

**Client:** Chenkai Yu (65124), **Patient:** Rocky (59075)

Standard with Dr. Marie-Charlotte Popp at Russian Hill

on 4/12/24

Vitals

<b>Weight (Kg):</b> 33.6	<b>Temp (°F):</b> N/P	<b>Heart rate (BPM):</b> 100
<b>Respiratory rate:</b> Pant	<b>Mentation:</b> BAR	<b>Diet:</b>
<b>MM:</b> PINK	<b>Petechiation:</b>	<b>CRT:</b> NORMAL
<b>Fear, Anxiety, Stress (FAS) score:</b> 2	<b>Pain score:</b> 0	<b>Hydration:</b> EUHYDRATED
<b>BCS:</b> 5		

Prescription

<b>Medication</b>	Desyrel (Trazodone), 150 mg Tablets
<b>Expiration date</b>	April 12, 2025
<b>Sig</b>	Give 1 up to 2 the night before and AM of visit (1.5-2 hours PRIOR TO LEAVING)
<b>Quantity</b>	30.00
<b>Refills</b>	n/a

Prescription

<b>Medication</b>	Neurontin (Gabapentin), 600 mg Tablets
<b>Expiration date</b>	April 12, 2025
<b>Sig</b>	Give 1 tablets the night before and AM of visit (1.5-2 hours PRIOR TO LEAVING)
<b>Quantity</b>	30.00
<b>Refills</b>	n/a

**Client:** Chenkai Yu (65124), **Patient:** Rocky (59075)

Standard with Dr. Marie-Charlotte Popp at Russian Hill

on 4/12/24

Care Summary

Visit overview

It was a pleasure seeing Rocky today. During today's visit, Rocky was evaluated for ongoing digestive issues, including chronic diarrhea and intermittent vomiting. A comprehensive plan was initiated to identify the underlying cause, starting with diagnostic tests and considering a range of potential factors from dietary sensitivities to more complex conditions. We submitted a diarrhea PCR today to start.

Rocky's next steps

Diagnostic Testing:

Rocky will undergo a series of tests, including a diarrhea PCR and full lab work, to screen for conditions like atypical Addison's disease. Results should be available in 3-4 days, and we will notify you for review.

Medications:

Rocky has been prescribed Trazodone and Gabapentin to help manage anxiety before future visits. These medications should be given the night before and the morning of the next appointment, 1.5-2 hours before leaving.

Future plans:

If initial diagnostics are inconclusive, Rocky may need to undergo a 6-8 week food allergy trial with a hypoallergenic diet to rule out food intolerances or allergies.

Specialist Consultation:

Should the food trial and diagnostics not yield answers, the next step may involve a referral to an internal medicine specialist for further evaluation, which could include an ultrasound and gastrointestinal panel.

Follow-up

Rocky has a follow-up appointment scheduled for Tuesday, April 16, 2024, at 9:00 AM to collect blood samples. It is a technician appointment, however, if Rocky is too nervous, even with his oral calming medication, to collect samples, I have approved transitioning the appointment into a drop off doctor's appointment for injectable sedation to facilitate sample collection. If you have any concerns before then, please reach out to our virtual care team.

Thank you for bringing Rocky in today.

Warm regards,  
Dr. Marie-Charlotte Popp

Resources

- [Food allergies](#)
- [More information about Addison's disease](#)
- [Fear Free trip to the vet](#)
- [Diarrhea and Vomiting: First Aid](#)

**Client:** Chenkai Yu (65124), **Patient:** Rocky (59075)

Standard with Dr. Marie-Charlotte Popp at Russian Hill

on 4/12/24

Visit Details

**Medications prescribed at this visit**

Desyrel (Trazodone), 150 mg Tablets  
Give 1 up to 2 the night before and AM of visit (1.5-2 hours PRIOR TO LEAVING)

Neurontin (Gabapentin), 600 mg Tablets  
Give 1 tablets the night before and AM of visit (1.5-2 hours PRIOR TO LEAVING)

**Tests Performed**

- COMP DIARRHEA PROFILE K9(3808)

In most cases, results for tests submitted to outside labs are available within 3 - 4 business days. Some tests, such as those that involve reading a biopsy or PCR technology, may take between 5 and 10 days. Please ensure that you have notifications turned on in your app as you will receive one when they are posted to the “Notifications Center” of the app (look for the bell icon in the upper-righthand corner). Please be aware that a veterinarian other than the one who recommended this testing may follow up with you on any outstanding diagnostics results, depending on the original doctor’s work schedule and when the test results are available.

**Client:** Chenkai Yu (65124), **Patient:** Rocky (59075)

Standard with Dr. Marie-Charlotte Popp at Russian Hill on 4/12/24

SOAP

Subjective

Nurse initials: SO Reason for visit (please write a concise blurb): - diarrhea started 3 weeks ago - went to BERK last Sunday, unable to do thorough exam - completed fecal testing - on/off diarrhea since the beginning of the year Diet: Purina EN Is this a grain-free diet? no Lifestyle (indoors/outdoors, socialization): Active Attitude/Energy: Normal Coughing: None Sneezing: None Vomiting: Yes Diarrhea: Yes Appetite: Normal Water consumption: Normal Urination: Normal Current medications and current dose: None Current parasite preventives: Simparica Trio Any history of vaccine reactions: No Recent travel or upcoming plans to travel? No Medication refills needed: Have you visited another hospital/facility since your last visit at MA?

Objective	<p>Normal Nose Moist/clean, no discharge or lesions noted</p> <p>Normal Oral Normal adult dentition noted, no gingivitis/tartar appreciated; no masses</p> <p>Normal Otic No discharge or erythema noted in canals AU; TM's visible and intact AU</p> <p>Normal Heart No murmurs or arrhythmias auscultated; femoral pulses strong and synchronous</p> <p>Normal Abdomen No pain, masses, or organomegaly palpated</p> <p>Normal Integument No ectoparasites, masses, or skin lesions noted</p> <p>Normal Neurologic No ataxia or deficits noted</p> <p>Normal Ophthalmic No ocular discharge, erythema, or blepharospasm OU; normal fundic exam OU</p> <p>Normal Urogenital Kidney margins are smooth/regular; no discharge noted</p> <p>Normal Respiratory Eupneic; normal bronchovesicular sounds all lung fields</p> <p>Normal Reproductive External genitalia compatible with sterilization status</p> <p>Normal Musculoskeletal No lameness or muscle atrophy noted; no pain on spinal palpation</p> <p>Normal Lymph Nodes &amp; Thyroid All peripheral lymph nodes palpate normally; no thyroid changes noted</p>
Assessment	<p>chronic diarrhea, intermittent vomiting - r/o dietary (food intolerance/allergy); infectious (parasitic, bacterial, viral, fungal, rickettsial); Inflammatory (IBD, HGE, lymphangiectasia); neoplasia; extra GI causes including pancreatitis, liver disease, renal disease, endocrinopathy (Addison's, etc.), EPI; intoxication; drug reaction; vs. other      Nervous, escalates to FAS 3-4 quickly (hard stares/growling will show teeth)</p>

Plan

Items:  
- Neurontin (Gabapentin), 600 mg Tablets  
Note: Give 1 tablets the night before and AM of visit (1.5-2 hours PRIOR TO LEAVING)  
- Desyrel (Trazodone), 150 mg Tablets  
Note: Give 1 up to 2 the night before and AM of visit (1.5-2 hours PRIOR TO LEAVING)  
- Comprehensive Exam  
- Pharma Counseling If Needed  
- COMP DIARRHEA PROFILE K9(3808)

To-do: None

Declined:  
- Trio Simparica, 44.1-88#/Green (6 Pack)

Postponed:  
- Influenza H3N2/H3N8 Vaccine - Canine

Plan Notes:  
Begin chronic GI/diarrhea workup- advised owners this will be a long road, requires various diagnositcs. Start by screening with diarrhea PCR and Full labs including resting cortisol to screen for atypical Addison's disease. If labs are unremarkable, next step is 6-8 week food allergy trial, hypoallergenic diet - if food trial and diagnostics do not give answers/results next steps would be referral for internal medicine consult which would include ultrasound + GI panel, up to scope and biopsy - Tech appt scheduled for tuesday on anti-anxiety medications to collect blood samples- can convert to drop off with Popp if injectible sedation is needed.