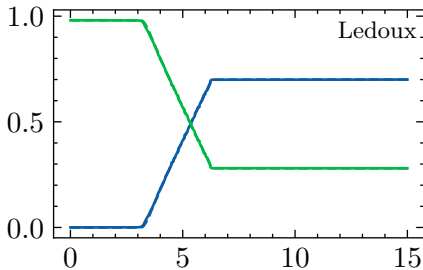
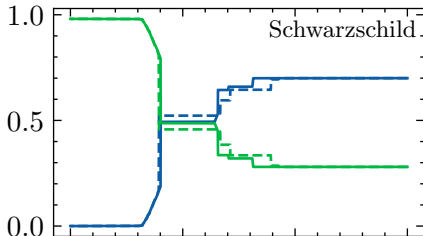


Mass Fraction



Mass [M_{\odot}]

- H before
- - - H after
- ^4He before
- - - ^4He after