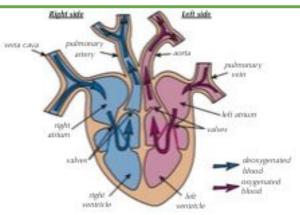
Biology

GCSE Human Organisation

| Learned | Revised | Confident |
|---------|---------|-----------|
| | | |
| | | |

% Achieved:

1 The heart



| N° | Keyword | Definition |
|----|---------------|--|
| 2 | Alveoli | Tiny air sacs arranged in clusters throughout the lungs. They provide a large surface area for gas exchange. |
| 3 | Benign tumour | A growth of abnormal cells contained in one area, usually within a membrane. |
| 4 | Carbohydrase | An enzyme that breaks down carbohydrates into simple sugars. Eg: Amylase |
| 5 | Digestion | When large insoluble molecules are broken down into small soluble molecules |
| 6 | Enzyme | A biological catalyst that speeds up the rate of a reaction. |
| 7 | Lipase | An enzyme that breaks down lipids into fatty acids and glycerol |
| 8 | Malignant | A growth of cells that can invade neighbouring tissues and spread to different parts of the body in the blood where they form secondary tumours. |
| 9 | Protease | An enzyme that breaks down proteins into amino acids |

10 Blood vessels





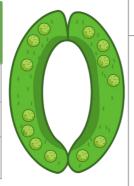


| Treatment | Description | Advantage | Disadvantage |
|-----------|---|---|---|
| Statins | A type of drug that reduces blood cholesterol levels to slow down the rate at which fatty material is deposited in the coronary arteries. | Can reduce the risk of strokes, CHD and heart attacks. | Long term treatment and negative side effects. |
| Stents | A metal mesh tube placed in an artery to hold it open. | The success rate is high, they lower the risk of a heart attack and last for a long time. | Drugs needed to stop blood clotting. |

GCSE Plant Organisation

Learned Revised Confident

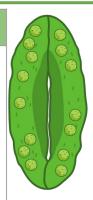
_____ % Achieved:____



1

Guard cells

When there is plenty of water, the guard cells swell and become turgid, opening the stomata. When short of water, the guard cell loses water, becomes flaccid and the stomata close. They are also sensitive to light.

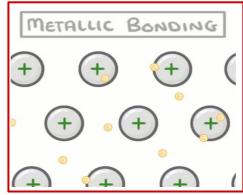


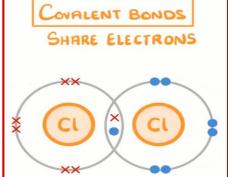
| | | sensitive to light. | |
|----|---|--|--|
| N° | Keyword | Definition | |
| 2 | Guard cell | A cell which controls the opening and closing of the stomata. | |
| 3 | Meristem tissue | Plant tissue found at the tips of roots and shoots made of actively dividing cells that can differentiate. | |
| 4 | Palisade mesophyll | A plant tissue that contains lots of chloroplasts to carry out photosynthesis. | |
| 5 | Phloem | A plant tissue that transports dissolved sugars from the leaves to other parts of the plant. | |
| 6 | Spongy mesophyll | A plant tissue that contains large air spaces and has a large surface area for diffusion | |
| 7 | Stomata | Small openings in the surface of a leaf that allow gases to diffuse into the leaf. | |
| 8 | Translocation | The movement of dissolved sugars from the leaves to the rest of the plant, via the phloem. | |
| 9 | Transpiration | The loss of water vapour through the stomata. | |
| 10 | Xylem | A plant tissue that transports water and mineral ions from the roots to the stems and leaves. | |
| 11 | PHOTOSYNTHESIS) PALISADE MESOPHYLL SPONGY MESOPHYLL LOWER EPIDERMIS | Palisade Ceus | |
| | | LEAF LOSS | |

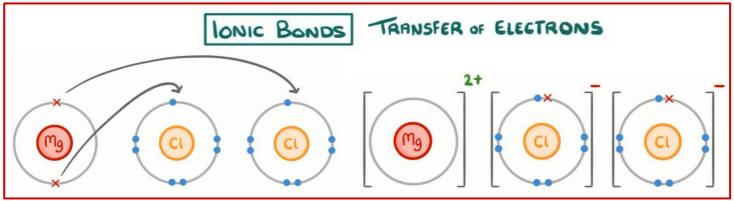
Chemistry

GCSE Structure and bonding

| Learned | Revised | Confident |
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| | | |
| % Achieved: | | |







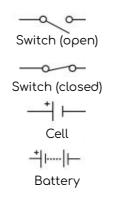
| N° | Keyword | Definition |
|----|--------------------------|--|
| 1 | Delocalised electron | An electronic that isn't associated with an atom or bond, it is free to move through the structure |
| 2 | Metallic bond | Giant structure of positive metal ions in a sea of delocalised electrons- forming strong electrostatic forces of attraction |
| 3 | lonic bond | Strong electrostatic forces of attraction between oppositely charged ions (formed from the transfer of electrons) |
| 4 | Covalent bond | Shared pair(s) of electrons between non-metal atoms |
| 5 | Electrostatic forces | Strong forces of attraction between oppositely charged particles e.g. ions and/or electrons |
| 6 | Intermolecular forces | Weak forces of attraction that occur between molecules. |

| N° | Fact | |
|----|--|--|
| 5 | In bonding, atoms look to gain a full outer shell of electrons. They can lose electrons to drop down a shell, gain to fill their shell or share electrons between their outer shell | |
| 6 | In ionic bonding, the metal atom loses electron(s) to become a positive ion, the non-metal gains the electron to become a negative ion. These ions then form a giant structure. | |
| 7 | In covalent bonding, atoms share pairs of electrons to fill their outer shells. This can form a simple molecule (e.g. H ₂ O) or a giant structure like diamond. | |
| 8 | The properties of a substance relate to its structure and bonding. For example, giant structures will generally have high melting and boiling points whereas small, simple structures will have low melting and boiling points | |

Physics

GCSE Electricity

| Learned | Revised | Confident |
|-------------|---------|-----------|
| | | |
| % Achieved: | | |



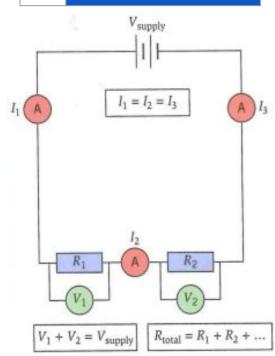
| Lamp |
|---------------|
| $\overline{}$ |
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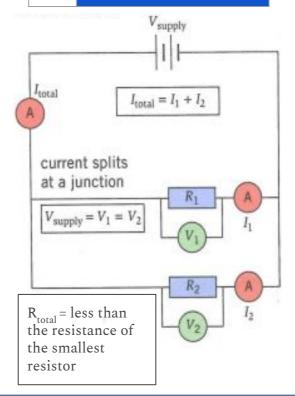
resistor

| Nº | Keyword | Definition | |
|----|-------------------------|--|--|
| 2 | Current | Flow of charge, measured in amperes (A) | |
| 3 | Potential difference | A measure of how much energy is transferred between two points in a circuit, measured in volts (V) | |
| 4 | Resistance | Anything that opposes the flow of charge (eg, electrons colliding with ions in the wire), measured in Ohms ($\!\Omega\!)$ | |
| 5 | Series circuit | Every component is connected in a line (one "loop") | |
| 6 | Parallel circuit | Every component is connected to the battery separately (it has multiple "loops") | |





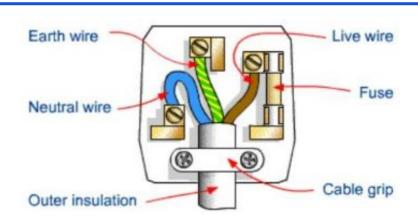
8 Parallel circuit rules



| N° | Equations to learn |
|----|---|
| 9 | charge flow = current × time |
| 10 | potential difference = current × resistance |

GCSE Electricity (2)

Learned Revised Confident
_____% Achieved:_____

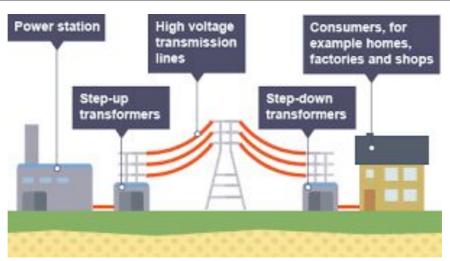


| N° | Keyword | Definition |
|----|------------------------|---|
| 2 | Alternating current | Current that changes direction |
| 3 | Direct current | Current that flows in one direction only |
| 4 | Step up transformer | Increases the potential difference and decreases the current (reducing resistance and heat loss, and increasing efficiency) |
| 5 | Step down transfer | Decreases the potential difference to a safe level (230V for homes). |
| 6 | The national grid | A network of cables and transformers that links electricity power stations to consumers |

1

| N° | Facts |
|----|---|
| 7 | UK alternating current has a potential difference of 230 V and a frequency of 50 Hz |

8 The National Grid



| N° | Equations to learn |
|----|---|
| 9 | power = potential difference × current |
| 10 | ροwer = (current)2 × resistance |
| 11 | energy transferred = power × time |
| 12 | energy transferred = charge flow × potential difference |