

I woke up at 12 pm and this day I slept for almost 11 hours. It feels so good after waking up. After waking up, I did my bathroom schedules and went down with Aravind to the ground floor to do his laundry. We came home and prepared the lunch and ate it. In the afternoon, we both got ready and went outside to do the shopping. When we reached the lift, We decided not to go to the Freshco because we cannot bring all the items to my home at the same time. We decided to skip Freshco and instead of going to another store near my home, we went to the hospital near my home to know about chiropractic adjustments. We spoke to the manager for half an hour about the insurance we had and how we can claim that. We got back from the hospital and went to the supermarket near my home. We did buy some groceries. In the end, we came home and prepared some snacks and milk before we even think of starting dinner. I drank milk while watching the TV. Aravind prepared the dinner and I ate it watching the youtube videos. Right now, I am writing this. Once I am done with this, I guess I will do my brush, soak the almonds for the morning, and study CSS for one hour.