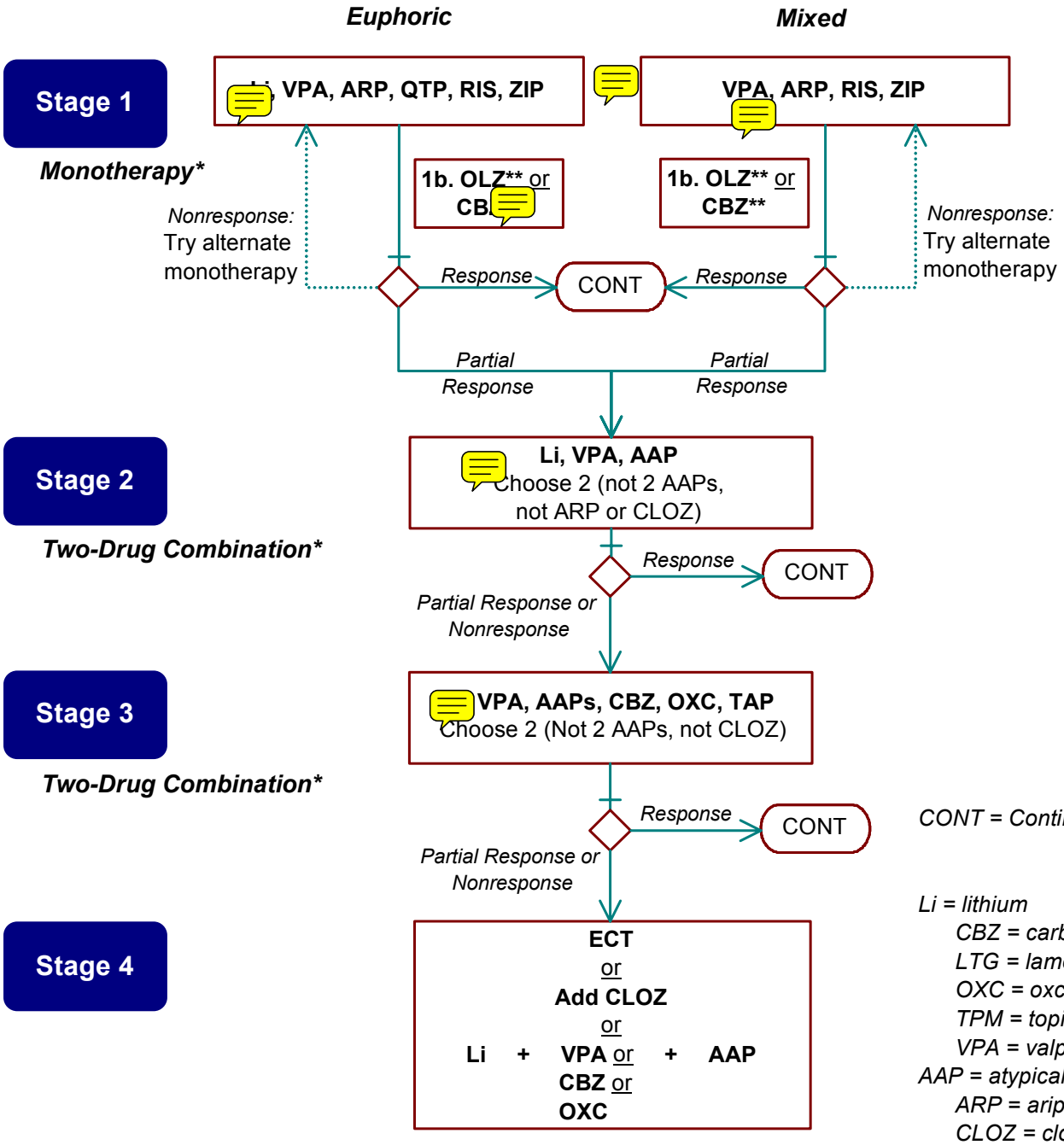
Algorithm for Treatment of BDI - Currently Hypomanic/Manic



CONT = Continuation

Li = lithium
CBZ = carbamazepine
LTG = lamotrigine
OXC = oxcarbazepine
TPM = topiramate
VPA = valproate
AAP = atypical antipsychotic
ARP = aripiprazole
CLOZ = clozapine
OLZ = olanzapine
RIS = risperidone
QTP = quetiapine
ZIP = ziprasidone
TAP = typical antipsychotic
ECT = electronconvulsive therapy

*Use targeted adjunctive treatment as necessary before moving to next stage:
Agitation/Aggression - clonidine, sedatives
Insomnia - hypnotics
Anxiety - benzodiazepines, gabapentin

** Safety and other concerns led to placement of OLZ and CBZ as alternate 1st stage choices.

It is appropriate to try >1 combination at a given level. New trials from each stage can be labeled Stage 2 (1), Stage 2 (2), etc.

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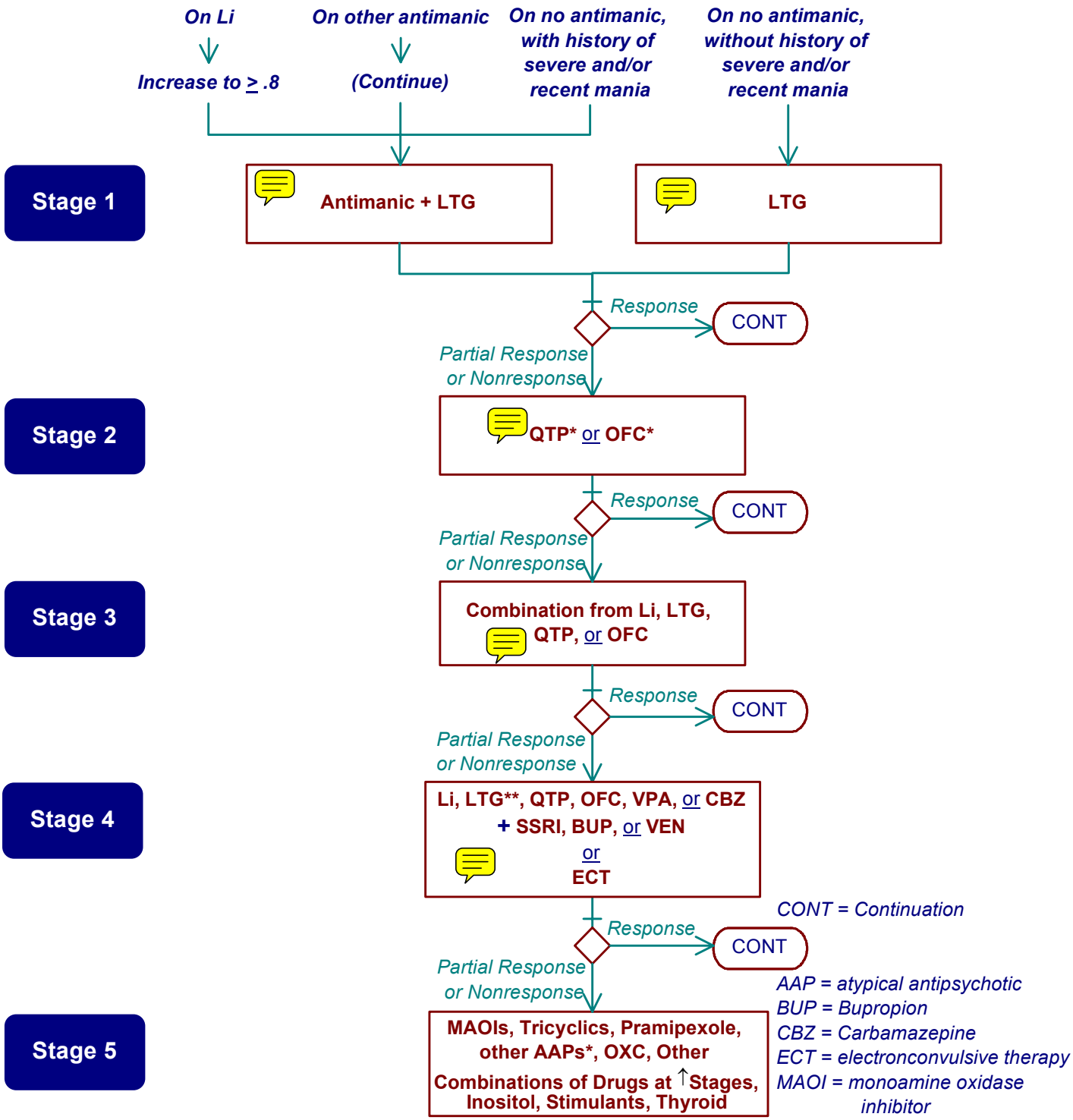
Algorithm for the Treatment of BDI - Currently Depressed



CONT = Continuation

AAP = atypical antipsychotic
BUP = Bupropion
CBZ = Carbamazepine
ECT = electronconvulsive therapy
MAOI = monoamine oxidase inhibitor
Li = lithium
LTG = lamotrigine
OFC = olanzapine/fluoxetine combination
OXC = oxcarbamazepine
QTP = quetiapine
SSRI = citalopram, escitalopram, fluoxetine, paroxetine, sertraline, fluvoxamine
VEN = Venlafaxine
VPA = valproate

* Note safety issue described in text.

**LTG has limited antimanic efficacy and in combination with an antidepressant may require the addition of an antimanic.

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