

I didn't sleep at all. A couple of things that led to my sleepless night. The first and foremost is the coffee which I drank at 8 pm before my dinner. The second one is the food change. Because of these two reasons, I didn't sleep at all. I closed my things at 12 am and decided to sleep. I tried really hard to sleep in the next hour but the process is not useful as I might think. I went to piss and came back. within a few minutes, I started having symptoms such as itching throughout the body. this problem added to my sleep issue. Literally, with a heavy heart, I went to a bath and took a nice bath. I came and had a conversation with Arvind regarding this. he is also facing the same issue of sleep deprivation. I slept at half past three or four and woke up at 7:40 pm to attend the class. Today's class was a normal thing. He gave us some assignments and we literally accepted the assignment to do because it is a normal thing. I had several setbacks while doing the assignment. At last, I gave my work to Suresh to do part. While he was doing this, we talked about a number of things including college, jobs, and placements. in the afternoon, I went to the bank to re-verify my documents with the bank and they told me to wait for 3 days to activate. They didn't confirm it with 100 per cent. I just need to wait for 3 days. In case, if it didn't activate, they gave me the email to chat. I came home, spend time on the assignment, had a bath, and went outside to buy groceries in the evening. we bought the Tim Hortons hot chocolate drink powder and chicken. We came home, cut the chicken, made the curry, and ate dinner. while I was going to the bank, I received an email from Coursera suggesting that they approved my financial aid. In the evening, while I was talking with Madhav, he explained some crash courses which will run on both android and ios apps. I need to do a bit of research about that and I need to speak to someone who has the knowledge of that. Right now, I am writing this. Once I am done with this, I will see something on my mobile and probably have a good sleep compared to the last night.