

Fact Sheet : USAID Youth-Powered Ecosystem to Advance Urban Adolescent Health (YPE4AH) Project | Lagos and Kano State, Nigeria.

Brief Overview



Youth-Powered Ecosystem to Advance Urban Adolescent Health (YPE4AH)

6 LGAs Reached in Lagos and Kaduna to deliver intervention

Targeting Male & Female adolescents between 15 -19 years

Nigeria, Africa's most populous country, has over 213 million people, with 42% under 18. Many adolescents, especially those aged 10-19, lack access to vital knowledge and skills, particularly in sexual and reproductive health. According to the 2020 NDHS, 30% of out-of-school adolescent girls and 17% of out-of-school adolescent boys have begun childbearing, mainly in rural areas with limited access to sexual and reproductive health services.

The USAID-funded Youth-Powered Ecosystem to Advance Urban Adolescent Health (YPE4AH) project, also called TEENSMATA, aims to improve the health and well-being of married and unmarried, out-of-school, urban-slum adolescents in Nigeria by increasing voluntary family planning uptake while situating family planning within a broader, and more holistic context. YPE4AH works to deliver its interventions within 6 LGAs in Lagos and Kano, targeting male and female adolescents aged 15 -19 years. Following the project launch in February 2021, YPE4AH commenced activities in Lagos in July 2021 and Kano in March 2022. The project is implemented by five consortium partners spanning 2020 - 2024.

KEY OBJECTIVES



Life Skills

Enhance youth life skills for healthy living and future planning



Leadership

Foster leadership and an enabling social and policy environment



Livelihood

Increase youth workforce readiness, job opportunities, and entrepreneurship

Livelihood – 1 Vulnerability Assessment tool

- Vocational skills training of choice

Achievements

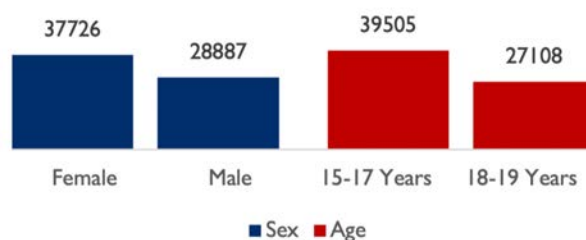
Since its inception, the project enrolled and graduated 66,613 adolescents from the SKILLZ United and SKILLZ Club curriculum in Lagos and Kano.

66,613 Enrolled & Graduated

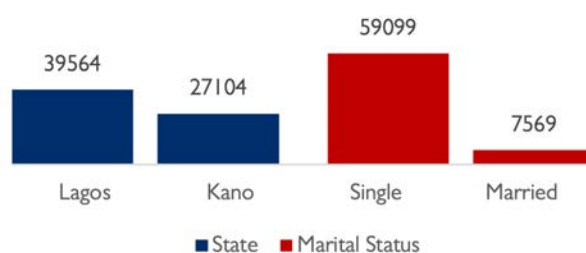
Life Skills Achievement



Life Skills Graduates



Life Skills Graduates



Approach

Life Skills – 2 Life Skills curriculum

- Delivered through the Youth Hubs by Youth Coaches
- Themes include: Sexual & Reproductive Health, Mental Health, Gender difference, Domestic Abuse, Self-esteem, Conflict-resolution, Personal Values, and Career Growth

Leadership – 1 Champions for Change curriculum

- Delivered through the Youth Hubs
- Themes include: Circle of Control & Influence, Managing Work & Time, Managing Self, Transformational Leadership, Good Governance, Negotiation Skills, Conflict Mitigation, and Community Mobilization

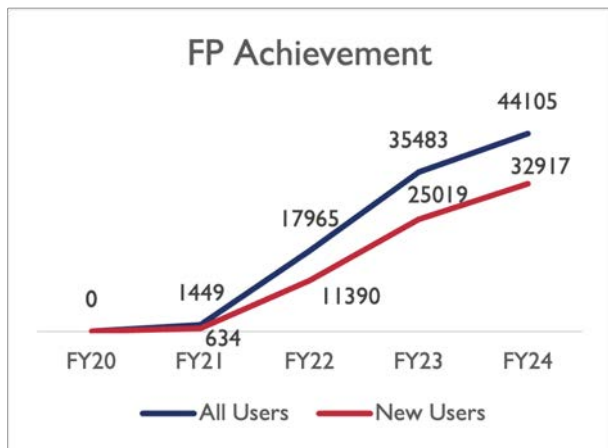
Family Planning Uptake

A total of 96,409 adolescents were counselled and received FP methods, of which 69,221 were new users. During the life of the project, there were changes in the perception of FP users among adolescents who were on the SKILLZ interventions.



96,406

Adolescents were counselled and received FP methods



CYP Achieved
(19,222)

New Users
(70%)

Continued FP
Use 12 Months
After (70%)



Sexual Activity/ Contraception	Formative Research (Dec 2020)	Youth Parti- cipant Survey (Sept 2023)
Ever had Sex	26.4%	36.3%
Ever used contra- ception	7.7%	30.8%
Unmarried	7.1%	29.4%
Married	11.4%	44.7%
15-17 years	4.7%	11.0%
>17 years	11.6%	38.1%
Sexually Active and currently us- ing a FP method	22.6%	36.3%
Spoken to parent/guardian about sex related matters	11.6%	12.4%

Leadership

On the leadership component of the project, 842 adolescent boys and girls were trained across Kano and Lagos.



Service Provision



234

Multi-Cadre
Providers Trained
(PPMVs, PHCs,
Hospitals, Maternity
Homes, & Pharmacies)

234 multi-cadre providers (PPMVs, PHCs, Hospitals, Maternity Homes, and Pharmacies) were trained on adolescent youth-friendly health service delivery and supported to maintain quality services through the life of project. Data comparing baseline (immediately after training) and 24-months follow-up between 129 of these providers revealed that on the average, comfort levels remained high among providers between baseline (83.7%) and follow-up, with about 80% reporting feeling comfortable to provide FP information and services to adolescent (78.3%), especially among those in Kano, Female, and those who has some health training.

The project also supported sustained access to FREE family planning products to these facilities, through public and private partnerships.

Variable	Baseline (n=129)	Follow-up (n=129)	n
State			
Lagos	81.2 (69)	70.6 (60)	85
Kano	88.6 (39)	93.2 (41)	44
Gender			
Male	82.5 (47)	75.4 (43)	57
Female	84.7 (61)	80.6 (58)	72
Facility Type			
PPMV	81.4 (70)	75.9 (66)	86
PHC	84.6 (22)	85.2 (23)	26
Hospital	90.9 (10)	62.5 (5)	11
Maternity Home	100.0 (5)	100.0 (5)	5
Pharmacy	100.0 (1)	100.0 (1)	1
Health Background			
Health Trained	87.5 (42)	84.8 (39)	48
Non-Health Trained	81.5 (66)	74.7 (62)	81
TOTAL	83.7 (108)	78.3 (101)	

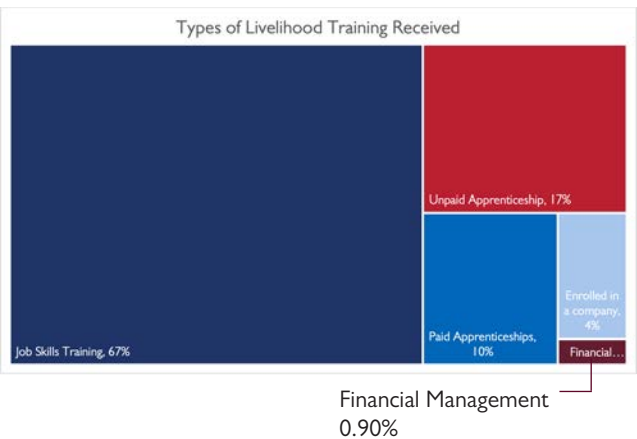
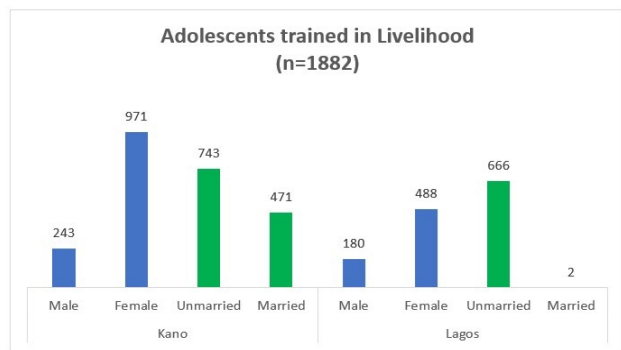
Livelihood

On the livelihood component of the project, 1,882 adolescent boys and girls received livelihood skills training across Kano and Lagos. Majority being un-married females and receiving largely job skills trainings (67%).

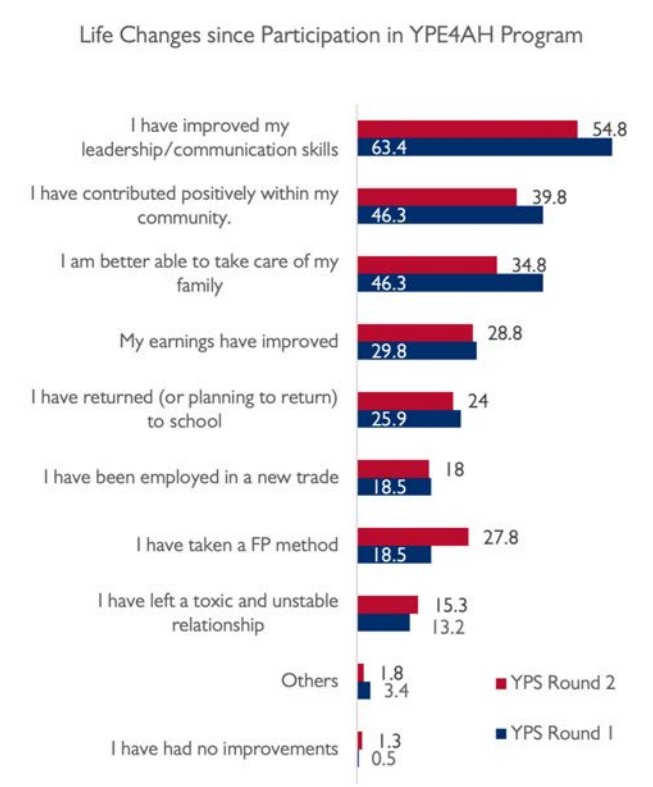


1,882

Boys & Girls
received
livelihood skills
training in Kano
& Lagos

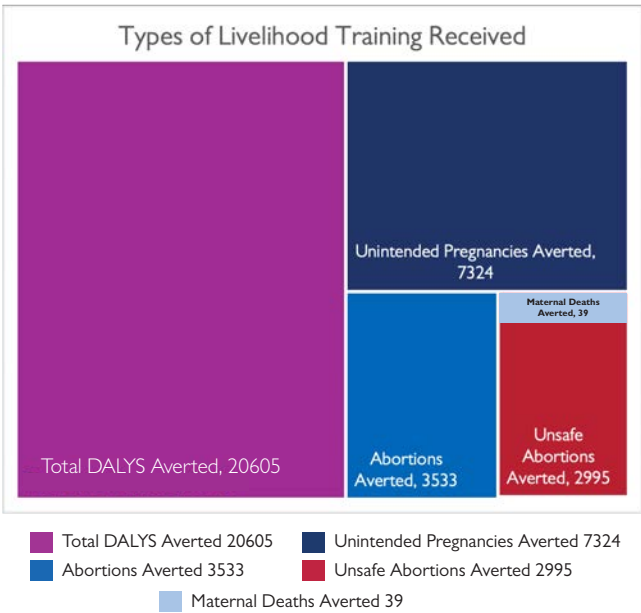


Without YPE4AH, about 40% of the adolescents reached would have not received livelihood, and 92% would not have received leadership training.



Project Impact

The lives of the project beneficiaries have significantly improved since their participation in various activities of the YPE4AH program. From inception, adolescents have been provided a total of 20,605 CYP, resulting in 7,324 unintended pregnancies averted, and 2,995 unsafe abortions averted. There have also been 16,184 disability adjusted life years (DALYs) that do not happen based on maternal mortality, maternal morbidity, and child mortality averted. The project has through these approaches been responsible for preventing 39 maternal deaths. Other major impact created included improving earnings of adolescents, increasing adolescent contribution to their local communities, being better able to take care of immediate family, and indirect impacts of about 24 percent of adolescents returning to school.



The U.S. Agency for International Development-funded Youth-Powered Ecosystem to Advance Urban Adolescent Health activity empowers young people with skills, social capital, and resources needed to realize their full potential. The program improves adolescent health by increasing access to voluntary family planning services and situating family planning within a broader, more holistic context of youth empowerment, coupled with a deeper understanding of the challenges that adolescents face.

For more information scan here

