EAMMi2 Codebook

Variable Name	Brief Description	Response Options
Duration	How many minutes it took each participant to finish the survey	Duration automatically recorded from survey website
Finished	Whether or not the participant finished the survey	0 = no; 1 = yes
FinanciallyInd	Extent to which participant reported being financially independent	1 = no; 2 = somewhat; 3 = yes
NoLongerHome	Extent to which participant has moved out of parents' home	1 = no; 2 = somewhat; 3 = yes
MOA_ACH	Extent to which participant has achieved markers of adulthood. Sample item: The extent to which the participant has settled into a long-term career.	20 items were rated 1 = no; 2 = somewhat; 3 = yes. The final score is the total across all provided markers of adulthood, with a possible range of 20-60.
Adult	Answer to "Are you an adult?"	1 = yes; 2 = maybe; 3 = no
Exploration Negativity Identity BetweenStages	Responses to the Inventory of Dimensions of Emerging Adulthood. For each 2-item subscale, participants rated the extent to which this period of their life was a time for exploration, negativity, identity formation, and feeling between stages of life.	Each item was rated on a scale of 1 (*strongly disagree*) to 4 (*strongly agree*). Each subscale score represents the average rating across two items.
Politics	Self-reported political views	1 (extremely liberal) to 7 (extremely conservative)
PoliticsDichotomous	Self-reported political views, dichotomized into liberal (score of 1-3 on Political_views) and conservative (score of 5-7 on Political_views)	1 = liberal; 2 = conservative
Party	Self-reported political party affiliation	1 (*extremely democrat*) to 7 (*extremely republican*)
PartyDichotomous	Self-reported political party affiliation, dichotomized into democrat (score of 1-3 on Party_affiliation) and republican (score of 5-7 on Party_affiliation)	1 = democrat; 2 = republican

SWLS	Answers to the 5-item Satisfaction with Life Scale. Sample item: "In most ways my life is close to my ideal."	Each item was rated on a scale of 1 (*strongly disagree*) to 7 (*strongly agree*). The final SWLS score represents the sum of all 5 items, with a possible range of 5-35.
Mindfulness	Answers to the 15-item Mindful Attention Awareness Scale (MAAS). Sample item: "I do jobs or tasks automatically, without being aware of what I'm doing."	Each item was rated on a scale of 1 (*almost always*) to 8 (*almost never*). The final Mindfulness score is the sum of all 15 items, with a possible range of 15-120.
Belonging	Agreement with statement "I feel like I belong"	1 (*not at all*) to 5 (*very much*)
SelfEfficacy	Answers to the 10-item Generalized Self-Efficacy Scale[2]. Sample item: "I can always manage to solve difficult problems if I try hard enough."	Each item was rated on a scale of 1 (*not at all true*) to 4 (*exactly true*). The final SelfEfficacy score is the sum across all 10 items, with a possible range of 10-40.
SupportFriends SupportFamily SupportSpecial SocialSupport	Answers to the Perceived Social Support Scale (12 items). Participants rated the extent to which they believe they can rely on their friends, family, and/or a "special someone" for support. Sample item: "I can count on my friends when things go wrong."	Each item was rated on a scale of 1 (*very strongly disagree*) to 7 (*very strongly agree*). An average was calculated for each subscale; SocialSupport represents the sum of all perceived social support items, with a possible range of 12-84.
SMmaintain SMnewconnect SMinformation SMtotal	11 items that assessed the extent to which participants report using social media for three different purposes: maintaining existing social connections, making new social connections, and getting or sharing information	Each item was rated on a scale of 1 (*never*) to 5 (*a lot*). An average was calculated for each subscale; SMtotal represents the sum of all items and indicates the extent of overall use of social media, with a possible range of 11-55.
USdream1	Answer to "Do you believe in the importance of achieving the American Dream?"	1 (*definitely not*) to 5 (*yes, strongly*)
USdream2	Answer to "Do you believe you will be able to achieve the American Dream?"	1 (*definitely not*) to 5 (*yes, strongly*)

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[2] Self-efficacy was first defined by Albert Bandura (1982) as "how well one can execute courses of action required to deal with prospective situations."

Conflict	Answer to "In the past two weeks, how often has someone gotten upset with you in response to something that you said or did?"	1 (*not at all*) to 7 (*constantly*)
Symptoms	13 items that assessed the extent to which participants were bothered by a variety of physical symptoms (e.g., stomach pain, back pain, difficulty sleeping) during the past 4 weeks	Each item was rated on a scale of 1 (*not bothered at all*) to 3 (*bothered a lot*). This item represents the <u>sum</u> of all 13 items, with a possible range of 13-39.
Stress	Answers to the 10-item Perceived Stress Scale. Sample item: "In the last month, how often have you felt confident about your ability to handle your personal problems?"	Each item was rated on a scale of 1 (*never*) to 5 (*very often*). The final Stress score represents the <u>sum</u> of all 10 items, with a possible range of 10-50.
ImpMarriage ImpParenting ImpCareer ImpHobbies	Instructions: Consider your eventual (or current) aspects of your life—though they may not all apply to you. How much importance do you place (or do you expect to place) on each of the following aspects of your life? Assign a percentage to each of the following aspects, equaling a total of 100% (indicating the relative importance of each of these roles compared to each other).	Participants assigned a percentage from 0-100 for each of the following life aspects: marriage, parenting, career, hobbies. They were instructed to answer such that their total across all four aspects was to equal 100%.
Gender	Self-reported gender identity	1 = male; 2 = female; 3 = another identity
Age	Age of the participant, in years	Responses span ages 18-29
Race	Self-reported racial identity	1 = White; 2 = African American; 3 = Hispanic/Latinx; 4 = Asian/Pacific Islander; 5 = Native American; 6 = Another racial identity; 7 = Multiracial (2 selected); 8 = Multiracial (3 or more selected)
Disability	Self-identified disability status	1 = yes; 2 = no