



# The Shevington High School Physical Education Journey



Striving For A Healthy, Active And Successful Future

What we assess during your development:

- **Health and Fitness**
- **Skill and Performance**
- **Knowledge**
- **Social and Emotional Development**
- **Leadership**

What we teach:

Football  
Netball  
Rugby  
Badminton  
Table Tennis  
Dance  
OAA & Problem Solving  
Dance  
Handball  
Athletics  
Rounders  
Cam Nat Sport Studies



Your Physical Education Journey starts here ...