

- Pelvic bone structure

- Pelvic girdle: Bony pelvis made up of three structures:
 - Hip bone: fusion of ilium, ischium and pubis
 - Sacrum: Fusion of 5 sacral vertebral columns
 - Coccyx: fusion of ~2 coccyx
- Function: transfer the weight of the upper body to the legs
- Connections:
 - Lumbosacral joint: between lumbar vertebrates and sacrum
 - Sacroiliac joint: between sacrum and hip bone
 - Acetabulum: socket joint between hip bone and head of the femur.
 - Pubic symphysis: fibrocartilaginous joint between two hip bones
 - Sacrococcygeal symphysis: joint between sacrum and coccyx
- Hip bone structure and formation
 - Ilium, ischium and pubis joint by triradiate cartilage, with fusion occurring at around 20-25 yo
 - Ilium is divided to ala and body
 - Three bones joins to form the ball socket acetabulum

- Pelvic compartment:

- False pelvis: area rostral to the pelvic brim, bound by the ala of the ilium (dorsolateral), and pubis (ventral).
- True pelvis: area below the pelvic brim, bound by the sacrum and coccyx(dorsal), ischium(lateral), pubis(ventral), pelvic diaphragm(caudal)
- Pelvic brim marks the boundary between abdominal cavity and pelvic cavity. Below the pelvic diaphragm is the perineum.
- Pelvic inlet boundary: Sacral promontory (posterior, extended bit of the sacral vertebra), pubic symphysis(anterior), iliopectinal line (lateral)
- Pelvic outlet boundary: Tip of coccyx(posterior), pubic arch(anterior), Ischial tuberosity & sacrotuberous ligament(lateral)

- Sex differences:

- Female: wider subpubic angle (thumb and index); Male: narrower angle (index and middle)
- Female: shorter acetabulum compared to pubic ramus, Male: closer to 1:1 ratio
- Female: less protrusion into the pelvic outlet; Male: ischial and coccyx protrusions
- Sciatic notch: wider in females, narrower in males

- Pelvic ligaments:

- Sacrospinous ligament: between sacrum ischium spine, anterior to the sacrotuberous ligament
- Sacrotuberous ligament: sacrum and ischium tubercle
- Sacrospinous ligament and sacrotuberous ligament across the sciatic notch create greater sciatic foramen.
- Pudendal nerve exit greater sciatic foramen, reenter via lesser sciatic foramen, around sacrospinous ligament.

- Pelvic floor diaphragm:

- Ischiococcygeal: ischial spine - coccyx
- Levator ani: consist of four muscles surrounding two hiatus:
 - Puborectalis: U-shaped muscle around the rectum, joins into pubic bone, surround

- urogenital hiatus: urethra, vagina

- Anal hiatus: Anus

- Pubococcygeal: Pubis - coccyx

- Iliococcygeal: lower lateral margin of ilium - coccyx

- Innervated by the S4, S5, and pudendal nerve

- Structures in the pelvic cavity:

- Rectum sits within the true pelvic cavity, with anus passing through the anal hiatus.

- Upper rectum covered on three sides by peritoneum, middle covered on one side, lower part is below peritoneal cavity.

- Anterior to posterior: bladder, uterus (in female), rectum.

- anal canal

- Part below the pectinate line is the lower anal canal, derived from ectoderm

- Stratified squamous epithelium

- Somatic innervation by pudendal nerve

- Blood supply: inferior pudendal artery, inferior pudendal vein (branches of internal iliac artery/vein)

- Anal sphincter

- Internal: continuous to gut wall, autonomic innervation, smooth muscle

- External: merged with levator ani, skeletal muscle, somatic innervation (inferior rectal nerve, branch from pudendal)

- Defecation reflex (similar to urination reflex): stretch in anal canal leads to relaxation of internal sphincter, peristalsis of anus. External sphincter contraction can override reflex.

- Puborectalis muscle controls defecation by constricting the rectum