

# Improv Social Awareness

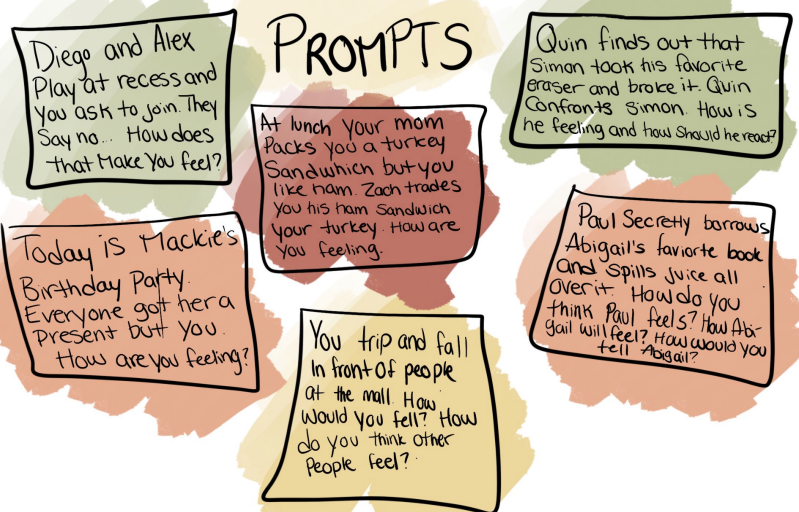
**Purpose:** The purpose of this lesson is to build social awareness through improv prompts, guiding students to express emotions authentically using tone of voice, body language, and facial expressions.

## Instructions:

Write down some improv prompts and have students act out the different situations. Remember: It is important to express how one's tone of voice, body stance, body language, and facial expressions should be considered while students act.

## Example:

- ★ Practice making eye contact
- ★ Encourage students to notice other body language
- ★ Discuss with students common reactions to certain events:
  - A surprise party: one might be happy and surprised (what does that look like?)
  - A haunted house on Halloween: one might be excited or scared (what does that look like?)
  - During an argument: one might be upset, angry, or curious (what does that look like?)
- ★ Use modeling when needed to set a good example
  - In a situation where you are upset, you may want to verbally explain the verbal and non-verbal signals that your body is showing. Providing a how-to for others to know "how you can tell I am upset."



Inspired by Paths Program

**PATHS**  
Program LLC