

# PROFILE OF THE SACRED HEART SCHOOL – ATENEO de CEBU GRADUATE (GRADUATE OUTCOMES)

Sacred Heart School – Ateneo de Cebu is a school that aims to form leaders who are Christ-centered men and women of competence, conscience, compassion, character in a community of global culture. These 7Cs elaborate our Vision and Profile of an ideal Ateneo Hearter at graduation.

#### I. CHRIST-CENTEREDNESS: The Spiritual Self

Christ-centeredness is the core identity of the Ateneo Hearter.

By graduation, the Ateneo Hearter's spiritual-self finds God in all things, lives a life of prayer and discernment, and does everything for the Greater Glory of God: *AD MAJOREM DEI GLORIAM*.

## A] A Life of Prayer and Discernment

Cc-1] strives to keep a close and personal relationship with God in various methods of prayer.

Cc-2] seek God's will, especially when one makes the more important decisions in one's life.

## B] A Close Friendship with Christ as Lived Out Within the Church and its Sacraments

- Cc-3] has made the choice of a fundamental orientation to Christ through one's religious knowledge and experiences.
- Cc-4] regards Christ's as one's leader, model, guide, and friend.
- Cc-5] lives out one's friendship with Christ within the life of the Church and through its sacraments.
- Cc-6] makes a greater effort in finding God in all things and does everything for the Greater Glory of God: AD MAJOREM DEI GLORIAM.

#### II. COMPETENCE: The Functional Self

Competence refers to one's knowledge and skills that enables one to perform diverse tasks and carry out various responsibilities.

By graduation, the Ateneo Hearter's functional-self attains academic excellence and realizes that in life, what is more important is "learning how to learn", and forms to be a total person who is the product of a truly liberal, humanizing, and well-rounded education.

## A] Academic Excellence

Cm-1] seeks to prepare oneself for the world, with knowledge and skills that will make them fit to succeed.

Cm-2] commits to the pursuit of academic excellence.

- Cm-3] acquires the habit of logical, analytical, and critical thinking with a certain ease and facility in expression, both oral and written
- Cm-4] adapts to the tasks at hand, and at the same time giving evidence of one's knowledge and mastery of those subjects which shall prepare one for further studies.
- Cm-5] has the spirit of generous striving to do and be More through the Jesuit charism of MAGIS.

#### **B] Well-Roundedness**

Cm-6] builds on multiple intelligences through the well-crafted academic programs provided by the different subject areas.

Cm-7] appreciates music, literature, arts, and sports, or even mastery of basic skills through participation in sports and other athletic activities.

## C] Openness to Growth and Lifelong Learning

Cm-8] reflects on personal responsibilities for one's own growth.

Cm-9] develops one's full potentials, and is continuously seeking opportunities to develop one's personality

Cm-10] sharpen one's intellect, broaden one's imagination, explore one's feelings, and refines one's tastes...

Cm-11] deepens one's own religious convictions and other sensibilities.

#### III. CONSCIENCE: The Moral Self

Conscience refers to moral reasoning and a regular consciousness examen in one's daily life.

By graduation, the Ateneo Hearter's moral-self understands that moral reasoning requires careful discernment, and must begin with a desire and commitment to do what is good and right.

## A] Moral Reasoning

Cn-1] tries to understand the moral teachings of one's faith

Cn-2] understands that given the gray areas of life, moral reasoning requires careful discernment, but must begin with a desire and commitment to do what is good and right.

### B] Habit of Reflection

Cn-3] knows the value of reflection in this world of fast-paced living and excessive stimuli and information.

Cn-4] realizes that "experience is the best teacher" only if accompanied by the necessary reflection on experience.

Cn-5] nurtures the habit of slowing down, pausing, and taking a step back to reflect about meaning and consequences.

## IV. CHARACTER: The Psycho-emotional Self

Character refers to knowing, accepting, and mastering oneself for one to be able to transcend.

By graduation, the Ateneo Hearter's psycho-emotional self develops one's emotional intelligence (EQ) and adversity quotient (AQ).

## A] Self-Knowledge and Acceptance

Ch-1] possesses a realistic knowledge and acceptance of oneself.

- Ch-2] appreciates one's God-given gifts and as a sign of gratitude, develops them to the fullest.
- Ch-3] conscious of one's weaknesses and shortcomings, and accepts these even as one tries to improve oneself in every way that he can be.

#### **B] Self-Mastery and Discipline**

- Ch-4] possesses self-mastery and exercises self-discipline.
- Ch-5] appreciates the value of order, harmony, and efficiency in life, and continually makes an effort to attain these in one's own life.
- Ch-6] acquires a more mature sense of responsibility for one's actions, lending support to external structures, as well as finding support in them.

#### **C]** Self-Transcendence

- Ch-7] accepts oneself and takes responsibility for growth as a person, desires integrity, commitment and excellence in the multiple facets of one's life.
- Ch-8] manages one's individual needs and emotions, maintaining a proper balance over and against the needs of others and the larger community.

#### V. COMMUNITY: The Social Self

Community refers to the ability to be with people and to work with them.

By graduation, the Ateneo Hearter's social self attains the ability to be with people and to work with them. In an increasingly interconnected world, the capacity to work with others becomes a most important art.

#### A] Ability to Work with Others

- Ct-1] lives with others comfortably and works with them effectively.
- Ct-2] develops interpersonal skills to the degree that not only has one he learns to be comfortable with people who may be different from him, but just as importantly, one is able to work with them in a peaceful and effective manner.

## B] Ability to Influence and Lead Others for the Good

- Ct-3] has the skills in managing group processes as a trained leader.
- Ct-4] uses his group processing skills to lead others to recognize and to do what is good and what is right.

## C] Acceptance of and Respect for Others

- Ct-5] has a strong desire to get along with others
- Ct-6] has interpersonal skills which are rooted in a fundamental recognition of every human person's dignity.

## VI. COMPASSION: The Societal Self

Community refers to living and working well with others, as compared to compassion which refers to the dimension of service, especially the service of the poor.

By graduation, the Ateneo Hearter's societal-self has the orientation of a higher dimension of service and one's preferential option for the materially poor and marginalized.

#### A] Life of Service for Others

- Cp-1] acquires a considerable knowledge and familiarity with the needs of the local as well as the larger Filipino community.
- Cp-2] prepares oneself for one's own future participation as a competent, concerned, and responsible member of larger communities.
- Cp-3] understands that one's personal well-being is interrelated with the well-being of other people.

## **B]** Preferential Option for the Poor

- Cp-4] strives to be a neighbor especially to those most needy and most marginalized in imitation of Christ's preferential option for the poor.
- Cp-5] tries to live a life of **Simplicity** to be in solidarity with the poor.

#### C] Faith that Does Justice

- Cp-6] understands that one's faith can be complete only if one works for justice, like when one recognizes unjust structures and works towards eliminating them.
- Cp-7] recognizes that something is demanded more than just charity, like helping the poor.
- Cp-8] recognizes that justice is more than simply "giving to the poor" but working and at times, even fighting to improve ones situation.
- Cp-9] comforts the afflicted and afflicts the comfortable, as one tries to live as a "Person for Others".

#### VII. CULTURE: The Historical Self

Sacred Heart School – Ateneo de Cebu has a special mission to the Chinese Filipinos because it is a Chinese-Filipino school founded by Jesuit missionaries for the education and evangelization of the Chinese-Filipino community.

By graduation, the Ateneo Hearter's Historical-self is shaped by one's roots and one's present culture as a person living in an increasingly global world.

## A] Rootedness in the Chinese - Filipino Culture

- Cl-1] has a growing appreciation of one's Chinese-Filipino culture, with a working knowledge of Chinese history and some facility in the language.
- C1-2] acquires a better understanding and a deeper appreciation of one's own cultural heritage.

## B] Rootedness in Visayan and Filipino Heritage

- Cl-3] cherishes the richness of the Visayan and Filipino cultural identity.
- Cl-4] celebrates and enriches the country's cultural heritage and takes pride in being a Filipino.

# C] Acceptance of the Diversity of Cultures in the World

- Cl-5] is becoming more conscious of one's own unique cultural identity
- Cl-6] is growing more deeply aware of all the values, the customs, and traditions that govern and influence one's personal life.
- Cl-7] is at home with the diversity of cultures in the world, yet able to retain one's Asian soul in this age of globalization.
- Cl-8] believes that Christ is already present in every culture and seeks to uncover and proclaim His presence.

Submitted by: Mrs. Evelyn S. Enriquez May 30, 2013