

I didn't sleep very well due to the regret I carried from the previous day. I woke up early in the morning due to a constipation problem and cleared my problem. I got my bedsheets from the terrace due to the rain it was starting at that point. I slept in the bedroom for about 2 hours and proceeded to daily chores such as reading. I didn't do the walking as well as leg exercise in the morning because of the rain. I bathed and ate my breakfast and learnt and studied SQL language. In the evening, I attended the class and the professor gave the group assignment. I and my group members worked hard and helped each other and completed the assignment. I was the one who took the charge to upload the assignment. I was very happy at the end of the day because I learned and did the process of SQL. right now, I think I can do anything, but, yesterday, I felt very bad and demotivated. Don't demotivate at any point in time. professor told me the same concepts which I already know and I think I can be able to better explain the concepts to students. The Philippines girl asked me about the problem she faced and the Kerala girl asked me about the deletion of values. When I said the answer to ph girl, she was truly excited because she found the answer and output and told me several thank you's.