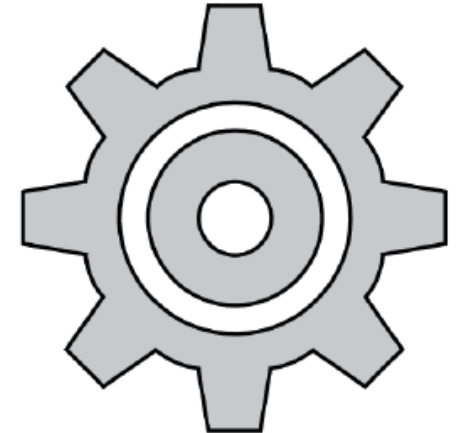
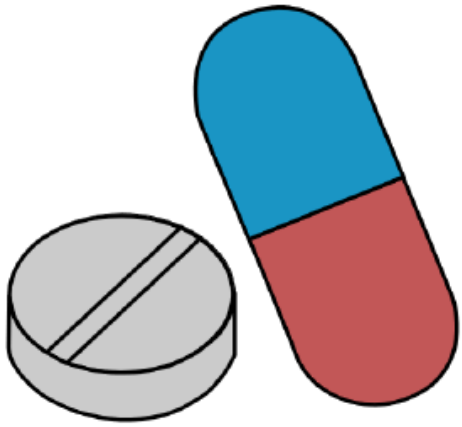
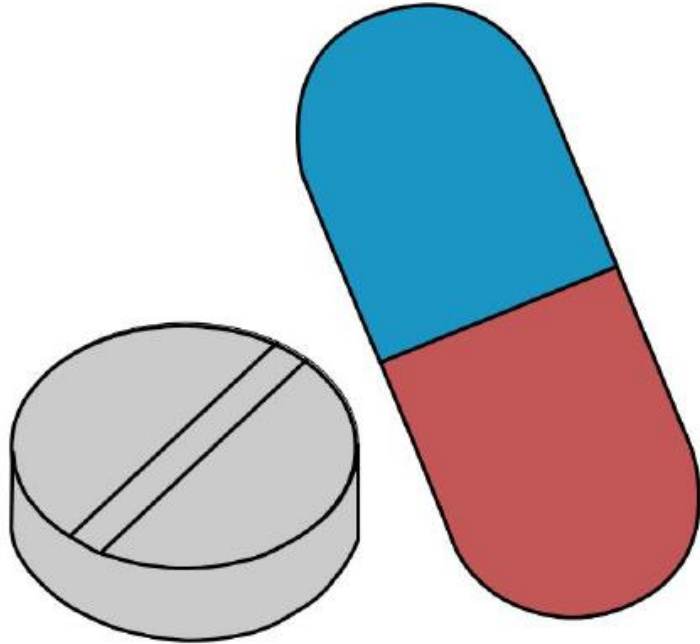


09:00 AM



09:00 AM



Medication now:  
**09:00 AM**  
scheduled

Yes, I have taken!



2



1



3

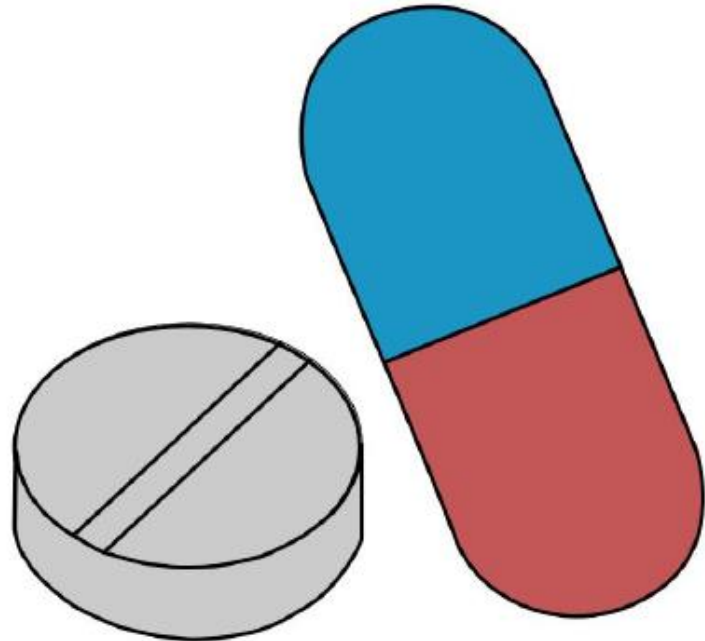


1



09:00 AM

Next Medication:  
**12:00 PM**  
scheduled



2  
tablets



1  
tablet



2  
tablets



2  
tsp



09:00 AM



Next Appointment:

11:00 AM

Today, 16/04/2019



Changi General Hospital  
16/04/2019



09:00 AM



Total spent this week: \$0

Total spent this month: \$150

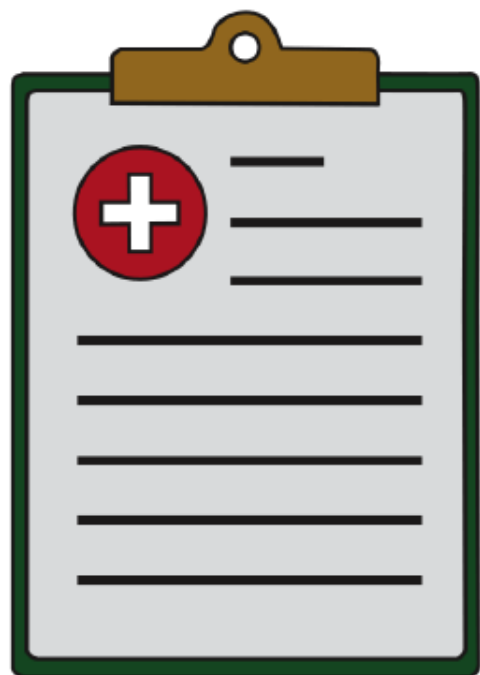
04/04/2019 \$150.00

31/03/2019 \$89.90

05/03/2019 \$120.00



09:00 AM



04/04/2019

31/03/2019

05/03/2019



09:00 AM



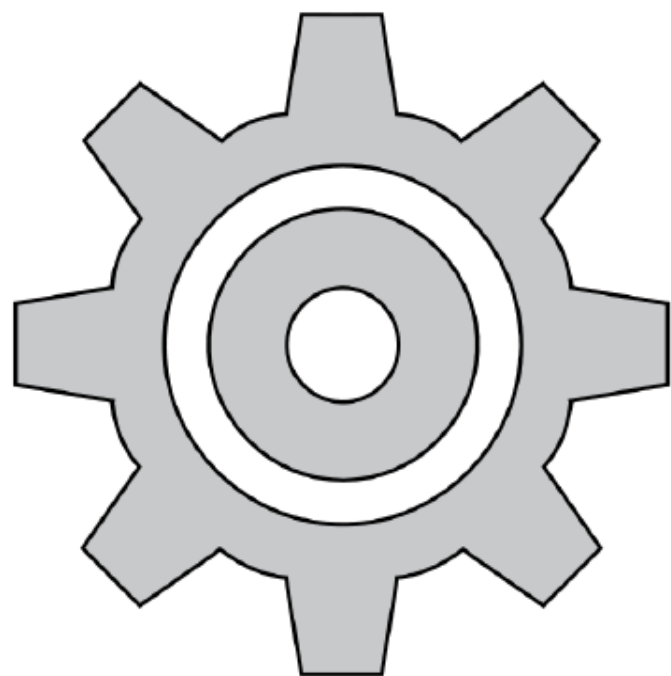
## Suggested Exercises:







09:00 AM



Language

English

Brightness



Volume



Night mode

ON



Seated Exercises for Older Adults



▶ ⏮ 🔊 8:54 / 9:43

