

# HIGH PROTEIN WHOLEGRAIN WHEAT FLAKES WITH WHEATBRAN

REF.: 000004010736

#TheCerealFamily  
**Brüggen**



Ingredients	In %
wholegrain WHEAT	60
WHEAT gluten	22,3
sugar	8,5
WHEAT bran	7,7
BARLEY malt extract	0,7
salt	0,1
emulsifier: mono- and diglycerides of fatty acids	0,1

## Ingredients :

wholegrain WHEAT 60%, WHEAT gluten 22,3%, sugar, WHEAT bran 7,7%, BARLEY malt extract, salt, emulsifier: mono- and diglycerides of fatty acids [1]

[1] processing aid

## Allergen information :

Contains allergens according to the list of ingredients. Manufactured in a facility where the following allergens are present: cereals containing gluten, milk and soya products, mustard, lupin.

## Storage conditions :

12 months in original package at temperatures below 20 °C and less than 60 % relative air humidity



NUTRI-SCORE  
**A**

Nutrition information	per 100g	per serving size (30g) + 125 ml fat reduced milk	% RI
KJ calories	1577 373	722 171	8,6 8,5
Fat (g) of which saturates (g)	2,9 0,6	2,9 1,3	4,1 6,6
Carbohydrates (g) of which total sugars (g)	52,9 10,2	21,9 9,1	8,4 10,1
Fibre (g)	10,7	3,2	
Protein (g)	28,6	12,8	25,5
Salt (g)	0,34	0,2	4,1

## Claims

- wholegrain content: 75%
- source of fibre
- high protein