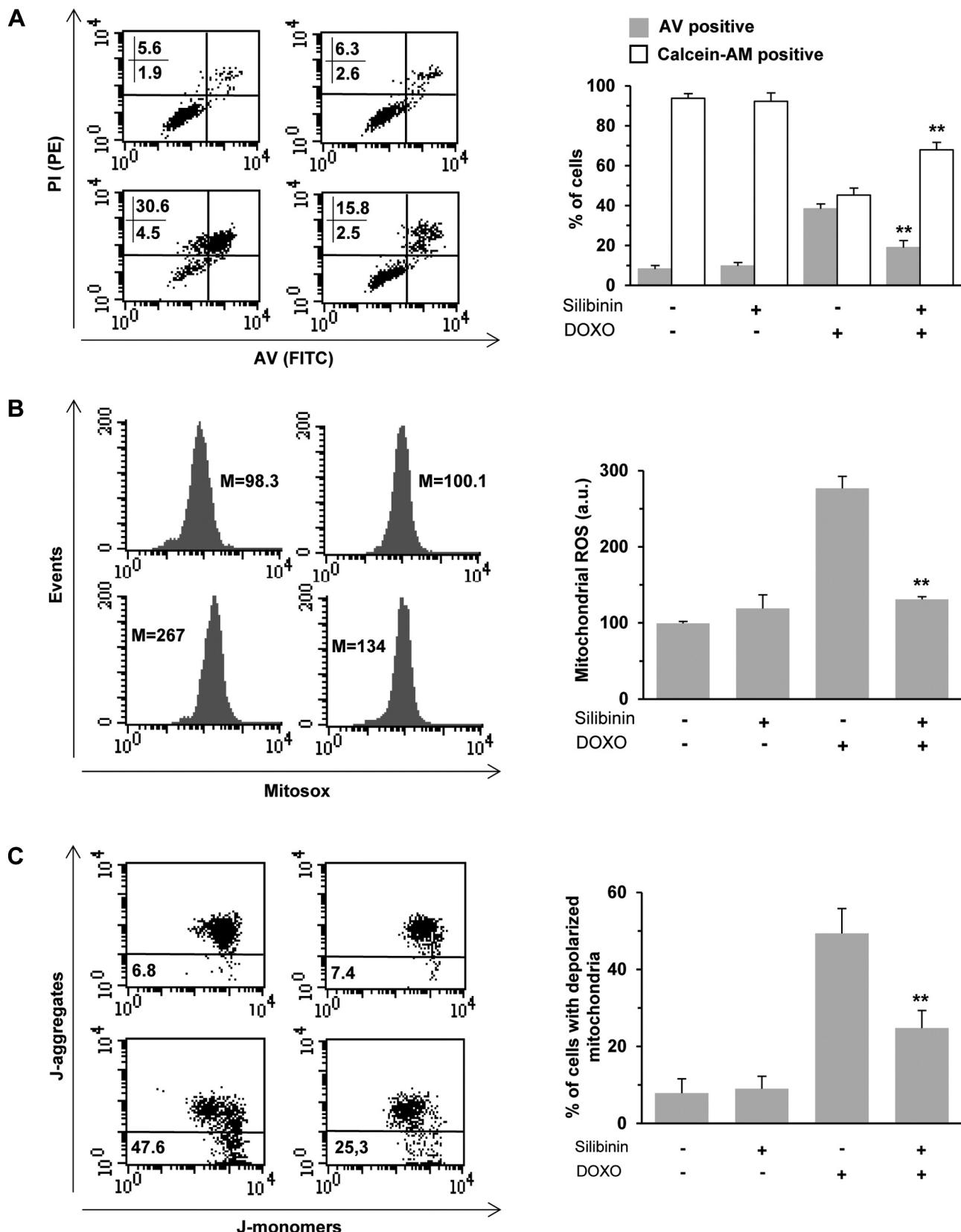


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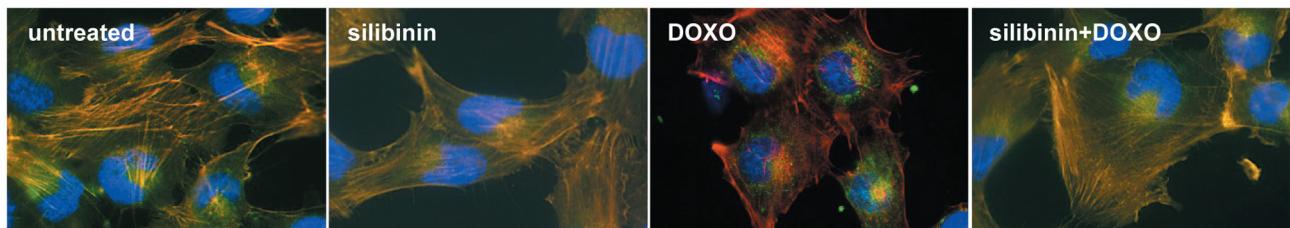
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Figure 4. *Silibinin protects cardiomyocytes from doxorubicin-mediated toxicity.* (A) Flow cytometry analysis after cell staining with AV and PI. Results from 1 representative experiment out of 3 are shown (left). The reported numbers represent the percentages of AV positive/PI negative (early apoptotic, bottom right quadrant) and AV/PI double positive (late apoptotic or necrotic cells, top right and left quadrants) cells. Bar graph shows the mean \pm SD of the results obtained from 3 independent experiments performed after cell staining with AV and PI (grey columns) or Calcein-AM (white columns). ** $p<0.01$ vs. doxorubicin-treated cells. (B) Representative histograms of the cytofluorimetric analysis of mitochondrial ROS production, performed by using the MitoSox probe. Bar graph shows the mean \pm SD of the results obtained from 3 independent experiments expressed as median fluorescence intensity (arbitrary units, a.u.). ** $p<0.01$ vs. doxorubicin-treated cells. (C) Representative dot plots of the cytofluorimetric analysis of mitochondrial membrane potential, performed by using JC-1. Numbers under lines indicate the percentage of cells with depolarized mitochondrial membrane. Bar graph shows the mean \pm SD of the results obtained from 3 independent experiments. ** $p<0.01$ vs. doxorubicin-treated cells. (D) Representative micrographs obtained by intensified video microscopy after tetramethyl-rhodamine-phalloidin (red)/myosin (green)/Hoechst (blue) triple staining of AC16 cardiomyocytes untreated (control, first picture) or treated with silibinin (second picture), doxorubicin (third picture) or silibinin/doxorubicin association (fourth picture). Yellow fluorescence indicates actin/myosin co-localization. AV, Annexin V; PI, propidium iodide; DOXO, doxorubicin; JC-1, 5,5',6,6'-tetrachloro-1,1',3,3'-tetraethyl benzimidazole-carbocyanine iodide probe; FITC, fluorescein isothiocyanate; PE, phycoerythrin.

Currently, the total cumulative dose of doxorubicin represents the only empirical criterion on the basis of which cardiotoxic effects can be predicted (57) and which actually determines the maximum dose that can be used in the therapy of cancer (58). On the other hand, the reduction beyond certain limits of the dose of doxorubicin, compatible with a reduction of the cardiotoxic effects, would substantially limit its curative effects. Therefore, those drugs or natural compounds capable of limiting the toxic effects of doxorubicin without decreasing its therapeutic efficacy, or hopefully, increasing it so as to be able to reduce the concentration useful for anticancer purposes, are particularly promising.

Some previous studies have demonstrated a cardioprotective effect of silibinin against doxorubicin-induced heart damage in rats (17, 27-29). This is the first time, to our knowledge, that the cardioprotective effect of this compound was confirmed in human cardiomyocytes. Of note, silibinin has also been previously demonstrated to increase the chemosensitivity of NHL cells to doxorubicin, suggesting that the combination of silibinin plus doxorubicin would work better than doxorubicin alone in NHL therapy (24, 54). In this context, additional studies are necessary to assess the possibility of reducing standard dosage of doxorubicin using silibinin as therapeutic adjuvant.

Conclusion

On the basis of the data reported in this study, silibinin was shown: (i) to exert an antitumor action *per se* both *in vitro* and *in vivo*, and (ii) to have a significant protective effect on

the toxicity induced by doxorubicin on cardiomyocytes *in vitro*. These data can lay the foundation for the design of clinical trials aimed at assessing the ability of silibinin: (i) to reduce the standard dosage of chemotherapy drugs, when used in association, thanks to its antitumor potential, and (ii) to avoid the reduction or suspension of chemotherapy due to cardiotoxicity, considering its cardioprotective effects. In conclusion, silibinin can be considered a potentially useful adjuvant compound for the treatment of DLBCL. In future clinical studies, it will be mandatory to analyze data disaggregated by sex and age. In fact, these determinants, as mentioned above, can play an important role in the response to drugs in general, and to silibinin in particular, precisely in consideration of its agonist effect on ER β .

Conflicts of Interest

The research was conducted in the absence of any commercial or financial relationships that could be construed as a potential conflict of interest.

Authors' Contributions

MP and EO contributed significantly to the design of the work, data interpretation and manuscript preparation. PM supervised *in vitro* studies and co-wrote the manuscript. MTP, BA, MM and MLD performed *in vitro* experiments. SLL and GC performed *in vivo* experiments and co-wrote the manuscript. WM and CCS provided intellectual contribution throughout the study. All Authors read and approved the final manuscript.

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