

PINOY DEVO

[REST]
Aginana

OCTOBER 2019



Digital art by
Sheryl Maluya



Welcome to **Pinoy Devo** — a do-it-yourself devotional and journaling experience for all Filipinos who desire to grow deeper in God's Word on a daily basis. All you need is a binder and a printer or your mobile phone to get started — for free.

ABOUT PINOY DEVO

Pinoy Devo exists to help Filipinos dive deeper into their faith and connect with others through free monthly eBook of devotionals written by Filipinos for Filipinos. Every aspect of Pinoy Devo is run by volunteers. Once a month, we release a free eBook with daily devotionals, corresponding scriptures, and daily challenges to help put what we learn into action. These daily devotionals are free to read, download, and print anytime. You can use them for yourself, your small group, friend group, or church group!

GET INVOLVED

Like the Facebook Page: www.facebook.com/pinoydevo
Join the Facebook Group: www.facebook.com/groups/pinoydevo
Follow us on Instagram: www.instagram.com/pinoydevo
Follow us on Twitter: www.twitter.com/pinoydevo

Use the hashtag **#pinoydevo** on social media to connect with others and have your photo featured on our page.

WRITE FOR US

To learn how you can be a guest writer, visit this link:
bit.ly/pinoydevo-writers

A NOTE FROM THE FOUNDER

Pinoy Devo formerly Hope in a Letter: Pinoy Devo started in November 29, 2018 when Morgan Harper Nichols, Founder of Her Binder Project — a Los Angeles based online Christian Community approved my request to start a Filipino based community of writers and artists to provide free devotionals for Filipinos. This desire started when I joined Her Binder Project in May 2015 where I wrote devotionals for women all over the world. Now, this desire grows and in February 26, 2019, twelve (12) Filipino volunteers joined the team from different parts of the country and the world. It consists of writers, digital artists and photographers of different genders and ages. It is my joy seeing creative people come together to share Jesus to all Filipinos. Today, I pray that thousands of Filipinos will join us to study each month.

In His grip of grace,

Janella Linsangan

Founder, Pinoy Devo

www.janellaellaine.wordpress.com

@janellaellaine

You have permission to make copies and redistribute this publication for noncommercial use. You may not sell any part of this eBook. We do ask you to please give Pinoy Devo and each individual writer credit for their work. If you have any questions please email us at pinoydevo@gmail.com

ARCHIVES

available here

WRITE A REVIEW

FREE WALLPAPER

Desktop + Mobile

Monthly Verse:

Yes, my soul, find rest in God; my hope comes from Him.
— Psalm 62:5 NIV

Monthly Theme:

Aginana (Ilokano term for rest)

Nu man madadagsenan ka ken ti amin nga bagbagaktin ti biag
(If you feel burdened of carrying heavy loads)
Wen no makur kuriro ka ti amin nga madaldalanam
(Distracted by overwhelming situations)
Mapunpunaun ti panunot iti amin nga banag nga agur-uray nga maaramid
(Bombarded with so many deadlines to meet)
Baka daytoy ti oras ti panaginana
(Maybe it's time for you to retreat)

Ngem kasano kadi iti agpyasu nga panaginana?
(But how do you rest?)
Kasano ka aginana kalpasan iti nagadu nga maub ubra?
(How do you rest after a long hectic day?)
Kasano ka aginana kalpasan iti makabannog nga aldaw?
(How do you rest after a tiring mayday?)
Kasano ngarud ti panaginanam nu adu unay panpanunutem
(When you have a lot in mind)
Wenno adu unay unay ti inka kamkamatan nga palpasen
(When you have a lot of things to grind)
Adda kad pay kadi oras mo nga agpariir iti tinga ti amin ban bannag?
(Do you find time to unwind?)

Ngem ammom, ti panaginana ket kinanayon nga agur uray kenka
(Rest is really not far away)
Ta gapo ti agpaysu nga panaginana ket ti sidong ni Apo tayo a naindakan
(Rest is coming to your Savior without a delay)
Panaginana nga napnuan ti presensya Na
(Rest is to fill your soul with His presence)
Panagina nga agbabad kadagiti napnuan ti Biag nga sarsarita na
(Rest is to immerse yourself into His words of essence)

Nakakonekta ka pay ngata?
(Are you still connected to the Source?)
Kenni Apo Jesus nga manangted iti amin a biyag nga awan ing-gana
(Jesus in whom you live, move and have your being)
Isut panagappuan iti amin a pig pigsam
(He is the source of your strength)
Uray iti cappia ti pusom ken ti rason panagang angis mo
(The key to your peace and the reason you live)

Ingkan umasideg Kenkuana ket masarakam iti awan agpatingga a liwliwa
(Reconnect and find your true solace)
Gapo iti sidong awan pulus riribuk ti pusom nga ingka mabalin a marikna
(In Him you will never feel confounded nuisance)
Aginana ka iti presensya ni Apo Jesus nga naindanklan a Prinsipe
(Rest in Jesus your mighty Prince)
Nga sika la unay unay ti ur urayen na
(Who awaits you at His grandeur palace)

Sapay lang kuma ta dagitoy nga masur surat ket mapunuan ka iti namnama
nga ag-gappu laeng ken ni Heso-Kristo nga mang punno ti ayat ditoy lubong
ken mang ak-akay iti amin nga away pay dita sidong Na.
*(May these letters filled with hope from God through Christ Jesus fill the ends
of the earth and reach wandering souls)*

Nesh Tubil

Editor In Chief, Pinoy Devo
www.dkrmsjltm04.wordpress.com
@dkrmsjltm

Translated in Ilokano by **Roby Jane Labor**
@blessedrobrob

RESIDENT ARTISTS

Monthly eBook cover by:

Sheryl Maluya

🐦 @sherylmoana_me

Daily devo arts by:

Laarni De Leon

📷 🐦 @mlcdeleon

Ivy Geanga

📷 📷 @handletteredbyivy

and

Janella Linsangan

🐦 📷 @janellaelaine

Pinoy Devo resident artists pledged to share their God-given talents for free. But our compassionate hearts tell us that they need support to provide the materials they need for them to do their craft well; which us, Pinoy Devo Team, cannot provide as we are all volunteers.

We appreciate any amount your generous hearts can give. You may reach them thru their social media accounts.

Just know that along God, you are one of the reasons our artists strive hard to create masterpieces.

OCTOBER 2019

GUEST WRITERS

Dranreb Marvida

Jeisel Alama

Beatrice Pagtalunan

Mayvelyn Geanga

Princes Mina Dones

Rhia Balana

April Allaine Conejos

Kendy Cleyr Dayag

RESIDENT WRITERS

Nesh Tubil

@dkrmsjltm

Mikee Bercasio

@Mikeekay

Ishi Dignos

@ishidgns

Angelica Chen Reyes

@anngelicachen

Roby Jane Labor

@blessedrobob

Senderluck Javar

@sljavz

Hanna Improso

@improsohanna

Valkyrie Arcee Cabalo

@cabalooney

Ed Azañes

@marxism19

Janella Linsangan

@janellaelaine

and

Robert Balon



JERICHO ARCEO

Featured Guest Writer



Mayap a yaldo! a kapampangan, term for “good day”, wala lang, share ko lang because I am amazed of the word “aginana” defined as rest. In my hometown we call it “paynawa”. Anyway, I’m **Jericho Arceo** and I make videos. It wasn’t usually this way, in fact I didn’t choose this life, He chose it for me. Back then, I didn’t know God’s plan for me, so I had my own hopes to succeed without Him, but thank God He broke my plans before they broke me. As cliché as it sounds pero it is “profoundly” and “amazingly” true as to how this cliché hit me when it really matter the most. Truly, there wouldn’t be a life with purpose if God isn’t in it. Now, when I compare my initial plans and God’s plans for my life I shrink and laugh at my past self. If I only knew God had this for me back then, I would’ve saved so much time. But God has His own ways, and mine was being broken so I can realize that God is the only One I need in life.

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<div>Yes, my soul, find rest in God; my hope comes from Him. <i>Psalm 62:5 NIV</i></div>		<div>1 Proverbs 4:25 <i>How will you keep your eyes straight to Jesus? Share your answer in one of your social media accounts.</i></div>	<div>2 Genesis 2:2,7 <i>What are the things that God wants you to put into rest? Journal your thoughts.</i></div>	<div>3 Psalm 116:7 <i>Listen to "Aking Puso, Mga Papuri" by Jesus One Generation</i> https://youtu.be/tziFpWbuOCI</div>	<div>4 Exodus 33:14 <i>Plan tomorrow's devo schedule and spend time with God more than usual (e.g. Add more 15-30 mins in your devotion time)</i></div>	<div>5 Psalm 62:5-8 <i>Journal your thoughts about today's devotional.</i></div>
<div>6 Psalm 103:1-5 <i>Listen to "Goodness of God" by Bethel Music</i> https://youtu.be/n0FBb6_hnwTo</div>	<div>7 John 16:33 <i>Journal your thoughts about today's devotional.</i></div>	<div>8 Matthew 20:16 <i>Today, choose to slow down and appreciate the quiet moments. Be still and truly rest.</i></div>	<div>9 Philippians 4:6-7 <i>Memorize today's scripture.</i></div>	<div>10 Psalm 23 <i>List down at least 3 good things God has done for you this week.</i></div>	<div>11 Matthew 11:28-30 <i>List down all of your worries today. Cast it all to God.</i></div>	<div>12 Mark 4:35-41 <i>Listen to "Just Be Held" by Casting Crowns</i> https://youtu.be/tlZitK6_I_MQ</div>
<div>13 Mark 6:31 <i>Listen to "The More I Seek You" by Kari Jobe</i> https://youtu.be/aSYQKt5vaVs</div>	<div>14 Isaiah 40:30-31 <i>Listen to "Kapahingahan" by Jesus One Generation</i> https://youtu.be/cMY1GzcXQH0</div>	<div>15 Isaiah 32:17-18 <i>Listen to "It is well with my soul" by Jimmy Needham feat. John Piper</i> https://youtu.be/80x6wDi9umY</div>	<div>16 Mark 4:19 <i>Set a day every week for an alone time with the Lord. Forget everything on that day and just be with God's resting place.</i></div>	<div>17 Psalm 46:10; Exodus 33:14 <i>Share today's scriptures to three (3) of your friends.</i></div>	<div>18 Jeremiah 31:3 <i>Listen to "Still" by Hillsong Worship</i> https://youtu.be/lAdwX8HypJM</div>	<div>19 1 Peter 5:7 <i>Talk to a friend today and remind him/her to take a pause from everything.</i></div>
<div>20 Jeremiah 31:25 <i>Meditate on today's scripture and make a journal of what God wants you to learn in this devo.</i></div>	<div>21 1 John 4:18 <i>Write the things you're most afraid of in life, and say a prayer of surrender.</i></div>	<div>22 Colossians 4:2 <i>Journal your thoughts about today's devotional.</i></div>	<div>23 Exodus 14:14 <i>Memorize today's scripture.</i></div>	<div>24 1 Peter 5:7 <i>List all the things that worries you and surrender them to God.</i></div>	<div>25 1 Peter 5:6-7 <i>Memorize today's scripture.</i></div>	<div>26 Psalms 34:19 <i>Listen to "Find Rest" by Francesca Battistelli</i> https://youtu.be/tVvaua14iOa</div>
<div>27 Exodus 33:14 <i>Listen to "Lilim" by Victory Worship</i> https://youtu.be/hLvtFloya1Y</div>	<div>28 Luke 10:42 <i>Share today's devo to a friend.</i></div>	<div>29 Matthew 6:33 <i>Choose God first by doing your daily devo diligently everyday.</i></div>	<div>30 Romans 2:13 <i>Write on a post-it the things you haven't surrendered to God yet, and a declaration at the end "Surrender to God"</i></div>	<div>31 Exodus 14:14; Psalm 62:5 <i>Listen to "Mga Pangako Mo" by Jesus One Generation</i> https://youtu.be/tlYbxaRauQ</div>	<div>#PinoyDevo A free, on-going personalized devotional and journaling experience for Filipinos</div>	

Tuesday, October 1

Daily Verse: Proverbs 4:25

Daily Devo: “I’ll do it later”

“Anyway I did my devo yesterday so I think it’s okay to skip today”

Your attitude whenever it’s devo time. Do you always turn your back like something is pulling you away from God? You know you are called to fix your eyes straight but aesthetic things keep on tempting you. They could be very attractive at first, thus make you forget that someone is waiting for you. There are a lot of things in your life that could distract you. From a particular person to your emotions and even the activities that you do at work, school and in church. Anything could take your peace away, your rest — Jesus.

In Proverbs 4:25 (CEV) King Solomon said, “Keep looking straight ahead, without turning aside”. Let’s talk about who’s aside you first? Yes! You got it right, it’s the devil taunting you, trying to steal your peace. In what way? In so many subtle ways you don’t even think that’s leading you to destruction already. It could be your work, the deadlines to meet, the never ending projects in school, the overwhelming emotions towards your loved one, you pressuring yourself to finish everything putting your spiritual growth at risk. If you allow these things to rule your life then you will also lose your rest. Solomon then said that if you set your eyes before you which is Jesus, you will experience real rest. You won’t even feel burdened once you keep looking straight because He will always realign your thoughts to His, giving you peace even in chaos.

Rest doesn’t literally means getting some sleep. It means pulling yourself away from things distracting you and to look straight before you. Remember you will only find rest when you choose Jesus first.

Written by Nesh Tubil

www.dkrmsjltm04.wordpress.com

@dkrmsjltm

Wednesday, October 2

Daily Verse: Genesis 2:2

Daily Devo: Naexperience mo ba na patulugin sa tanghali o hapon ng mga magulang mo noong bata ka pa lamang? Minsan tinatakan mo pa nga sila. Mas pinipili mo ang pakikipaglaro sa mga kaibigan mo. Pero bakit ngayon, parang mailap na sa iyo ang tulog? Yung tipong kasalanan kapag natulog ka sa school at trabaho. Hindi lang magagalit ang professor o boss mo sa'yo, baka ito pa ang dahilan para ipatawag ang magulang mo o matanggal ka sa trabaho.

Pero bakit nga ba napaka importante ang matulog at magpahinga? Sa Genesis 2:2, binanggit dito na pagkatapos likhain ng Diyos ang lahat, Siya ay nagpahinga. Imagine, si Lord na kayang lumikha at gumawa ng mga imposibleng bagay ay nagpapahinga rin, ikaw pa kayang tao lamang ang hindi makaramdam ng kapaguran at mas nangangailangan ng kapahingahan?

Kapatid, hindi masama ang magpahinga. Pero hindi ko sinabi na matulog ka sa oras ng trabaho o sa oras na nagdidiscuss yung teacher mo. Magkaiba 'yun. Baka pati yung project ng crush mo ay ginagawa mo rin. Baka yung trabaho na para bukas pa ay ginagawa mo na rin ngayon. Masyado kang *advance* mag-isip. Baka mapabilis din ang buhay mo. Pero napansin mo rin ba na minsan hindi nagiging maganda yung resulta ng mga ginagawa mo lalo na kapag pagod ka? Madalas, bukod sa pagod ka na, puyat ka rin at hindi 'yun maganda sa ating katawan. Mamamatay rin yung mga *brain cells* mo at magiging dahilan ito para hindi ka makapag isip ng maayos na nagreresult ng mga maling desisyon mo sa buhay.

Inuuulit ko, magpahinga ka. At pagkatapos mong magpahinga, bumalik ka ulit sa laban. Balikan mo yung mga ipinapaayos at ipinapagawa ni Lord sa'yo.

Written by Janella Linsangan

@janellaelaine

Thursday, October 3

Daily Verse: Psalm 116:7

Daily Devo:

“Napapagod ka na ba? Magpahinga ka.”

Pero sa totoo lang, minsan hindi lang *physical rest* yung kailangan at gusto mo. Madalas, yung kapahingahan na gusto mo talaga ay kapahingahan sa lahat ng mga alalahanin at suliranin mo sa buhay.

Para sa mga estudyante:

Kapahingahan sa mga alalahanin kung paano mo tatapusin ang tambak na requirements at kung paano mo imi-meet yung expectations ng pamilya mo sa'yo. Para naman sa mga working students dyan, kapahingahan sa mga suliranin tulad ng paano mo mababayaran yung *tuition fee* mo at samu't saring gastusin sa bahay at school. Gayundin, alalahanin kung paano mo mapagkakasya yung oras at lakas mo sa lahat ng mga responsibilidad na ipinagkatiwala sa'yo.

Para sa mga magulang o may asawa:

Kapahingahan sa paulit-ulit na problema ninyo sa pamilya. Isa na dyan ang problemang pinansyal.

Para sa mga nagtatrabaho:

Kapahingahan sa pag-iisip kung ano yung pwede mong gawin para marecognize ka ng company o boss mo at kung paano nila makikita yung potensyal mo at paano ka nila ipo-promote sa trabaho.

Pero ito ang tandaan mo, mabuti ang Diyos. Magtiwala ka na hindi ka Niya pababayaan. At kung pakiramdam mo ay malayo ka, lumapit ka sa Kanya. Sa Kanya ka makakakuha ng panibagong kalakasan. Kaya magpahinga ka na, kapatid. Magpahinga sa lahat ng mga alalahanin at suliranin na ito, at alalahanin mo na may Diyos na tutugon sa iyo.

Written by Janella Linsangan
@janellaelaine

Friday, October 4

Daily Verse: Exodus 33:14

Daily Devo: You might think that God has given you a lot of tasks. At first, it did not matter because you were on fire, yet in the long run, you felt tired, frustrated, and drained. But you can't stop and rest, because you might not make it to the deadline. Or you might compromise things. Stopping might give bad results. Resting just wouldn't help, you believe so.

Moses had it in the wilderness. He was frustrated not only by the fact that his people were rebellious against him and God, but also because they had been wandering for so long because of their disobedience. He was so agitated, and he just knew he can't rest, or it would take them longer at the desert. His responsibilities became a burden that weighed him down. This was so that he had to cry out to God, reminding Him of His promises (v. 12-13). Imagine Moses ranting to God out of frustrations. Yet in verse 14, God reminded Moses that He is personally with him, and that He will give him rest. The same thing is available for you today. His presence will give you strength and wisdom to know and do His will—including rest. And God actually delights in giving His children rest!

Resting in God means having peace that there's no need to rush because everything will be fine. Everything has already been planned and resting is part of the process—by talking to Him and meditating on His words. It helps us to be dependent on Him more, to trust His process for us, as we labor for His glory.

“I will personally go with you and I will give you rest—everything will be fine for you.” – God.

Written by Hanna Improso
www.improsohanna.wordpress.com
@improsohanna

Saturday, October 5

Daily Verse: Psalm 62:5-8

Daily Devo: Maraming bagay na pwedeng makapagbigay ng pagod sa'yo. Sa mga estudyante, mga schoolworks, performance tasks and quizzes. Habang sa mga nagtatrabaho, paperworks and deadline ng superior. Isama mo pa ang mga personal mong problema, ministry o gawain sa church na maaaring maging sanhi ng kapaguran mo. Nakakaubos ng lakas at nakaka burnout. Minsan mapapatanong ka na lang kung worth it pa ba ito, may nakakakita pa ba ng efforts mo, o dapat mo pa bang ituloy ang laban. May mga pagkakataon rin na mararamdaman mo na paulit-ulit na lang ang mga nangyayari sa buhay mo kaya nakaka drain talaga.

But amidst of all these, when you choose to come home to God, praying and worshipping in His presence, doon mo maaalala na hindi ka Niya iiwan sa sitwasyon mo. As you pour out your heart to Him, mapapaiyak ka na lang kasi ramdam na ramdam mo yung pagmamahal at pagyakap Niya sa'yo. Iba kasi talaga yung comfort na kaya Niyang ibigay. Sobrang priceless. Isang bagay na hindi kayang ibigay ng mundo. Ang sabi sa daily verse sa tagalog translation nito (RTPV05), “Tanging sa Diyos lang ako umaasa; ang aking pag-asa'y tanging nasa Kanya. Tanging Siya lamang ang tagapagligtas, tagapagtanggol ko at aking kalasag; akin ang tagumpay sa lahat ng oras!” Make the Lord your hope. How? Make your daily prayer a habit. Lagi mong hanapan ng panahon sa iyong araw ang quiet time mo sa Kanya. This will sustain you and give you enough strength to carry on with this ever-changing world.

Pwedeng mapagod, pero hindi susuko. Laban lang, kapatid!

Written by Dranreb Marvida
@Brnrdoon

Sunday, October 6

Daily Verse: Psalm 103:1-5

Daily Devo: Naranasan mo ba na habang naglalakad ka ay nakakita ka ng isang *Instagram-worthy* object or moment at huminto ka muna sa paglalakad para kuhanan 'yon? Nakuhanan mo ba ng maayos? Kung nagpatuloy ka kaya sa paglalakad dahil nagmamadali ka, maayos kaya yung pagkaka picture? For sure, blurred 'yon. Sayang!

That's how important a pause is. The very moment you let yourself to be still, you will be able to capture beautiful images clearly. Tumigil ka muna pansamantala sa mga ginagawa mo to see the beauty of life and appreciate the goodness of God. Minsan kasi sa sobrang abala mo sa paglalakad patungo sa iyong pangarap at gustong marating sa buhay, wala ka ng oras para huminto muna. Marami kang bagay na pinalagpas na sana ay nakita mo. At may mga pagkakataong mapapagod ka talaga. Yung pakiramdam na parang hindi ka naman umuusad, o wala namang magandang nangyayari sa buhay mo.

You cannot clearly see and speak about God's goodness in your life kung ang isip at puso mo ay magulo at madaming iniisip – basically, restless. God wants you to silence your mind and heart in order to experience His goodness. Kampante ka na you will arrive in your destination in accordance to His will, so chill ka lang sa pag-enjoy sa mga lugar kung saan ka Niya dinadala. Years after, maaalala at masasabi mo na napakabuti Niya sa buhay mo. Kaya kapatid, sanayin mo na ang sarili mo in capturing His goodness in every moment.

Written by Jeisel Alama

www.jeiselalama.wordpress.com

@caryyyyyyl

Monday, October 7

Daily Verse: John 16:33

Daily Devo: In this dark, down, and noisy world, you will face many troubles that sometimes make you feel discouraged and tired. But you should stop listening to the world, and start listening to the still small voice within you saying, "Take heart, dear. I have overcome the world." Then, suddenly you will find peace in His presence.

You must keep it in your mind that it is finished. Jesus has won the victory more than 2,000 years ago and He has won it all for you.

Nakakaramdam ka man ng pagod ngayon, magpahinga ka lang, tanggapin mo ang panibagong kalakasang ibibigay ng Diyos the moment you seek after Him again. Run to the love that never gets tired, chase the grace that never runs dry.

Written by Beatrice Pagtalunan
@BE_Artistic19

Tuesday, October 8

Daily Verse: Matthew 20:16

Daily Devo: Nobody ever wants to be last. From the ranking of students' performance to the long waiting line of commuters who are rushing to work, it's nearly impossible to find someone opting to be last. That is just not how the world works. This society has established an invisible and yet alluring trophy that everyone is fighting to get their hands on. People are dragging themselves up to the mountaintop as if the mere view is worth the arduous climb.

Before you continue your way to the top, ask yourself this: is the climb really worth it? What are you trying to achieve? Is it recognition and a status people would look up to? Is it why you wake up every day fueling yourself and setting the wheels in motion to bag the first place in this worldly race?

Hey racer, it's time to hit the brakes. You don't always have to speed up like others do. For this world will always scream at you to go faster and do more. But God will invite you to stop what you're doing and sit down next to Him. He will encourage you to slow down, take deeper breaths, and enjoy your morning coffee. God will show you that those who are not pressured to perform and would rather choose to rest in His finished work will be exalted in His time.

Today's take-away: those who climb the fastest in the pursuit of being first will soon grow weary and tired. But those who choose to slow down and become last in order to walk with the Lord, will have all the time enjoying the sights along the way. Be it on the valleys or the plains, if God is with you, you are higher than the mountaintops.

Written by Mikee Bercasio
www.intothequirkysphere.tumblr.com
@Mikeekaaay

Wednesday, October 9

Daily Verse: Philippians 4:6-7

Daily Devo: Naranasan mo na ba ang mapagod ng sobra? Sa sobrang pagod mo gusto mo na lang tumigil o kaya naman ay umiyak. Normal sa isang tao ang makaranas ng pagod at hirap. Sa dami ng dapat mong gawin, halos wala ka nang matapos dahil hindi mo alam kung saan ba dapat magsisimula. Nag-iisip ka ng shortcut para malagpasan ang dami ng gawain pero instead na mapadali, lalo pang nagkamali.

Hindi ka pwedeng makarating sa gusto mong puntahan ng hindi ka gumalalaw. Hindi ka pwedeng manalo sa isang laro ng hindi ka lumalaban. Hindi pwedeng pumasa ka sa exam ng hindi ka nag-aaral. Hindi pwedeng ma-promote ka sa trabaho ng hindi ka nag-eeffort.

Tandaan mo, hindi gagawa ng isang bagay ang isang imbentor ng hindi niya alam kung para saan ito. Kaya hindi nilikha ni Lord ang hirap at pagod na dinaranas mo ng hindi Niya alam kung bakit mo 'yan dapat maranasan. Hindi ka Niya inilagay dyan dahil trip Niya lang. Maaaring inilagay ka Niya dyan for you to grow at mas tumatag pa o para kalabitin ka dahil sa sobrang dami ng iyong ginagawa ay nakakalimutan mo na Siya.

Try to rest, then pray. Isumbong mo lahat ng pagod at hirap mo and pray for wisdom and strength to solve that problem. Kaya mo yan! If you solve it with God, it will work because through Him, nothing is impossible. Maaaring hindi mo kaagad maiintidihan ang dahilan kung bakit ka nakakaranas ng hirap at pagod pero tibayan mo lang ang loob mo. Hindi ka nag-iisa! Walang ayawan. Tandaan mo, walang nananal sa sumusuko. Pwedeng magpahinga pero hindi ang sumuko.

Written by Mayvelyn Geanga
@mhaymelody

Thursday, October 10

Daily Verse: Psalm 23

Daily Devo: Gumising ka na hinihila mo na lang ang sarili at pumapasok na iba ang lakbayin ng isip. Wala kang bukambibig kundi kailan ka makakaahon sa lalim ng responsibilidad sa buhay at sa marami pang mga bagay. Naglilingkod ka pero napakalungkot ng damdamin mo na kahit napakatahimik ng paligid ay nabibingi ka sa ingay na nananahan dyan sa puso mo at di mo lubos maisip kung bakit. Nakakapagod isipin di ba? Nakakapagod buhatin ang mga bagay na dapat inilalapag na lamang sa paanan ng Diyos. Nakakapagod magtanong kasi alam mo naman ang isasagot Niya. Ano bang klase ng Diyos ang pinaglikuran mo at para bang pagod na pagod kang isipin ang mga bagay na ito? Hindi ba't Siya ang Diyos na hindi nagpapabaya? Hindi ba't Siya'y mabuti? Siya ang Diyos na nag-aaruga. Siya ang Diyos na kayang ipagkaloob ang mga bagay na higit pa sa iyong inaasahan. Hindi ba't tumutupad Siya sa mga pangako? Hindi ba't ibinigay na Niya ang Kanyang buhay nang sa gayon ay maranasan mo ang buhay na sagana?

Tama na muna, mga minamahal. Magpahinga. Hindi lang pisikal kundi kasama ang emosyon mo, ipahinga ang isip sa mga kabigatan at magsimulang balikan ang mga nakalipas Niyang kabutihan. Balikan mo ang ligaya noong unang tinawag ka ng Diyos kung nasaan ka man ngayon. Balikan mo ang dahilan kung bakit ka nagsimula. Balikan mo ang dahilan kung bakit namatay sa krus si Hesus. Balikan mo ang lahat. Sa pamamagitan ng mga ganitong pagkakataon, nakakasalo ka ng panibagong lakas at magkakaroon ng bagong pananaw sa kung ano ang mga nangyayari. Baka kasi kakaisip sa mga ito, nakakalimutan mong makapangyarihang Diyos ang kasama mo.

Written by Roby Jane Labor
@blessedrobby

Friday, October 11

Daily Verse: Matthew 11:28-30

Daily Devo: Pagod ka na ba? Hindi lang ito tungkol sa trabaho, pag-aaral or kung ano pa man, kundi pagod ka na ba sa buhay? Minsan dumaranas talaga tayo ng kapaguran sa buhay. Nakakapagod at nakakaubos. Sa sobrang dami ng iniisip mo, darating ka sa puntong wala ka nang lakas na maibubuhos.

Wala nang pag-asa? Hindi. Mayroon pa, kapatid.

Sa pagod at ingay ng mundo, si Lord ang kapahingahan mo. Lumapit ka lang sa Kanya. Sa pagod mo sa pagtakbo sa karera ng buhay, hindi naman masama ang magpahinga. Maraming *lapse* at *curve* ang daan na iyong tinatahak sa karera ng buhay at talagang mauubos ka kung hindi ka hihinto sandali para magpahinga. Huwag ubusin ang sariling lakas. Bumalik ka sa *Source* mo. Kung iniisip mong sumuko dahil pakiramdam mo ay hindi mo matatapos ang laban, huminto ka muna. Lumiko ka sandali. Baka mali na ang daan na tinatahak mo. Baka hindi na patungo kay Lord 'yan.

Sa puntong tapos ka nang magpahinga, sa pagkakataong ito, simulan mo namang humakbang muli. Humakbang at muli kang tumakbo. Tumakbo patungo kay Lord. I-surrender mo 'yan, kapatid. Try again, but this time with God. Hindi pa huli ang lahat. Isama mo Siya sa iyong laban.

Written by Princes Mina Dones
www.secretwayofawarrior.wordpress.com
@cessieniall/@princessminaloves

Saturday, October 12

Daily Verse: Mark 4:35-41

Daily Devo: Pagod can be one of the most overused words in our language. Lahat halos ng tao sa mundo ay nabanggit na yung "pagod na ako" phrase. Baka pati nga si *Twitter* nagsasawa ng makita ang word na yan. Tingnan natin kung ikaw ba ang isa sa mga ito: Pagod na mag aral knowing na pagkagraduate mo, breadwinner ka rin naman. Pagod na magtiis sa kaunting allowance. Pagod na makipagsabayan sa mundo. Pagod na magtrabaho at magbayad ng bills. Pagod na magmahal at masaktan. Pagod na magpatawad. Pagod na sumubok muli. Pagod na maging second choice/place. Pagod na mapagod.

Nakasakay noon sa bangka si Hesus at ang Kanyang mga disipulo nang biglang lumakas ang hangin at alon, at hinampas nito ang kanilang bangka. Natutulog noon si Hesus samantalang ang kanyang mga disipulo ay nagkakagulo na. Pinatigil Niya ito by saying, "Quiet! Be still!"

Kapatid, tinatawag ka ng Diyos upang magpahinga. Hindi ka Niya inilagay sa lugar na 'yan para araw araw makipagsabayan at tapusin ang lahat ng ilalagay sa iyong harapan dahil hindi ka ginawa ng Diyos para sa ganyan lang. You are meant to do great things, part lang ng ating buhay ang bawat pagpapagal but you are more than that. You are here to serve God and to rest in Him. Siya mismo ang magpapatigil sa mga bagyo na nasa buhay mo ngayon. Walang hindi kaya ang Diyos! Hindi ka Niya pababaya. Siya ang maghahanda ng magandang future para sa'yo. Wala pang nagtiwala sa Kanya ang nabigo. Siya ang magtatawid sa'yo. Siya mismo ang hahawak sa'yo. Kung nangangalay ka ng kumapit pa, pwede ka nang bumitaw—upang malaman mong hindi ka mahuhulog dahil hindi ka Niya bibitawan.

Written by Ishi Dignos
@ishidignos

Sunday, October 13

Daily Verse: Mark 6:31

Daily Devo: God knows when you are getting weary. He knows everything that goes on inside your heart.

Even those who knew, served, and had walked with the Lord and those with deepest faith went through tough times. It's often tougher, with His most trusted servants (read Luke 12:48)

Even when you know the rewards you would reap at the end of the race, you can't help but sometimes being overwhelmed by the work He entrusted you. Yet you want to remain a faithful steward. That's why He offered rest, not just for those He called, but more for those He had chosen.

He knows there will be times you would become hungry and exhausted. He knows of the coming storms. He did promise to give you the rest and refreshment you need. He promised to calm the storms for you. And you only need to believe His words, and do as you are told.

As you read or pray, God is fighting the battles for you, and you only need to rest in His promises (read Exodus 14:14, Psalm 46:10, Psalm 62:5). Our Father is all-knowing and all-loving. His grace is always sufficient. He knows when you need Him the most.

Even before the storms comes, or before you become exhausted, or overwhelmed, Jesus has invited you to enjoy the quiet stillness of the rest He offers. You can always lay your head and be calm, then go on again.

Jesus is your Sabbath.

Written by Rhia Balana

www.easterskies.wordpress.com

@muhreeyah_g

Monday, October 14

Daily Verse: Isaiah 40:30-31

Daily Devo: You always hear the saying, “It’s easier said than done.” And people would always reply, “Kasi hindi ikaw ang nasa kalagayan ko. Subukan mo kayang umapak sa sapatos ko kung masasabi mo pang madali lang ang lahat. Nakapagod din ang mabuhay.”

By these words, maybe you feel sorry for them or even for yourself because sometimes you think that way, too. So, you empathize and pray for these so called souls like yours. Because you fight your own battles every day. God didn’t give you the kind of trials na hindi mo kaya. Sa kasalukuyan, medyo mahirap makita ang dahilan kung bakit nangyayari ang mga bagay, napapagod ka din naman, pero kung inilagay mo na ang hope mo kay Lord, know that He will give you the strength you’ll need para malagpasan ang mga ito.

Hindi magiging madali dahil panghihinaan ka ng loob o ‘di kaya’y malulungkot sa tuwing maiisip mo na parang walang progress at all — you took a break naman pero parang pagod ka pa rin physically. Maybe you forgot na hindi sapat ang tulog na nagagawa mo kung hindi mo bibigyan ng pansin ang iyong spiritual na kalagayan. Do you usually pick your smartphone first or do you talk to God and read the bible?

Sana iyong pangalawa ang lagi mong ginagawa, kaibigan.

Written by Angelica Chen Reyes
@angelicachen

Tuesday, October 15

Daily Verse: Isaiah 32:17-18

Daily Devo: How many of you wanted a restful life and a peaceful living?

Admit it or not but some of you would spend more time on things that could make you happy in order to have peace of mind and overcome a little stress to get that temporary rest.

But true rest doesn’t work that way. Yet you always yearn for temporary peace over and over again making you feel more tired that you don’t even realize what causes it. You make yourself so busy over things in this world. Let me tell you this: You can’t find peace in this world, no such thing can make you feel at peace forever. Look at your surroundings. There are a lot of people getting busy everyday with their lives, some can’t even get enough rest because of their busyness. Not even the things that this world could give.

Only God can make you at peace forever. In Isaiah 32:17 it says that the effect of righteousness is peace and the result of righteousness is quietness and trust forever. How can you gain righteousness? It doesn’t just come easily and it doesn’t come from you, it comes from the Lord. No one is righteous in this world. But let this be an assurance that if you abide in the Lord, His righteousness is in you so as a peaceful and secure dwelling.

Only God can give you peace like no one else can. Only His righteousness can make you at peace not your own righteousness. So abide in Him and experience real rest.

Written by Ed Azañes
@marxism19

Wednesday, October 16

Daily Verse: Mark 4:19

Daily Devo: Overtime and working like a cow to reach your dreams in life. Sleep over at your classmate’s crib to finish a thesis so you could join the graduation rites. Burning the midnight candles for the final exam so you won’t get a C. Mommy duty and daddy duty after a draining session at work. Making disciples to win more souls or a back to back preach and talks in your church or in the nearby community, making you unable to squeeze in some alone time for yourself.

Aren’t they tiring? These are few things, activities and routines that keep you busy. They are alluring at first because they bring you fulfillment. Tempting in a way that they feed your pride as they hold your endeavors in life. But hey as the saying goes “too much is not good”. Why? For they deceive and corrupt your innocent mind also your spirit. While it feels good to desire for other things there is also a drawback for wanting more that is, it chokes the word making you unfruitful, making you tired. In verse 4:19 Mark said it is the worries of life, the deceitfulness of wealth and the desire for things that hides the message of the Lord and what He is able to give you more than the things you want — rest. When you let unnecessary things fill your life instead of filling it with God’s words, you lose your strength, thus you lose your rest. For you not to fall into the deep-dark-waters of worldly desire, Mark reminded to come to your Father and rest with Him even in your busyness. Beloved the world is so vast that it is impossible for you to find solitude. But fear not because it is through God’s word you find your true solace.

Written by Nesh Tubil
www.dkrmsjltm04.wordpress.com
@dkrmsjltm

Thursday, October 17

Daily Verse: Psalm 46:10; Exodus 33:14

Daily Devo: What does rest really mean? Tungkol lang ba ito sa relaxation? Unwinding? Magkaroon ng matinong tulog?

The truth is there is another definition of rest that God is implying through His words.

“My presence will go with you, and I will give you rest.” The Lord said to Moses in Exodus 33:14. God is giving you an assurance that you are secured in Him. He wants you to be still and rest yourself in His promises, in His words, in His faithfulness and in His goodness.

How to rest in God's love? In this world full of noises, it's undeniably hard to rest and to find peace. Remember that the world does not give true peace because it does not have it. Only God can give you genuine peace and He wants you to seek rest in Him. True peace that surpasses all understanding comes only from Jesus Christ.

Allowing God's promises to overpower everything in your life is the only way to truly have rest. In God, there would always be security. Put your trust in Him and fix your eyes on Him.

Kung may pinagdaraan ka man ngayon, it's not God's way to stress you out or to keep you worrying. It's God's way of telling you to go back to Him and rest in His love. If you don't rest in God, you'll be destructed by stress and worries.

Written by Valkyrie Cabalo
@cabalooney

Friday, October 18

Daily Verse: Jeremiah 31:3

Daily Devo: Are you tired of feeling worthless? Tired of thinking about your insecurities? Tired of drowning yourself from negative thoughts and worries? Tired of feeling unloved?

Remember this thing: God wants you to realize how deeply He is in love with you. He wants you to rest in His love because He is love Himself. How do you find rest in God's love?

Do not look elsewhere. ‘Wag mo nang sayangin ang panahon at lakas mo kakahanap ng mga bagay na makakapagsatisfy sa’yo, mapapagod ka lang. Stop finding your worth and security from temporary things. You'll only find temporary worth. Understand and accept that true love, peace and security can only be found in Jesus Christ.

Recognize and accept His love. He has been loving you since the very beginning. Hindi mo na kailangang paghirapan pa ang pagmamahal ng Panginoon dahil sa una pa lang ay minahal ka na Niya.

Ask God to show His love for you so you can enter in His rest. Experience God's love, it's the cure to your tiredness.

In this world full of hate, insecurities, worries, loneliness there's a place where you can only find your comfort, a place where you rest — in God's loving arms.

Written by Valkyrie Cabalo
@cabalooney

Saturday, October 19

Daily Verse: 1 Peter 5:7

Daily Devo: You live one day at a time. You inhale the good things that have been happening and exhale those ones that will only pull you down. And it became customary for you to just go on with your daily routine.

You wake up extra early to pray. You put away your beddings and get ready for the hustle of the day. You eat your breakfast merrily because your mom has cooked you your favorite food. You take a bath and iron your clothes. And when you're ready, you look into the mirror with a bright smile and say, “This is a good day.”

Until, you cannot feel the joy of doing these trivial but special things anymore. You feel unmotivated, sad, frustrated, or even exhausted. You feel so inexplicably lonely as if you carry the burdens of the world upon your shoulders.

Beloved, God wants you to remember that you are not alone. You don't need to feel so burdened. He wants you to give it to Him whatever it is that's bothering you. You can anchor your cares upon Him.

Whenever you feel weary, He will be there 24/7 — the kind of “rest” you'll always need. Do not ever doubt His love for you.

Written by Angelica Chen Reyes
@angelicachen

Sunday, October 20

Daily Verse: Jeremiah 31:25

Daily Devo: How's your heart?

Maybe you are bogged down with so many worries right now. Chasing deadlines after deadlines, non stop expenses coming from here and there, making you wish to have a pause button in life. Everywhere you turn to are things where you find your soul crowded with so many to-do lists and your hope is little by little depleting. Is this the true face of entering the world of adulting?

But how are you familiar with the Jesus modeled kind of solemnity amidst such chaos? Set things behind and get recharged. You need to get refueled again and be reminded why you do these things in the first place. It is a very recommended pattern to have yourself recollect. Getting busy with life's demands doesn't actually cater to everything that needs to be done. But retreating in this busyness will suffice that worrying heart cause of adulting.

Entering into constant fellowship with God, you will recover yourself from being stuck. He already knows what you need but He also wants to hear from you. He wants you to give it all to His hands as you trust Him that He will gladly give the most help you need. As you keep on seeking Him, you will learn to let go and start doing what you're supposed to do.

Beloved, your job is to obey Him and let Him do His plans for you. When you make this your routine, life will be peaceful and lighter because you believe that He will meet your needs. He will tend your deepest desires. He will take care of you. And when you feel bothered again remind yourself to come to Him. Don't stop coming to rest. He is so much glad to meet you all the way.

Written by Roby Jane Labor
@blessedrobob

Monday, October 21

Daily Verse: 1 John 4:18

Daily Devo: Sometimes fear will try to hinder you from going out to unfamiliar places and do strange things for the first time. It actually tries to stop you from growing and learning through experience. And the worst is that, it will limit you to the least of your capabilities.

To feel fear is okay; to let it control you is not. Even when God says go, you choose to say no with all the excuses you could think of, but in reality, it's just fear and insecurity talking. So when you feel like it, here are three reminders for you:

1. Rest your case and give it to God. Place it plain before Him, hands up, and let Him handle things. Surrender your weaknesses and He will fill you with His strength.
2. Be courageous. Growth requires struggles, discomfort, and pain. Yet you can overcome these with God because He has overcome the world. You can still do it while being afraid, and slowly, love will wipe it away.
3. You're not alone. You may think things are impossible because of fear, but you have God and you have love. Everything is possible in Christ.

Amidst uncertainty and fright, your heart can stay rest and have peace when you believe that God's strength and love is infinitely beyond your weakness and fear. His love wipes out fear.

Written by Hanna Improso
www.improsohanna.wordpress.com
@improsohanna

Tuesday, October 22

Daily Verse: Colossians 4:2

Daily Devo: How's life? How's the earth? How are the people in it? Can't you see? Everything is a mess, everything is not okay anymore. And it's tiring. It's a cycle every day, one bad thing happens after the other and it's getting worse every single day. You can't find peace, you can't feel peace, you want to do something but you just can't. And the most tiring part is, it seems that you're the only one who wants change. You got tired to move, you got tired to do something or to pray for something to make this world a better place to live, to change people, to change situations and it seems like nothing changes. You can't rest your mind, you can't rest your raging thoughts, and you just can't rest when everything around you is falling apart.

Listen.

You may get tired of this world, you may get tired of loving people, you may get tired appreciating small things. But hey! Never get tired trusting God in everything. Yes! You may feel like giving up, yes! You may feel like sometimes, it's not worth it to fight anymore but rest in His presence. Just rest and pray. Okay, I know it's easier said than done, but above all these things that make you tired, this is the only way for you to survive this cruel world. Rest beloved; things will get better soon when we're finally back home.

Written by Senderluck Javar
@sljavz

Wednesday, October 23

Daily Verse: Exodus 14:14

Daily Devo: "Nakakapagod mabuhay"
"Gusto ko ng mamatay"
"Sana hindi na ako magising bukas"

Familiar ba? Nasabi mo na? Naisip mo na?

The truth is, "Habang nabubuhay ka maghihirap ka. Habang nabubuhay ka, masasaktan ka at mapapagod ka." Ano nga ba ang silbi mo dito sa mundo, bakit puro paghihirap lang ang nararanasan mo? Hindi ka nag iisa. Madami tayo. Kaya ka nandito kasi may pupuntahan ka pa, may patutunguhan pa, may panibagong bukas pa, at may panibagong pag-asa pa. Nakakalungkot kasi marami na ang nauna, sumuko, hindi nagpatuloy, at hindi mo na alam kung paano ka makakatulong.

Bakit nga ba nakakapagod? Bakit nga ba nakaka ubos ng lakas at nakakawala ng pag-asa? Bakit nga ba nakakalungkot ang mabuhay? Bakit nga ba puro sakit at paghihirap na lang? Siguro dahil lumalaban kang mag isa. Lumalaban ka ng naaayon sa sariling lakas mo at sa paraang gusto mo. Kapatid, lumalaban ka kasi na hindi kasama ang Diyos at nakakapagod nga iyon.

Sabi nga sa Exodus 14:14, "Ang Panginoon ang makikipaglaban para sa inyo. Hindi niyo na kailangang makipaglaban pa." Kung patuloy kang lalaban ng mag isa, talo ka na ngayon pa lang. Sabi nga ni Ptr Bong Saquing, "Though ang dami nating ginagawa sa buhay, ang dami nating pinaggugugulan ng energy! Ang tanong, 'yun ba yung ipinapagawa ng Diyos sa'yo?"

Pahinga ka na kapatid, hindi lahat ng laban ay para sa iyo.

Written by Senderluck Javar
@sljavz

Thursday, October 24

Daily Verse: 1 Peter 5:7

Daily Devo: From time to time you think too much. You have been so busy thinking of things that bother you. It makes you worried and you don't have time to take a rest. Do you remember the things you have been so worried about in your life? Maybe it's about your school, your work and maybe it's all about your life. Some people even get mental illness because of overthinking. Yes! Overthinking can do that to you.

Casting all your worries to God does not mean you are weak. It means that you trust God in all things, that He is the one who can help you. You don't have to be alone because God is on your side. He will not leave you. God is the only one who can give you answers to all your worries. God cares a lot for you because as a Father He loves His children. And You are His child.

Remember that in this world there are many things that could deceive you. Be careful because the enemy is everywhere. He will use the things that you have been thinking and worrying about to steal your joy and peace. Don't allow such things to happen. Run to the Lord. Trust Him with all your heart and do not lean on your own understanding (see Proverbs 3:5).

Rest in God because He alone can make your mind at peace. He alone can give you a peaceful living.

Make God the focus of your life not the things you worry about.

Written by Ed Azañes
@marxism19

Friday, October 25

Daily Verse: 1 Peter 5:6-7

Daily Devo: Ikaw ba ay nabibigatan dahil sa dami ng problema at pressure sa buhay mo? Mga problema na akala mo ay hindi na kayang baguhin ng Diyos at tila agos sa ilog na hindi natatapos. Mga bagyo sa buhay na hindi mo inaakala na kaya kang patumbahin at mga pagsubok na nagiging dahilan ng pagluha mo. Ano ba ang dahilan ng lahat ng ito?

Lahat ay may kanya kanyang pinagdadaan, ibat-iba ngunit pareho ang bigat na nararamdaman. Halimbawa, ang isang batang nawalan ng *candy* ay parehas ang bigat na nararamdaman sa isang taong nawalan ng trabaho. Ang bawat pagsubok, pasakit, at mga problema ay bahagi ng ating buhay at ang isa sa mga dahilan kung bakit hinahayaan ni Lord ang mga ito ay para sa atin din naman. May mga pagkakataon na ang paghihirap ay bunga ng ating maling desisyon. Kung ito ang dahilan ng iyong paghihirap ngayon, lagi mong tatandaan na pagbalik sa Panginoon ang tanging paraan para maging maayos ang buhay mo. Minsan hindi Niya talaga binabago ang sitwasyon mo bagkus ang puso't isip at pananaw mo sa pagharap sa sitwasyon. In 1 Peter 5:6, sinabi ng Diyos na handa Siyang tulungan ka pero may isang kundisyon na dapat mong gawin, kailangan mong ibigay ang lahat ng mayroon ka sa Diyos. May mga sitwasyon sa buhay mo na isinusuko mo kay Lord ng partial lang. Ang sabi ng Niya, ibigay mo ang lahat sa Kanya. Sinabi sa 1 Peter 5:7, ipagkatiwala niyo sa Kanya ang lahat ng inyong kabalisaan sapagkat Siya ang kumukupkop sa inyo. You will find rest only in God's arm. Nung bata pa ako, ang isa sa pinakamasarap na gawin ay yumakap at ipatong ang ulo ko sa braso ng tatay ko. Ang Diyos ay handang yakapin ka. Kung mayroon mang mga paghihirap sa buhay mo, lumapit ka sa Kanya and He is ready to embrace you and let you lean on His shoulder.

Written by Robert Balon

Saturday, October 26

Daily Verse: Psalms 34:19

Daily Devo: Can You can still remember the time you accepted Jesus? The best part of it was the hope that we'll be delivered from sin and from what we've been through. That goosebumps you get when you were asked "where will your soul go when you die" was an unforgettable note. Everytime you forget that this life is beautiful, God was there like ray of hope — a Saviour indeed.

But what if it doesn't feel that way? Paano kung iba ang nangyayari? Sabi sa Bible, God will give you rest pero pagod ka pa rin. God will be your strength pero nawawalan ka pa din ng lakas. God is your healer pero you are still battling pains and diseases.

Why are the things you often see on your timeline, from the Christians you follow seems not to be true in your situation? Bakit kahit maniwala ka sa lahat ng ito ay tila ba walang epekto? Love you are here not to see the world in your perspective, you are here to see His majesty.

The verse is the clear manifestation of the things I am saying now. As a Christian, you often quote, "God is good all the time" but you don't want to see His goodness in the way He wants to portray it in your life. You can still have troubles, you can still have pain and heartaches but you will also find God there. The truth of His love and mercy will never be bestowed upon just a single miracle, it works all over you, it covers your past, your present and future.

Yes, for being a Christian.
Yes, for the troubles and problems.
Yes, for a faithful God forever and
Yes, for a rest.

Written by Ishi Dignos
@ishidigns

Sunday, October 27

Daily Verse: Exodus 33:14

Daily Devo: Pagod na pagod ka na ba sa buhay mo? Nagsasawa ka na ba sa dami ng problema at pagsubok? Mga problemang hindi natatapos, mga responsibilidad na parang bato na nakapasan sa likod mo at mga tao na nasa paligid mo na nagiging dahilan ng kabigatan mo. Minsan ba naisip mo, “Nasaan ba ang Diyos sa panahon ng kaguluhan? Nasaan ba Siya sa panahon ng kapighatian?”

Ang isa sa paulit-ulit na inilalagay ni *satan* sa ating isipan ay ang mga salitang, "Wala kang kwenta, nag-iisa ka na! Walang nagmamahal sa'yo. Walang may pakialam sa'yo" at marami pang iba. Sa madaling salita, mga bagay na negatibo. Ito ang nagiging isa sa mga dahilan ng pagbagsak ng tao. Lagi nating tandaan na hindi alam ng kaaway ang ating mga iniisip, nadidiskubre niya lang ito kapag tayo ay nagrereact sa mga bagay na inaalok niya. Ang mga salitang negatibo ay tiyak na hindi nanggagaling sa Diyos, hindi naman sasabihin ng Diyos sa isip mo na, "Umalis ka na sa simbahan. Magtampo ka na sa mga leaders mo at layasan mo sila. Walang nagmamahal sayo!" Sa tingin mo ang lahat ng ito ay nagmumula sa Diyos? Hindi di ba? Bagkus ang lahat ng ito ay mula sa kaaway kaya maging matalino ka sa bawat bagay na ipinapasok mo sa isip mo, dahil kapag ang mga bagay na ito ang madalas na iniisip mo, magugulat ka isang araw, ginagawa mo na ito. Alam mo ba yung *Law of Attraction*? Kung ano yung madalas mong nakikita, iniisip at pinupuntahan, ito yung mga bagay na nagugustuhan mo. Marahil kaya *crush* mo siya kasi lagi mo siyang tinitingnan at iniisip kaya 'di mo namamalayan na gusto mo na siya. Tama ba? Kaya kung gusto mo ng matagumpay na buhay, baguhin mo ang iniisip mo, tinitingnan mo at pananaw mo. Lahat tayo ay dumadaan sa iba't-ibang mga pagsubok ng buhay at kung feeling mo ay pagod ka na, lagi mong tatandaan na ang Diyos ay hindi bulag sa mga pinagdadaanan mo. Sa Exodus 33:14 sinabi ng Diyos kay Moses, "My presence will go with you, and I will give you rest." Same encouragement na sinasabi ni Lord sa'yo ngayon. Sa panahon ng kagulahan at kapighatian, ang Diyos ay laging nasa tabi mo at madalas tinatapik ang balikat mo at naka akbay sayo.

Written by Robert Balon

Monday, October 28
Daily Verse: Luke 10:42

Daily Devo: Imagine that you're present inside the home of Mary and Martha when Jesus went to visit. You can see how Martha panics, frantically bumping and almost crashing things in a bid to serve and impress the Messiah. And then you look at Mary, whose eyes are calm and lips curved in a kind of line that says she found peace while sitting and listening to Jesus.

This picture speaks volumes about the two kinds of believers. A Martha who is always on top of her game and serving like there's no tomorrow. And a Mary who just goes through life, earphones plugged in, listening to podcasts while she sips her coffee in the morning, thanking God for a new day.

All Martha kinds of believers are admirable. However, when the ministry becomes more important than the Messiah, it will eventually steal the joy of serving and can lead to a spiritual burnout. As the story continues, Martha started complaining to Jesus about Mary. Jesus then answered, "There is only one thing worth being concerned about. Mary has discovered it, and it will not be taken away from her." You need to be reminded that God is not impressed by the way you pray, preach, or do your devotional. Your works never looked appealing to Him. But when you rest in the finished work of Christ, you make your faith roar louder than your works—causing God to smile and become well-pleased.

In this world full of frantic Martha, be a relaxed Mary and see Jesus smiling at you. Look as He taps the space beside Him saying, "Come and sit with me, child. We will have a grand time resting."

Written by Mikee Bercasio
<https://mikeewrites.home.blog/>
@Mikeekaaay

Tuesday, October 29
Daily Verse: Matthew 6:33

Daily Devo: What do you do first early in the morning before starting your busy day ahead? How about at night, what do you do first after a tiring sched? How do you rest?

People have different ways of getting rest. Some get a good sleep and literally just do nothing at home. Others get better after a milktea. Some would go soul-searching-kinda-trekking-adventure while feeling the fresh air that the wind blows. Guys would spend the whole day playing games. While ladies would go on a shopping spree as if they're on their salary.

These are the few activities you do to relieve stress. They relax your nerves as though you get some real rest. But did you notice after the fun activities you still feel exhausted? Because beloved, you search for peace from wrong places. Because you only search for temporary rest. When you can't find solitude on things and with people, return to your first love — your peace, your rest.

Things and overwhelming situations could replace God in your heart. Victory over them begins with your full devotion to God and making Him Lord over your life. It's about you consistently cultivating an authentic relationship with God. Choosing God first and aligning yourself with Him will influence every other area of your life. All else will fall into the right place. You will even express the right emotions and your days will be filled with positive anticipation.

Everything will fall apart when you don't choose God first. You have everything in life when you choose God first and that includes rest.

Written by Nesh Tubil
www.dkrmsjltm04.wordpress.com
@dkrmsjltm

Wednesday, October 30
Daily Verse: Romans 2:13

Daily Devo: You can rest in Christ when you surrender everything, small or big, to His Lordship. Yet sometimes, there are still a few things that are hard for us to surrender. Pride, lust, money, relationships—things that we thought we can handle alone.

First, Jesus is Lord no matter what. He doesn't need defending; He doesn't need your excuses. And He surely knows what to do with the things you possess. He doesn't really need them, but He wants your heart to surrender every single thing.

Second, you fail. Sometimes you think you know what you're doing but a cliff actually awaits at the end of the road you chose to walk upon. Admit it, you do not know everything, and believing that you do will only keep your heart be bruised by worry and anxiousness.

Third, Jesus loves you. He doesn't control your life like what a dictator does. He patiently waits for your decision. And you can choose Him to have the upper hand because He wants the best for you—He knows what they are and He can always provide. As He is Lord, He is also your friend whom you can trust everything with.

Jesus' best thing may not be the same as your best thing. Yet if it comes from Him, then you can be sure that with it, you can glorify Him the most—with complete obedience and total surrender. When everything is under His control, you can be at peace knowing that He is all knowing, all powerful, ever present, and your loving Savior.

Written by Hanna Improso
www.improsohanna.wordpress.com
@improsohanna

Thursday, October 31

Daily Verse: Exodus 14:14; Psalm 62:5

Daily Devo: Kamusta, kapatid? Hoping that you're okay because life can get really challenging. Ang daming pagsubok ano? May it be sa academics, sa work, sa family, relationships, career etc., hindi mawawala ang mga problema kahit sino ka pa.

The question is how do you navigate through life's challenges? Honestly, without God, mauubos at mauubos ka. May hangganan ang talino, ang abilities, kahit self-help pa 'yan, may time limit ang mga iyan. Mauubos pa rin ang lakas mo. Baka binabasa mo ito ngayon at pagod ka na.

Lahat ng tao mapupunta sa point na mapapagod, at sa point na minsan ayaw mo nang tumayo kasi parang pag "lalaban" ka pa hindi mo alam if you can survive the next hit.

Buti na lang may tulong tayo sa buhay. Sabi sa Exodus 14:14 (NIV), "The Lord will fight for you; you need only to be still."

May you submit to the Lord yung mga dinadala mo kasi mabigat bitbitin ang mga bagay na hindi mo naman kontrolado. Kaya ka anxious, full of worries, and fearful kasi hindi mo na sakop 'yon, kay Lord na 'yon. Ang sakop ni Lord ay yung mga mahirap mong paglabanan nang mag-isa. Kaya kapatid, God wants you to actually leave the things you can't control to Him. Ayaw ni Lord yung nagpupuyat ka, nagworry sa mga bagay na responsibilidad Niya. It is His battle and not yours.

Calm before the storm. Madaling maging kalmado kapag walang mga bagyo, pero how do you become "calm amidst the storm"? God offers that kind of rest for you. Chill ka lang kahit may problema kasi si Lord yung bahala.

"Yes, my soul, find rest in God; my hope comes from Him." Psalms 62:5 (NIV)

Find rest in God knowing, trusting, and believing that He is in control. Whatever comes your way, kay Lord tapos na lahat 'yan. Pag sinabi ni Lord na hindi ka Niya papabaya, totoo 'yon. Pag sinabi Niya, gagawin Niya.

You can rest having the assurance that God will always and forever fight for you.

Written by Jericho Arceo

Bible Verse: Matthew 11:28

Bonus Devo: Tunog ng ingay ng mga sasakyan sa umaga, tilaok ng manok, at maiingay na kapitbahay. Stress sa schoolworks o di kaya'y sa trabaho. Ang daming gastusin na kailangang bayaran at masasamang balita sa iba't ibang bansa. Napaka ingay na ng mundo. Naitanong mo na din ba sa sarili mo kung saan nga ba matatagpuan ang tunay na kapayapaan at kapahingahan? May katapusan ba ang ingay ng mundo? Kailan ba mawawala ang bigat ng mga pasanin mo? Ang tanging nasasambit mo na lang ay ang mga katagang, "Napapagod na ako."

Kapatid, hindi matatapos ang ingay ng mundo ngunit matatagpuan mo ang katahimikan at kapayapaan sa piling ng ating Diyos. Alam Niya ang lahat ng mga gabing hindi ka makatulog sanhi ng walang katapusang pagpatak ng luha sa iyong mga mata. Alam Niya ang lahat ng sakit na dinadala mo. Alam Niya ang lahat ng alalahanin mo. Alam Niya ang lahat ng kapaguran mo. Alam Niya ang lahat kahit hindi mo pa sinasambit sa Kanya at gusto Niyang ibigay mo ito sa Kanya lahat ngayon. Huwag mong igapos ang puso mo sa sakit. Hindi ka nag-iisa sa mga pinagdadaanan o pagdadaanan mo. Lagi mong tandaan na kasama mo ang Diyos.

Malayo pa ang iyong lakbayin. Madami pa ang tawa, iyak, ngiti at luhang iyong ipapatak. Pero mas piliin mong maglakbay kasama si Kristo. Mapagod ka man, huwag mong piliing sumuko. Mapapagod pero hindi hihinto. Hindi masama ang magpahinga kapatid. Magpahinga ka lang. Magpahinga sa presensya ng Diyos.

Written by April Allaine Conejos
@Allaineeeee

Bible Verse: Matthew 11:28-30

Bonus Devo: Alam kong sa mga oras na ito ay gustong gusto mo ng sumuko dahil sa mga problemang pinagdadaanan mo, yung tipong hindi mo na alam ang uunahin dahil sa tambak na requirements, pagkauwi galing sa church ay mga gawaing bahay naman ang iyong haharapin. Nakakapagod pero at least sa lahat ng ginagawa mo, inuuna mo pa rin si Lord.

Hindi maiwasan ang mga problema pero magpakatatag ka lang kasi sa bawat problema mo, kasama mo si Lord. Cheer up! Hindi ka nag-iisa. Sabi nga Niya, "Come to me, all you who are weary and burdened, and I will give you rest." Ibigay mo lahat sa Kaniya, i-surrender mo lahat and He will surely give you all the rest that you need. Alam mo ba na bawat kilos mo ay alam ng Diyos? Wala mang nakakakita sa iyo pero nakikita Niya.

Hindi madaling i-handle ang mga problema, worries and burden but always seek Him first. Always have a pure heart to serve Him. Maaaring nakakapagpaghinga ka nga, pero kamusta ang puso mo? Kamusta ka physically, emotionally, and spiritually? Hindi enough ang physical rest dahil ito ay temporary lang. Nakatulog ka nga pero, pagkagising mo meron pa ring bigat sa dibdib mo. Kumapit ka lamang sa Kaniya. Hindi naman Siya lumalayo sa iyo dahil madalas, ikaw ang lumalayo sa Kanya. Hinihintay ka lamang Niyang lumapit sa Kanya. Sa Kanya mo matatagpuan ang totoong rest na kailangan mo.

Before you sleep tonight, pray and surrender all your worries and burdens to Him. And surely, you'll have a good sleep and rest. Always remember, unahin mo si Lord sa mga gagawin mo. Mapagod ka man physically, pero you're spiritually strong & empowered. He is sufficient for you.

Written by Kendy Cleyr Dayag
@kendysbelove_

WORKSHOPS

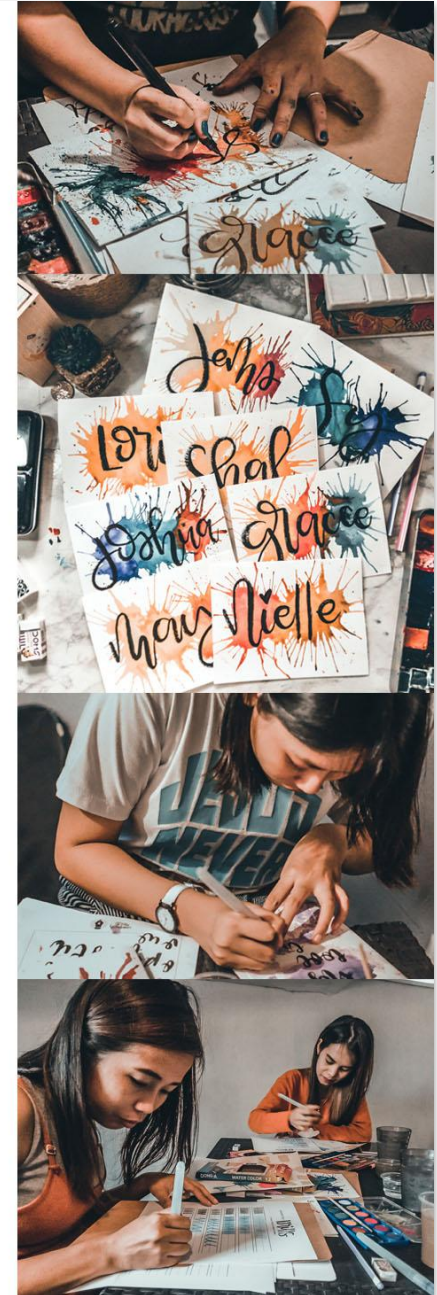


watercolor x Brush LETTERING by ivy geanga


UNLEASH YOUR CREATIVITY AND ENHANCE YOUR ART SKILLS
BY JOINING **FREE WORKSHOP** SESSION

OCTOBER 20, 2019 | SUNDAY | 9AM TO 11AM
AT NEW HOPE WORSHIP CENTER, SUSANO RD. NOVALICHES QUEZON, CITY

LIMITED SLOTS ONLY.
MORE DETAILS ON [FACEBOOK.COM/NCFGreenfields](https://www.facebook.com/NCFGreenfields)





WORKSHOPS

A top-down photograph of a leather workshop. The background is a large, light brown leather piece with rough, torn edges. In the top left corner, a metal ruler is partially visible. In the bottom left, a pair of silver-handled scissors is open. In the bottom right, a dark leather tool, possibly a punch or awl, is lying down. In the center, there are two small notebooks: one is dark green and the other is black. The text 'LEATHER JOURNAL MAKING WORKSHOP' is overlaid in white, serif, all-caps font. The word 'LEATHER' is on the top line, 'JOURNAL' is on the second line, and 'MAKING WORKSHOP' is on the third line, all centered.

LEATHER JOURNAL MAKING WORKSHOP

11.12.19

WORKSHOPS

Watercolor x Brush LETTERING

A TWO-IN-ONE WORKSHOP
by ivy geanga

NOVEMBER 30, 2019 / SATURDAY / 2:00PM TO 5:00PM
AT SECRET CAFE 2 CARIDAD ST. HILLTOP MANSION SUBD., QUEZON CITY
Workshop inclusive of materials & snacks! PM if interested.

REGISTER NOW!
For inquiries, you may call or text us at (+63) 905 657 8741

LOOKING FOR A CHURCH NEAR YOU? WE GOT YOUR BACK!



VICTORY
KATIPUNAN

VICTORY KATIPUNAN

YOUTH SERVICE

6 PM, Fridays
5F Regis Center,
Katipunan, Quezon City

SUNDAY SERVICES

9 AM, 11 AM, 1 PM, 3 PM,
5 PM & 7 PM
5F Regis Center,
Katipunan, Quezon City

2 PM & 4 PM
GT Toyota Building, UPD



VICTORY
CAGAYAN DE ORO

VICTORY CAGAYAN DE ORO

SUNDAY SERVICES

8:30 AM, 10:30 AM, 3 PM & 5 PM
Level 2, North Course
Limketkai Mall, Cagayan de Oro



VICTORY
STA. ROSA

VICTORY STA. ROSA

YOUTH SERVICE

6 PM, Fridays
1F Robinsons Mall Santa Rosa, Old
National Highway Santa Rosa, Laguna

SUNDAY SERVICES

10 AM, 12 PM, 2 PM, 4 PM & 6 PM
1F Robinsons Mall Santa Rosa, Old
National Highway Santa Rosa, Laguna



VICTORY
ZAMBOANGA

VICTORY ZAMBOANGA

PRAYER MEETING

6:30 PM, Thursdays
3/F Unichan Bldg.
Veterans Avenue Extension
Tumaga

YOUTH SERVICE

4 PM, Saturdays
3/F Unichan Bldg.
Veterans Avenue Extension
Tumaga

SUNDAY SERVICES

8:30 AM & 10:30 AM
4/F Celebrity Hall
Grand Astoria Hotel
Mayor Jaldon St.

2:30 PM & 4:30 PM

3/F Unichan Bldg.
Veterans Avenue Extension
Sta. Maria

LOOKING FOR A CHURCH NEAR YOU? WE GOT YOUR BACK!



**JESUS OUR BLESSED HOPE
MINISTRIES INTERNATIONAL,
INC.**

SUNDAY SERVICES

9 AM

A. Sulit Street, Inaon
Pulilan, Bulacan

9 AM

MacArthur Hwy, 3020
Marilao, Bulacan



**NOVALICHES CHRISTIAN
FELLOWSHIP — GREENFIELDS**

SUNDAY SERVICES

2PM & 4 PM

1704 Susano Road,
Novaliches, Quezon City



**WORD AND LIFE CHRISTIAN
ASSEMBLY**

SUNDAY SERVICES

9 AM

Purok 3 Tranca
Bay, Laguna

2 PM

500 Coldstream Ave.,
Toronto, Canada



FAITH CENTER TABACO

SUNDAY SERVICE

9 AM

No.37 (2nd Floor Waterless) Riosa
St.,Quinale, Tabaco City