

# Exercises: intro to optimization and gradient descent

## 1 Convexity: general results

### 1.1

Show that a sum of smooth functions is smooth. What is the corresponding smoothness constant?

Show that the sum of strongly convex functions is strongly convex. What is the corresponding strong convexity constant ?

### 1.2

Show that  $x \rightarrow \|x\|$  is convex, where  $\|\cdot\|$  is any norm on  $\mathbb{R}^d$ .

### 1.3

Let  $f : \mathbb{R}^d \rightarrow \mathbb{R}$  convex. Show that  $g(x) = f(Ax + b)$  is convex, where  $A \in \mathbb{R}^{d \times d}$  and  $b \in \mathbb{R}^d$ . If  $f$  is  $\mu$ -strongly convex, is  $g$  strongly convex? If so, what is a strong convexity constant of  $g$ ? If  $f$  is  $L$ -smooth, is  $g$  smooth? If so, what is a smoothness constant of  $g$ ?

Hint: You can demonstrate, and then use the fact that  $\sigma_{\min}(AB) \geq \sigma_{\min}(A)\sigma_{\min}(B)$  and  $\sigma_{\max}(AB) \leq \sigma_{\max}(A)\sigma_{\max}(B)$  for two square matrices  $A, B$ .

### 1.4

Let  $h_1, \dots, h_n : \mathbb{R} \rightarrow \mathbb{R}$  some convex function,  $X \in \mathbb{R}^{n \times p}$  and define

$$f(w) = \frac{1}{n} \sum_{i=1}^n h_i(\langle x_i, w \rangle),$$

where  $x_i \in \mathbb{R}^p$  is the  $i$ -th row of  $X$ . Assume that the  $h_i$  are such that  $\sup_{t \in \mathbb{R}} h_i''(t) = M < +\infty$ . Show that  $f$  is smooth, and determine a smoothness constant.

## 2 Convexity / non-convexity of matrix functions

### 2.1

Let  $m \in \mathbb{R}$  and define  $f(x) = \frac{1}{2}(x - m)^2$ ,  $g(a, b) = \frac{1}{2}(ab - m)^2$ . What are the gradient/ Hessian of these functions? Are these functions convex ?

### 2.2

Determine the set of points  $a, b$  such that  $\nabla^2 g(a, b)$  is positive. What do you observe at the minimum? Could we have predicted this?

### 2.3

Let  $M \in \mathbb{R}^{p \times p}$  and define  $f(X) = \frac{1}{2} \|X - M\|_F^2$ ,  $g(A, B) = \frac{1}{2} \|AB - M\|_F^2$  where  $A, B \in \mathbb{R}^{p \times p}$ . What are the gradient/ Hessian of these functions? Are these functions convex ?

Hint: here, it is convenient to write the Hessians as linear operators. For instance for  $f$ , we can write  $\nabla^2 f(X)(U) = \dots$  where  $\dots$  is a linear function of  $U \in \mathbb{R}^{p \times p}$ .

## 3 Polyak-Lojasciewicz inequality

Let  $f : \mathbb{R} \rightarrow \mathbb{R}$  be a  $\mu$ -strongly convex function. Let  $x^*$  its arg-minimum. Show that  $f$  verifies the Polyak-Lojasciewicz inequality:

$$\forall x \in \mathbb{R}^d, \quad f(x) - f(x^*) \leq \frac{1}{2\mu} \|\nabla f(x)\|^2$$

## 4 Gradient descent in a simple case

We let  $p \geq 0$ , and consider a vector  $b \in \mathbb{R}^p$  and a matrix  $A \in \mathbb{R}^{p \times p}$ . We assume that  $A$  is a symmetric matrix with positive eigenvalues  $\lambda_{\max} = \lambda_1 \geq \dots \geq \lambda_p = \lambda_{\min}$ . We define the following *quadratic* objective function:

$$f(x) = \frac{1}{2} x^\top A x - b^\top x$$

**Exercise 1:** Show that this function is convex, and that its gradient is given by  $\nabla f(x) = Ax - b$ . Find the analytical expression of its minimizer  $x^*$ , and of  $f(x^*)$ .

We now consider the sequence of iterates of gradient descent with a step size  $\rho > 0$ , starting from  $x_0 = 0$ :

$$\text{For } n \geq 0 : \quad x_{n+1} = x_n - \rho \nabla f(x_n)$$

**Exercise 2:** Obtain a closed form expression for  $x_n$ . Hint : what recursion does the sequence  $y_n = x_n - x^*$  satisfy?

We now use the spectral decomposition of  $A$ , and write

$$A = U^\top D U$$

where  $D = \text{diag}(\lambda_1, \dots, \lambda_p)$  contains the eigenvalues of  $A$  and  $U \in \mathbb{R}^{p \times p}$  contains the eigenvectors of  $A$ . We recall that  $U U^\top = U^\top U = I_p$ .

**Exercise 3:** Define  $z_n = U(x_n - x^*)$ . Show that  $z_n$  is given by

$$z_n = (I_p - \rho D)^n z_0$$

Give a condition on  $\rho$  for this sequence to converge to 0.

In the following, we assume that  $\rho = \frac{1}{\lambda_{\max}}$ .

**Exercise 4:** Demonstrate that  $\|x_n - x^*\| \leq (1 - \frac{\lambda_{\min}}{\lambda_{\max}})^n \|x^*\|$ .

This is what we call *linear* convergence, and  $1 - \frac{\lambda_{\min}}{\lambda_{\max}}$  is the rate of convergence.

The quantity  $\kappa = \frac{\lambda_{\min}}{\lambda_{\max}}$  is called the *conditioning* of the matrix  $A$ , and, by extension, of the function  $f$ . This number is always between 0 and 1. The closer it is to one, the faster gradient descent converges.

Here, if for instance  $\kappa = \frac{1}{2}$ , then the convergence is very fast:  $\|x_n - x^*\| \leq \frac{1}{2^n} \|x^*\|$ , every iteration halves the error. However, in some cases we can have some very poorly conditioned problems.

**Exercise 5:** Assume that  $\kappa = \frac{1}{1000}$ , and that  $\|x^*\| = 1$ . How many iterations of gradient descent are needed to reach an error  $\|x_n - x^*\| \leq \frac{1}{10}$ ? and to get  $\|x_n - x^*\| \leq \frac{1}{100}$ ?

In these badly conditioned case, it would be useful to obtain a bound on the error that does not depend on the conditioning of the problem. To get such a bound, we look at another measure of the error,  $f(x_n) - f(x^*)$ .

**Exercise 6:** Show that for all  $x$ ,  $f(x) - f(x^*) = \frac{1}{2}(x - x^*)^\top A(x - x^*)$ . Deduce a closed form formula for  $f(x_n) - f(x^*)$ .

We are now ready to give a bound that does not depend on the conditioning of the problem:

**Exercise 7:** Show that for all  $\mu \in [0, 1]$  and all  $n$  we have  $(1 - \mu)^{2n} \mu \leq \frac{1}{2n+1}$ . Deduce that

$$f(x_n) - f(x^*) \leq \frac{1}{\rho(2n+1)} \|x^*\|^2$$

This is what we call *sub-linear* convergence. Note that this rate of convergence does not get worse when  $\lambda_{\min}$  goes to 0: it does not depend on the conditioning of the problem.