

# Lefika Thobo Moalosi

## Sporting Achievements

### Tennis

#### ISSSA & BISSA Tennis Awards

- ISSSA Tennis Championships, 2018 - Bronze Medal (Under 19 Singles)
- ISSSA Beginners Tennis Tournament, 2018 - Silver Medal (Under 19 Singles)
- BISSA Tennis National team qualifiers, 2019 - 4th (Singles)
- ISSSA Tennis Championships, 2019 - Silver Medal (Under 14 Doubles)
- ISSSA Tennis Championships, 2019 - Gold Medal (Under 14 Singles)
- ISSSA Tennis Championships, 2020 - Bronze Medal (Under 18 Singles)
- ISSSA Schools Tennis Cup, 2023 - Silver Medal (Under 19 Singles)
- ISSSA Schools Tennis Cup, 2023 - Silver Medal (Under 19 Mixed Doubles)
- ISSSA Schools Tennis Cup, 2023 - Silver Medal (Under 19 Doubles)
- ISSSA Tennis Singles Championships, 2023 - Bronze Medal (Under 19 Singles)
- ISSSA Tennis Doubles Championships, 2023 - Gold Medal (Under 19 Doubles)

#### National Tennis Awards

- BTA Notwane Open Tournament, 2016 - Gold Medal (Under 10 Doubles)
- BTA Francistown Junior Open, 2019 - Gold Medal (Under 16 Doubles)
- BTA Francistown Junior Open, 2019 - Gold Medal (Under 16 Singles)
- BTA Serowe Open, 2019 - Gold Medal (Under 18 Doubles)
- BTA Serowe Open, 2019 - Bronze Medal (Under 18 Singles)
- BTA Francistown Open, 2019 - Silver Medal (Under 14 Singles)
- BTA Botswana Open, 2021 - lost second round (Men's Singles)
- I was part of the National Botswana Tennis Association Circuit
- Highest ranking of 1 in under 16 boys and 30 in under 18 boys.
- Trained by Coach Pheny Matong and Coach Aobakwe Lekang everyday after school except Sundays from January 2018 to December 2019 and during weekends from January 2020 to December 2021.
- Attended a tennis bootcamp at the Notwane Tennis Courts hosted by BTA led by Vice Chairman of the Botswana Tennis Association Thipe Oaitse in 2019 which focused on footwork, how to prepare your legs before hitting a forehand and backhand, running across the court, etc.
- Attended another tennis bootcamp at the Notwane Tennis Courts hosted by BTA led by Coach Lefa Ashley Mthandazo Sixtus Sibanda in 2021 which taught me how to play different kinds of players and how to stay calm in a match.
- Gold Sponsorship Contract with TENX Australia from April 2020 to April 2021. This meant I could buy any item from TENX at a 50% discount except bags which had a discount of 40%.

## Karate

- Attained a Black belt in the style of hayashi ha shito ryu karate
- Bronze medal for Kata at the Jwaneng Karate Open
- Bronze medal for Kumite, gold medal for Kata and a participation medal (7-9 years age category for Kata and 8/9 age category for Kumite) at the All Styles Karate Development & Elite Championships in Pretoria, South Africa (2013)
- Gold medal for Kata, bronze medal for Kumite and participation medal (7-9 years age category for Kata and 8/9 age category for Kumite) at the All Styles Karate Development & Elite Championships in Pretoria, South Africa (2014)
- Participated in the Botswana Karate Association (BOKA) national team selection Championship (under 15) and came 3rd. Here, the winner was chosen by the national team scouts to compete in the Region 5 Karate tournament which occurred later in May. Below is a link to the facebook post:

<https://www.facebook.com/DailyNews.BW/photos/karatekas-look-for-best-of-the-bestcoaches-of-the-botswana-junior-karate-team-fa/2052201691496044/>

- Trained by Sensei Tebogo Molapong from August 2011 to December 2014 every week (Monday to Friday)
- Trained by Sensei Mpho Bakwadi (President of the Botswana Karate Association) every Saturdays from March 2016 to December 2017
- Trained by Sensei Ofentse Bakwadi every Saturdays from March 2018 until December 2019

## Marathon Running

- Won a bronze participation medal for running 10 km in 1 hour 16 minutes (position 542) at the Diacore Gaborone Marathon (2015)
- Won a bronze participation medal for running the 10 km Diacore Gaborone Marathon in 1hr 5 minutes (2016)
- Won a silver participation medal for running 10 km in 59 minutes at the Diacore Gaborone Marathon (2017)
- Won a silver participation medal for running 10 km in 57 minutes at the Diacore Gaborone Marathon (2018)
- Won a silver participation medal for running the 10 km Diacore Gaborone Marathon in 47 minutes (2019)
- I trained with my Aunty's running team every Thursday evening from 16.00 - 19.00 prior to every marathon competition I ran

## Athletics

- Position 3 in long jump under 10 boys at Baobab's inter house events (2015)
- Position 1 in high jump under 10 boys at Baobab's inter house events (2015)

- Position 1 in high jump under 12 boys at Baobab's inter house events (2017)
- Position 2 in long jump under 12 boys at Baobab's inter house events (2017)
- Joined the Legae Academy's Athletics team where I trained my high jump technique and track running in preparation for the school's inter house events (2018)
- Position 2 in high jump under 15 boys at Legae Academy's Inter House events (2019)
- Went for Athletics ISSSA tournament which took place in Francistown, Botswana where I was a reserve for high jump and position 9 out of 12 runners for 1500m (2019)
- Position 3 in High Jump under 19 boys at Legae Academy's inter house events (2022)
- Position 2 for 800m under 19 boys at Legae's inter house events (2023)
- Position 1 for 4 x 400m at Legae's inter house events (2023)
- Position 5 for high jump under 19 boys at Legae's inter house events (2023)
- Position 5 for 4 x 100m under 19 boys at the ISSSA Athletics competition (2023)
- Position 8 (out of 12) for 1500m under 19 boys at the ISSSA Athletics competition (2023)
- Position 7 for 200m under 19 boys at Legae Academy's inter house events (2023)

## **Clubs/Extracurricular Achievements**

### **Environmental and Young Scientist Club**

- Member of the Environmental and Young Scientist Club from 2018 - 2020
- We planted 12 trees in the school's campus, learned about wildlife species, how to grow crops organically without use of chemicals e.g pesticides, chromatography and also built feeders for the birds that fly around the school.
- I created a poster featuring children collecting litter to raise awareness about the environmental impact of not properly disposing of trash in bins.

### **Chess (2023)**

- Member of the Legae Academy's Chess Club; having an undefeated track record of playing 3 matches and winning all of them
- Co-founder and moderator of the NSPCL chess League. My friend and I made a discord server whereby people around the world talk about chess, play tournaments such as Latruncularius Chess Championship, host matches for the NSPCL Chess League and many other events such as The Weekend Warriors.
- It has Hosted 80 chess events featuring 198 different chess players as of October 2023.
- The Discord Server Membership reached 300 members on the 28th of August 2023.
- Our Staff Team currently consists of 20 individuals.
- Average of 2461 messages sent per day on the Discord Server in August 2023.
- I have a chess.com rating of 1200 in Rapid, 1100 in Blitz, 1000 in Bullet, 1700 in Daily and 1900 in Puzzles
- I am in the Legend League on Chess.com which is the highest League on the platform.
- The Discord server has a Youtube, Twitter and Instagram account.

## **Botswana Red Cross Society (January 2023 - September 2022)**

- Member of Legae Academy's Advocates for Red Cross committee which has done numerous charitable activities such as:
  - painting the Tlamelong Rehabilitation Centre for disabled people in tlokweng
  - hosting a school FIFA tournament whereby each person was charged P30 to participate. We made posters all over the school, advertising the event during assembly and even asking other students to make announcements in their respective classes leading to over 60 Legae students registering for the tournament. P1700 was raised and given to the Cheshire foundation. The winner of the tournament also received a P250 cash prize.
  - school bake sale held during valentines day. As a member of the ARC club we came up with the idea of asking fellow students to write a letter to their valentine, which included a box of chocolates for only P35. We also sold roses at P10 each and made a school bake sale using the total money raised to buy equipment used for painting and also buying food for the disabled people at the Tlamelong rehabilitation centre.
  - We also collected donations in monetary form worth P2400.65 and clothing from Legae Academy students and donated it to the Botswana Red Cross Society. The money was obtained through fundraising activities like Civvies, and asking students for donations every morning in their respective classrooms.

## **Botswana-Baylor Children's Clinical Centre of Excellence**

- Tutored a total of 5 different students living with HIV.
- The subjects I tutored were mathematics and business studies.
- Two of which were Form 2 JCE students and three were Form 3 JCE students.
- All the students I tutored achieved an A in their mathematics JCE exams
- Recruited two other Legae Academy students to join the program as tutors.

## **Tshwaragano tutoring (January to September 2022)**

- I took part in the Kgatelopele Program as a tutor.
- Assisting 15 learners with English Literacy and the command of Mathematics every Wednesday at Tshwaragano Primary School.
- Joined by eight (8) of my peers from school.
- The aim was to help improve the student's English proficiency and their Mathematics skills.
- I also helped organise activities during our sessions that helped relieve students with the pressure of the PSLE exams.

## **Personal donations**

- I have donated all my old clothes to the poor people in my village (Serowe) , even very personal t-shirts I won for participating in tough karate and tennis tournaments.

## **Math Club**

- Member of the Legae Academy Math Club during the second term of the 2023 school calendar year.
- We solved many different niche mathematical problems that significantly improved my critical thinking abilities.

## **Moalosi Simmental & Dorpers**

During school holidays, I gained valuable hands-on experience working at my uncle's feedlot, where I actively participated in various tasks. My responsibilities included constructing feeding troughs using cement and concrete blocks, feeding the cattle a diet consisting of hay, silage, and molasses, applying pesticides, and attending auctions in South Africa to purchase cows.

The primary function of the feedlot was to prepare cattle for the market, focusing on efficient growth and achieving uniform slaughter weights. I learned how to optimise cattle growth by providing a nutritionally balanced and energy-dense diet, promoting rapid weight gain to expedite reaching market weight. The controlled environment of the feedlot allowed for meticulous monitoring of factors like diet, health, and living conditions, contributing to efficient and predictable production processes.

In addition to my hands-on work with the cattle, my uncle provided me with a comprehensive education in business management. He taught me accounting, profit analysis, and various technical aspects related to both cattle and business operations. My role extended to managing the feedlot's finances and understanding the intricacies of running a successful enterprise.

One of my key responsibilities was to mix the feed for different types of cattle, ensuring that each category, including calves, lactating cattle, bulls, and growing cattle, received the appropriate food ratios. The feedlot's largest customer was the Botswana Meat Commission, and some of the cattle from the feedlot were utilised to produce canned beef.

## **Church**

- I'm an assistant teacher at sunday school in the church known as UCCSA Trinity
- I attend church every sunday from 9.00 am until 12.00 pm
- I support the main teacher in lesson preparation and delivery
- Some of the activities Im been apart of at church include:
  - Conducting many plays including The story of Jonah, where I played Jonah during his journey to Nineveh

- Donating old clothes to the poor living in Old Naledi
- bake sale to raise money for the church

## Activities related to Computer Science

### Programming hub (2023)

- Joined an online coding platform called Programming hub which taught me how to further improve my computer science skills by learning new programming languages.
- Here is a complete list of all the certificates I earned from this platform:
  - C++ programming certificate
  - C++ advanced programming certificate
  - CSS (Cascading Style Sheets) programming certificate
  - HTML (HyperText Mark-up Language) programming certificate
  - Javascript programming certificate
  - c# programming certificate

### Coding x (2023)

- Joined another online code learning platform called coding x which taught me about cybersecurity and the importance of it in our modern world.
- I learnt many different topics such as MAC address, IP address, Bash programming, Kali Linux operating system, IP scripting, Man in the middle Attacks and many more.

### Microsoft Learn

- Joined Microsoft's online platform where I learned how to program in C#.
- I gathered a total of 476 minutes (7 hrs 2 mins) in training hours completed
- Completed 9 modules earning me 9 badges and 1 trophy and tallied over 14 000 points
- Here is a link to view my profile:  
<https://learn.microsoft.com/en-us/users/lefikamoalosi-7141/transcript/v0392f63m5092g5>

### FreeCodeCamp

- Joined FreeCodeCamp, another online code learning website which taught me responsive web design
- I completed a total of 205 modules and achieved 226 points
- Here is a link to my profile: <https://www.freecodecamp.org/Lefikatheboy>

Using the knowledge I gained from the above mentioned platforms, I decided to make a portfolio website. Here is a link to it: <https://bugitoy.github.io/LefikaMoalosi/>

## **Academic Achievements**

### **International General Certification of Secondary Education (IGCSE) - 2021**

- Studied 8 different subjects.
- Computer Science, Mathematics, Chemistry, Biology, Business Studies, Geography, Agriculture and English as a Second Language(ESL).
- Achieved a total of 6A\*s (Computer Science, Mathematics, Chemistry, Biology, Agriculture and ESL)and 2As (Geography, Business Studies).
- This gave me the title of Top Achiever which is given to students who achieve more than 5A\*s.
- Received a Full Colour Academic Standard Award at the 2022 Legae Academy Prize giving ceremony for my stellar IGCSE performance.

### **Advanced Subsidiary Level (AS Level)**

- Studied 5 different subjects
- Mathematics, Chemistry, Biology, Physics, Computer Science
- Achieved 3 As (Mathematics, Chemistry, Biology) and 2 Bs (Physics and Computer Science)
- I went through hardships during this period which resulted in unappealing marks by my standards

### **Advanced Level (A Level)**

- Studied 3 subjects
- Mathematics, Physics and Chemistry
- My teachers predicted my final grades as Mathematics - A, Physics - A and Chemistry - B.

## **Other Accolades**

- 1st Position in the Legae Academy Term 2 2022 Good Conduct Competition with 189 points
- 6th Position in the Legae Academy Term 1 2023 Good Conduct Competition
- 2nd Position in Legae Academy's World Wetlands Essay competition (2019) where I was awarded P75

## **Leadership Positions**

- School Prefect (2020-2021)
- Class monitor of ASB (2022)
- Captain of the Legae Academy tennis team (2018-2023)
- Class monitor of A2B (2023)

