I woke up and did my walking after my brushing and cleaning of my constipation. While I was doing my walk, I read the newspaper and had my breakfast afterwards. I and my mother went to koduru town and I dropped my mother at the bus stand for her to pick up some garlic as well as sesame oil in the shops. I went to the dentist to clean my teeth and I had to wait for 3 hours for the dentist to clean my teeth he gave me the prescription of floss as well as mouth cleaning liquid. I came home at around 1 pm and ate my lunch and watched some videos on youtube and the boy's web series. After that, I read the book Gujarat flies for 1 hour. Right now, I am currently writing this diary and once I complete this, I will do my leg exercise and will have a bath. I will study swift language in the evening. I am thinking of studying for 2 hours and I will go to sleep.