

# Cameroon Townhall for Healthcare Professionals

## Meeting Minutes – December 16, 2023

**Host:** Cameroon Townhall for Healthcare Professionals

**Date:** December 16, 2023

**Time:** 12:00 – 14:00 p.m. (CST)

**Chair :** Dr. Munoh Kenne Foma

**Co-Moderators:** Dr. Katte Jean-Claude, Dr. Bryan Tegomoh

**Guest Speaker:** Elvis Ndansi, MSN, MPH, Consultant @ BMGF & Global Director of Population Health @Caerna Health

**Title:** Promoting Clinical Trial Informativeness in Africa: The Role of DAC-Africa

**Time:** Saturday, December 16th, 2023, 07:00 PM Cameroon/ 01:00 PM New York City / 05:00 PM GMT

Zoom Meeting ID: 881 5700  
6391 Passcode: 237  
This meeting is open to the general public

Elvis Ndansi, MSN, MPH, Consultant @ BMGF & Global Director of Population Health @Carna. Health

### Agenda Items:

1. Welcome and Opening Remarks by the Chair, Dr. Munoh Kenne Foma
2. Participant Reflections

3. Presentation by Elvis Ndansi on "Promoting Clinical Trial Informativeness in Africa: The Role of DAC-Africa"
4. Discussion and Q&A
5. Adjournment, Closing points and Next Meeting
6. Packing Lot Discussions

### **Opening Remarks:**

- The meeting celebrated the 90th edition of the Cameroon Town Hall.
- Reflections on the year's achievements, including discussions on various healthcare topics and guest speakers like the Cameroon Minister of Health.
- Participant Reflections:
  - o Attendees shared their experiences and learnings from the past year's town hall sessions.
  - o Emphasis on the importance of these discussions in shaping healthcare policies and practices.

### **Presentation points:**

Presentation by **Elvis Ndansi**, focusing on the need for more informative clinical trials in Africa:

#### **1. Clinical Trial Informativeness:**

The concept of 'informativeness' in clinical trials was emphasized, highlighting the importance of trials that provide meaningful results for patients, clinicians, researchers, and policymakers.

#### **2. Challenges of Uninformative Trials:**

A significant number of clinical trials, both globally and in Africa, are uninformative, meaning they fail to provide results that can meaningfully influence patient care, clinical practices, or policymaking.

#### **3. Statistics on Clinical Trials:**

Between 2009 and 2010, only a small percentage of assessed clinical trials were considered informative. Africa, despite bearing a significant portion of the global disease burden, hosts only a small fraction of clinical trials.

#### **4. Role of DAC-Africa:**

DAC-Africa focuses on Design, Analyze, and Communicate - crucial elements in conducting clinical trials. The initiative aims to improve the quality and informativeness of clinical trials in Africa. Discussion on building clinical trial infrastructure and increasing investments in Africa, including efforts by Africa CDC.

#### **4. Importance of Ethical and Effective Research:**

The need for ethical and effective research practices in Africa was highlighted, especially in the context of increasing clinical trial infrastructure and investment.

#### **5. Prospects, Engagement and Collaboration:**

The presentation looked forward to the growth of clinical research in Africa, emphasizing the need for more informative trials to improve health outcomes.

The session encouraged increased awareness and participation in initiatives like DAC-Africa to enhance the quality of clinical trials.

#### **Discussions and Q&A Session:**

- Emphasis on the need for informative clinical trials to improve health outcomes in Africa.
- Interactive Q&A session with participants discussing various aspects of clinical trials and research in Africa.

#### **Action Items:**

- Increase awareness and understanding of clinical trial informativeness.
- Encourage participation in DAC-Africa's initiatives to improve clinical trial quality.
- Share knowledge and insights from the session with broader healthcare communities.

**Adjournment and Closing Remarks:** Dr. Munoh Kenne Foma

#### **Next Meeting**

January 13, 2024. Details to be confirmed.

**Submitted by:** Co-Moderators, Cameroon Townhall for Healthcare Professionals