

# Stellar Structure Evolution with MESA

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## Exercise 1

**Q.1.1:** Why is there only one history file but multiple profile files?

**A:** The history file contains the global properties of the star at each time step, while the profile files contain the detailed structure of the star at specific points in time. The history file is updated at each time step, but the profile files are only written at certain intervals. So there is one history file for the entire simulation, but multiple profile files corresponding to different time steps.

**Q.1.2:** Show with a plot whether or not the size of the time steps in the history file changes during the simulation, and discuss why.

**A:** The time steps in the history file do change during the simulation. This is because MESA uses an adaptive time-stepping algorithm to ensure that the simulation progresses at a rate that captures the important changes in the star's structure and evolution. The time steps are smaller during rapid changes (like during a shell flash) and larger during more stable phases.