# Unimetry: Energy in a Phase–Space

Timur Abizgeldin

September 6, 2025

#### Abstract

We propose a phase–space formulation (*Unimetry*) where mass is a volume–normalized structural coefficient of a flow, and the standard relativistic energy–momentum relation emerges from the geometry of two orthogonal components of the flow. We develop a compact dictionary to SR, motivate the cubic scaling behind rest mass, and derive a scalar phase–space energy density whose observed energy is obtained by kinematic projection. Consequences and empirical anchors (binding energy, heat, stress/pressure) are discussed.

**Keywords:** phase–space, relativistic energy, structural mass, volumetric normalization, emergent time.

# 1 Introduction

Why does relativistic energy take the form it does, and how can "mass" be read off from internal structure rather than postulated? Unimetry treats an object as a flow in phase–space with modulus  $\tilde{H}$  split into an internal (temporal) and external (spatial) part. This viewpoint suggests a cubic (volumetric) normalization for rest mass and recovers standard SR kinematics as a rotation in the  $(\tilde{S}, \tilde{L})$ -plane.

**Contributions.** (i) We model rest mass as a volume–normalized structural coefficient  $\kappa \propto k^3$  of a cyclic normalization k; (ii) we derive  $E = \gamma m_0 c^2$  and  $E^2 = m_0^2 c^4 + p^2 c^2$  directly from the phase geometry; (iii) we clarify why Euclidean quadratic invariants built from a cubic scale yield sixth–power laws; (iv) we identify a scalar phase–space energy density  $e = \kappa \dot{H}^3$  and relate it to empirical effects (binding, heat, stress/pressure).

**Roadmap.** Sec. 2 fixes notation; Sec. 3 introduces structural mass; Sec. 4 derives relativistic energy; Sec. 5 justifies volume normalization and the " $\times$ 3 rule"; Sec. 6 generalizes energy formulas, where we *show* (Proposition #) that e defines a phase–space invariant; Sec. 7 discusses verification paths.

## Postulates (informal)

- 1. (Phase flow) Each physical object is represented by a flow with modulus  $\tilde{H}$  and orthogonal components  $(\tilde{S}, \tilde{L})$  such that  $\tilde{H}^2 = \tilde{S}^2 + \tilde{L}^2$ .
- 2. (Kinematic angle) Define  $\beta = \sin \theta = \tilde{L}/\tilde{H}$  and  $\gamma = \sec \theta = 1/\sqrt{1-\beta^2}$ .
- 3. (Gauge) The speed of light c is identified with the local-time phase speed:  $c \equiv \dot{H}$ .
- 4. (Cyclic time) Local time arises as a cyclic action with frequency  $\nu = \dot{\chi} = k \tilde{H}$ , where  $k = R_1/R_2$  is a normalization factor of the cycle radii.

# 2 Preliminaries and Notation

We employ tilded symbols for proto-space quantities and dots for local-time derivatives. The basic geometric decomposition reads

$$\tilde{H}^2 = \tilde{S}^2 + \tilde{L}^2, \qquad \tilde{S} = \tilde{H}\cos\theta, \quad \tilde{L} = \tilde{H}\sin\theta, \quad \beta = \sin\theta, \quad \gamma = \sec\theta.$$
 (1)

The cyclic-time normalization gives

$$\nu = \frac{\mathrm{d}\chi}{\mathrm{d}\tau} = \dot{\chi} = k\,\tilde{H}, \qquad k = \frac{R_1}{R_2}.\tag{2}$$

Why does  $\nu = k \tilde{H}$ ? Three equivalent derivations

(A) Flux continuity on the two circles. View the internal dynamics as a steady flow on a two-torus  $\mathbb{T}^2 = S^1_\chi \times S^1_\tau$  with circumferences  $C_\chi = 2\pi R_1$  and  $C_\tau = 2\pi R_2$ . One tick corresponds to transporting the arc length  $\Delta \chi = C_\chi$  while advancing the time circle by  $\Delta \tau = C_\tau/\tilde{H}$  (since the speed along the  $\tau$ -fiber is  $\tilde{H}$  by the gauge  $c \equiv \dot{H}$ ). Equating the steady fluxes through the two fundamental cycles,

$$J_{\chi} = \tilde{H} C_{\chi}, \qquad J_{\tau} = \nu C_{\tau},$$

forces  $\nu \equiv d\chi/d\tau = (C_{\chi}/C_{\tau})\,\tilde{H} = (R_1/R_2)\,\tilde{H}$ .

- (B) Circle-group homomorphism (winding). The only smooth homomorphisms of the circle group  $S^1$  are rotations with degree k; in angle variables  $\theta_{\tau} = k \theta_{\chi} \pmod{2\pi}$ . Passing to arc-length coordinates  $\chi = R_1 \theta_{\chi}$  and  $\zeta = R_2 \theta_{\tau}$  and differentiating with respect to  $\tau$  gives  $\dot{\zeta} = R_2 \dot{\theta}_{\tau} = k(R_2/R_1)\dot{\chi}$ . Identifying  $\dot{\zeta} = \tilde{H}$  (the speed along the time-fiber under the gauge) yields  $\dot{\chi} = k \tilde{H}$ , i.e.  $\nu = k \tilde{H}$ .
- (C) Dimensional and symmetry argument. A frequency must be built from the available scalars  $\tilde{H}$  (a speed) and the two radii  $R_1, R_2$ . Rotational invariance rules out vectorial combinations; scale invariance on each circle restricts the dependence to their ratio. Thus the unique invariant with dimensions of s<sup>-1</sup> is  $\nu \propto \tilde{H}(R_1/R_2)$ . Fixing the proportionality by the rest calibration leads to  $\nu = k \tilde{H}$  with  $k = R_1/R_2$ .

**Remark.** Alternative bookkeeping that treats k as carrying inverse-length units and  $\tilde{H}$  as a speed is equivalent after absorbing constants into  $\kappa$ ; all physical relations (e.g.,  $E = \gamma m_0 c^2$ ) are unchanged.

### 3 Mass as a Structural Coefficient

We define a structural (volumetric) coefficient  $\kappa$  and rest mass

$$\kappa(k) = \kappa_* \left(\frac{k}{k_*}\right)^3, \qquad m_0(k) := \kappa(k) c, \qquad E_0(k) := \kappa(k) c^3 = m_0(k)c^2.$$
(3)

The cubic dependence reflects a volumetric Jacobian of the internal phase normalization. Small variations obey

$$\frac{\Delta m_0}{m_0} = \frac{\Delta E_0}{E_0} = 3 \frac{\Delta k}{k}.\tag{4}$$

A simple (structureless) flow (photon) has  $\tilde{S} = 0$ , hence  $m_0 = 0$ , while  $E \propto c^3$  via its own scale factor  $\kappa_{\gamma}$ .

# 4 Relativistic Energy from Phase Geometry

With ?? and the gauge  $c \equiv \dot{H}$ , pure boosts are rotations in the  $(\tilde{S}, \tilde{L})$  plane that leave  $\tilde{H}$  and k invariant. Calibrating energy by rest we obtain

$$E(\theta, k) = \frac{E_0(k)}{\cos \theta} = \gamma \, m_0(k)c^2, \qquad p = \frac{E}{c} \sin \theta = \gamma m_0(k)v, \quad v = c \sin \theta. \tag{5}$$

Immediately,

$$E^2 = m_0^2 c^4 + p^2 c^2, (6)$$

with the usual low-velocity expansion  $E = m_0 c^2 + \frac{1}{2} m_0 v^2 + O(v^4/c^2)$ .

## Anisotropic inertia (geometry)

For a boost along x the transverse flows remain unchanged  $(\tilde{L}_y, \tilde{L}_z \text{ invariant})$ , yielding the geometric form of longitudinal and transverse inertial responses:

$$m_{\parallel} = \frac{\mathrm{d}p_x}{\mathrm{d}v_x} = \gamma^3 m_0, \qquad m_{\perp} = \frac{\mathrm{d}p_y}{\mathrm{d}v_y} = \gamma m_0.$$
 (7)

# 5 Justification of Volume–Normalized Mass

## 5.1 Composites and Jensen inequality

For a composite where k varies internally,

$$m_0 \propto \langle k^3 \rangle \ge (\langle k \rangle)^3,$$
 (8)

so inhomogeneities (internal stresses/pressures) increase  $m_0$  at fixed average normalization.

#### 5.2 Empirical anchors

- Mass defect: negative binding lowers k and  $m_0$ , consistent with nuclear data.
- Heat/fields/rotation: added internal energy raises  $m_0$  by  $\Delta E/c^2$ , i.e.  $\Delta k/k = \frac{1}{3} \Delta E/E_0$ .
- Gravitational redshift of clocks:  $\Delta \nu / \nu \simeq \Delta \Phi / c^2$  implies  $\Delta k / k \simeq \Delta \Phi / c^2$  for the normalization factor.
- Stress-energy link: isotropic radiation with  $p = \rho/3$  contributes via  $(\rho + 3p)$ , mirroring the "cubic" internal degrees of freedom.

# 6 Generalized Energy in Phase–Space

At the kinematic level a convenient "mixed" representation is

$$E = \gamma \kappa \dot{H}^2 \tilde{H}, \quad \text{(with } c \equiv \dot{H}),$$
 (9)

which collapses to  $E = \gamma \kappa c^3$  under dynamic renormalization  $\tilde{H} \to \dot{H}$ . For a photon (simple flow) in vacuum:  $m_0 = 0$ ,  $E = \kappa_{\gamma} c^3$ , p = E/c.

## 6.1 Quadratic invariants and the sixth-power law

Let  $e := \kappa \dot{H}^3$  denote the local intensive energy scale of a single flow. Any Euclidean quadratic invariant built from a field with this scaling (e.g., self–energy bilinears,  $L^2$  norms in the phase domain, quadratic action densities) takes the form

$$\mathcal{I}_2 = \int e^2 \, dV_\chi \propto \int \kappa^2 \, \dot{H}^6 \, dV_\chi. \tag{10}$$

Thus a quadratic invariant maps the cubic phase–speed scaling into a sixth–power law. More generally, m–linear invariants scale as  $\dot{H}^{3m}$ .

Equivalently, in the rest-normalization  $\kappa \propto k^3$  one has  $e_0 \propto k^3$  and any quadratic invariant in the varying normalization k scales as  $k^6$ . This is the precise sense in which a Euclidean quadratic norm preserves an invariant built from a cubic structural coefficient.

## 6.2 Energy as a phase–space invariant

Proposition (phase-space energy). Define the phase-space energy density by

$$e(\chi) := \kappa(\chi) \dot{H}^3, \qquad (c \equiv \dot{H} \ extconst).$$
 (11)

**Boost invariance.** Pure boosts are rotations in  $(\tilde{S}, \tilde{L})$  that leave  $\tilde{H}, \dot{H}$  and  $\kappa$  unchanged; hence e is invariant. The integral

$$E_{\chi} := \int_{\Sigma_{\chi}} e \, \mathrm{d}V_{\chi} \equiv m_0 c^2 \tag{12}$$

— the energy measured in the intrinsic phase frame — is a scalar independent of the state of motion. The observed (laboratory) energy and momentum are projections

$$E = \gamma E_{\chi}, \qquad p = \frac{E}{c} \sin \theta = \gamma m_0 v,$$
 (13)

so that

$$E^2 - (pc)^2 = E_\chi^2 = (m_0 c^2)^2,$$
 (14)

which makes the usual SR invariant explicit as the square of the phase energy.

**Reparameterization invariance.** Under a local reparametrization  $\chi \mapsto \chi'(\chi)$  with Jacobian  $J = \mathrm{d}\chi'/\mathrm{d}\chi$ , the structural density transforms as a 3-density  $\kappa' = \kappa/J^3$  while  $\mathrm{d}V_{\chi'} = J^3\mathrm{d}V_{\chi}$ , so that  $e\,\mathrm{d}V_{\chi}$  and  $E_{\chi}$  are invariant.

**Dynamics vs kinematics.** Changes in internal structure (massogenesis) modify  $\kappa$  and thus e physically; the invariance statements above refer to kinematic transformations (boosts and phase reparametrizations), not to dynamics that pump energy into or out of the system.

#### 6.3 Continuity and Noether-like view (sketch)

Treat  $\kappa(k)$  as a density on internal phase: local conservation takes the form

$$\partial_{\tau}(\kappa c^3) + \nabla_{\chi} \cdot (\kappa c^2 \mathbf{J}) = 0, \tag{15}$$

where J is a phase–space current; energy emerges as the charge of  $\tau$ –translations.

### 7 Verification and Predictions

- 1. High-Q cavity: trapped field energy and pressure  $(T^{ii})$  increase weight by  $(E+\text{pressure term})/c^2$ .
- 2. Flywheel test: compare mass at rest vs spinning, including elastic stress contribution; prediction from ?????.
- 3. Nonuniform heating: at fixed  $\Delta E$ , inhomogeneous  $k(\boldsymbol{x})$  gives slightly larger  $\langle k^3 \rangle$  than uniform heating.

## 8 Discussion and Outlook

We summarized how relativistic energy is recovered from a phase–geometric decomposition with mass as a volume–normalized structural coefficient. Open directions include: a full Lagrangian on phase–space, coupling to curvature (mapping to  $T^{\mu\nu}$  in GR), and quantum extensions where k becomes an operator linked to cyclic spectra.

Acknowledgments ——

# A Dimensional Analysis and Units

With [E] = J and  $[\dot{H}] = m s^{-1}$ , one has  $[\kappa] = [E]/[\dot{H}]^3 = J s^3 m^{-3}$ . Using  $m_0 = \kappa c$  yields  $[\kappa] = kg s m^{-1}$ .

Cyclic-time normalization. In  $\nu = k \tilde{H}$ , if k is taken dimensionless (e.g.,  $k = R_1/R_2$ ), we treat  $\tilde{H}$  here as an effective frequency scale inherited from the normalization map; equivalently, if  $\tilde{H}$  is regarded as a speed, then k carries units of inverse length so that  $\nu$  has units of s<sup>-1</sup>. Both conventions are equivalent after absorbing constants into  $\kappa$  and do not affect  $E = \gamma m_0 c^2$ .

### B Derivation details for ??

Using  $E_0 = m_0 c^2$  and the rotation in  $(\tilde{S}, \tilde{L})$  with invariant  $\tilde{H}$ , the energy scales as  $1/\cos\theta = \gamma$ , while  $p = (E/c)\sin\theta$ ; eliminating  $\theta$  gives ??.

# C Dictionary to standard SR variables

 $\tilde{S} \leftrightarrow \text{internal (proper-time)}$  projection;  $\tilde{L} \leftrightarrow \text{spatial projection}$ ;  $\theta$  is the boost rapidity angle via  $\tan \theta = v/\sqrt{c^2 - v^2}$ ; k encodes internal normalization of the cyclic time.