Improv Social Awareness

Purpose: The purpose of this lesson is to build social awareness through improv prompts, guiding students to express emotions authentically using tone of voice, body language, and facial expressions.

Instructions:

Write down some improv prompts and have students act out the different situations. Remember: It is important to express how one's tone of voice, body stance, body language, and facial expressions should be considered while students act.

Example:

- ★ Practice making eye contact
- ★ Encourage students to notice other body language
- ★ Discuss with students common reactions to certain events:
 - A surprise party: one might be happy and surprised (what does that look like?)
 - A haunted house on Halloween: one might be excited or scared (what does that look like?)
- PROMPTS Diego and Alex Quin finds out that Play at recess and Simon took his favorite Braser and broke it. Quin you ask to join. They Confronts Simon Howis At lunch your mom Packs you a turkey he feeling and how Should he read Say no ... How does that Make You feel? Sandwhich but you ike ham. Zach trades You his ham Sandwich your turkey How are Abigail's faviorte book and spills juice all overit Howdo you Paul Secretly barrows loday is Mackie's Birthday Party Everyone got hera Present but you think Paul feels? How Ab-gail will feel? How avourd you tell Addail? You trip and fall How are you feeling? In front of people at the mall How Would You fell? How do you think other People Feel?
- During an argument: one might be upset, angry, or curious (what does that look like?)
- ★ Use modeling when needed to set a good example
 - In a situation where you are upset, you may want to verbally explain the verbal and non-verbal signals that your body is showing. Providing a how-to for others to know "how you can tell I am upset."

Inspired by Paths Program



