

# The Shevington High School Physical Education Journey

## Striving For A Healthy, Active And Successful Future



#### What we assess during vour development:

- **Health and Fitness** 
  - Skill and **Performance**
  - **Knowledge**
  - Social and **Emotional Development**
  - Leadership

#### I can set up and <u>facilitate</u> I can precisely I endeavour to pursue a healthy GCSE exams and active lifestyle beyond school practices to help improve replicate skills. **Winstanley College** I **lead** groups in others performance W & L College practices that improve Year performance. Promoting Lifelong **Runshaw College** Assessed D of E Participation expedition. Work / Attend a PE related trip **Apprenticeship** I can display expert knowledge Sports Studies OAA trip models who inspires Mock exams when analysing games and vounger vears deadline Sport Studies performance. Leadership sessions **OCR** Attend a PE D of E practice I engage with all aspects Sign up for D of E related trip expedition. of physical education Options NATIONALS evening My advanced Year knowledge of sports and performance allows me to effectively analyse performance. I displays high levels of I can Adapt various skills and I display the ability to organise Shevington sportsmanship, playing fairly techniques to fit the competition and oversee small games and **Sports Festival** within rules of games. situations practices. I work with **energy** towards Sports Studies I Can effectively my physical health, inside and taster sessions manage a small group I am confident in my knowledge outside of school. of rules and concepts in PE. though a warm up Refining Practical Year I show effort in Embedding Options talk all of my PE lessons and

### What we teach:

Football Netball Rugby Badminton **Table Tennis** Dance Dance Handball **Athletics** Rounders

I am a **determined** person who stays focused on set **OAA & Problem Solving** tasks. Cam Nat Sport Studies



organisers.

Your Physical Education Journey starts here